

The SHEPPARD SENATOR

Sheppard Air Force Base, Texas, home of the 82nd Training Wing and 80th Flying Training Wing

Inside look

Commentary

AETC commander sends holiday message.....Page 2

News

373rd TRS instructor returns from deployment.....Page 3

In the news

Pass and registration out of vehicle stickers

Pass and registration is currently out of vehicle registration stickers. Temporary passes can be obtained for extended periods lengths of time. There is currently no information about when there will be more stickers. For more information, call 6-4135.

Madrigal Youth Center seeks volunteers

The youth center is looking for volunteers to coach soccer, flag football, basketball, baseball, softball and track. Those interested should contact Mr. Ramon Benavides or Ms. Jamie Marion at 6-2342.

Changes of command

381st TRS

Lt. Col. Jeffrey Staples took command from Lt. Col. Phillip Sandefur Tuesday.

882nd TRSS

Lt. Col. John Griffith took command from Lt. Col. Frank Williams Tuesday.

364th TRS

Lt. Col. Dennis Carr took command from Lt. Col. Robert Stephenson.



Photo by Mr. Mike Helms

Peter Pan

Ms. Erin Brownfield and Mr. Larry Brownfield, actors from the Wichita Falls Theater, sign Peter Pan programs at the enlisted club June 26 for family night. Family night is held at the enlisted club the fourth Thursday of the month from 5:30 p.m. to 8 p.m. Family nights include a family buffet, games and drawings. For more information, call 6-2083.

Air Force ends Stop-Loss

by Master Sgt. Eddie C. Riley

Air Force Print News

6/24/2003 - WASHINGTON — The last of the airmen whose retirement or separation was delayed by Stop-Loss for Operation Iraqi Freedom were released June 23 and will be eligible to leave the service July 31.

Air Force officials authorized Stop-Loss for 43 officer and 56 enlisted specialties in early March to meet national security objectives, specifically the war in Iraq. More than half of the specialties

— 31 officer and 20 enlisted — were released from the program May 14.

Mr. Michael Dominguez, assistant secretary of the Air Force for manpower and reserve affairs, said the program's success, meaning victory in the war, led directly to its conclusion.

"Because we were able to retain these Air Force members and their expertise to contribute to the major combat phase of the war, we were able to complete that part of the mission as planned and may now allow these American heroes to move on with their lives," he said.

The Stop-Loss release applies to all active-duty, Reserve and Air National Guard people in all enlisted grades and officers in the grade of colonel and below; however, deployed airmen must remain in place for the duration of their deployment, he added.

Military personnel flight officials will contact people who had a previously approved/suspended retirement or separation to review their options and establish a new departure date. Released airmen will be allowed up to five months transition time.



Team Sheppard Training 2003



82nd Training Wing: 35,829 students trained to replenish America's combat capability
80th Flying Training Wing: 103 combat pilots trained for the NATO Alliance



Action Line 6-2000, action.line@sheppard.af.mil

The 82nd Training Wing's Action Line is your direct line to me for any concerns and suggestions you have.

I am personally involved in every reply, and I am committed to making Sheppard Air Force Base a better place to live, work and play.

Before you call the Action Line, however, I ask that you give your chain of command or other base agencies an opportunity to work your concerns. If you still do not receive a satisfactory response, call me at 6-2000, or send an e-mail to

action.line@sheppard.af.mil. Please include your name and telephone number.

Those concerns with a wide impact at Sheppard may be published in *The Sheppard Senator*.

- AAFES6-2211
- AF suggestion office.....6-IDEA
- AFI 36-2903 issues6-2984
- Civil engineer/housing...6-2846
- Facilities maintenance6-6524
- Civilian pay6-4890
- Commissary.....6-2750
- Comm squadron6-5524
- Dress and appearance6-2984
- Education office6-6231

- Family support6-4358
- Fraud, waste and abuse...6-2222
- Inspector general6-2031
- Military pay6-1851
- MEO.....6-2360
- Patient advocacy.....6-7791
- Safety.....6-4149
- Security Forces.....6-2379
- Services Division6-2089
- CDC.....6-4244
- Youth center6-5395
- Golf course6-6369
- Billeting, gyms, athletics, and dining hall.....6-7429
- South bowling center6-2170
- Victim assistance6-7206
- Base straight talk line6-4438



Photo by Ms. Sandy Wassenmiller

Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander, presents the 2002 Air Force Physical Therapy Supervisor/Manager of the Year Award to Master Sgt. Patrick Scheuer, physical medicine career development course writer at the 382nd Training Squadron. Sergeant Scheuer is one of 45 senior non-commissioned officers in the physical therapy career field.

Traffic backs up at main gate

Question: When I try to get on base through the main gate, there is always just one open lane, and there is traffic backed up all the way across the intersection. When I approach the guard shack, there are at least three security forces personnel checking identification cards or standing around. This isn't just at peak times; this is all the time. This causes a possibly dangerous situation at the intersection. To open the other lane would significantly reduce the danger at the intersection without affecting the security requirements of the force protection condition. With the amount of manning at this gate, it shouldn't be unreasonable to accomplish this. Is it possible to get both lanes open at the main gate?

Answer: While some delay is inevitable at the gates, Sheppard's gate guards are instructed to open both lanes of traffic whenever there is enough traffic to ensure each lane has several vehicles in it. This includes both inbound and outbound. The main gate is especially problematic because of the wildly changing volume of traffic. We'll reiterate to the gate guards to be cognizant of their lanes of traffic to ensure customer service is maximized without reducing security.

AETC Commander sends Independence Day message

By Gen. Don Cook

Commander, Air Education and Training Command

On July 4, 1776, we claimed our independence as a nation and boldly formed a democracy. Since those early days when our founding fathers established the United States, people from all nations and walks of life have ventured to the "land of the free and the home of the brave" to begin a new life and realize the "American Dream." We should never forget the sacrifices of our forefathers as they secured and preserved liberty for a new nation.

This July 4th, we continue the pursuit of liberty by waging an international war on terrorism. Our success in Operations Enduring Freedom and Iraqi Freedom is key to our future security. In Afghanistan and now Iraq, we are sharing our freedom

by planting the initial seeds of democracy, which we hope will blossom for generations to come.

John Adams wrote the Fourth of July should be "...celebrated by pomp and parade, with shows, games, sports..." Clearly, our nation's second President recognized the significance of celebrating freedom. Today, we celebrate not only this country's independence, but also the spirit of freedom that is alive, vibrant, and worldwide.

