

The SHEPPARD SENATOR

Sheppard Air Force Base, Texas, home of the 82nd Training Wing and 80th Flying Training Wing

Inside look

ENJJPT class 02-06 graduates.....Page 3

Master sergeants receive award from IDEA.....Page 4

Steps to more secure future.....Page 5

Vet clinic provides care for pets....Page 8

Countdown to ORI: 3 weeks left.....Page 9

New system for in-processing.....Page 12

Captain creates video.....Page 13

Freedom Fest booths

Booths are available for Freedom Fest. Craft vendors and private organizations interested in having a booth can call Joyanne Bernhardt or Yasuko Crawford at 6-3866 for more information.

Juneteenth celebration

The African American Heritage Committee will celebrate Juneteenth with a family day Saturday from 10 a.m. to 2 p.m. at the hospital pavilion area. There will be music, games and other activities. Everyone is invited to attend.



Cuttin' up

Chris Plante, an employee of Maintenance Engineering, Sheppard's grounds maintenance contractor, uses a chain saw to cut a fallen branch into smaller pieces for pickup in the Capehart housing area Tuesday. Limbs, branches and several trees throughout the base were blown down during the wind storm that hit Wichita Falls Saturday night, and maintenance crews spent days cleaning up the fallen debris. (Photo by Mike McKito)

Remember: keep safety on radar scope

By Brig. Gen. Arthur Rooney Jr.

82nd TRW commander

You've probably heard a lot of people talking about ORM – operational risk management – and safety. After all, we're in the 101 Critical Days of Summer when many accidents typically occur. There are safety posters, safety magazines and safety briefings, and we recently had a safety day. All these things help us focus on safety at work, home and play.

While these things are great, what's needed more than anything is a "personal commitment to safety 365 days a year." ORM helps you do just that both on and off duty.

It provides a systematic way to detect, assess and control risk. It's not a road block to mission performance and accomplishment. Instead, it's designed to protect our most valuable Air Force asset: you.

While many of our tasks carry some degree of risk with them, the key is to know the

difference between acceptable risk and unacceptable risk and to develop measures to minimize risk. That's where the six-step ORM process comes into play:

- Step 1 – Identify the hazard
- Step 2 – Assess the risk
- Step 3 – Analyze risk control measures
- Step 4 – Make control decisions
- Step 5 – Implement risk controls
- Step 6 – Supervise and re-evaluate

Let me elaborate on Step 6. I can't overemphasize the importance of supervision. If you're a supervisor, then you need to supervise. That means your E-mail account can wait.

Commanders and supervisors need to see their teammates in action; they need to see how their team is accomplishing taskings; they need to ensure that everyone is practicing ORM; and they need to ensure that everybody knows

Action Line 676-2000, action.line@sheppard.af.mil

The 82nd Training Wing's Action Line is your direct line to me for any concerns and suggestions you have. I am personally involved in every reply, and I am committed to making Sheppard AFB a better place to live, work and play. Before you call the Action Line, however, I ask that you give your chain of command or other base agencies an opportunity to work your concerns. If you still do not receive a satisfactory response, call me at 676-2000, or send an e-mail to

action.line@sheppard.af.mil. Please include your name and telephone number. Those concerns with a wide impact at Sheppard may be published in *The Sheppard Senator*.
AAFES.....6-2211
AF suggestion office....6-IDEA
AFI 36-2903 issues.....6-2984
Civil engineer/housing...6-2846
Facilities maintenance...6-6524
Civilian pay.....6-4890
Commissary.....6-2750
Comm squadron.....6-5524
Dress and appearance....6-2984
Education office.....6-6231

Family support.....6-4358
Fraud, waste and abuse.6-2222
Inspector general.....6-2031
Military pay6-1851
MEO.....6-2360
Patient advocacy.....6-7791
Safety.....6-4149
Security forces.....6-2379
Services Division6-2089
CDC.....6-4244
Youth center.....6-5395
Golf course.....6-6369
Billeting, gyms, athletics, and dining hall.....6-7429
South bowling center....6-2170
Victim assistance.....6-7206
Base straight talk line.....6-4438



Brig. Gen. Arthur Rooney Jr. waits for another patron to hit the target and dunk him in the tank during the Wichita Falls Fun Fest, a fundraising festival that benefitted the North Texas Area 9 Special Olympics. (Photo by 2nd Lt. Laura Renner)

Condition of softball fields

I'm currently playing in the intramural league on base and noticed recently the fields have been refurbished. Currently, the fields are in such bad shape, it's posing a few safety hazards that I feel need to be brought to light.
First of all, the infield is so soft it is like running on a sandy beach, and sooner or later someone will get hurt trying to run on the field.
Second, the bases themselves are not properly installed. The bases do not sit flush with the dirt and need to be replaced along with the sleeves they slide into, and the home plates are cracked and are sitting below the

level of the dirt.
Third, the dirt should be fairly well packed. It is currently about six inches deep the entire way around the infield, and there are literally trenches going from base to base. Many teams have brought it to the attention of the coaches, and they, in turn, have elevated it and still we have deteriorating field conditions which in the near future, I am afraid, will result in more injuries. At last count, this season's injuries are up to 17, and many people feel these could have been prevented if the fields were properly maintained.

AThe grounds crew requested a two-inch hose so that the fields may be properly soaked on a daily

basis. This will assist with the packing of the dirt. We are aware of the situation and have our people working the issue. As for bases, they are properly installed, and the problem with them was that the umpires were not provided the tool to scoop out the hole when it did become filled with dirt. This has been corrected, and a tool has been made available to the umpires.
As a reminder, I ask that everyone use proper stretching techniques before participating in any sporting event. This will decrease the chance of injury. All injuries must be reported to the fitness staff by the umpires. So far this year, none have been reported. The officials were reminded of this process.

SAFETY

Continued from Page 1

it's okay to raise the red flag or ask questions. It's always better to be safe than sorry...or even worse, dead. Nothing is more gut-wrenching or heartbreaking than a fatality that could have been prevented or an accident that could have been avoided.

As I look back at some recent accidents, the root causes seem the same: high operations tempo, a supervisor who could have stepped in but didn't, insufficient training, inadequate tech data and risk management not being applied. These provide a

definite recipe for disaster.

That's why supervision – leadership – is so important. Commanders and supervisors need to make sure a high operations tempo doesn't become an excuse for cutting corners, for shoving the checklist aside and just going by memory, for not taking the time to put on all the proper safety gear or for working people to the point of near exhaustion because of personnel shortages.

We must take care of our people. Safety must remain smack dab in the middle of our radar scopes. We must practice ORM every single day.



