

# The SHEPPARD SENATOR

Sheppard Air Force Base, Texas, home of the 82nd Training Wing and 80th Flying Training Wing

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## Hospital parking for Freedom Fest

*July 3:* Due to Freedom Fest setup, the first three rows of the parking lot will be open to patients and disabled hospital workers. The main parking lot is closed to hospital personnel, including the night shift.

*July 4:* The main parking lot will be closed, and on-duty hospital personnel, including the night shift, will park only in the west (chapel) and north (by the old bio building) parking lots. The dental parking lot will be closed.

*July 5:* The parking restrictions will be the same as July 3 due to Freedom Fest breakdown.



## Fun, excitement planned for Freedom Fest 2002

By 2nd Lt. Laura Renner  
*Base public affairs*

To celebrate our nation's birthday, Sheppard again has great plans for the annual Freedom Fest, one of the largest Independence Day festivals in Texoma. Everyone is invited to join the fun. Admission is free.

Sheppard will open to the public at 4 p.m. Spectators must enter the base through the hospital gate, where they will be directed to special parking. From there, they must

catch a shuttle bus to the fairgrounds. Shuttles will run continuously from 4-11:30 p.m., going from the parking lot to the airplane static displays to the fairgrounds and back to the parking lot area. No one will be able to get off the shuttles except at designated stops. Military members wanting to come on base are recommended to use the main gate. Handicapped spectators may be dropped off at the fairgrounds, but vehicles must still be parked in a special lot.

No coolers, bicycles, backpacks or pets are allowed on the festival grounds. Authorized items include fanny packs, purses and diaper bags, but they will be searched prior to entering the area. Carrying one of these items will cause a minor delay when entering.

Many events are planned for this year's fest. Sheppard's airplanes will be on display from 4-8 p.m. Airplanes available for viewing include the F-15, F-16 Thunderbird, T-37, T-38, A-10, C-130, C-141 and B-

52. Aircrew personnel will be on hand to answer any questions.

Food and vendor booths will be available from 4-10 p.m., and games and other activities will be going on, as well. "Quarter Note" the Clown will be providing fun and laughs for everyone from 4-8 p.m. People can also enjoy getting duped while watching magic by Mills. Games such as "guess your speed," a clown jump and a dunking booth are

## Action Line 676-2000, action.line@sheppard.af.mil

The 82nd Training Wing's Action Line is your direct line to me for any concerns and suggestions you have. I am personally involved in every reply, and I am committed to making Sheppard AFB a better place to live, work and play. Before you call the Action Line, however, I ask that you give your chain of command or other base agencies an opportunity to work your concerns. If you still do not receive a satisfactory response, call me at 676-2000, or send an e-mail to

action.line@sheppard.af.mil. Please include your name and telephone number. Those concerns with a wide impact at Sheppard may be published in *The Sheppard Senator*.  
 AAFES.....6-2211  
 AF suggestion office.....6-IDEA  
 AFI 36-2903 issues.....6-2984  
 Civil engineer/housing...6-2846  
 Facilities maintenance...6-6524  
 Civilian pay.....6-4890  
 Commissary.....6-2750  
 Comm squadron.....6-5524  
 Dress and appearance.....6-2984  
 Education office.....6-6231

Family support.....6-4358  
 Fraud, waste and abuse.6-2222  
 Inspector general.....6-2031  
 Military pay .....6-1851  
 MEO.....6-2360  
 Patient advocacy.....6-7791  
 Safety.....6-4149  
 Security forces.....6-2379  
 Services Division .....6-2089  
 CDC.....6-4244  
 Youth center.....6-5395  
 Golf course.....6-6369  
 Billeting, gyms, athletics, and dining hall.....6-7429  
 South bowling center.....6-2170  
 Victim assistance.....6-7206  
 Base straight talk line.....6-4438



**Brig. Gen. Arthur Rooney Jr. listens to combat arms training and maintenance section instructor, Tech. Sgt. Timothy Berry, as he describes the course of fire during 9mm training with the 82nd Security Forces Squadron. (Photo by Mike McKito)**

# AETC commander sends Fourth of July message

By Gen. Donald Cook

Commander of Air Education and Training Command

RANDOLPH AIR FORCE BASE, Texas (AETCNS) – Independence Day has always had a special meaning for Americans. We gather with family and friends, enjoy picnics and fireworks, and commemorate the founding of our great nation.

As is our tradition, we hoist the American flag as a way to mark not only our country's birth, but to also remember those who created this great country and those who fought to keep it free.

More than 225 years have

passed since that first Independence Day, and our nation has seen many military conflicts, from the American Revolution to the conflicts in the central Balkans.

This Fourth of July is especially poignant, as we add to our memories those unforgettable images of the Sept. 11 terrorist attacks on the World Trade Center, the Pentagon and the crash of a terrorist-held aircraft in a field in western Pennsylvania.

On this Fourth of July, as you prepare to spend time with your family and friends, set aside time to remember those who gave their lives in the name of liberty.

Let's resolve to never for-



*“There are many times throughout the year to remember those who served in uniform, but there is only one day – Independence Day – when all Americans truly do stand together with one goal in mind: to celebrate freedom.”*

– Gen. Donald Cook, Commander, Air Education and Training Command

get those who made the ultimate sacrifice for this great nation.

There are many times throughout the year to remember those who served in uniform, but there is only one

day – Independence Day – when all Americans truly do stand together with one goal in mind: to celebrate freedom.

This belief and love of country is what binds us all.

My wife, Diane, and I join you in celebrating our country's 226th birthday, the birthday of a great nation dedicated to life, liberty and the pursuit of happiness for all.



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# AETC commander stresses 'we take care of our own'

By Gen. Donald Cook

Commander of Air Education and Training Command



RANDOLPH AIR FORCE BASE, Texas (AETCNS) – This past weekend, June 22 and 23, the Air Force lost seven people to accidental deaths. Three of those people were young members of our AETC family who perished together in a single automobile accident.

This is shaping up to be one of the worst years for accidental deaths in the Air Force and we simply must reverse this very tragic trend. You've heard it time and again that our people

are our most precious resource and we simply cannot take this situation casually.

As we enter the critical Fourth of July holiday weekend, all of us must redouble our efforts to do whatever is necessary to prevent further accidents. It is imperative we all take personal responsibility for the safety and well being of our fellow AETC family members.

Please stay involved with your people and impress upon them the absolute criticality of avoiding unsafe behavior and situations. It is more important than ever that we adhere to, and put into action that abiding Air Force precept — that we take care of our own.

# 82nd TRW commander says "celebrate freedom" July 4th

By Brig. Gen. Arthur Rooney Jr.

82nd TRW commander

We're the guardians of freedom, ready to do whatever it takes to protect our national security and the American way of life.

All of Team Sheppard should pause July 4<sup>th</sup> to remember those before us who've secured and maintained the freedoms we enjoy today. We should also re-dedicate ourselves to protecting this land of liberty for generations to come.

You've heard many times: "Freedom is not free." It's true. Just look at what happened to those brave men who signed our Declaration of Independence, those patriots who with the stroke of a pen helped give birth to a new nation.

Many of them were killed, or persecuted, or lost their fortunes. Then look

at the men and women from all walks of life, of all shapes and shades, of diverse religious beliefs, who throughout our national history have stood ever-ready to protect and defend our freedoms. That legacy of service and rock solid commitment continues today as Americans stand tall, proud, strong, and ready to do whatever it takes to defeat new threats to freedom.

Remember the words—the promise—of President Bush as you celebrate freedom this July 4<sup>th</sup>: "We will not waver; we will not tire; we will not falter; and we will not fail. Peace and freedom will prevail."

Whether you plan on enjoying the Freedom Fest activities on base or celebrating the day in another way, my wife, Helen, and I wish you a fun-filled Fourth of July.