"God grants liberty to those who love it and are always ready to defend it," penned statesmen Daniel Webster. In the twenty-first century, we are the liberty's defenders, applying the world's most dominant air and space power to secure freedom. On this 227th anniversary of the birth of our nation, I encourage you to actively participate in celebrating America's uniqueness, it's people, it's heroes,



Gen. Don Cook

and it's armor. As we celebrate, remember those who made the ultimate sacrifice, our veterans, and those who continue to serve.

Happy Independence Day!



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82nd Training Wing commander

Brig. Gen. Arthur Rooney Jr.

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373rd TRS instructor returns from deployment

By Master Sgt. Jeff Szczechowski

Base public communication

A 373rd Training Squadron aircraft armament systems instructor, assigned to Detachment 7 at Hurlburt Field, Fla., recently returned from a one-of-a-kind deployment in support of Operation Enduring Freedom.

Staff Sgt. Bill Glynn, a 982nd Training Group field training detachment instructor, experienced a unique challenge when he shipped out in March with the Air Force Special Operations Command's 16th Special Operations Wing, Hurlburt Field. Not only did he deploy to the Southwest Asian theater of operations as a weapons technician, he was there as a weapons instructor, also.

He was the only person in the Air Force who went to a forward deployed location with this sort of dual responsibility.

The 10-year veteran originally approached his detachment chief, Senior Master Sgt. Dale Koontz, about volunteering to deploy with members of the 16th Helicopter Maintenance Squadron, after hearing some discussion about an upcoming mission to support OEF. Sergeant Koontz ran the proposition through his chain of

command, and the idea was met with the support of Lt. Col. Richard Schwing, 373rd TRS commander, and Col. Robert Simmons, 982nd Training Group commander at the time.

Group leadership had three stipulations before giving the final green light to the deployment. They said they wanted to ensure Sergeant Glynn would be able to carry out specialized field training while at the forward location if he was deployed and not be restricted to doing only weapons system maintenance.

They said they wanted the assignment to be no more than 90 days so that Sergeant Glynn could fulfill his commitment to the war effort and still return to his classroom duties at Det. 7 in a timely manner. They had to make sure his absence wouldn't have a negative impact on normal day-to-day training within the 16th SOW.

Once these details were ironed out and approved, Sergeant Glynn was set to become the first—and only—FTD instructor to deploy with an operational wing.

While at "Location Q," Sergeant Glynn provided technical and mechanical support to the flying operations of the 16th HMXS.

Furthermore, he conducted

specialized training sessions as the flying mission allowed.

As one of only four weapons technicians at the site, he focused on maintaining the gun systems that provided the firepower for the fleet of MH-53s stationed there. A typical workday began at noon and ended at midnight.

At one point, Sergeant Glynn worked more than three weeks without a day off.

Despite the demanding ops tempo, Sergeant Glynn was able to conduct 29 training sessions for the other three weapons technicians. Two of them were relatively inexperienced 3-level apprentices, so the training that Sergeant Glynn provided was all the more important. He said his instruction focused on weapons system troubleshooting, configuring and deconfiguring aircraft armament systems and conducting end-of-firing day inspections.

Lt. Col. Schwing said he was excited about the support Sergeant Glynn was able to give to AFSOC during the three-month deployment. He said there's a valuable message to be found in the fact that an FTD asset was able to take part in an AEF deployment.

"The tremendous support that Sergeant Glynn provided to



Courtesy photo

Staff Sgt. Bill Glynn, instructor at Detachment 7, 373rd Training Squadron, teaches fellow deployed airmen about weapons system maintenance in support of Operation Enduring Freedom.

the 16th SOW is available to the warfighter at every base with an FTD detachment," said Lt. Col. Schwing. "Host units just need to work with the dets on a training plan and on what the instructor will do while deployed. Bottom line, we stand ready to support the warfighter, in the classroom and in the theater of operations."

As for the overall experience on a personal level, Sergeant Glynn said it was nice to be in the field. He said he wanted to go out and lend his hand to the war.

"This, obviously, was a way to make a more visible contribution to the mission," he said. "It was different than being in the classroom, no doubt."

Sergeant Glynn said the most satisfying aspect of the deployment was the way everyone, no matter their duty position, worked together as one cohesive team.

"The teamwork was the most fun to watch," he said. "Everyone pitched in to get the job done, and everyone pulled together to make sure we could carry out the mission."

cVIP speeds job-application process

6/27/2003 - RANDOLPH AIR FORCE BASE, Texas (AFPN) — New and current civilian employees inprocessing or being assigned to new positions in the Air Force can now fill out many of the employment forms online, according to Air Force Personnel Center officials here.

Applicants who have been contacted with a tentative job offer can use the Web-based Civilian Virtual Inprocessing Procedure to fill out forms before or instead of going to their civilian personnel flight, Ms. Maureen Weber said.

Ms. Weber is the lead human resources specialist with the directorate of civilian personnel operations.

"One of the most attractive features of cVIP is that it saves the customer time by capturing repetitive-type information the employee enters on one form, such as name and Social Security number, and inputting the data automatically on other forms as they are filled out," she said.

The cVIP also allows for electronic authentication for signatures, certification and approvals. Electronic authentication is the process through which the identity of a computer or network user is verified and ensures that an individual is, in fact, who he or she claims to be.

More information on Air Force civilian employment is at <https://www.afpc.randolph.af.mil/afjobs/>. (Courtesy of AFPC News Service).

Upgrade halts service temporarily

6/27/2003 - RANDOLPH AIR FORCE BASE, Texas (AFPN) — An upgrade to the Defense Civilian Personnel Data System will shut down its services July 18 to 31, according to Air Force Personnel Center officials here.

The improvement, which affects the servicing of more than 130,000 Air Force civilian employees, would allow all Department of Defense civilians to transact much of their personnel business via the upgraded Web-based system, officials said.

"During the downtime, users will still be able to go into the old programs and input data, but transactions will not be processed by the system until (the system) is brought online," said Mr. Charles Huerta, director of civilian personnel operations.

"Our users will soon be able to access the database using a standard Web browser," he said. "In the long run, this upgrade will increase the system's functionality and be an overall better system for the customer."

The system will be shut down while technicians convert the data, he said.

Users will benefit from increased security and performance, as well as a slightly different look on

their computer screens, officials said.

"We think that this upgrade will improve personnel functions for our civilians," Mr. Huerta said.