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Master sergeants to receive cash award from IDEA

By 2nd Lt. Laura Renner
Base public affairs

Master Sgts. Eric Mann and Michael Marberg, 366th Training Squadron, will split a \$10,000 award from the Air Force Innovative Development through Employee Awareness Program for submitting an idea that saved the Air Force more than \$135,000.

Not only did their idea save money, but it also reduced the severity of major and minor training injuries.

The IDEA program creates a venue to reward eligible Air Force members who increase productivity while saving the Air Force money.

As part of their initial training in the 366th Training Squadron, students learn how to safely climb utility poles. Occasionally, due to fatigue or error, students will fall from the poles, causing severe, lifelong injuries to backs,

knees and ankles. Sergeant Mann said other safety products in the past have proven unsuccessful. Finally, the 366th found one that works: fall protection pads. These pads are placed around the pole to cushion a student's fall. To purchase a system large enough to cover the entire course would have cost \$161,000.

Sergeant Marberg said he and Sergeant Mann were not satisfied, so they began looking for other alternatives. Knowing that a local company manufactures items containing foam rubber, such as life preservers, the two sergeants started there. The company offered to give the squadron unlimited scrap foam rubber at no cost. The sergeants then contacted another company and found that it would construct heavy-duty vinyl bags to cover the pole yard

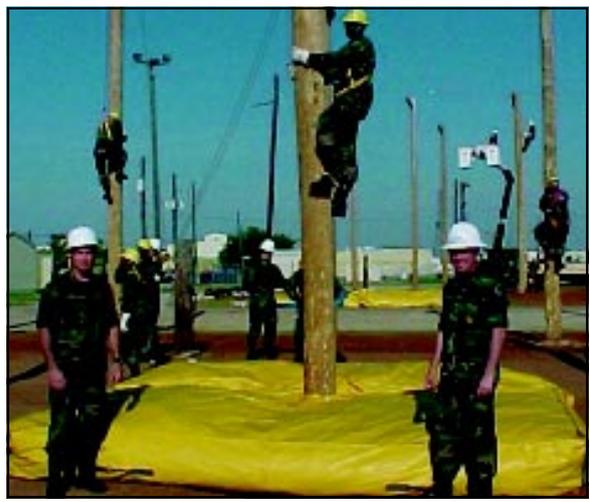
for a little over \$19,000, essentially saving the Air Force more than \$135,000.

Ten pads now sit on the pole yard. Thirty-two more will be arriving within the next few months to give maximum coverage.

Sergeant Marberg has received written statements explaining the benefits noticed. Other squadrons conducting similar training are also considering implementing the use of these pads.

Ultimately, Sergeant Marberg said he's happy a successful system is now in place to prevent injuries. The fall protection pads allow the students to focus more on the job at hand.

"We're trying to help build students' self-confidence by allowing them to know that when they're climbing they can think more about the technique than worrying about falling," he said.



Master Sgts. Eric Mann and Michael Marberg, 366th Training Squadron pose in front of their IDEA as a student safely climbs a utility pole. (Courtesy photo)

The IDEA program began in October 1995 with the reengineering of the old Air Force Suggestion Program. When submitted ideas are adopted, the submitter is paid an award based on validated tangible savings and/or intangible benefits. Cost avoidance

See IDEA, Page 13



A Freedom Fest spectator munches on corn-on-the-cob at last year's event. Vendors will be on hand to offer a variety of food this year. (Courtesy photo)

Freedom Fest 2002 around corner

By 2nd Lt. Laura Renner
Base public affairs

This year's Freedom Fest promises to be as fun and exciting as ever. The festivities start early on Independence Day and continue until the fireworks show at 10 p.m.

No coolers, bicycles, backpacks or pets are allowed on the festival grounds. Authorized items include fanny packs, purses and diaper bags, but they will be searched prior to entering the area. Carrying one of these items will cause a minor delay when entering.

The public is invited to join Freedom Fest at 4 p.m. Admission is free to everyone.

Members of Team Sheppard are welcome to come as early as 9 a.m., when the festivities will start with games such as softball, a fun run, mud volleyball and a climbing wall. A car show will also be featured for the car



Ranch Rockers, a local country band, rocks the stage at Freedom Fest 2001 in front of thousands of Team Sheppard members and Wichita Falls residents. (Courtesy photo)

enthusiast to view.

At 4 p.m., the real party starts. A static display of airplanes housed at Sheppard, food and vendor booths, and entertainment will be on show. Quarter Note the clown, Magic by Mills, games, contests, lip sync, karaoke, a dunking booth and much more

will also add to the fun.

Musical entertainment promises to be a big hit with shows including the Oliver White Band, Ranch Rockers, AA Bottom and Big Loo.

More information will be available next week in a Services pullout. See page 14 for a line-up of events.

Savings bonds: take steps to more secure future

This year's savings bond drive is in full swing through June 30.

Sheppard members should be contacted by their unit campaign coordinator soon, if not already.

Savings bonds are a way to diversify savings and invest in the United States. Here are some savings tips.

- Analyze your finances. Compare your income to the amount you normally spend each month. Separate mandatory expenses, such as food, clothing, shelter and transportation, from those that are optional. This will help you determine how much of your income is in play.

- Set aside a portion of your income as savings. Put aside a portion of your income above mandatory expenses for saving. Saving can be in a number of instruments: savings accounts, IRAs, 401(k)

plans offered by your employer, savings bonds and more. Keep in mind that you will want some of your savings to be readily available for use for emergencies, vacations or big-ticket purchases, while another part of your savings should be hard to get at, such as retirement-oriented plans such as 401(k)s. For planning purposes, make a distinction between money you want to put in low- or no-risk investments like savings bonds, and money that you're willing to put into higher risk investments for higher returns such as stocks.

- Make it easy with payroll deduction. Diversifying your holdings can be hard – let your employer make it simpler. You can contribute to your employer's 401(k) automatically through payroll deduction. You can also buy savings bonds through payroll allotments. Savings

bonds are easy to redeem, safe and come with certain tax advantages. Savings bonds offer competitive returns. The Series I Bond is indexed to inflation, earning a two part return – a rate fixed for the life of the bond plus the rate of inflation with rates adjusted semiannually to track changes in the consumer price index. The Series EE Bond earns interest at 90 percent of the average return on five-year marketable Treasury securities again adjusted semiannually to track the marketplace. Compare these yields to other savings instruments.

- Don't stand pat. Keep re-evaluating your finances and expand your savings and investment choices to meet your current needs. Most financial advisors suggest that savings be divided between no risk investments like savings bonds and higher risk in-

struments like mutual funds or stocks. You can easily use savings bonds as a means to grow your savings until you've accumulated enough capital for investment. Make your own choices based on your tolerance for risk and your current financial circumstances. Remember

that circumstances change, so your choices probably will, too, over time.