# Team Sheppard members selected for master, technical sergeant

## To Master Sgt.:

<b>82nd TRW</b>	<i>Oakes Robert</i>	<i>Concentine William</i>	<i>373rdTRS</i>	<i>82nd AMDS</i>	<i>Rose Michael</i>	<i>Fung Paul</i>
<i>Dulin Paul</i>	<i>Spirnak Stephen</i>	<i>William</i>	<i>Phillips Mary</i>	<i>Barbrick Jolene</i>	<i>Scott Andy</i>	<i>Gulley Anna</i>
<i>Sinatra Stephen</i>	<i>Spring Lyle</i>	<i>Hirst John</i>	<i>882ndTRSS</i>	<i>Foreman Jeffrey</i>	<i>367th TRSS</i>	<i>Haney Gregory</i>
<i>Sutherland Richard</i>	<i>Thomason Henry</i>	<i>365th TRS</i>	<i>Taguding John</i>	<i>82nd DS</i>	<i>Bertrand Joel</i>	<i>Hargis Phillip</i>
<i>82nd CES</i>	<i>Winegar Jason</i>	<i>Borowski David</i>	<i>381st TRS</i>	<i>Yates Patrice</i>	<i>Chaudoin Byron</i>	<i>Heininger Randall</i>
<i>Klump Michael</i>	<i>362nd TRS</i>	<i>Bryan Richard</i>	<i>Durkin Robert</i>	<i>82nd MXS</i>	<i>Davis Federico</i>	<i>Jennings Taylor</i>
<i>82nd SFS</i>	<i>Averette Gina</i>	<i>Carney Timothy</i>	<i>Fennell Shannon</i>	<i>Blasi James</i>	<i>Heinz Henry</i>	<i>Johnson Michael</i>
<i>Dillon Jimmy</i>	<i>Byars Steven</i>	<i>Clouse Timothy</i>	<i>Frakes Adam</i>	<i>361st TRS</i>	<i>Sansavera David</i>	<i>Lacorte Antonio</i>
<i>Labish Steven</i>	<i>Chavez Kenneth</i>	<i>Dorsey Lezeme</i>	<i>Lauri L Mokiao</i>	<i>Davis John</i>	<i>Schane James</i>	<i>Lee Christopher</i>
<i>82nd TRSS</i>	<i>Clark Robert</i>	<i>Hooker Kevin</i>	<i>Simon Jones Jennif</i>	<i>Odell David</i>	<i>Senior Timothy</i>	<i>Morales Edwardo</i>
<i>Breuer Lisa</i>	<i>Crowder Regan</i>	<i>Mcalexander Mahrne</i>	<i>Steadman Bradley</i>	<i>Carlisle Andrew</i>	<i>Shirley Michael</i>	<i>Neff Michael</i>
<i>Gilbert Patrick</i>	<i>Frazier William</i>	<i>382nd TRS</i>	<i>Jones Neal</i>	<i>Mckinley Kevin</i>	<i>Smith Manuel</i>	<i>Phillips Earl</i>
<i>Knott Bruce</i>	<i>Fuccio Joseph</i>	<i>Kettell Troy</i>	<i>Kissane Sandra</i>	<i>Robinson Christoph</i>	<i>Westbrook Troy</i>	<i>Quinn Stephen</i>
<i>Ward Gerald</i>	<i>Gibson Lisa</i>	<i>Reichelt Carl</i>	<i>Kuechmann George</i>	<i>Rodgers Charles</i>	<i>882nd TRG</i>	<i>Ritter Kirk</i>
<i>Wenk Michael</i>	<i>Hogan David</i>	<i>Stafford Randal</i>	<i>Lamiroult Janet</i>	<i>362nd TRS</i>	<i>Williams Fredrick</i>	<i>Schutte Stephen</i>
<i>360th TRS</i>	<i>Holland Kenneth</i>	<i>Witt Ronald</i>	<i>Rumphol Daniel</i>	<i>Rutter William</i>	<i>80th FTW</i>	<i>Standifer Eric</i>
<i>Brann Stewart</i>	<i>Smith Bobby</i>	<i>Miller James</i>	<i>Smith Bruce</i>	<i>Davis Jimmy</i>	<i>80th TRS</i>	<i>Vance Johnny</i>
<i>Broughman Brandon</i>	<i>Troupe Paul</i>	<i>366th TRS</i>	<i>833rd TRS</i>	<i>Bronsborg</i>	<i>80th TRS</i>	<i>Weber Aaron</i>
<i>Fikes Don</i>	<i>Whited Kevin</i>	<i>Adams Nathan</i>	<i>Mabee Don</i>	<i>Michael</i>	<i>Bu...</i>	<i>Yandell Mark</i>
<i>Frizze Kevin</i>	<i>Wolda Alexander</i>	<i>Agnir Jose</i>	<i>Miller Cheryl</i>	<i>Blanding James</i>	<i>Womack James</i>	<i>Aguirre Jose</i>
<i>Hopkins Denny</i>	<i>Mcqueen Steven</i>	<i>Hobson George</i>	<i>Peinado Albert</i>	<i>Bright Robert</i>	<i>82nd CPTS</i>	<i>Ewing Darren</i>
<i>Jacobs Clarence</i>	<i>Miller Michael</i>	<i>Marberg Kathryn</i>	<i>Zarate Cipriano</i>	<i>Mcclain Buddy</i>	<i>Barnes Terry</i>	<i>361st TRS</i>
<i>Jingst Robert</i>	<i>Rockhold Michael</i>	<i>Rinn Thorley</i>	<i>82nd MDG</i>	<i>Mckoy Michael</i>	<i>Mailloux Brian</i>	<i>Baker William</i>
<i>Johnson Kevin</i>	<i>Drake Robert</i>	<i>Roberts Edward</i>	<i>Beeler Donald</i>	<i>Baldy Paul</i>	<i>82nd TRSS</i>	<i>Breceda Alejandro</i>
<i>Kelly Samson</i>	<i>363rd TRS</i>	<i>Robinnett Danny</i>	<i>82nd MDOS</i>	<i>366th TRS</i>	<i>Irvine Matthew</i>	<i>Chouinard James</i>
<i>Nix James</i>	<i>Bomar Anthony</i>	<i>Sellers Athos</i>	<i>Davis Tyrone Fitzg</i>	<i>Glinka David</i>	<i>Leo Christopher</i>	<i>Doane James</i>
<i>Singleton David</i>	<i>Kelley Robert</i>	<i>Steele Mark</i>	<i>Owens Don</i>	<i>Oliver Robert</i>	<i>Strickland Rosalin</i>	<i>Dudash Eric</i>
<i>Beeton Robert</i>	<i>Kern Todd</i>	<i>Stephens Louis</i>	<i>Pagdonsolan</i>	<i>Amodio Angelo</i>	<i>360th TRS</i>	<i>Dunn Michael</i>
<i>361st TRS</i>	<i>Lapham Raymond</i>	<i>Stoddard Rock</i>	<i>Michael</i>	<i>Cooper Kenneth</i>	<i>Allen Carl</i>	<i>Kiernan John</i>
<i>Caputo Michael</i>	<i>Lehman Michael</i>	<i>Ward Troy</i>	<i>82nd MDSS</i>	<i>Davis Donna</i>	<i>Anderson Daniel</i>	<i>Koch Mark</i>
<i>Forney Ernest</i>	<i>London Robert</i>	<i>Williams Johnnie</i>	<i>Britt James</i>	<i>Good Kent</i>	<i>Beus Tracy</i>	<i>Muraco Michael</i>
<i>Gilchrist Paul</i>	<i>Peterson Kevin</i>	<i>Wooten Johnny</i>	<i>Scott Brian</i>	<i>Green Jerry</i>	<i>Brown Kevin</i>	<i>Nelson Clifton</i>
<i>Graf Edward</i>	<i>Vanzandt James</i>	<i>372nd TRS</i>	<i>Steele Terry</i>	<i>Hakes Hal</i>	<i>Buchanan Douglas</i>	<i>Norman Cory</i>
<i>Mefarland Jessie</i>	<i>Winger Kevin</i>	<i>Boll Joseph</i>		<i>Pack John</i>	<i>Emerick Thomas</i>	<i>Perkins Jeffrey</i>
	<i>364th TRS</i>	<i>Hatfield James</i>		<i>Prohaska Donald</i>	<i>Frazier Stewart</i>	

# Commentary: AEF – It won't work if you're not ready

By Maj. Gen. Timothy A. Peppe

*Special assistant to the chief of staff for air and space expeditionary forces*

WASHINGTON (AFP) – You've heard it said many times: our Air Force is expeditionary. What does this mean? Quite simply, that the Air Force is organized and prepared for military operations abroad, and that everyone of us is a warrior and should be ready to go anywhere on the planet to fight our nation's battles.