Services that are affected by the upgrade include:

- Updates in the Integrated Voice Response System that allows customers to call in changes to their health benefits, life insurance and Thrift Savings Plan accounts.

- Resumix and Civilian Personnel Decision Support System, used to run hiring and promotion programs.

- Civilian Servicing Unit for accessing employee data.

- Civilian Virtual Inprocessing Program for new employees.

- Personnel Automated Record Information System, used to update the electronic official personnel folders of employees.

- Secure Web applications accessed by individuals to review personal records and change benefits.

For more information, contact the technical assistance center at DSN 665-3995. (Courtesy of AFPC News Service).

Made in Italy, built in America:

An Italian pilot discusses the ENJJPT program

By Col. Alessandro Bartomeoli

80th Flying Training Wing

Italian-designed clothing, pasta and pizza are typical Italian products.

They are very famous all over the world and identify the very appreciated "made-in-Italy" product.

Likewise, there is another national product "built" in the United States that is much less known: the military pilot. The success of the first items is assured by common stereotypes forming the Italian history and culture, while the young graduated pilot must be of quality in order to succeed.

Here at Sheppard, Italy participates with a large number of student and instructor pilots in the ENJJPT program. Born in 1979 by a Memorandum of Understanding and Plan of Operation, Euro-NATO Joint Jet Pilot Training program's mission is to train fighter pilots for the NATO Alliance. Nowadays, 13 different countries work side-by-side aimed at the same target: producing fighter pilots in 55 weeks.

So, our student is born and grown in Italy, but ready to mature and become a rated pilot in about a year and a half of hard work (additional English courses included).

The pilot will come back to his mother country proud of himself for the accomplishments achieved and loaded with responsibility.

He will be tested, like a real product, but his solid American experience will assure him the chance to make a name of "high-quality item."

Italy strongly believes in the value of the ENJJPT program, as well as other NATO programs. That is demonstrated by the consistent and supportive participation in all the allied military operations of the last years.

Pilots "made in Sheppard" have taken part in almost every international crisis and they have been the national main structure, proving their qualities.

Moreover, the recent acquisition of F-16s by the Italian Air Force is the confirmation of a country believing in NATO's strength, based on standardized and well-tested weapon systems. So, the product "made in Italy and built in America" flies beyond Sheppard, with personnel trained at other American bases.

For 2004, we have strong hopes and good chances to see the first Italian pilots "made by ENJJPT" assigned to the F-16, happy to come back home and proud to serve the NATO Alliance.

Safety office asks for holiday caution

Record number of motorists expected over weekend

By Mr. Jim Zillweger

82nd Training Wing Safety Office

As we celebrate our nation's independence, many of us will use the opportunity of the extended weekend to visit family or go to our favorite vacation spot.

We just want to remind you to travel safely during this Fourth of July holiday weekend. The U.S. Department of Transportation estimates record traffic numbers this year and advises motorists to use extra caution on the roadways throughout the holiday weekend.

Whether traveling near or far, remember to buckle your safety belt.

Nearly 15,000 lives could be saved each year if everyone used safety belts.

Also, take your time getting to your destination — it's better to arrive late than not at all. A good rule of thumb is to have a travel itinerary established and stick with it.

Plan no more than 500 miles in a day and/or no more than ten hours driving time each day. In addition, stop and rest at least every two to three hours and stretch your muscles.

This will help get the blood flow-

ing and eliminate some of the cobwebs in your head. With the increased traffic, it's important to stay alert at all times.

Most importantly, don't drink and drive. Use a designated driver if you plan to drink. You may not be a drinker or don't plan on drinking over the Fourth of July, but that doesn't mean you can control the "other guy." We urge you to watch for these signs of a possible drunk driver:

—Excessive or very slow speeds, or both.

—Swerving or straddling the center line.

—Near misses with other vehicles.

—No response to traffic signals.

—Driving in the dark with head lights off.

If you see any of these signs, maintain a safe following distance or turn off at the nearest intersection to let the car pass. Alert the local police as soon as possible.

Following these precautions will help you protect yourself and those you love this holiday weekend.

Remember, drive carefully and stay sober when traveling. We wish you a safe and enjoyable holiday weekend!

82nd Contracting Squadron explains furniture-buying process

By Colleen S. Phipps

82nd Contracting Squadron

The end-of-year cut-off date for ordering office furniture is July 15.

The first step should be to contact a resource advisor.

They should be able to provide some of the basics for obtaining furniture.

Early coordination is the secret to success.

Keep the basic functional needs in mind. Size, shape, wall height, lighting, storage, hardwired or not, accessibility, color and style are examples of functional needs.

What kind of work will be performed? Is installation required? Where will the old furniture go? Contracting will need a basic description of these needs. They also need a basic

drawing of the area where the furniture will go if there are plans to rearrange the area.

The next step is to get a "government estimate" of costs (not a quote from a vendor).

Contracting has many catalogs to browse and there may have previous similar buys that can help with developing a government estimate. If hardwired furniture is needed, contact the 82nd CS.

After submitting an Air Force Form 9, keep track of the purchase request number. The Automated Business Services System will show "Sent to SPS" (if funded) or "LGC Solicited" (if this is an end-of-year request) once the purchase request has completed the flow process and contracting has the actual AF Form 9.

If ABSS is not accessible, contact

the resource advisor for status. Someone from contracting will make contact about a site visit from vendors within three weeks.

After the site visit has been completed, expect quotes back from vendors within about two weeks.

If there are layouts and different choices involved, there will be an evaluation process.

Once the evaluation is complete, an award should be made within approximately two weeks of receipt of funds.

Remember, the closer it is to the end of the fiscal year, the longer the process will take.

Not only are contracting personnel very busy, vendors are committed to numerous site visits for many government agencies wanting exactly the same service. Normal delivery time is approximately 90 – 120 days but, again,

buys at the end of the year sometimes take longer due to the large furniture requirements purchases at that time.

A copy of the contract will be available at the Navy Air Force Interface once it is awarded. Check the delivery date in the contract.

If there is problem on the contract or if the furniture is not delivered on that date, do not call the vendor. Call the contracting point of contact on the contract. Documentation of any problems in the contract file is essential.

For additional help, call the 82nd Contracting Squadron. Customers should call Ms. Colleen Phipps, chief of the base specialized acquisition flight at 6-5180. Members of the 82nd CES should contact Mr. Mark Snyder, chief of the infrastructure flight at 6-5185.