- Enjoy! Choose well and your savings and investments will provide you with a flexible financial foundation for both the near- and long-term future. *(Courtesy of 82nd Military Personnel Flight)*

Base savings bond reps

Base Representatives:

Maj. Todd Walton
Maj. Jerome Hyzy

Base POC
Alternate Base POC

Unit Representatives:

Staff Sgt. James Tucker	82nd Logistics Group
Tech. Sgt. Sonya Pegeese-Stoute	82nd Medical Group
Master Sgt. Chris Evans	82nd Support Group
Staff Sgt. Theresa Puterbaugh	82nd Training Group
Master Sgt. Charles Johnson	782nd Training Group
Maj. Jerome Hyzy	882nd Training Group
Tech. Sgt. Brian Payne	982nd Training Group
2nd Lt. Xavier Bruce	80th Flying Training Wing

Student Stuff

Happenings on base and in the community

Student center events

Every Monday, 6-8 p.m. - spade tournament

Every Monday, 6-8 p.m. - jam session, bring your own instrument/equipment.

Every Tuesday, 5-8:30 p.m. - Country Video Night in the pub.

Every Wednesday, 7-9 p.m. - Variety Dance Night in the pub. Listen to Latin, hip-hop and R&B.

Every Thursday, 5-9 p.m. - Video Night in the pub.

Every Friday and Saturday, 7-11:30 p.m. Club BDU

Every Sunday, 3-5 p.m. - billiards tournament in the pub.

Hours of Operation

Mon-Thurs: 10:30 a.m. to 10 p.m.

Friday and Saturday: 10:30 a.m. to 1 a.m.

Sunday: Noon to 10 p.m.

Holidays: Noon to 8 p.m.

FX band

The student center presents "Hard Drive FX Band" the second Sunday of each month from 3-5 p.m. This event is free for

students. For more information, call Lisa Christman at 6-2491.

Comedy show and dance

The student center presents Comic View comedians Annie McKnight and Corey Cook, with host Walt-Bruce Saturday. Admission from 7-9:30 p.m. will be \$5 and includes comedy show and dance afterward. Admission from 9:30 p.m. to midnight is \$2 for the dance only. This show is for students only. For more information or tickets, call 6-6427.

Battle of the Bands

The student center will host the "Battle of the Bands" Sunday from 1-6 p.m. The student center will be serving free food to students. The menu includes hamburgers, hot dogs, chips and drinks. There will be a DJ in the park for entertainment. This event is sponsored by Chaney Financial Group and Coke. (*No federal endorsement of sponsor intended*). For more information, call Lisa Christman at 6-2491.

Beach dance

There will be a beach dance June 28 from 7 p.m.

to 1 a.m. in the student center ballroom. The dance will feature a limbo competition and prizes for the best colorful attire and the limbo winner. For more information, call Sam Reola at 6-7659.

Chapel Events

Sheppard chapels offer a variety of programs for student enrichment:

Saturday

On Saturday, all students are invited to the "Solid Rock Cafe" held each Saturday at the south chapel. Dinner is served at 5 p.m., and a variety of scheduled activities take place from 4-9 p.m.

Tuesday

Base chaplains offer helpful classes every Tuesday, 2-4 p.m., in the north chapel for students awaiting training or those having already graduated.

Sunday

Students are invited to the north chapel at 5 p.m. on Sundays for Bible study, an informal get-together with refreshments and student-led music, ending with athletic activities at the north fitness center.

New doctrine booklet helps airmen answer questions

By Maj. Patti Frisbie

Air Force Doctrine Center

MAXWELL AIR FORCE BASE, Ala. (AFP) — Air Force Doctrine Center officials have released a follow-on set of air and space power concepts and fundamentals which give airmen a second snapshot of operational warfighting beliefs.

This new series, titled "50 More Questions Every Airman Can Answer," covers a variety of doctrine concepts ranging from what the Air Force contributes to homeland security to the definition of effects-based operations.

The pocket-sized booklet is a compact reference filled with Air Force "best practices" and basic truths that explain how airmen apply and leverage air and space power capabilities in support of national defense.

"Don't let its size fool you," said Maj. Hugh Curry, the doctrine center action officer who coordinated the final draft and oversaw the printing of the publication. "This little book is a treasure chest filled with gems any airman can benefit from. I wish I would've had a resource like this years ago."

"50 More Questions" follows on the coattails of "50 Questions Every Airman Can Answer," an informal doctrine publication that met with huge success, said officials.

The brainchild of Maj. Fritz Baier, an intelligence officer at Pacific Air Force headquarters and former member of the doctrine center, "50 Questions" was a simple and concise way to organize and present easily digestible answers to commonly asked questions regarding air and space doctrine.

"I realized there were a lot of important yet complicated issues and doctrine that many airmen didn't understand," Major

Baier said. "I wanted to do something about it."

Adding to his concern was the fact that many airmen who thought they understood a particular warfighting principle or concept had, in reality, formed their opinion or based their understanding on personal experience, not doctrine.

In order to speak with a single Air Force voice to sister services, all airmen need to come to the same understanding of doctrine, said center officials who hope the "50 Questions" series will help "prime the pump" for this interest and understanding.

If the multiple printings, Web site downloads and thousands of copies of the first set of questions are any indication, this second doctrine publication should be in high demand, said center officials.

Immediately after the first "50 Questions" came out, doctrine center people received e-mails and phone calls from airmen, both officers and enlisted, who made comments and suggestions for other questions that needed to be asked and answered.

"We took all of these to heart and went back through the doctrine documents and determined which concepts and fundamentals needed to be addressed the second time around," said Major Baier.

One of the goals of doctrine center officials is to one day see an understanding within the Air Force that doctrine not only captures the service's best practices, but it also reflects the culture.

The "50 More Questions Every Airman Can Answer" as well as the first "50 Questions" and current Air Force doctrine documents are available on the AFDC Web site.

One more question every airman can answer

Editor's Note: Doctrine is the Air Force's accepted best practices, so it's important for all airmen to understand it, and, in turn, understand "why" and "how" we employ air and space power.

25. What is an Air Force (AFFOR)?

The term AFFOR is a common, generic name for the U.S. Air Force component assigned to a Joint Force Commander at the unified, subunified or Joint Task Force level. AFFOR includes the Commander of Air Force Forces, the AFFOR staff (A-staff/personal staff/special staff), the Air and Space Operations Center and all Air Force forces and personnel assigned or attached. (*Courtesy of Air Force Doctrine Center*)

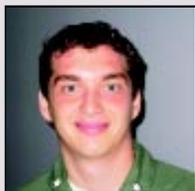
Soundoff

What team do you think will win the World Cup?



"I'll have to go with Brazil because they've got skills."