While the great majority of our people are ready, we continue to see a large number of personnel reporting for duty in an area of responsibility without all prerequisites accomplished.

All of us — officer, enlisted and civilian; active duty, Re-

serve and Guard — must take ownership of our expeditionary culture. While the air and space expeditionary force concept ensures the Air Force is capable of providing rapidly responsive, need-specific, aerospace power, prepared to conduct military operations across the full spectrum of combat, it simply won't work if we aren't ready.

Being ready to deploy means a lot of things. I like to break them down into three areas — being trained, staying healthy and taking care of your family. If you take care of these three, our Air Force will always win.

First are the obvious preparations, the ones that train you to fight. These include chemical warfare defense training, weapons qualification, self-aid

and buddy care, a law of armed conflict review and anti-terrorism training, to name just a few. People in your local readiness unit will tell you what training you need for your particular deployment.

Readiness also means staying healthy. Are your immunization records complete? Are you exercising several times a week? Are you eating a nutritious and balanced diet? Are you limiting your tobacco and alcohol use? The Air Force mission is to defend the United States and protect its interests through aerospace power. We can't do that if you're not healthy.

Finally, there's the third category of preparations, the one that is sometimes less obvious but no less important — taking care of your family. This

means a lot of things. It means talking to your spouse and kids to make sure they are mentally prepared for you to leave. It also means making sure your will is up to date, that your family's identification cards are current, and that the DoD sticker on the family car is valid. It's up to you to make sure these, and all the other little details your family is counting on, are taken care of before you step on that plane.

While readiness is a personal responsibility, commanders, first sergeants and supervisors play a vital role. If you're one of these people, you should ask yourself some questions. Do your people know what AEF they are assigned to? Have you made sure they are trained and ready? Is their equipment ready? If you an-

swered no to any of these questions, you need to get to work, and get to work now.

Lastly, the major command vice commanders are meeting on a bimonthly basis to review ongoing operational demands, efforts to increase the number of eligible airmen to deploy and rotation cycles. The Air Staff is aware and concerned about the increased operational tempo and is committed to keeping predictability and stability in the lives of our airmen and their families.

Our Air Force has always done extraordinary things, and our expeditionary approach to warfighting has only enhanced our ability to succeed. The AEF will surely carry us through this century, but only if we take it upon ourselves to make it work by being prepared.

## AEF schedules to remain same

by Tech. Sgt. Scott Elliott

*Air Force Print News*

WASHINGTON – The air and space expeditionary force concept was a major topic of discussion at the recent Corona meeting in Colorado Springs, Colo., most notably on the lengths and numbers of existing AEF deployments.

Bottom line — the current AEF deployment alignment will remain the same, said the special assistant to the vice chief of staff for AEFs. This means 10 AEFs divided into five pairs, with 90-day temporary duty assignments for a 15-month total cycle length.

“As a result of a Corona decision, the Air Force is retaining the 10 AEFs and maintaining the 90-day rotation policy to the maximum extent possible,” said Maj. Gen. Timothy Peppe.

The exception to that policy would be for “stressed” career fields where some individuals, based upon current require-

ments, will be told to deploy as long as 179 days.

“Clearly our intent is to fix these stressed career fields as soon as possible so that the 90-day policy is a reality for all,” Peppe said.

Another Corona decision involves the two air expeditionary wings, known as “911” wings, identified in the original AEF alignment.

“By Aug. 1, the resources of those AEWs will be aligned throughout the existing 10 AEFs, and they will be tasked accordingly starting with Cycle 4 in June 2003,” Peppe said. “Based upon current operational demands, it made sense to fold these two wings into existing AEF rotations.”

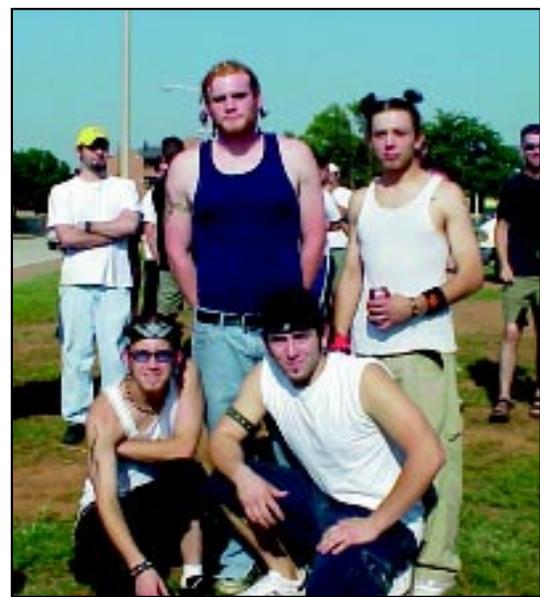
The crisis-response need that the AEWs fulfilled will come from the current construct of AEFs starting with Cycle 4, Peppe said.

Education about AEFs should be a primary concern at

all levels of the Air Force, from general officers to airmen basic, according to Chief of Staff of the Air Force Gen. John P. Jumper.

“The most important thing for an airman to do is to deploy on time, and we must all understand that those airmen deployed are our No. 1 priority,” Jumper said. “The Air Staff is working hard to identify and size the stressed career fields and develop short- and long-term solutions. AEF is not a hobby — it's the system.”

Other Corona discussions centered around the bimonthly Major Command Vice Commander Forum, which actively works AEF issues such as building force modules, key leadership training, unit type codes and increasing the deployable population. All of these, Peppe said, contribute to properly deploying expeditionary air and space resources around the world, when and where the need arises.



### *The best of the best*

**Down Stares beat out the competition in Battle of the Bands Sunday afternoon at the student center. They competed against four other bands with each one playing for a single hour. Down Stares will receive studio time compliments of a local company that sponsored the event. (Courtesy photo)**

# Message from commander: Stay safe during 4th holiday

By Brig. Gen. Arthur  
Rooney Jr.

82nd TRW commander

To date in FY02, the total number of Air Force ground fatalities is 71.

Of this number, 65 were off-duty fatalities with 59 fatalities due to private motor vehicle mishaps.

AETC has experienced 11 off-duty fatalities and one on-duty fatality. All of the AETC off-duty fatalities occurred because of PMV mishaps.

Two of these were members of Team Sheppard.

With the rapid approach of the second major holiday of the 101 Critical Days of Summer, Independence Day, many Team Sheppard people will participate in risk-related activities.

Some will try to stretch the rules in order to get the most out of the four-day

weekend – speeding, driving long distances while fatigued, or consuming too much alcohol – pushing safety and common sense to the back burner.

History shows the chances of becoming involved in a mishap increase with holiday activities.

Motor vehicles, sports and recreation, and water-related mishaps are the most common during this time.

Throughout the 101 Critical days of Summer, you must stress:

- the increased risks where lifeguards are not available
- the benefits of the buddy system when swimming
- the life-saving value of personal flotation devices when boating/skiing
- the hazards and fatal consequences of mixing alcohol and water activities
- compliance with traffic laws: drive defensively and according to road and

weather conditions, allow time for adequate rest during long trips, and understand the value of safety belt and helmet usage

- the hazards of alcohol and speed and drinking and driving

Emphasize mishap prevention through personal risk management, especially with these two principles: accept no unnecessary risk and only accept risks when benefits outweigh the costs.

Self-discipline and common sense go a long way in stopping personal injury and the senseless loss of life.

We all want to come back to work after the 4th of July with the satisfaction that we haven't lost a friend, family member, co-worker or a valuable Air Force member.

Be safe! Be alert! Arrive alive!