Pharmacies to close for family day, holiday

Both base pharmacies will be closed Thursday and Friday for family day and the holiday. For more information, call 6-6310.

AAFES holds tent sale

AAFES is holding a "Star Spangled Summer" tent sale today and Saturday. Save on selected furniture, clothing, shows and scratched and dented appliances. For more information, call 855-4151.

College military liaisons to visit Sheppard

Ms. Vicky Morrison and Mr. Troy Thomas from the University of Phoenix Online and Oklahoma Campus programs will be at the Sheppard Education Services Center on July 15 from 9 to 11 a.m. to provide information about the college's degree programs. They will be conducting their briefings in Bldg. 402, Room 316. Walk-ins are welcome. For more information, call Ms. Vicky Morrison at (800) 366-9699 ext. 6455 or visit

one of the education services center guidance counselors in Bldg 402, Room 306.

82nd SFS combines functions

Security forces has combined pass and registration, information security and personnel security. They will be located in Bldg. 402 in room 154. This will provide the base populace with a single location to complete security clearances, inquire about information security issues and register vehicles and weapons. Bldg. 402 is located centrally on the base.

Family childcare offers employment

The family childcare office is currently seeking individuals who are nurturing and caring to become licensed childcare providers for the children of the Sheppard community. If you are a base housing resident and enjoy working with children, please call Cathy McGuire, family childcare coordinator, for information on how to get started at 6-

4237. All training, licensing and support materials are provided at no cost to you.

Base transportation offers rides

Base transportation offers free transportation to those who are traveling for official business and need a ride to and from a location on base or a contract location off base.

The hours of operation are Monday through Friday from 4 a.m. to 1 a.m. and Saturday, Sunday and holidays from 8 a.m. to 11 p.m. For transportation, call 6-1843 or 6-6813. Those who need a ride to and from lodging when base transportation is closed should call lodging's front desk at 6-1844.

Drug education for youth program seeks volunteers

Make a difference in the lives of young Americans by becoming a mentor through the nationally recognized Drug Education for Youth Program. DEFY is a joint effort by the Navy, Marine Corps,

Air Force, Department of Justice, U.S. Attorney's Office and Executive Office of Weed and Seed from the local community.

The program is geared toward "high risk" youths from 9 to 13 years old in and around the Wichita Falls and Vernon areas and is aimed at influencing kids to stay drug free. This is accomplished by focusing on academics, health and fitness, and citizenship development. You will have the satisfaction of knowing that you have helped these young Americans reach their full potential. This summer camp will run from July 28-Aug. 1 from 6:50 a.m. to 4 p.m. at the community center and from 4 p.m. to midnight at the YMCA east side branch. With approval, military and civilian are allowed to be on permissive temporary duty for this period. All event fees and meals are provided by the DEFY program. To volunteer or learn more about the DEFY program, contact Staff Sgt. Thomas Des Lauriers at 6-7029 or at thomas.deslauriers@sheppard.af.mil, or call Staff Sgt. Robert Fales at 6-1930.

MGIB pays for licensing, certification

One of the Montgomery GI Bill educational benefits is the provision that allows the MGIB benefits to be used for licensing and certification tests needed to enter, maintain or advance in a vocation or profession.

This provision is available to those who are eligible for MGIB benefits, served two years on active duty and completed their contribution to the MGIB. The MGIB will reimburse the fee charges for the VA approved tests or \$2,000 whichever is less. This provision of MGIB is available now. It is important to check with Veteran's Affairs first to determine if the test is VA approved.

A very useful website relating to the MGIB and licensing and certification is at <http://www.gibill.va.gov/Education/LCweb/search.asp>.

Student Activities

Happenings on base and in the community

Student center events

Every Monday, 6-8 p.m. - jam session, bring your own instrument/equipment, free.

Every Tuesday, 5-9 p.m. - Video Night in the pub, free.

Every Wednesday, 7-9 p.m. - Variety Dance Night in the pub. Listen to Latin, hip-hop and R&B music, free.

Every Thursday, 7-9 p.m. - Karaoke Night, free.

Every Friday and Saturday, 7 p.m. to 1 a.m. Club BDU dance, \$3 per person.

Every Sunday, 3-5 p.m. - billiards tournament in the ballroom, \$2 per person.

Hours of Operation

Monday-Thursday: 10:30 a.m. to 10 p.m.

Friday and Saturday: 10:30 a.m. to 1 a.m.

Sunday: Noon to 10 p.m.

Holidays: Noon to 8 p.m.

Red River Café Hours of Operation

Wednesday and Thursday: 4:30-10 p.m.

Friday and Saturday: 11 a.m. to 11:30 p.m.

Sunday and Holidays: Noon to 9 p.m.

Cards, collectibles show

A cards and collectibles show will be held Saturday from 10 a.m. to 5 p.m. at the student center. The show is free. For more information, call 6-7659.

Watermelon eating contest

The student center is scheduled to hold a watermelon eating contest Friday. A BDU dance will be held afterward. For more information, call 6-7659.

Chapel events

Sheppard chapels offer a variety of programs for student enrichment:

Saturday

All students are invited to the "Solid Rock Café" held each Saturday at the south chapel. Dinner is served at 5 p.m., and a variety of scheduled activities take place from 3-9 p.m.

Sunday

Students are invited to the north chapel at 5 p.m. on Sundays for Bible study, an informal get-together with refreshments and student-led music, ending with athletic activities at the north fitness center.

Community center events

Free table tennis classes offered

Free classes are held every Monday and Friday. Professional tournament instructors are available. For more information, call 6-3866.

Pool tournament

Pool tournaments are held every Saturday at 2 p.m. The fee is \$2 per person. There will be first- and second-place trophies. Call 6-3866 for more information.

Free video night

The community center has a free video night every night beginning at 5 p.m. on the big screen TV in the lounge on the second floor. People can watch a movie of their choice from a wide selection. For more information, call 6-3866.

Other events

Multi-Purpose Event Center to host arts and craft show

There will be a North Texas Arts and Crafts Show at the Multi-Purpose Event Center exhibit hall July 5 from 10 a.m. to 6 p.m. and July 6 from noon to 5 p.m. The exhibit hall is at 1000 5th Street in Wichita Falls.

Dining facilities celebrate birthdays with dinner

Students who are having a birthday this month and are on subsistence in kind are invited to celebrate their birthdays on the Friday of their choice for dinner. Contact the cashier to pick up a birthday card registration form.