~Capt. Chad Jennings, USA,
88th Flying Training Squadron



"Since Italy just lost to South Korea, I'll pick Brazil."

~Lt. Simore Mettini, Italy, 88th
Flying Training Squadron



"Soccer? I'm Dutch. We're out of there! I'll pick Germany."

~Capt. Örjan Zandvliet, Netherlands,
88th Flying Training Squadron



"Germany, of course. It's for sure."

~Senior Cadet Raffael
Klaschka, Germany, 80th Operations
Support Squadron



"I hope South Korea will win, but I don't think they will."

~Master Sgt. Kyu Tak Song,
South Korea, 366th Training
Squadron

Base vet clinic provides preventative care for pets

By 2nd Lt. Nathan Broshear

Base public affairs

When asked about their benefits, many military members mention commissary and BX privileges, medical and dental care, and retirement pay. An often-overlooked benefit available to Team Sheppard members are the base veterinary services, managed by the Army.

"Many people never realize that we're here to care for not only military working dogs, but also household pets," said Sgt. 1st Class Richard Chamberlain, an Army veterinary technician stationed at the Sheppard veterinary facility.

In fact, veterinary clinic services are open to all active-duty and retired military members and reservists while on active duty.

"By regulation, we're here for preventative care and, unfortunately, can't offer emergency services," said Sergeant Chamberlain. "But for routine shots, most skin and ear problems, and checkups, the value we provide is unmatched."

With the current cost of animal care, the veterinary clinic offers a compelling value.

"We aim our services to the troops, keeping our prices as economical as possible," said Dr. Tim Liffiton, a contract doctor of veterinary medicine on base.

Like many offices, manning is an issue. Veterinarians from Sheppard also assist at Altus Air Force Base, Okla., and Fort Sill, Okla.

"We've got a top-notch staff, but we can't be in two

places at once," said Dr. Liffiton. "That's why we can only see patients on Tuesday and Thursday. However, we are open Monday through Friday for over-the-counter sales, to make an appointment or for information."

Suzy Haudenschild, the veterinary office assistant, noted that there's more than enough room in the clinic's schedule.

"The typical wait for an appointment is only a week or so," she said. "It's very reasonable."

Preventative care can make all the difference, said Dr. Liffiton.

"Just like a car, your pets need regular attention to make sure they're running well," he said. "The most loving things you can do for your Spot or



Army Sgt. 1st Class Richard Chamberlain, a veterinary technician at the Sheppard Veterinary Clinic, examines a patient. (Photo by 2nd Lt. Nathan Broshear)

Angel is to have them vaccinated, keep fleas and ticks under control, and give them regular medicine to prevent heartworms.

"Many people are surprised to know that they are required to take their animal to the vet at least once a

See VET, Page 15

Want to quit smoking? Ask about smoking cessation classes at 6-4292.

Countdown to base ORI: three weeks to prepare

Day 15: Unit inspection

The unit self-inspection monitor will review the unit's self inspection program today. Emphasis is on open discrepancies and suspense. If you have discrepancies, have you documented any progress or their current status? If not, do it now. Simply identifying a problem is not enough. You must document what you are doing to correct it to preclude recurrence and how you are progressing. Is your continuity folder up-to-date?

Day 14: Cross talk again

Three weeks to go – it's a perfect

time to visit your counterparts, get together with them and discuss the other unit's ORI results. Examine your programs for any similar problem areas. If you have done this and there are no new ORI results, get together with another similar section or flight and inspect each other. This inspection is meant to help both of you, so be professional and be fair. What can they see because they are a fresh set of eyes that you can't?

Day 13: Computer check

Are passwords and software authorized, maintained and used IAW regulatory guidance? Does your computer

have the most recent anti-virus program installed? Has everyone received the necessary approval to operate your computers? Has everyone received and documented required training for computer security?

Day 12: Contingency procedures

Are your plans and contingency checklists up-to-date? Are unit control centers and group control centers, READY, deployment and disaster control group members trained? Is it documented? Does everyone know how and when to use the checklists? Does everyone know what to do if an exercise is

kicked off? Where is your assigned shelter? Clear your mind. Also, it's time to look at your own documentation and see where you were and where you are today. What you cannot fix in the next 11 days, document why you can't. What you can fix, fix now.

Day 11: Paperwork polish

Dress up your files, continuity folders, facility folders and your "improved programs" file. Anything that showed up on Days 15-18 should be fixed now. *(Courtesy of 82nd Training Wing Inspector General)*



Protect from sun

- Apply a broad-spectrum sunscreen with a sun protection factor of at least 15.

- Reapply sunscreen every two hours when outdoors, even if cloudy.

- Wear protective, tightly woven clothing, such as a long-sleeved shirt and pants.

- Wear a wide-brimmed hat and sunglasses when outdoors.

- Stay in the shade whenever possible.

- Avoid reflective surfaces, which can reflect up to 85 percent of the sun's damaging rays.

- Minimize sun exposure and apply sunscreen to children aged six months and older.

- No shadow? Seek the shade. If your shadow is shorter than you are, you're likely to sunburn.

- The sun's rays are strongest between 10 a.m. and 4 p.m.

(Courtesy of the 82nd Training Wing safety office)



Bikes are back

Staff Sgt. Craig Champion, a member of Sheppard's bicycle patrol, stops briefly in front of the base exchange. The 82nd Security Forces bicycle patrol will be making their rounds throughout the summer. "This is a great opportunity to interact with the Sheppard community while providing a rapid response to increased summertime activity," said Sgt. Champion. *(Photo by 2nd Lt. Nathan Broshear)*

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Senator,
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767-SOLD**

New system streamlines mandatory in-processing

By Airman 1st Class Pamela Stratton

Base public affairs

Permanent party military members arriving at Sheppard will soon have a more efficient method of in-processing the base.

The new system, which is scheduled to begin July 1, will centralize mandatory in-processing appointments and allow members to accomplish them in eight to 10 duty days, as opposed to the 13 to 15 days the previous system required.

“The revitalization of the base in-processing and intro programs is an initiative stance that the Military Personnel Flight has taken to better serve our customers,” said 2nd Lt. Dawn Tanner, 82nd Mission Support

Squadron chief of customer support. “The intent is to have a one-stop shop to lessen the burden on the member from having to travel around the base over a long time period.”

One of the changes is the implementation of an in-processing line for the Military Personnel Flight and 82nd Comptroller Squadron each Monday and Thursday from 9 a.m. to noon in Bldg. 402.

Once the new system is implemented, briefings from military equal opportunity, base emergency preparedness orientation and traffic safety briefings will follow the MPF and 82nd CPTS in-processing line. The 82nd Medical Group’s Right Start briefing, which will include information about TRICARE

and immunizations, will be held on the Tuesday following the in-processing line.