## Savings bond drive ends today

One of the most frequently asked questions about savings bonds is, "What are my savings bonds worth?"

A free software package called the Savings Bond Wizard is available at [www.savingsbond.gov](http://www.savingsbond.gov). The Wizard is an easy to use program for the evaluation of savings bonds and has the following features:

- a bond inventory in handy spreadsheet form;
- the current value and interest earned for each bond;
- the total value and total interest for all bonds;
- a check for valid combinations of serial numbers, series denominations and issue dates;
- the yield to date, next accrual date and final maturity date for each bond;
- the ability to change the redemption date and automatically recalculate the bond values and interest for the new date;
- the ability to cut and paste bonds between inventory windows;
- use of the clipboard to move bond information to other applications;
- update functions allow-

ing users to update the Wizard's database every six months with new bond data;

- and automatic sorting of inventory in any column in ascending or descending order.

The Savings Bond Wizard's database must be updated periodically to enable it to price bonds and savings notes for new redemption periods. People can do this by downloading savings bond value files and by running the update command in the Wizard. The free package provides links to those files and explains the updating process.

Links are supplied on the page to download value files for the current redemption period and the upcoming period if available.

Historical savings bond value files dating back to May 1992 are also available to those who need to price bonds for earlier redemption dates.

Currently, Series EE savings bonds earn 4.5 percent interest and Series I bonds earn 5.92 percent interest.

For more information, call your unit representatives. *(Courtesy of the U.S. Department of Treasury)*

# Soundoff

What do you like  
most about  
barbecuing?



*"Hanging out with friends."*  
~Staff Sgt. Glenn Smith, 366th  
Training Squadron



*"I enjoy the food and the atmosphere."*  
~Staff Sgt. Joseph Konanui,  
new arrival to Sheppard Air Force  
Base



*"I like the spiciness and the variety."*  
~Mrs. Phylis Danielson, 82nd  
Training Wing Inspector General



*"Being with friends and family and all the food to take your mind off what is going on in this crazy world."*  
~Staff Sgt. Andre Butler, new  
arrival to Sheppard Air Force Base



*"It reminds me of home and my wife's smile."*  
~Airman 1st Class Andrew  
Leflar, 365th Training Squadron



*"They're messy but quick and good."*  
~Harold Evert, Air Force re-  
tiree

Support Sheppard's clubs. Join today!

# Countdown to the ORI: two weeks left to prepare

## Day 10: Fix paperwork

The ORI team will know you two ways: by talking with you and by reading and examining your paperwork. Make sure it really reflects what your program looks like.

## Day 9: Personal appearance day

Take a look at everyone's uniforms. Are they faded? Are the patches correct? Are the

edges frayed? Are shirts the right color blue? Are there any high water pant legs? Are BDU pants bloused over the top of the boot per AFI 36-2903? Make sure those who need new uniforms get them.

## Day 8: Yard work

Enough looking at papers, files, folders, etc. Mow what you are allowed to, weedeat, pick up trash and sweep. Find

out when the contract lawn service will hit your building in the next 10 days and figure out if you need to pay more attention to the outside of it. When you're done, remind everyone that good housekeeping has to be a way of life practiced everyday, not just something for the inspectors.

## Day 7: Holiday

Enjoy it.

## Day 6: If not a holiday

*Part 1 - Training:* One last look at anything that has to do with OJT, continuation training, READY or additional duty training. By now it should all be up to speed.

*Part 2 - Computers and publications:* Outside of bad housekeeping practices, poor documentation and spotty training, those are the two things that will help you miss a favorable

rating. Make sure your computer accounts, passwords, security training, anti-virus controls, etc., are correct, in place and documented. Make sure that your publications and files are perfect. Make sure that your floppies are correctly labeled. There shouldn't be any games, etc. The ORI team will expect nothing less. (*Courtesy of 82nd Training Wing Inspector General*)

**Drinking and driving don't mix!**

# Tactics to survive Texoma's summer

Summertime is here, and in Texas that means hot days.

People can use some common sense precautions when they are out in that unbearable heat. Some of the things you should do are:

- Stay hydrated and drink lots of water! Follow the new AETC Water Intake Requirements (Table 1 on Page 15).

- Avoid alcohol, coffee or milk (sports drinks are good, but no better than water for heat stress purposes).

- Limit strenuous activities to the cooler parts of the day (do outdoor training and work in the morning).

- Stay in, or get in shape. The more physically fit the person is, the better that person's body can handle the heat.

- The darker yellow one's urine, the more dehydrated one is.

- If a person has not urinated in 90 minutes, that person is becoming dehydrated.

- People should not wait until they are thirsty to drink water.

- Drink 30 to 60 minutes prior to strenuous activity.

- Drink small amounts frequently throughout the day.

Bioenvironmental Engineering takes the Wet Bulb Globe Temperature readings and disseminates it to base agencies

through the command post and via the heat stress hotline at 6-4681 or 6-HOT1.

The WBGT is not a temperature. It is a calculation that takes into account the solar load, temperature, wind, and humidity. It works somewhat like the wind chill factor, but for heat.

People also need to understand that the WBGT measurement is for occupational exposures to heat stress only. These measurements do not apply to other activities like outdoor recreation, exercise or home lawn care.

People should know what the heat stress stages mean. For your convenience the base has installed signs at the base track indicating what each number of the heat stage means and what color flag is used to indicate the current heat stage number. See the chart on Page 15 that shows the heat stage number, flag color, training condition and troop movement style. Note that heat stage 1 now has a flag color of white.

Remember the WBGT heat stress indices are applied to occupational exposures only. Be heat smart, don't overdo it and enjoy a good time in the Texoma summer heat.

Have a safe  
summer.  
Practice ORM.

See **TACTICS**, Page 15

# Base water quality meets or exceeds all federal drinking water standards

*Editor's note: The base is required to print this water assessment annually. Information was provided by the base bioenvironmental engineering section and the 82nd Civil Engineering Squadron.*

Special Notice for the ELDERLY, INFANTS, CANCER PATIENTS, people with HIV/AIDS or other immune problems:

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/Centers for Disease Control and Prevention guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline at 800-426-4791.

## Base drinking water meets or exceeds all federal drinking water requirements.

This report is a summary of the quality of the water we provide to our customers. The analysis was made by using the data from the most recent U.S. Environmental Protection Agency required tests and is presented

in the attached pages. We hope this information helps you become more knowledgeable about what's in your drinking water.

## Where Do We Get Our Drinking Water?

Sheppard purchases its water from the City of Wichita Falls. The City of Wichita Falls purifies water from Lake Arrowhead and Lake Kickapoo. Surface water is used exclusively to provide our water. The Texas Natural Resources Conservation Commission will be reviewing all of Texas' drinking water sources. The source water assessment will be completed within two years. It is important to protect your drinking water by protecting your water source.

Because we purchase our water from the City of Wichita Falls, the City of Wichita Falls is responsible for most of the water quality monitoring. At Sheppard, we monitor using EPA-approved methods for lead and copper and fecal coliform. Lead and copper are evaluated once every three years and fecal coliform is monitored weekly.

## ALL Drinking Water May Contain Contaminants

When drinking water meets federal standards, there may not be any health-based benefits to purchasing bottled water or point-of-use devices. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not

necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the EPA's Safe Drinking Water Hotline at 800-426-4791.

**About the Following Pages**  
The pages that follow list all of the federally regulated or monitored constituents which have been found in your drinking water. USEPA requires water systems to test up to 97 constituents.

**Secondary Constituents**  
Many constituents (such as calcium, sodium, or iron) which are often found in drinking water, can cause taste, color or odor problems. The taste and odor constituents are called secondary constituents and are regulated by the State of Texas, not USEPA. These constituents are not causes for health concerns. Therefore, reporting secondaries in this document is not required, but they may greatly affect the appearance and taste of your water.

**Public Involvement**  
This Consumer Confidence Report was prepared by Staff Sgt. Stephen L. Gygi of the Bioenvironmental Engineering Flight, 82nd Aerospace Medicine Squadron. We welcome your questions and comments about the water quality at Sheppard AFB. For any questions regarding this report or the water quality at Sheppard, please contact 82nd Civil Engineering Environmental Flight at 6-5720.