Students should indicate their entree choice and when they want to celebrate. Students can contact the dining facility manager/supervisor, or call 6-2080 for more information.



Photo by Airman Jacque Lickteig

Flight halt

Students from the 361st Training Squadron march to the dining facility during lunch. There are seven dining facilities on base. For hours of operation or more information, call 6-2080.

Legal office warns against scams

The Federal Trade Commission has amended the Telemarketing Sales Rule to give consumers a choice about whether they want to receive most telemarketing calls.

Beginning in July, consumers will be able to put their telephone numbers on the national "Do Not Call" registry.

By October, it will be illegal for most telemarketers to call a number listed on the registry.

When registration opens in July, consumers can register for free in two ways: online or by telephone.

The FTC will announce the Web site for online registration and the toll-free number later this month on the Web site, www.ftc.gov/donotcall/.

The FTC will not allow private companies or other third parties to "pre-register" consumers for the national "Do Not Call" registry. Also, registration on the list is free. Web sites or phone solicitations that claim they can or will register a consumer's name or phone number on a national list, especially those that charge a fee, are a scam. Consumers will be able to register directly with the FTC or through some

state governments, but never private companies. To get on the registry, you should contact the FTC; the FTC will not contact you.

Do not share your personal information if someone calls claiming to represent a "Do Not Call" registry, an organization claiming to stop fraud, or even the FTC.

If you get such a call, it is likely either a fee scam or identity-theft scam. Either hang up immediately or write down the caller's organization or information and phone number. Report it to the FTC at www.ftc.gov or 1-877-FTC-HELP and alert the Sheppard Law Center.

For greater details, visit the FTC's "Do Not Call" website at www.ftc.gov/donotcall/. This site contains information on registration, how the registry and law works, potential scams, and many other topics. Also, if you feel you may have been the victim of a scam, contact the Sheppard Law Center at 6-4262 or at <https://webm.sheppard.af.mil/82trwja/index.html>. (Courtesy of the base legal office).

For movie show times and general activities at Services facilities, see Sheppard Scenes on Page 14.

Achievers

OTS selects 3 Team Sheppard members

Three Team Sheppard members were recently selected to go to Officer Training School.

Staff Sgt. Marcus Bryan, 362nd Training Squadron; Staff Sgt. Lewis Clark Jr., 365th Training Squadron; and Staff Sgt. Wayne Johnson, Detachment 3, 366th Training Squadron, Eglin Air Force Base, Fla., were selected during a board that convened May 13 through May 16.



Photo by Mr. Lynn Bullard

Award

2nd Lt. Gracie Moore, chairwoman of the African-American Heritage Committee's scholarship committee, presents a certificate of recognition to Darrell Sims, a Burk Burnett High School graduate. He received the award for winning the AAHC 2003 Annual Essay Contest.

To place an ad in
The Sheppard Senator,
call 761-5151.

Got a
story
idea?
Tell us
about it.
Send
ideas and
submis-
sions to
[sheppard-
senator@
sheppard.
af.mil](mailto:sheppard-senator@sheppard.af.mil).

Troops to Teachers program offers pay

The Troops to Teachers Program continues to provide advisement and financial aid to retired military personnel and other eligible veterans who wish to become teachers.

Additionally, funds were authorized to pay for the certification programs of degreed veterans (up to \$5,000) or as a bonus (\$10,000) for teaching in a "high needs" school.

Eligibility categories for funding have been expanded to include all retired active duty military, Reserve or Guard, no matter when they retired. There are additional eligibility categories for current drilling reservists or Guard personnel with 10 or more years of creditable service, or personnel who leave active duty with six or more years, and who commit to at least three years with the Selective (drilling) Reserves or National Guard.

In order to qualify for the Troops to Teachers funding, an eligible veteran must first register with the national TTT program. When the veteran is accepted into a teacher certification program, he or she requests a stipend to help pay for the program. Participation in any state approved teacher certification program will qualify for the stipend, whether it be a university post-baccalaureate program or an alternative teacher certification program. To receive the bonus, an individual must be hired at a campus where at least 50 percent of the students are on free or reduced price lunches. Acceptance of a TTT stipend or bonus incurs a three-year teaching obligation in a high needs district or school.

More information can be found at www.proudtoserveagain.com/pages/80814/index.htm or by contacting the TTT office at DANTES at 1-800-231-6242.

The counselors at the Sheppard Education Services Center, Bldg 402, Room 306, are available to help interested active duty and retired military investigate this opportunity and get started on their way to an exciting second career as a teacher. Walk-in customer service is available Monday-Thursday from 8:30 a.m. to 4:30 p.m. or you can call 6-6231 for a Friday appointment. *(Courtesy of the base education office).*

The south fitness center is now open 24 hours a day, seven days a week. For more information, call 6-2972.

Soundoff

What is your dream vacation?



"I would like to go back home to Arizona to see my family and my girlfriend." ~ Airman David Cureton, 360th Training Squadron



"My dream vacation is an all-expense-paid vacation to the Bahamas." ~ Mrs. Fey Taguding, Military Family Member



"Not to worry about anything, leave the kids at home and just take off for a month." ~ Turkish Air Force Capt. Erhan Gazioglu, 90th Flight Training Squadron



"My dream vacation is to go to Hawaii with my wife and not have to pay for a thing." ~ Senior Airman Terry Franklin, 364th Training Squadron

Sgt. Looksharp says...



Sunglasses will be free of ornamentation on frames and lenses. Faddish styles and mirrored lenses are prohibited. They are never worn around the neck. Ref: AFI 36-2903, Table 2.6, Item 6.

If you have any specific questions or feel an issue needs to be included in the next article, contact the 82nd Training Wing Training Operations Standard Evaluation section at 6-6102 or e-mail [82nd TRW/StanEval@sheppard.af.mil](mailto:82ndTRW/StanEval@sheppard.af.mil).

Your story could go
here. Submit
stories and
ideas to
[sheppardsenator@
sheppard.af.mil](mailto:sheppardsenator@sheppard.af.mil).

Operation Tribute to Freedom to kick off

By Ms. Debi Smith

Base public communication

Operation Tribute to Freedom is scheduled to kick off Saturday.

OTF is a Department of Defense program that spotlights community support for American men and women in uniform.

At www.defendamerica.mil, you can find event ideas or submit events by clicking. The website is a catch-all of e-mails, photos and patriotic celebrations to show American support for the troops who continue to fight in the global war on terrorism.