These changes were brought about by a collaborative effort of all base agencies that take part in in-processing new members.

“The group’s composition allowed for all who are impacted by the change to have a direct effect on whether or not this new process would work, not only for the member, but also for the servicing organization,” said Lieutenant Tanner.

Once the new system is in place, the centralized appointments and briefings will save members time and distance, which will allow them to return to their duty sections quicker than usual.



2nd Lt. Dawn Tanner, 82nd Mission Support Squadron chief of customer support, assists 1st Lt. Timothy Ash, 80th Operations Support Squadron, with some paperwork during one of his mandatory in-processing appointments Monday morning at the 82nd MSS, Bldg. 402. (Photo by Mike McKito)

AADD

Need a lift after a night out? Call the Airmen Against Drunk Driving hotline at 676-AADD (2233).

Every Friday and Saturday night from 9 p.m. to 5 a.m., drivers are available for Team Sheppard members who need a ride home after drinking. Drivers will ask no questions and take no information, and they will not release the name of any person using this program.

Don’t risk your life or your career. Cut this out and put it in your wallet:

For a ride home after a night out, call 676-AADD

Captain creates, stars in educational children's video

By 2nd Lt. Laura Renner

Base public affairs

Capt. Rafael Perez, a local dentist and reservist attached to the 82nd Dental Squadron, created, wrote, produced and starred in a children's video called, "Raf Raf's Tree House."

While not a pediatric dentist, Perez works a lot with children. He said that he enjoys spending time with them, so he took that enjoyment to the next level by making a fun and educational children's video.

Perez used his imagination and a hand held recorder to

come up with most of the ideas. He wrote the script as well as the songs, and even sang them himself in the video.

The video, titled "It's a Parade!" consists of the character Raf Raf, played by Perez, and his friends Wendy Woo Woo, Niki and Mr. Chuckles.

Mr. Chuckles is a puppet monkey who lives in a tree house. Raf Raf and his friends hang out with Mr. Chuckles in the house. While there, they learn about the things involved with a parade through the magic mirror that provides a view of the outside world.

At the same time, the characters learn about colors, counting and spelling. Other elements of the story include a chalkboard that animates after a character writes on it, a treasure chest that the characters pull endless things out of, and Mr. Chuckles' closet that is filled with toys. Throughout the 25-minute video, Raf Raf and his friends sing and dance.

Perez made the video with the goal that children will learn, and use and develop their imaginations.

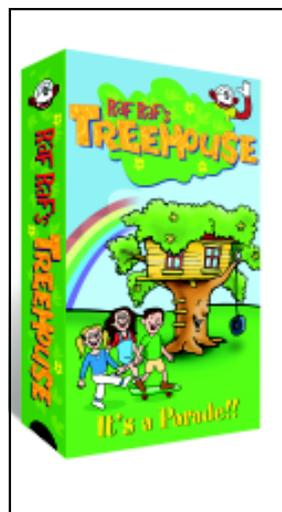
"That's the best way to edu-

cate: through entertainment," said Perez. "Because most of the time, kids don't realize they're learning."

While Dr. Perez's expertise lies in biology and dentistry, he said he enjoys entertaining and feels that he comes across well to children. He seizes every opportunity to sing songs and make goofy faces.

Perez said he learned about getting across to children and thus, child psychology, from books, but mostly from the plenty of chair time he receives in his office.

See VIDEO, Page 14



IDEA

Continued from Page 4

and hard savings make up tangible savings, while tangible savings that can't be quantified are intangible benefits.

"The IDEA program's entire purpose is to save the Air Force money by implementing IDEAs that are the product of the imagination of its members," said Sam Graham, base IDEA program manager. "This is the only program that I know of that the Air Force pays its members for a really great IDEA. Funding for this program is unlimited."

As of May 15, 49 IDEAS had been submitted this year with the total awards amounting to more than \$24,000. Sergeant Marberg said he believes the IDEA program can be helpful.

"If you have a suggestion, put it in no matter how big or small because you never know who it will affect or how it will help out other people," he said.

VIDEO

Continued from Page 13

"You have to understand child psychology to be effective, whether it's dentistry, teaching or any other such profession," Perez said. "I feel dentistry has afforded me that opportunity."

The other factor in making this video was the business end.

Perez said his goal was to make it the quality and caliber of a big name video, so he hired a local media production company. In the nine months it took to make the video, however, Perez's biggest hurdle was getting people to take him seriously.

"Production companies meet people with wild ideas everyday," he said. "I had to convince them I was serious about it."

Now Perez's idea has grown to include an interactive website where children can view the introduction to the video, download pictures to print and color, and E-mail characters.

Perez has received phone calls and letters thanking him for the video. For more information on the "It's a Parade!" video, log on to www.rafrastreehouse.com.



Paddle, paddle, paddle

Capt. John Willoughby, 363rd Training Squadron, paddles the team's boat, complete with Gatling gun and rockets, toward the finish line in Sheppard's second annual build-a-boat race Saturday. Teams built their boats using only sheets of cardboard, duct tape, a ruler, cutting knives and markers. (Photo by T.R. Steele)

Freedom Fest line-up

- 8 a.m. Fun run
- 9 a.m. Men/women softball
- 10 a.m. Mud volleyball
- 11 a.m.-1 p.m. Car show registration
- 2-4 p.m. Car show
- 2-8 p.m. Climbing wall
- 4 p.m. Car show awards
- 4:30 p.m. Oliver White Band
- 5:30 p.m. Jeet Kune Do Demonstration
- 6 p.m. Ranch Rockers
- 7 p.m. Commander's trophy awards
- 7:20 p.m. Music
- 7:30 p.m. AA Bottom
- 8:30 p.m. Welcome and music
- 9 p.m. Big Loo
- 10 p.m. Fireworks

VET

Continued from Page 8

year," said Dr. Liffiton. "Annual rabies vaccinations are required by Texas State Law, and members with animals in base housing are required to register their pets and vaccinate them yearly against distemper-complex in accordance with SAFB Instruction 31-201."

But state and base regulations aren't the only reason to visit.

"The Texoma area is especially tough on pets," said Army Capt. Troy Thompson, a doctor of veterinary medicine at the clinic. "Roundworm, hookworm, and whipworm are picked up in the environment, and mosquitos spread heartworms through tiny droplets of blood left over from their attack. One pill, once a month, is enough to stop all of these dangers."

Another service available is the health certificate, often required when members PCS to an overseas location or travel on airlines.

"We recently had a macaw (large parrot) that was going to Germany, three cats going to Italy, and a dog coming back from Japan," said Sergeant Chamberlain.