## Definitions of Key Terms and Acronyms

To gain a better understanding of the content of this report, several key terms and acronyms must be defined. They are as follows:

**MCL: Maximum Contaminant Level:** The highest permissible level of a contaminant in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

**MCLG: Maximum Contaminant Level Goal:** The level of a contaminant in drinking water below which there is no known or expected health risk. MCLGs allow for a margin of safety.

**AL: Action Level:** The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

**ppm:** parts per million or milligrams per liter; a unit of measure equivalent to a single penny in \$10,000

**ppb:** parts per billion or micrograms per liter; a unit of measure equivalent to a single penny in \$10,000,000

**pCi/L:** picocuries per liter; a measure of radiation in water

**CCR:** Consumer Confidence Report  
**SDWA:** Safe Drinking Water Act; Federal law which sets forth drinking water regulations

**NTU:** nephelometric turbidity unit; a measure of turbidity in water

**TTHM:** total trihalomethanes; by-products of drinking water disinfection

## 2001 Drinking Water Quality Data

Contaminant (units)	Highest level at any point	MCL	MCLG	Range of Detections	Year Sampled	Likely Source of Contaminant
<b>Inorganic Contaminants</b>						
Arsenic (ppb)	2.30	50	0	0.00 - 2.30	2001	Erosion of natural deposits; runoff from orchards; runoff from glass and electronics productions waste
Nitrate (ppm)	0.12	10	10	0.12 - 0.12	2001	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits.
Fluoride (ppm)	1.00	4	4	0.90 - 1.00	2001	Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer and aluminum factories.
Barium (ppm)	0.026	2	2	0.021 - 0.026	2001	Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits.
Selenium (ppb)	6.10	50	50	5.00 - 6.10	2001	Discharge from petroleum and metal refineries; erosion of natural deposits; discharge from mines.
Gross Beta Emitters (pCi/L)	9.20	50	0	9.20 - 9.20	1999	Decay of natural and man-made deposits

# FEST

Continued from Page 1

also slated. Enjoy karaoke, lip sync and contests such as watermelon eating, relay races and more. Horse and pony rides will also be available for the youngsters, as well as face-painting and balloon art.

The entertainment lineup for this year's festival also promises to be a huge hit. Shows start at 4:30 p.m. with the Oliver White Band, a local blues band, taking the stage. Spectators will then be awed by a Jeet Kune Do demonstration by Harley Elmore of Warrior's Way at 5:30 p.m. The Ranch Rockers, a local country band, takes the stage at 6 p.m.

The party continues at 7:30 p.m. with AA Bottom taking the stage. According to the band, their "Texas Rock & Roll" is a product created from

blending elements of Texas-based blues, southern rock, hard rock, with a dash of 'Boogie Rock.'"

Finally, at 9 p.m., the main show, Bigloo, takes the stage. Bigloo, a rock band formed locally in 1996, released their first album in 1998 and will be releasing their next one shortly. In 1999 and 2000, the band opened for such acts as Ian Moore, Vallejo, Steppenwolf and The Scabs, and played venues such as Antone's in Austin, and Club Dada, The Curtain Club and Trees in Dallas.

According to the band, their first album has an "honest, straight-ahead, blues-based sound," while their second album has a "more mature, song-oriented sound with plenty of melody and a pop sensibility."

At 10 p.m., the traditionally spectacular fireworks show begins. Don't miss the full day of fun at this year's Freedom Fest.

Do you have an article you want published in the Senator?  
Submit it to [sheppardsenator@sheppard.af.mil](mailto:sheppardsenator@sheppard.af.mil)  
the Friday before you want it to run!



## Fireworks do's and don'ts

Everyone should know that explosives are extremely hazardous when not handled properly by qualified and trained persons, yet, every year, many people turn these items over to their children to celebrate our nation's independence.

It's not realistic to just say, "Don't mess with fireworks." Although officials recommend people attend commercial public displays, it's inevitable that private use will occur. Therefore, the following guidelines are provided courtesy of the Sheppard fire prevention office.

- \* Fireworks are not permitted on base with the exception of the contracted display during the annual Freedom Fest.

- \* Do not use on or near public roadways.

- \* Use only with adult supervision.

- \* Have a suitable fire extinguisher nearby.

- \* Always follow manufacturer's instructions.

- \* Always place devices on the ground. Never hold fireworks in your hand.

- \* Always place fireworks away from yourself and the crowd.

- \* Leave duds alone; delayed fuses have injured many people.

For more information, contact the Fire Prevention Section at 6-2104. *(Courtesy of 82nd Civil Engineering Fire Protection Flight)*

## Operational risk management important, practical

How practical is using operational risk management? How often are you going to need it? And why is ORM such a big deal?

If you find yourself asking these types of questions, consider this: risk management in the private sector is a billion-dollar industry. Every business from hospitals to commercial airports has individuals, sometimes entire staffs, dedicated exclusively to risk management. Practicing proper risk management reduces a company's liability and increases profit.

Now, in applying ORM within the Air Force, we're not looking for monetary profits, but at the same time we want to use our funds wisely. Our main objective is to safely complete the mission without any loss of resources – equipment and

most importantly, our people.

How often do you use risk management? You use it more than you think. First, recognize that there are two types of ORM – strategic and time critical. Both are processes with strategic just a little more involved than the other. Time critical is generally an unconscious act where you recognize a risk, consider a fix and correct it. For example, you plan on taking a trip in your vehicle. You find out that severe weather is in your traveling area (hazard); you discover that floods have closed the road you had planned on taking (risk assessment); you need to take an alternate route (control measure); you start your trip using the alternate route (implementing the control); you arrive at your destination safe and sound (supervise and review).

Remember, ORM is not just safety's program – it's a

commander's program. That's why the ORM Air Force publications are numbered in the 90 series, not 91 series like safety pubs. It may make sense for the safety folks to take the lead because a lot of the ORM concepts, like severity, probability and mishap prevention, are things wing safety personnel have done all along.

To answer the question, "Why is ORM a big deal?" It's because the Air Force mandates ORM use. During the upcoming unit compliance inspection, commanders, functional managers, supervisors and workers may be asked some ORM questions such as, "Are you familiar with ORM? Do you know what it really is? Have you used ORM for any on- or off-duty activities? Have you used ORM to assist in contingency, exercise or deployment planning? Have you developed

any ORM off-duty applications?" Also, if you have any ORM assessments, plans, worksheets, meeting minutes, training records, briefings, letters or anything that demonstrates ORM usage, have them readily accessible. Additionally, the inspectors may conduct "person on the street" interviews to assess ORM knowledge on a personal level. In other words, what is it and how do you use it in your daily life? Could you satisfactorily answer all these questions?

We highly suggest commanders and supervisors review AFD 90-9, AFI 90-901, AFPAM 90-902, SAFBVA 90-2 and the ORM information at <https://webi.sheppard.af.mil/82trwsafety/default.htm>. *(Courtesy of the 82nd Training Wing safety office)*



## Safety Corner

**Sunburn:**

Skin redness and pain, possible swelling, blisters, fever, headaches.

**First Aid:** Take a shower and use soap to remove oils that may block pores, preventing the body from cooling naturally. If blisters occur, apply dry, sterile dressings and get medical attention.

**Heat Cramps:**

Painful spasms usually in leg and abdominal muscles. Heavy sweating.

**First Aid:** Firm pressure on cramping muscles or gentle massage to relieve spasm. Give sips of water. If nausea occurs, discontinue.

**Heat Exhaustion:**

Heavy sweating, weakness, skin cold, pale and clammy. Weak pulse; normal temperature possible; fainting; vomiting.

**First Aid:** Get victim to lie

down in a cool place.

Loosen clothing. Apply cool, wet cloths. Fan or move victim to air-conditioned place.

Give sips of water. If nausea occurs, discontinue. If vomiting occurs, seek immediate medical attention.