An Orlando youth sent 4,000 cookies to sailors, the American Stock Exchange had nine soldiers ring the closing bell, and others flew yellow ribbons or attended parades to show their support and pride for

the troops.

Keeping America free is the responsibility of every American, but no one shoulders a greater share of that responsibility than the men and women in uniform. No act of support is too small or goes unappreciated and our community is strengthened by participating in patriotic events.

Military members should contact the public communication office at 6-2733 before speaking at events or participating in off-base recognition ceremonies. The DoD is compiling statistics on base participation in OTF through Veterans Day.

The war on terrorism will not end until all terrorist networks with global reach are found, stopped and defeated. Until that day, everyone must do his part.

Support your community and join the Operation Tribute to Freedom team!



Photo by Mr. T. R. Steele

Clappin' for joy

First and second-grade students act out a song during the Vacation Bible School program sponsored by the base chapel Protestant religious education program. The program ran from June 23-27. For more information on chapel programs, call 6-7282.

Book Report: *The Stress of Organizational Management* by Mr. Price Pritchett and Mr. Ron Pound

2nd Lt. Darren T. Willis
82nd Training Wing Manpower

The handbook by Price Pritchett and Ron Pound on the subject of surviving an organizational change is a very concise look at how the average human copes and adapts to stress in business and economy that is always changing itself.

Included as the main theme for this booklet are the 15 biggest mistakes one can make when working in an organization that is either slated for a change in management and organization or is changing management or its organizational structure.

A few items in this booklet are useful and applicable to the military model of the Air Force manpower shop.

Granted, some of the necessary steps to relieving stress such as physical fitness, time management and goal setting have been instilled into every military and civilian member, either in formal training or in

reading source materials on each subject.

Some of the key mistakes pointed out in the book are easy to apply to real world working conditions.

They all seem to point to one common theme - morale. For example, decide not to change and act like a victim.

Both of these deal with lack of self confidence or a level of insecurity in personal job performance that could be corrected with a number of options including refresher training on older work systems and information on the new systems that are causing the change.

Self-confidence can be improved only from within and to do that, one must make an effort to slightly change their daily routine.

Something as simple as getting to sleep thirty minutes early and getting up ten minutes earlier to allow an easier progression into the work morning can make a big difference.

Time wasted fumbling

around in the morning can start a day off at a less than ideal pace, but when time is plentiful, we can learn to relax, which is a surefire way to start preventing stress.

Prevention is emphasized subtly in this booklet because it assumes correctly that most people reading it are already stressed out.

By providing the rules on what not to do, they allow the reader to associate more freely and relate to the mistakes without feeling guilty. This effect assuages the reader's personal anxiety about making mistakes.

Nothing makes us feel better after making a mistake than knowing we were not the first to do so, merely one of the thousands who were left uneducated on the folly.

Education is where prevention starts. Getting the word out about change and talking about it with others that are experiencing the same will allow anyone who is uncertain about their future alleviate more stress.

For a ride home
after a night out, call
Airmen Against Drunk Driving
at 6-AADD.

Sheppard Spotlight: 15 lines of fame



Capt. Kristian Lyssand

Summer is here. Call the Heat Stress Hotline at 6-HOT-1 for Wet Bulb Globe Temperature updates.

1. **Name:** Kristian Lyssand
2. **Rank:** Captain
3. **Organization and position:** 88th Flying Training Squadron, instructor pilot
4. **Hometown:** Asker, Norway
5. **Married/single:** Spouse and two kids.
6. **Hobbies:** Skiing, windsurfing, golfing and traveling.
7. **Funniest childhood memory:** Several good memories from my childhood. I cannot come up with

only one.

8. **Why did you join the Air Force?** I wanted to fly fighters (F-16).

9. **Why do you stay in the Air Force?** Flying fighters is still challenging and fun, and I have several good friends in the Air Force.

10. **Date arrived at Sheppard:** October 2002

11. **What's the most rewarding aspect of your job?** Taking young pilots and turning them into

NATO's next generation of fighter pilots is very rewarding. It is my contribution to every participating nation in the NATO alliance.

12. **Favorite movie:** Pulp Fiction.

13. **Dream vacation:** Skiing in powder in Switzerland.

14. **If you could be anyone for a day, who would you be?** Neil Armstrong, the day he walked on the moon.

15. **Most prized possession:** My kids.

General activities

Ceramics shop open for summer hours

The ceramics shop is open for summer hours. They have all the materials needed to start creative projects and offer free lessons.

More than 2,500 craft projects are available with a variety of paints, glazes and supplies. The ceramics shop is located in Bldg. 832, the Health and Wellness Center building.

Summer hours of operation are Wednesday-Friday from 11 a.m. to 8 p.m., Saturday from 10 a.m. to 5 p.m., and Sunday from noon to 5 p.m. For more information, call 855-0118.

Dining halls to celebrate Fourth of July

Dining halls 516, 726 and 1368 will celebrate July 4 with special meals.

The hours will be as follows:

Dining hall 516: 11 a.m. - 1:30 p.m., 4:30 - 7:30 p.m.

Dining hall 726: 11 a.m. - 1:30 p.m., 4:30 - 7:30 p.m.

Dining hall 1368: 11 a.m. - 1:30 p.m., 4:30 - 7:30 p.m.

Those entitled to this meal are meal-card holders, temporary duty personnel (enlisted, officer and civilian) and permanent party. Retirees are not authorized to dine. For more information, call 6-7226.

Fourth of July celebration at Lake Texoma Annex

Lake Texoma Annex is scheduled to host a Fourth of July celebration Friday at 7 p.m. A live band, Double Shot, will play at the event. There will also be a lounge and fireworks. For more information, call 903-523-4613.

Service facilities to close for holiday Friday

Several base facilities will close for July 4. Family childcare, the child development center, north bowling center, north fitness center, the vet clinic, the youth center, the school age program and linen exchange will be closed July 3.

Family childcare, the child development center, the enlisted club, the officers club, outdoor recreation, the library, the north bowling center, the north fitness center, ITT, the vet clinic, the youth center, the school age program, linen exchange, the ceramics shop, the auto skills center and the community center will be closed July

4. Family child care, the child development center, the enlisted club, the officers' club, ITT, the vet clinic, the school age program and linen exchange will be closed July 5 and 6.

Club activities

Officers club has daily lunch specials

The officers club has daily lunch specials Monday through Friday. Cost is \$5.95 for members and \$7.95 for non-members. Membership pays!