"For minor sick calls, preventative care, and before you board your pet or travel, I recommend allowing one of our professionals to look them over," said Dr. Liffiton, "we're the most convenient and cost-effective way to take care of your best friend."

New Exchange Select brands coming soon to BX

Customers who shop at Army and Air Force, Navy, Marine Corps and Coast Guard exchanges will soon find a new proprietary brand of merchandise in their stores.

The brands they've come to rely on, such as AAFES Brand, NEX Brand and American Mercantile are all taking on a new look called Exchange Select.

"This is the newest entry into our portfolio of successful private labels," said AAFES buyer, Jennifer Little. "Although the name and packaging is changing, the quality and value of the merchandise

will remain the same."

Exchange Select merchandise is the product of reputable manufacturers and will replace all AAFES Brand and American Mercantile items found at all AAFES, NEXCOM, MCCS and CGES retail stores.

Market Basket comparisons of similar brand items have shown that Exchange Proprietary Brands offer a significant value to customers by an average of 48 percent.

Exchange Select will consist of a full and competitive line of approximately 26 different sub-categories. These categories include: health and beauty care,

baby products, healthcare, vitamins, toiletries and deodorants.

The following are some basic facts about Exchange Select items:

(1) All over-the-counter medicines meet established Food and Drug Administration guidelines.

(2) FDA regulations are the same for Exchange Select items as for national brand equivalents.

(3) Each item is tested multiple times to ensure high standards are met before becoming an Exchange Select item.

(4) Exchange Quality Assurance representatives visit plants

of suppliers to ensure that they are in compliance with FDA "Good Manufacturing Practices."

The planned target date to launch Exchange Select in CONUS is July 26. Laundry and baby care will be the first categories introduced. The overseas launch will begin 30 days after the initial launch.

As the months progress, several more categories will be added while, at the same time, the old AAFES Brand, NEX Brand and American Mercantile items are phased out. *(Courtesy of Army Air Force Exchange Service)*

General activities

Chess club

The community center is forming a chess club. All permanent party military members, dependents and civilians are eligible to join. Official chess sets, clocks and official guides will be available. This club will meet in the community center multi-purpose room every Saturday at noon beginning June 29. Chess players are welcome to bring their own equipment. For more information, call 6-3866.

Pool hours of operation

The main pool, Capehart pool and Bunker Hill Water Park are open from now until Labor Day. Season pool passes are available at any of the pools during normal hours and at outdoor recreation, the ITT office or the youth center. Pass prices are \$30 for an individual pass and \$60 for a family pass. Daily fees are \$2 for people age 16 and older and \$1 for people age 15 and under. For information about water aerobics, call 6-7491. For information about lap swimming, call 6-6460.

Main pool – 6-6469

Monday-Friday, 1-7:45 p.m.
Saturday and Sunday, noon-7:45 p.m.

Capehart pool – 6-4281

Everyday, noon-7:45 p.m.
Weekends only after Labor Day.
Family swim time Monday and Tuesday.

Bunker Hill water park – 6-4161

Thursday-Tuesday, noon-7:45 p.m.

Upcoming trips

Football tickets and tours

Information, tickets and tours will host a tour to see the Dallas Desperados play the Tampa Bay Storm Saturday and Sunday. Cost is \$165 for two people. Price includes game tickets, hotel accommodations and round-trip transportation. A limited number of seats are available. Tour departs Sheppard at 1 p.m. Game starts at 7:30 p.m. in the American Airlines Center in downtown Dallas. Call 6-2302 for more information.

Lone Star Park Horse Races

Information, tickets and tours will host a July 6 trip to Lone Star Park Horse Races and Trail Dust Steak House. The cost is \$38 per person, which includes clubhouse seating for the Spring Thoroughbred races at Lone Star Park and dining at Trail Dust Steak House. Those interested must register no later than Tuesday.

Six Flags Over Texas tour

Information, tickets and tours will have a trip to Six Flags Over Texas July 13. The cost is \$40 per person, which includes transportation and park admission ticket. Park rides include the Texas Giant, the TITAN, Batman and Mr. Freeze. Those interested must register by July 9.

Club activities

Enlisted club comedy jam

The enlisted club will host a comedy jam tonight featuring Comic View comedians Annie McKnight and Corey Cook. Doors will open at 8 p.m., and the show will start at 9 p.m. Ticket prices are \$8 for members and \$11 for non-members. This show is for a mature audience. For more information and tickets, call 6-6427.

Officers club game league

The officers club game league holds tournaments in 9-ball, cricket, shuffle board, foosball and crud starting at 6:30 p.m. the second and fourth Thursday of each month. Food and beverages are 15 percent off during league play. Prizes will be awarded. For more information, call 6-6460.

Membership Appreciation Night

The enlisted club will host Membership Appreciation Night Thursday from 5:30-8 p.m. All ranks are welcome. Club members eat free. The cost is \$3.50 for spouses and \$1.50 for children. For more information, call 6-6427.

Big Bucks Club drawing

Sheppard club members are eligible for the Big Bucks Club Card drawings held every Friday from 6-7 p.m. at the officers club and enlisted club.

At the Flicks

Friday 6:30 p.m.
Closed, ENJJPT Graduation
Friday 9 p.m.
Closed, ENJJPT Graduation
Saturday 2 p.m.
Big Trouble
Saturday 4:30 p.m.
Sorority Boys

Saturday 7 p.m.
Fralty
Sunday 2 p.m.
Big Trouble
Sunday 4:30 p.m.
Sorority Boys
Thursday 6:30 p.m.
Deuces Wild

This schedule is subject to change without notice. For movie information, call 6-4427.

Big Trouble (PG-13) – Tim Allen, Zoey Deschanel – A mysterious suitcase found in the city of Miami brings together and changes the lives of a divorced dad, an unhappy housewife, two hit men, a pair of street thugs, two love-struck teens, two FBI men and a psychopathic dad.

Sorority Boys (R) – Barry Watson, Harland Williams – Strapped for cash, Dave, Adam and Doofer find themselves drawn to the last, desperate hope for free housing: one of their campus' sororities. But, to become one of the boys, they

have to first become one of the girls. With a little make-up, pantyhose and lots of pluck, they go undercover in a girl's sorority house as Daisy, Adina and Roberta.

Fralty (R) – Bill Paxton, Matthew McConaughey – A once-idyllic Southern family, a father and his two young sons are tested in extreme and unexpected ways when Dad announces that he has been visited by an angel who has entrusted him with a holy mission to destroy demons who pose as ordinary men and women.