**Heat Stroke (Sun Stroke):**

High body temperature (106+). Hot, dry skin; rapid, strong pulse. Possible unconsciousness. Victim will likely not sweat.

**First Aid:** Heat stroke is a severe medical emergency. Call 911 or get the victim to a hospital immediately. Delay can be fatal. Move victim to a cooler environment.

Try a cool bath or sponging to reduce body temperature. Use extreme caution. Remove clothing. Use fans or air conditioners. Do not give fluids. *(Courtesy of the 82nd Training Wing safety office)*

**Want to quit smoking? Ask about smoking cessation classes at 6-4292.**

# WATER

Continued from Page 9

Contaminant (units)	Highest level at any point	MCL	MCLG	Range of Detections	Year Sampled	Likely Source of Contaminant
<b>Inorganic Contaminants</b>						
TTHM (ppb)	28.30	100	0	6.40 - 43.20	2001	By-product of drinking water chlorination.
<b>Unregulated Contaminants</b>						
Giardia	0	N/A	N/A	0 - 0	2001	Unregulated contaminant monitoring helps the EPA to determine where certain contaminants occur and whether it needs to regulate those contaminants
Chloroform (ppb)	17.50	N/A	N/A	0.70 - 17.50	2001	
Bromoform (ppb)	9.60	N/A	N/A	<0.50 - 9.60	2001	
Dichlorobromo (ppb)	16.00	N/A	N/A	2.50 - 16	2001	
Dibromochloro methane (ppb)	10.00	N/A	N/A	1.20 - 10	2001	
Cryptosporidium	0 oocysts	N/A	N/A	0 - 0	2001	

## Turbidity

Turbidity has no health effects. However, turbidity can interfere with disinfection and provide a medium for microbial growth. Turbidity may indicate the presence of disease-causing organisms. These organisms include bacteria, viruses, and parasites that can cause symptoms such as nausea, cramps, diarrhea, and associated headaches.

Contaminant (units)	Highest Single Measurement	Lowest Monthly % of Samples	Turbidity Limits	Year sampled	Likely Source of Constituent
Turbidity(NTU)	0.56	Meeting Limits	0.00 - 0.56	2001	Soil runoff

100

See **WATER**, Page 19

**To place an ad in the Sheppard Senator, call 767-SOLD (767-7653)**

**For up-to-date news from all around the Air Force, visit AFLink at [www.af.mil](http://www.af.mil).**

## Notice of roadwork in Bunker Hill

In fall 2001, a civilian contractor was awarded a contract to rebuild Skaggs Avenue between Hart and Ream avenues.

**Portions of the roadway will be closed to traffic starting July 8.**

The work on Skaggs will be conducted in five phases. The first phase will consist of work on Hart Avenue just south of the dental clinic to the entrance of Lunar Court on Skaggs Avenue. The roadway will be reconstructed and closed to vehicle traffic while work is underway.

During phase one, northbound traffic will not be able to proceed beyond Lunar Court. Westbound Hart Avenue traffic should not proceed beyond Avenue A.

Also, the Hospital West Loop will be closed to southbound traffic. Thus, traffic must enter and exit on Ninth Avenue. Before phase two starts, traffic will return to normal in the area of phase one.

The other four phases will be conducted in the same manner

as phase one. Phase two's work will consist of Skaggs Avenue between Lunar and Mars courts; phase three, between Mars and Mercury courts; phase four, between Mercury and Neptune courts; and phase five, between Neptune Court and Ream Avenue.

The construction will start and end on the centerline of the house courts, so at least one-half of each court will be open for occupant access at all times. Work will be permitted in only one phase area at a time, except when the final asphalt topping is put on.

The construction will last several months, mostly affecting Bunker Hill residents. Expect to make adjustments to normal driving routines. The contractor will erect signs, barricades and traffic cones to cordon-off the pavements closed to traffic.

Follow the signs, respect the barricades and exercise caution when near the work area.

*(Courtesy of the 82nd Civil Engineering Squadron)*

# LIST

Continued from Page 3

*Rudisill Michael*  
*Shaver Michael*  
*Viator Charles*  
*Vuille Geoffrey*  
*Saffell Steven*  
*Hennesey James*  
*Jones Arthur*  
 362nd TRS  
*Brown Eric*  
*Byars Jason*  
*Christopher Dean*  
*Crews Charles*  
*Danes Yancey*  
*Defrese James*  
*Everett David*  
*Holder Steven*  
*Hudson Donald*  
*Idle Richard*  
*Johnsen Christophe*  
*Jones Jason*  
*Kezar Christopher*  
*Larson Craig*  
*Lucarelli Paul*  
*Miller Karl*  
*Perdue James*  
*Scharwath Kevin*  
*Woodriff Jesse*  
*Woollever Rodney*  
*Ozuna Gerardo*  
*Warren Dean*  
*Hovey Michael*  
*Stroud Donald*  
*Wells Brien*  
*Campos Robert*  
 363rd TRS  
*Allen Wesley*  
*Anderson Walter*  
*Atauvich Kenneth*

*Bailey Timothy*  
*Bowen Jona*  
*Cleveland Aaron*  
*Cordero William*  
*Corriere Donald*  
*Denny Kevin*  
*Fair Justin*  
*Frunzi Dean*  
*Geren Gene*  
*Green Charles*  
*Harris Sean*  
*Jackson John*  
*Justice Derek*  
*Maura Luis*  
*Miertschin Christo*  
*Newland Jerry*  
*Pugh David*  
*Reeves David*  
*Rogers Raymond*  
*Smathers Karl*  
*Stevens Jimmy*  
*Sykes Adam*  
*Ward John*  
*Cox Philip Jason*  
 364th TRS  
*Baack Curtis*  
*Butler Sean*  
*Carrillo Corina*  
*Dillard James*  
*Evans Wesley*  
*Hemphill Kenneth*  
*Nugent Christopher*  
*Przytulski Michael*  
*Roy Jerry*  
*Wilbanks Daniel*  
 365th TRS  
*Albe Chad*  
*Conner John*  
*Cumella Michael*

See LIST, Page 20

# WBGT Chart

L i n e	Heat Category (Flag Color)	Temperature Range WBGT (notes 2,3)	Easy Work (100-335 Watts)		Moderate Work (335-500 Watts)		Hard Work (500-700 Watts)	
			Work / Rest (note4)	Water Intake Qt/hr (note5)	Work / Rest (note4)	Water Intake Qt/hr (note5)	Work / Rest (note4)	Water Intake Qt/hr (note5)
1	1 (White)	78 - 81.9	No limit	1/2	No Limit	3/4	40/20 min	3/4
2	2 (Green)	82 - 84.9	No limit	1/2	50/10 min	3/4	30/30 min	1
3	3 (Yellow)	85 - 87.9	No limit	3/4	40/20 min	3/4	30/30 min	1
4	4 (Red)	88 - 89.9	No limit	3/4	30/30 min	3/4	20/40 min	1
5	5 (Black)	> 90	50/10 min	1	20/40 min	1	10/50 min	1

# TACTICS

Continued from Page 8

**\*The Wet Bulb Globe Temperature is not a temperature. It is a calculation that takes into account the solar load, temperature, wind and humidity.**

NOTES:

1. These values will sustain performance and hydration for at least four hours of work in the specified heat category. (Val-

ues are based on U.S. Army Research Institute for Environmental Medicine recommendations.)

2. Wearing body armor adds 5 F to measured WBGT.

3. When performing activities with ground crew ensemble, firefighting gear or other restrictive or impermeable clothing, make arrangements for remote site measurement of the WBGT and add 10 F to the measurement (add 15 F if also wearing

body armor). These adjustments account for the clothing and equipment effects on evaporative cooling (increased barrier) and any increase in work due to the additional load.

4. Rest means minimal physical activity (sitting or standing); in the shade, if possible (but not necessary).

5. Individual water needs will vary +/- 1/4 quart per hour. (Courtesy of the Bioenvironmental Engineering Flight)

# AADD

Need a lift after a night out? Call the Airmen Against Drunk Driving hotline at 676-AADD (2233).