On Mondays, they serve a country lunch. Tuesday is Italian. Wednesday is Texas style. Thursday is Mexican, and Friday is seafood. Call the officers club at 6-6460 for more information.

Enlisted club offers darts, cards, dominoes

The enlisted club offers a variety of activities every day. Darts, cards, dominoes and pool are available every day. Also, a video game system is available every night to play in the sports bar. For more information, call 6-2083.

Enlisted club to host Boss n' Buddy night

The enlisted club is scheduled to host a boss and buddy night Wednesday beginning at 4:30 p.m. For more information, call 6-2083.

Enlisted club to hold Latin night

The enlisted club is scheduled to have a Latin night July 12 from 9 p.m. to 1 a.m. in the main lounge. For more information, call 6-2083.

Officers club to host family night

The officers club is scheduled to host a family night Thursday from 5:30 - 8 p.m. Cost is \$5.95 for members, \$8.95 for nonmembers, \$2.95 for children 6-12 years old and free for children 5 and under.

Upcoming trips, show ITT planning upcoming trips in July

ITT is planning several trips for the month of July. Call 6-6210 for more information about any of these trips.

July 19 - Frontier City Theme Park, cost is \$45 per person. Register by July 14. Departs at 8 a.m. from the community center. Tour includes round trip transportation and theme park admission. It will return to base at 8 p.m.

At the Flicks

Friday 4:30 p.m.

Matrix Reloaded

Friday 7 p.m.

Bruce Almighty

Saturday 2 p.m.

Daddy Day Care

Saturday 4:30 p.m.

X2: XMEN United

Saturday 7 p.m.

Matrix Reloaded

Sunday 2 p.m.

X2: XMEN United

Sunday 4:30 p.m.

Bruce Almighty

Thursday 6:30 p.m.

Bruce Almighty

This schedule is subject to change without notice. For movie information, call 6-4427.

Daddy Day Care (PG) - Eddie Murphy, Steve Zahn - When a father loses his lucrative "dotcom" job, and finds himself in jeopardy of financial ruin, he and his friends open "Daddy Day Care."

The Matrix Reloaded (R) - Keanu Reeves, Laurence Fishburne - Neo, Morpheus and Trinity continue to battle the machines that have enslaved the human race in The Matrix. Now,

more people are waking up out of the Matrix.

Bruce Almighty (PG-13) - Jim Carrey, Morgan Freeman - At the end of the worst day in his life, Bruce angrily ridicules and rages against God - and God responds. He appears in human form and, endowing Bruce with all of His divine powers, challenges Bruce to take on the big job and see if he can do it any better.

Chapel Schedule

Student programs

Tuesday, 11 a.m. and 4:15 p.m., chapel rope meeting, North Chapel

Saturday, 4 p.m., Solid Rock Cafe, South Chapel

Saturday, 4 p.m., Marriage Group, South Chapel

Sunday, 5 p.m., Sunday Evening Gathering, North Chapel

Catholic activities

Mass

Saturday, 5 p.m., confessions at 4 p.m., North Chapel

Sunday, 9 a.m., North Chapel

Sunday, noon, North Chapel

Mon.-Fri., 11:30 a.m., North Chapel

Reconciliation

Saturday, 4-4:30 p.m., North Chapel

Protestant activities

Worship services

Sunday, 10:30 a.m., Inspirational Gospel Service, South Chapel

Sunday, 10:30 a.m. Protestant Community Service, North Chapel

Sunday, 10:30 a.m. Protestant Holy

Communion Service, Hospital Chapel

Religious education

Sunday, 9 a.m., classes for ages 3 to adult, Bldg. 962

Bible studies

Tuesday, 6:00 p.m., Protestant Bible Study, South Chapel

Thursday, noon, Protestant Bible Study, South Chapel

Thursday, 7:00 p.m., Protestant Women of the Chapel, Bldg. 962

Saturday, 6:30 a.m., Protestant Men of the Chapel, South Chapel

Second Saturday of month, 8 a.m., Protestant Men of Chapel breakfast

Lay-led faith groups

Islamic activities, Friday, 1:45 p.m., South Chapel

Jewish activities, call Maxine Simpson, House of Jacob Synagogue at 322-4177

Latter Day Saints, Sunday, 2 p.m., Hospital Chapel

Mystic Grove Pagan Study Group, Wednesday, 6:30 p.m., Bldg. 962, call Kalista at 6-4370

Buddhist activities, call 6-4370.

For more information, call the base chapel at 6-4370

Centennial of flight:

This week in air and space history

June 29, 1971 - Cosmonaut Lt. Col. Georgi Dobrovolsky was killed in re-entry of his Soyuz 11 spacecraft.

June 30, 1861 - Great comet of 1861 seen; it was the apparent source of the Perseid meteors.

June 30, 1908 - A meteor called the Tunguska fireball hit the surrounding area of the Stony Tunguska River, Siberia.

June 30, 1941 - Kitchen Patrol was terminated on Sheppard. This was one of many inducements as part of a liberalization policy to get people to enlist as part of the Department of Defense going to an all voluntary force.

June 30, 1968 - First flight of Lockheed transport aircraft C-5A.

July 1, 1847 - Asteroid 6, Hebe, was discovered.

July 1, 1976 - National Air & Space Museum opens at present location.

July 1, 1985 - Announcement of 10 finalists for Teacher in Space.

July 2, 1900 - First zeppelin flight.

July 2, 1926 - U.S. Army Air Corps was created.

July 2, 1937 - Amelia Earhart disappeared.

July 4, 1054 - A star exploded in Taurus. Its remains are the Crab Nebula.

July 4, 1880 - Mary H. Myers becomes the first American woman to pilot her own balloon.



July 4, 1908 - Glenn Curtiss generates news headlines by making the first official public flight of more than one mile at Stony Brook Farm race-track in the "June Bug."

July 4, 1982 - STS-4 landed on the Fourth of July at Edwards Air Force Base, Calif.

July 4, 1937 - First successful helicopter flight.



Photo by Mr. Mike McKitto

Strike!

Kristyn Wallasky, daughter of Tech. Sgt. David Wallasky, gets ready to throw a bowling ball down a lane at the south bowling lanes Monday. The south bowling lanes are open from 11 a.m. to 9 p.m. today, 11 a.m. to 9 p.m. Friday, 11 a.m. to 1 p.m. Saturday and 11 a.m. to 9 p.m. Sunday. The snack bar is also open from 6 a.m. to closing time. There are also two tournaments a month, No-Tap single handicap and Moonlight Colorama. For more information, call 6-2170.