Chapel Schedule

Student programs

Tuesday, 11 a.m. and 4:15 p.m., chapel rope meeting, North Chapel
Saturday, 5 p.m., Solid Rock Cafe, South Chapel
Sunday, 5 p.m., Student bible study and activity night, North Chapel

Catholic activities

Mass

Saturday, 5 p.m., North Chapel
Sunday, 9 a.m., North Chapel
Sunday, noon, North Chapel
Mon.-Fri., 11:30 a.m., North Chapel

Religious education

Sunday, 10:20 a.m., classes for preschool through adult, Bldg. 962

Reconciliation

Saturday, 4-4:30 p.m., North Chapel

Protestant activities

Worship services

Saturday, 6:30 p.m., Holy Eucharist with Praise and Worship, South Chapel
Sunday, 10:30 a.m., Holy Eucharist, Hospital Chapel
Sunday, 10:30 a.m., Inspirational Gospel Service, South Chapel

Sunday, 10:30 a.m. Protestant Community Service, North Chapel

Religious education

Saturday, 5:30 p.m., Growing in God's Grace, South Chapel
Sunday, 9 a.m., classes for ages 3 to adult, Bldg. 962

Bible studies

Tuesday, 6:30 p.m., South Chapel
Thursday, noon, South Chapel
Thursday, 7:00 p.m., Protestant Women of the Chapel, Bldg. 962
Saturday, 6:30 a.m., Protestant Men of the Chapel Bible study
Second Saturday of month, 8 a.m., Protestant Men of Chapel breakfast

Lay-led faith groups

Islamic activities, Friday, 1:45 p.m., South Chapel
Jewish activities, call Maxine Simpson, House of Jacob Synagogue at 322-4177
Latter Day Saints, Sunday, 2 p.m., Hospital Chapel
Mystic Grove Pagan Study Group, Wednesday, 6:30 p.m., Bldg. 962, call Kalista at 6-4370

For more information, call the base chapel at 6-4370

Mosquito spraying

The 82nd Civil Engineering Squadron environmental controls shop started spraying for mosquitoes Tuesday. Spraying will run from 4-7 a.m. every Tuesday and Thursday, weather permitting.

Pet show

The base exchange will host a pet show Saturday at 1:30 p.m. Interested participants should be at the BX by 1 p.m. to register. There will be prizes for smallest, biggest and cutest pet, and best pet trick. For more information, contact Stacy Brownhill at 855-4318.

JROTC instructor duty

Air Force Junior ROTC has opportunities for retiring or retired active-duty officers and NCOs to become AFJROTC instructors. Those who have retired in the past five years or are within six months of retirement are eligible to apply. Those interested in applying for instructor duty should contact HQ AFJROTC instructor management at 1-334-953-2660 or DSN 493-2600. To obtain an application or more information regarding AFJROTC, visit: www.afoats.af.mil/afjrotc.htm.

82nd CPTS closed

The 82nd Comptroller Squadron will be closed Tuesday from 11 a.m. to 1 p.m. to honor a retirement.

Housing maintenance

The housing maintenance contract is operated under a civilian contract and is monitored for quality service under the customer complaint program. Those who have any comments or complaints that are not handled promptly and courteously, can use an AF Form 714, Customer Complaint Record, to express their concerns, or can call 6-5770 or 6-5769.

POCI cap increase

The cap has been increased from \$2,000 to \$3,400 per year for AFROTC participants using the Professional Officer Corps Incentive Scholarship. Those participants still retain eligibility for the Montgomery GI Bill.

Some AFROTC POCI graduates since Oct. 1, 1996, are currently serving on active duty and were not eligible for the MGIB if they exceeded the \$2,000 cap. With the increase to \$3,400, these personnel may now be eligible to enroll in the MGIB. Officers who believe they may be eligible and are

interested in enrolling in the MGIB should contact a counselor in the education office at 6-6231 for more information.

Notes from TMO

The traffic management office reminds Sheppard members that orders are not required to schedule counseling appointments. Once assignment notification has been received, members should come to TMO as soon as possible. May through September is the peak season for moving. Appointments are rapidly filling, thus making it difficult for people to get the pick-up dates they desire.

**Don't
drink &
drive!**

Sergeant's dream comes true

By Master Sgt. Jeff
Szczechowski

Base public affairs

The dream started four years ago.

After watching a Wichita Falls Drillers semi-professional football game, a fan dreamt about what it would be like to be one of those players.

Although he only weighed 185 pounds at the time, small by semi-pro football standards, and had no college football experience, he planted the fantasy firmly in his mind.

That dreamer knew he would have to put on weight and gain some strength before fantasy could become reality.

Besides inexperience, size and strength, another hurdle stood between the man and his

football vision.

Bart Jingst, the dreamer who watched the Drillers play that day four years ago, is a member of Sheppard's 360th Training Squadron, a technical sergeant in the Air Force.

He knew he would have to find a way to balance the demands of his service commitment with his desire to get into the kind of shape necessary to join the players on the field of the North American Football League.

Sergeant Jingst, a skilled deep-sea diver, said he goes to Florida to dive as much as possible. However, with work and college classes keeping him busy, he longed for something new and exciting to replace the adventure of diving, and play-

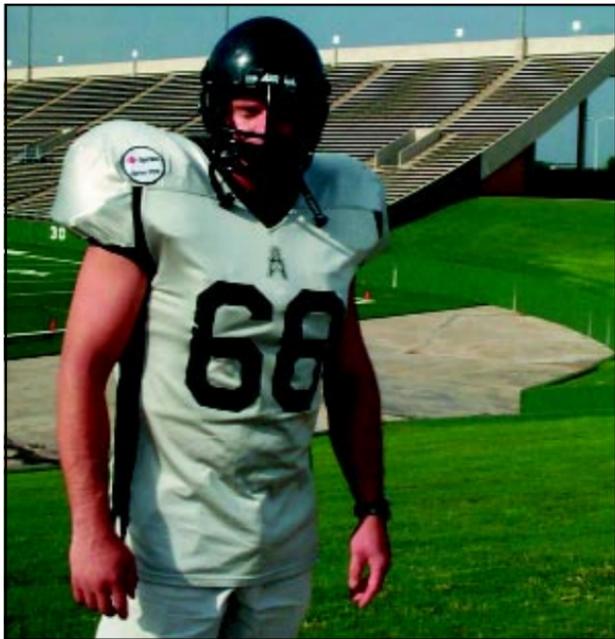
ing for the Drillers looked like a good way to fill the void.

"Deep diving is a rush, and quite frankly, I was bored just working and going to school all the time with no time to dive," he said. "I needed some excitement, so I dusted off the dream of playing for the Drillers and started working out more."

The single point manager of the C-130 Mission Ready Airman Course pushed himself hard to get into peak condition. His workout regimen included lifting weights, running during lunch and swimming one to three miles each week.