Every Friday and Saturday night from 9 p.m. to 5 a.m., drivers are available for Team Sheppard members who need a ride home after drinking.

Drivers will ask no questions and take no information, and they will not release the name of any person using this program. Don't risk your life or your career.

## General activities

### Chess club

The community center is forming a chess club. All permanent party military members, dependents and civilians are eligible to join. Official chess sets, clocks and official guides will be available. This club will meet in the community center multi-purpose room every Saturday at noon beginning Saturday. Chess players are welcome to bring their own equipment. For more information, call 6-3866.

### Pool hours of operation

The main pool, Capehart pool and Bunker Hill Water Park are open from now until Labor Day. Season pool passes are available at any of the pools during normal hours and at outdoor recreation, the ITT office or the youth center. Pass prices are \$30 for an individual pass and \$60 for a family pass. Daily fees are \$2 for people age 16 and older and \$1 for people age 15 and under. For information about water aerobics, call 6-7491. For information about lap swimming, call 6-6460.

### Main pool – 6-6469

Monday-Friday, 1-7:45 p.m.  
Saturday and Sunday, noon-7:45 p.m.

### Capehart pool – 6-4281

Friday-Wednesday, noon-7:45 p.m.  
Thursday, closed for maintenance.  
Weekends only after Labor Day.  
Family swim time Monday and Tuesday.

### Bunker Hill water park – 6-4161

Thursday-Tuesday, noon-7:45 p.m.

### Library story time

The base library will celebrate the 4th of July with story time Tuesday from 10:30-11 a.m. For more information, call 6-6152.

## Upcoming trips

### Six Flags Over Texas tour

Information, tickets and tours will have a trip to Six Flags Over Texas July 13. The cost is \$40 per person, which includes transportation and park admission ticket. Park rides include

the Texas Giant, the TITAN, Batman and Mr. Freeze. Those interested must register by July 9.

### Ice hockey game

Information, tickets and tours invites everyone to attend an informational meeting of the newly formed Wichita Falls Rustlers ice hockey team July 9 at 7 p.m. in the community center. The event is free, but seating is limited. For seating reservations and information, call 6-2302.

### Football tickets and tours

Information, tickets and tours will host a tour to see the Dallas Desperados play the Orlando Predators July 20-21. Cost is \$165 for two people. Price includes game tickets, hotel accommodations and round-trip transportation. A limited number of seats are available. Tour departs Sheppard at 1 p.m. Game starts at 7:30 p.m. in the American Airlines Center in downtown Dallas. Call 6-2302 for more information.

## Club activities

### Officers club game league

The officers club game league holds tournaments in 9-ball, cricket, shuffle board, foosball and crud starting at 6:30 p.m. the second and fourth Thursday of each month. Food and beverages are 15 percent off during league play. Prizes will be awarded. For more information, call 6-6460.

### Karaoke night

The enlisted club holds Karaoke with the Chief every Thursday night in the main lounge from 8-11 p.m. Win prizes and enjoy drink specials. Call 6-2083 for more information.

### Wings or shrimp Wednesdays

The officers and enlisted clubs offer a choice of one pound of wings or one-half pound of shrimp Wednesdays during the social hour. For more information, call 6-6460.

### Big Bucks Club drawing

Sheppard club members are eligible for the Big Bucks Club Card drawings held every Friday from 6-7 p.m. at the officers club and enlisted club.

## At the Flicks

<p><b>Friday 6:30 p.m.</b> Frailty</p> <p><b>Friday 9 p.m.</b> Big Trouble</p> <p><b>Saturday 2 p.m.</b> About a Boy</p> <p><b>Saturday 4:30 p.m.</b> Big Trouble</p>	<p><b>Saturday 7 p.m.</b> The New Guy</p> <p><b>Sunday 2 p.m.</b> About a Boy</p> <p><b>Sunday 4:30 p.m.</b> The New Guy</p> <p><b>Thursday 6:30 p.m.</b> The New Guy</p>
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**This schedule is subject to change without notice. For movie information, call 6-4427.**

**Frailty (R)** – Bill Paxton, Matthew McConaughey – A father and his two sons are tested in extreme and unexpected ways when Dad announces that he was visited by an angel who entrusted him with a holy mission to destroy demons posing as ordinary men and women.

**Big Trouble (PG-13)** – Tim Allen, Zooey Deschanel – A mysterious suitcase found in Miami brings together and changes the lives of a divorced dad, an unhappy housewife, two hit men, a pair of street thugs, two love-struck teens, two FBI men and a psychedelic dad.

**About a Boy (PG-13)** – Hugh Grant, Toni Collette – Will, a London playboy seeks relationships with single mothers who he thinks are more desperate to find a man. His plans change when he becomes emotionally attached to a woman's son.

**The New Guy (PG-13)** – DJ Quall, Zooey Deschanel – After a few years of being the "uncool kid," Gill, a high school student gets himself expelled and put in prison. While there, his cellmate, Luther, gives him some tips on how to remake his image, so he can start again at a different school reinvented as the "cool kid."

## Chapel Schedule

<p><b>Student programs</b> Tuesday, 11 a.m. and 4:15 p.m., chapel rope meeting, North Chapel Saturday, 4 p.m., Solid Rock Cafe, South Chapel Sunday, 5 p.m., Sunday Evening Gathering, North Chapel</p> <p><b>Catholic activities</b> <b>Mass</b> Saturday, 5 p.m., North Chapel Sunday, 9 a.m., North Chapel Sunday, noon, North Chapel Mon.-Fri., 11:30 a.m., North Chapel</p> <p><b>Reconciliation</b> Saturday, 4-4:30 p.m., North Chapel</p> <p><b>Protestant activities</b> <b>Worship services</b> Saturday, 6:30 p.m., Solid Rock Worship, South Chapel Sunday, 10:30 a.m., Holy Eucharist, Hospital Chapel Sunday, 10:30 a.m., Inspirational Gospel Service, South Chapel Sunday, 10:30 a.m. Protestant Community Service, North Chapel</p>	<p><b>Religious education</b> Saturday, 4 p.m., Marriage Group, Intercessory Prayer Team, Women's Bible Surfing, South Chapel Sunday, 9 a.m., classes for ages 3 to adult, Bldg. 962</p> <p><b>Bible studies</b> Monday, 6:30 p.m., South Chapel Thursday, noon, South Chapel Thursday, 7:00 p.m., Protestant Women of the Chapel, Bldg. 962 Saturday, 6:30 a.m., Protestant Men of the Chapel Bible study Second Saturday of month, 8 a.m., Protestant Men of Chapel breakfast</p> <p><b>Lay-led faith groups</b> Islamic activities, Friday, 1:45 p.m., South Chapel Jewish activities, call Maxine Simpson, House of Jacob Synagogue at 322-4177 Latter Day Saints, Sunday, 2 p.m., Hospital Chapel Mystic Grove Pagan Study Group, Wednesday, 6:30 p.m., Bldg. 962, call Kalista at 6-4370</p>
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**For more information, call the base chapel at 6-4370**

# WATER

Continued from Page 13

## Coliforms

*What are coliforms?*

Total coliform bacteria are used as indicators of microbial contamination of drinking water because testing for them is easy. While not disease-causing organisms themselves, they are often found in association

with other microbes that are capable of causing disease. Coliform bacteria are more hardy than many disease-causing organisms; therefore, their absence from water is a good indication that the water is microbiologically safe for human consumption.

Fecal coliform bacteria and, in particular, *E. coli*, are members of the coliform bacteria

group originating in the intestinal tract of warm-blooded animals and are passed into the environment through feces. The presence of fecal coliform bacteria (*E. coli*) in drinking water may indicate recent contamination of the drinking water with fecal material. The following table indicates whether total coliform or fecal coliform bacteria were

found in the monthly drinking water samples submitted for testing by your water supplier last year.

## Lead

Infants and young children are typically more vulnerable to lead in drinking water than the general population. It is possible that the lead levels in your home may be higher than at other homes in the community as a

result of materials used in your home's plumbing. If you are concerned about elevated lead levels in your home's drinking water, you may wish to have your water tested and flush your kitchen tap for 30 seconds to 2 minutes before using the tap water. Additional information is available from the Safe Drinking Water Hotline at 800-426-4791.