Technical sergeant to become master sergeant

Tech. Sgt. John Adams from the 80th Flying Training Wing was recently selected to become a master sergeant.

Want to quit smoking? Check out the smoking cessation classes at the health and wellness center. For more information, call 6-4292.



Daily Programming

Sheppard Today ~ 6 a.m., noon, 5 p.m.
 Air Force News ~ 6:30 a.m., 12:30 p.m., 5:30 p.m.
 Navy/Marine News ~ 8 a.m., 2 p.m., 7 p.m.
 Army News ~ 8:30 a.m., 2:30 p.m., 7:30 p.m.

Programming runs 24 hours on **TSTV Channel 14**.
 Check out the detailed schedule at
www.sheppard.af.mil/82trwpa

Friday

10 a.m. ~ AFEES presents: *Mr. Odell Hooper*
10:30 a.m. ~ AFEES presents: *Mr. Kenneth Dunaway*
3 p.m. ~ Ms. Susie Luchsinger speaks at Prayer Breakfast

Saturday

3 p.m. ~ 3 p.m. ~ Ms. Luchsinger
4 p.m. ~ Communication and Information Hall of Fame
4:30 p.m. ~ AFEES presents: *Mr. Ralph Patton*

Sunday

7 a.m. ~ Maj. Gen. John Regni on Communication
9:30 p.m. ~ The History of Air Mobility Command
10:30 p.m. ~ AFEES presents: *Mr. O. B. Streeper*

Monday

4:30 a.m. ~ AFEES presents: *Mr. George Van Remmerden*
11:30 a.m. ~ AFEES presents: *Mr. Frank Heekin*
8 p.m. ~ Safety Hour

Tuesday

5:30 a.m. ~ 50 Years of the UCMJ
9 a.m. ~ Safety Hour
4:30 p.m. ~ AFEES presents: *Mr. Ralph Patton*

Wednesday

7 a.m. ~ General Regni
4 p.m. ~ CI Hall of Fame
6 p.m. ~ The Sound of Freedom: *The Berlin Airlift*

Thursday

2 a.m. ~ AFEES presents: *Mr. Robert Sweatt*
1 p.m. ~ Lunch and Learn with Mr. Bridgman
11:30 p.m. ~ AFEES presents: *Mr. Paul Kenney*

To make suggestions or to submit a unit video to **TSTV Channel 14**, call **6-2732** or e-mail TSTV@sheppard.af.mil.

Women's base softball team to go to armed forces tournament

By Tech. Sgt. Lisa Anderson

381st Training Squadron

Sheppard's Women's Base Softball team is currently in the process of preparing a team to go to the Armed Forces World's Softball Tournament in Panama City, Fla., Aug 14-18.

The team needs players to help represent Sheppard with the best team possible.

Those eligible to participate are: active duty; Guard/Reserve; family members (spouses and children) over age 18; and civilian government service employees. Basically, anyone with a valid government identification card can play.

Those participating in the Armed Forces Tournament will need to participate in a qualifying tournament on Aug. 9 in Dallas. For more information or if interested in playing, please contact Tech. Sgt. Lisa Anderson by email (lisa.anderson@sheppard.af.mil) or at 676-1878.

Sports Shorts

North lanes to rock 'n bowl Friday, Saturday nights

A glow-in-the-dark Rock It Bowl takes place every Friday and Saturday night from 5-11 p.m. at the north lanes. For more information, call 6-4806.

Fastlanes Bowling underway at south lanes

Base bowling center customers have the opportunity to participate in a "Scratch 'n Win" game until Aug. 14. Call 6-2170 for more information.

Skeet range offers skeet lessons

Skeet lessons are available at the trap and skeet range. Beginners to advanced shooters are welcome. Experienced range

attendants are on hand. For more information, call 6-4141.

Spinning classes held at fitness center

The north fitness center holds spinning classes. Classes are held Monday, Tuesday, Wednesday and Thursday at 11:30 a.m. and 4:30 p.m. For more information, call the north fitness center at 6-6336.

Aerobics schedule

The aerobics center, located in the south fitness center, offers coed aerobics classes seven days a week. Call 6-2972 for more information.

Abdominal class

Monday, Wednesday and Friday at 11 a.m.
Monday-Friday at 8 p.m.

Step aerobics

Tuesday and Thursday at 5:30 a.m.

Aerobics

Monday at 7:15 a.m.

Step/Floor

Monday, Wednesday and Friday at 9:15 a.m.

Basic step

Monday, Wednesday and Friday at 7 p.m.,
Sunday at 2 p.m.

Intermediate step

Saturday at 10:15 a.m.,

Wednesday at 6 p.m.

Advanced step

Monday, Tuesday 5 p.m.

Combo step

Monday, Wednesday and Friday at 11:30 a.m.

Kickboxing

Tuesday and Thursday at 7 p.m.
Sunday at 3 p.m.

Body pump

Tuesday and Thursday at 9:15 a.m.
Thursday and Saturday at 11:30 a.m.
Sunday at 4 p.m.

Yoga and pilates

Monday and Wednesday at 10:15 a.m.
Wednesday at 5 p.m.
Thursday at 6 p.m.
Saturday at 3 p.m.

Base pools now open for summer

Swim season is now underway. Base pool passes are on sale at Bldg. 2117. Passes for individuals cost \$35, and family passes cost \$65. Call 6-4141 for more information.

Daily fees:

16 years and older - \$2 per person
4 - 15 years - \$1 per person

Pool hours:

Main pool
Monday - Friday - 1 - 7:45 p.m.
Saturday and Sunday - noon - 7:45 p.m.

North main closed on Tuesdays
South main closed on Thursdays

For more information, call

6-6494.

Bunker Hill water park

Thursday - Tuesday - noon - 7:45 p.m.

Wednesdays - closed

For more information, call 6-4161.

Capehart pool

Saturday - Wednesday - noon - 7:45 p.m.

Thursdays and Fridays - closed

For more information, call 6-4281.

Water aerobics:

Monday, Wednesday and Friday - noon, 5 and 6:15 p.m.

Call 6-7491 for start dates.

Lap swimming:

Now - Sept. 26, Monday - Friday - 10:30 a.m. - 12:45 p.m.

Submit your sports stories to
sheppardsenator@sheppard.af.mil.