Sergeant Jingst first approached Scott Ponder, coach

See DREAM, Page 20



Tech. Sgt. Bart Jingst, 360th Training Squadron, is shown in his "other" uniform prior to a Wichita Falls Drillers game against the Fort Worth Texans. (Photo by Master Sgt. Jeff Szczechowski)

Sports shorts

Golf course events

Wind Creek Golf Course holds many tournaments, clinics and lessons each week. For more information on these events, call the golf course at 6-6369.

Softball tryouts

Tryouts for the base coed slowpitch softball team will be held every Friday, starting today through July 26 from 5:30-7:30 p.m., on field one across from the billeting office. All military personnel assigned to AETC, including active duty, guard and reserve members, are welcome. The team will represent Sheppard at the AETC Championship to be held at Lackland Air Force Base, Texas, Aug.

24-25. For more information, contact Tech. Sgt. David Greene at 6-5831.

Aerobics classes

The aerobiccenter is located in the south fitness center and offers coed aerobics classes seven days a week. Classes are offered as early as 5:30 a.m. and as late as 7 p.m. in low impact, intermediate and advanced exercise, including floor and step exercises, muscle sculpting and kickboxing. Call 6-2972 for specific times and classes.

Coaches needed

The Madrigal Youth Center is seeking vounteer coaches for fall soccer and flag football. For more information, contact Ramon Benavides or Jamie Marion at 6-2342.

Fourth of July Freedom Fest sporting events

<i>Event</i>	<i>Date</i>	<i>Register by/Cost</i>
Two-day softball	Friday-Sunday	Closed
5/10K fun run	July 4	July 4/\$10 person
Mud volleyball	July 4	July 2/\$35 team
One-day softball (men's/women's)	July 4	July 2/\$35 team
Three-point basketball shootout	June 29	June 29/Free

People can compete in either individual or team events. Registrations may be extended if events are not filled. Spectators are welcome. For more information or to register for an event, call Brian Eskew or Tech Sgt. Johnson at 6-6622 or any fitness center.

DREAM

Continued from Page 18

and defensive coordinator for the Drillers, last year and asked about getting a chance to play for the team. Ponder told him that the roster was already set. Sergeant Jingst said he looked at the situation as a blessing, not a setback, realizing that another year would give him more time to prepare.

When he contacted Ponder again at the beginning of this year, the 6-foot-2-inch sergeant could tell him that he now weighed 230 pounds. The coach brought him in for a try-out and liked what he saw.

“Scott told me that day that I made the team and he wanted to use me on special teams,” said Sergeant Jingst. “I was thrilled. I just wanted to make the team and get a little playing time somewhere.”

Ponder said that Jingst is the only Sheppard member on the Drillers’ roster and he is the first active-duty military person to play for the team.

This was quite an accomplishment, since Ponder described the NAFL as the best semi-pro league in the nation. He said that Sergeant Jingst is an important contributor to the team as a special teams player and reserve center and praised his heart and dedication.

Since Sergeant Jingst succeeded in becoming a member of the team, the balancing question resurfaced. How can he manage the demands on his time that come with being a productive Air Force troop, a college student and a Wichita Falls

Driller?

“I fit things in whenever I can,” he said. “But playing football at this level is a dream come true, so I think that counts as ‘Bart Time.’ I try to be disciplined with everything – I balance work, school, church and workouts, trying to keep it all in balance.”

Sergeant Jingst said that playing for the Drillers is everything he hoped it would be.

“I remember stepping onto the field for the opening kickoff at our first game and feeling the excitement,” he said. “At that moment, I knew it was worth all the hard work and sweat just to get to that point. I stopped on the field and thanked God for good health, great friends and co-workers that supported me, and the chance of a lifetime.”

Sergeant Jingst also found a common link between the Air Force and the Drillers: teamwork.

“Teamwork is teamwork wherever you go,” he said. “Everyone has an important job to do. It’s not all about the guy who scores. It’s everyone, collectively, who helps make something good happen.”

The Drillers season began April 21 and ends July 20. Playing in the searing Texas heat helps the team avoid scheduling conflicts with local high school teams and Midwestern State University in the fall, said Ponder.

The Drillers’ next home game is Sunday at 2 p.m. against the Texas Heat. For a complete Drillers schedule, check out the team’s Web site at www.drillersfootball.com.

**Support
Sheppard’s clubs.
Join today!**

Sheppard places in Texas Armed Forces State Softball Tournament

By Ron Brown

363rd Training Squadron

The Sheppard Softball Club earned a fourth-place finish Saturday at the Armed Forces Texas State Softball Tournament in Euless, Texas.

The tournament featured military teams in two divisions, Varsity A and Varsity B.

The Sheppard Softball Club played in Varsity B, while the Senators, Sheppard's base team, competed in Varsity A.

When teams from the different divisions met head on during the tourney, the Varsity B team was spotted three runs.

In their first outing, the Softball Club lost to Strike Force, Carswell Air Force Base, N.M. Both teams competed in the Varsity B division.

It was a close game throughout, but in the end, the Softball Club fell 8-7. The loss put them behind the pack as the tournament progressed.

The tournament allowed for a three-game guarantee for all entries, giving teams a shot at redemption following a loss. However, the level of competition made revenge unlikely for some.

Sheppard's Senators won their first game of the tournament, handling the Randolph Air Force Base, Texas, squad. In their second game, the Senators found Lackland Air Force Base, Texas, another Varsity A team, ready for them.

The teams executed their offenses throughout the game. Ultimately, the Lackland Sluggers outlasted the Senators, 20-16.

Needing a win to get back into the championship, the

Senators checked out their next opponent: the Softball Club. Both teams started out scoring a few runs in each of the early innings.

In the bottom of the second inning, the Softball Club clung to a 8-6 lead. They pushed the offense into high gear and pounded out 10 runs over the next four innings, while limiting the Senators to two.

In the bottom of the sixth, they had an 18-10 lead. Then the Senators scored eight runs, with no time left on the clock, forcing softball's version of overtime.

In the seventh inning, each team gave up three runs, knotting the score at 21.

Mike Houck was the offensive leader, batting .813, and Joe Calderon added punch to the middle portion of the lineup with a .688 batting average during the tournament.

In the top of the eighth inning, the Softball Club scraped out two more runs, and the Senators went down in order, giving the Softball Club a victory, 23-21.

The Softball Club then avenged its earlier loss to Strike Force with a 17-11 win. Next up was Randolph.

Both teams traded hits and runs throughout the first three innings.

In the fourth inning, Randolph started to find their offensive groove, and the Softball Club found themselves in a deep whole going into the last inning, 21-9.

The Softball Club scored six runs before Randolph shut the door on the game and the State Championship Tournament, 21-15.

Have a safe
summer.
Practice ORM.