## Total Coliform

Contaminant (units)	Highest Monthly Number of Positive Samples	MCL	Year Sampled	Source of Contaminant
Total Coliform Bacteria (presence)	0	*	2000	Naturally present in the environment
Fecal Coliform Bacteria (colonies/100ml)	None detected	0	2000	N/A

\* Two or more coliform found samples in any single month

## Lead

Contaminant (units)	The 90th Percentile	Action Level	Number of Sites Exceeding Action Level	Year Sampled	Likely Source
Copper (ppm)	0.11	1.3	0	2000	Corrosion of building plumbing systems; erosion of natural deposits; leaching from wood preservatives.
Lead (ppb)	2.3	15	0	2000	Corrosion of household plumbing systems; erosion of natural deposits

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## LIST

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*Herdman Shawn**Jones Dave**Kearnes Kyle**Mccarty John**Megurk William**Merriman Jason**Rodgers Mark**Rogers Kasey**Schwanda Thomas**Stear Richard**Stone Steven**Swapp Jasson**Thrift Mark**Turnbaugh Matthew**Ventura Eric**Copes Brian**Kilpatrick Cherie**Damone William**Knox Russell**Jenkins Robert**Taylor John**366th TRS**Butt Eric**Cogburn Bobby**Craig James**Crosby Robert**Farris Chad**Fellinger Travis**Fowlkes Annlouise**Fry Joshua**Hawks Jeffrey**Hayes Scott**Horton John**Komandt David**Lafferty Michell**Miller Sandon**Nelson Lester**Osteen William**Ray Robert**Regier Christopher**Route Everette**Wright Thomas**Young Frankie**Shankle Paul**373rd TRS**Walker Brian**882nd TRG**Johnson Katherine**882nd TRSS**Siu Marvin**Warren Horace**Arroues Richard**381st TRS**Anderson Lisa**Arringtonsavage Lo**Bourgeois Alden**Chapman Larae**Ellis Paul**Funston Marc**Hughes Evelyn**Moran Laura**Tiemann Dawn**Wesselmann David**382nd TRS**Andert Kevin**Belyeu Troy**Blount Roy**Boyer Christopher**Cockrell Daniel**Epley Tommy**Evans Deborah**Gygi Heidi**Jacobsen Anthony**Lopez Jose**Mohedano Mark**Novak Gregg**Oldham Deloris**Sterns Tijuanda**Trask Lonnie**Randell Kenneth**Dargan Rodney**383rd TRS**Carlisle Edward**Carter Stephen**Coffey Ryan**Corlew Clifford**Frerichs Craig**Garnigan Issomi**Harris Trevor**Hunter Travis**Kane Lisa**Mclauchlin Michell**Quintana Gregory**Dgel Paula**Verrier Sheri**Weed Aaron**Wilson Kimberly**82nd MDOS**Capuchino Susan**Fry Sarah**Haylovic Anthony**Hinze Steven**Limardo Brandi**Ross Charles**Read Jason**Berger Gene**Carter William**Freeman Jimmy**Thomison Elizabeth**82nd AMDS**Reyes Henry**82nd DS**Miller Alycia**Sionmilligan Yvonn**Taylor Janice**82nd CES**Denton Mark**Hutson Jackie**Jones Michael**Lynch Charles**Mathews Jerry**Money Paul**Sykes Donald**Walmsley Paul**82nd CS**Gagliano Scott**Hartley Gregory**Ide Darin**82nd SFS**Barker Charles**Kittredge James**Verhagen Buffie**Langley Anthony**82nd MSS**Menzik Steven**82nd LSS**Yon Michael**82nd CONS**Rand Kenneth**372nd TRS**Huerta Armando**Mester Richard**Lawrence Ronald**Wilcox Lucius**Mcdaniel Lonnie**Tenpas Eric**Valdez Joseph**Paa Ross**Wilson Mari**Brinkman Kevin**Maccarty William**Roy Kenneth**Powers Christopher**Huizenga Dale**March William**Starr Marshall**Tachibana James**Boseman Russell**Perry Rhonda**Torrey Ronnie**Aylsworth Joseph**Miller Keith**Simon Randy**Beard William**Maneiro William**Schaefer Bradley**Vainauskas Adam**Wineburner John**Shawver Michael**Yates Darryl**Ryan Christopher**Marin Louis**Anderson Daniel**Flood Robert**Reiland John**Mccadney Vergil**Monroe Tara**Pettijohn Kenneth**Hyde Michael**Kast Timothy**Lynch Shane**Newton Timothy**Hernandez Albert**Richards Michael**Elliott Gregory**Martin Kelly**Rivera Jeffrey**Boone Charles**Fleming Rex**Noble Daniel***373rd TRS***Wiseman Patrick**Glessner David**Walters David**Allen Randolph**Hutt Andrew**Johnson Johnny**Willman Andrew**Amos Paul**Castro Kent**Hudnall Tony**Keith Emily**Singer Philippe**Stapleton Clinton**Tubbs Duane Lloyd**Webster Andrew**Pershing John**Canfield David**Brooks Rodney**Hunter Charles**Dinkins Daniel**Fitzgerald Terry**Hartman Christophe**Hopkins Robert**Krzyssik Scott**Runnfeldt Jeffrey**Danley Eric**Miller Kevin**Olson Keith**Armstrong Mark**Ray James**Sims Edwin**Brady Mark**Zale Kenneth**Clayton William**Evinger Brian**Lisle David**Wrobel Erich**Baggett Jefferson**Marshall William**Colburn Christophe**Kinney Michael**Nichols Mark**Schroeder Christop**Cotter Mark**Walker Brian***80th FTW***Carrico Stephen***80th OSS***Lawless John***West Michael****Wilkerson Kimberly****88th FTS****Aliff Warren****89th FTS****Henry James***(Editor's note: Congratulations to all promotion selectees!)*

Have a safe  
and happy  
Fourth of July!

# Sports

## Sports shorts

### Golf course events

Wind Creek Golf Course holds many tournaments, clinics and lessons each week. For more information on these events, call the golf course at 6-6369.

### Squadron cardio combat

The fitness centers invite all squadron members to participate in squadron cardio combat. By participating in individual exercise regimens, anyone can track their workouts and score points for their squadron. For more information, call 6-2972.

### Aerobics classes

The aerobics center is located in the south fitness center and offers coed aerobics classes seven days a week. Classes are offered as early as 5:30 a.m. and as late as 7 p.m. in low impact, intermediate and advanced exercise, including floor and step exercises, muscle sculpting and kickboxing. Call 6-2972 for specific times and classes.

### Yoga-pilates classes

The south fitness center is now offering yoga-pilates classes Monday and Wednesday at 10:15 a.m., Wednesday 5 p.m., Tuesday and Thursday 4:15 p.m., Thursday 6 p.m., and Saturday 3 p.m. For more information, call 6-2972. All classes are free.

### Return to fitness Prescription Program

Fitness programs are now available for adults over 50. Classes are held Monday, Wednesday and Friday from 8-9 a.m. at the south fitness center. For more information, call 6-2972 or 6-7491.

### Fourth of July Freedom Fest sporting events

<i>Event by/Cost</i>	<i>Date</i>	<i>Register</i>
5/10K fun run \$10 person	Thursday	Thursday/
Mud volleyball \$35 team	Thursday	Tuesday/
One-day softball \$35 team	Thursday	Tuesday/
Three-point basketball shootout	Saturday	Saturday/Free

People can compete in either individual or team events. Registrations may be extended if events are not filled. Spectators are welcome. For more information or to register for an event, call 6-6622 or any fitness center.



### Why wait? Hydrate!

Airman 1st Class Teresa Booker, 82nd Aerospace Medicine Squadron, enjoys a drink of water. The safety office reminds you to drink at least eight ounces of water per half-hour while in the summer heat. (Photo by 2nd Lt. Nathan Broshear)