

The SHEPPARD SENATOR

Sheppard Air Force Base, Texas, home of the 82nd Training Wing and 80th Flying Training Wing

Inside look

ENJJPT program: continuing success story.....Page 2

82nd SFS patrols trade four wheels for two.....Page 3

MilPDS training pays big dividends.....Page 5

Ten airmen graduate from ALS.....Page 8

Countdown to ORI: 1 week to go.....Page 9

Base clubs' hours

The enlisted club will be open today from 4 p.m. to 2 a.m. The officers club will be closed.

Editor's note

In the June 14 issue of the Senator, Staff Sgt. Lawrence Broughton, who received a coin of excellence for achieving a 100 percent average in the Munitions Apprentices Course, was mistakenly identified as a member of the Maryland Air National Guard. He is a member of the District of Columbia Air National Guard, whose headquarters is located at Andrews Air Force Base, Maryland.



Young star

Kellen Spangler, 4, performs during the talent show at the American Cancer Society Relay for Life. Kellen is the daughter of Tech. Sgt. Joe Spangler, an advanced munitions instructor with the 363rd Training Squadron. A team of more than 20 people from the 363rd TRS participated in this year's Wichita Falls relay, which raised more than \$90,000 for cancer research and programs. During the event, teams of 15 to 18 people gather at local schools, fairgrounds or parks and take turns walking or running laps. One member from each team must be on the track at all times during the relay, which lasts 12 to 24 hours and goes overnight. See story on Page 19. (Courtesy photo)

Federal Long Term Care Insurance Program enrollment begins

AIR FORCE PERSONNEL CENTER - Air Force active duty, selected reserve, appropriated-fund civilian employees, retirees and qualified family members now have the opportunity to purchase long term care insurance during an open season enrollment period, July 1 to Dec. 31.

The Federal Long Term Care Insurance Program, a benefit authorized by Congress in September 2000 to help federal employees, including military, defray

the rising costs of long term care, helps pay for services such as home care, nursing home care, or assisted living facilities for people no longer able to perform the normal daily activities of living because of chronic mental or physical conditions.

"Long-term care is a subject many young folks don't see a need for," said Robin Conner, Air Force long-term care program monitor. "In reality, many people not yet eligible for retirement find them-

selves in this situation every year."

According to published statistics, more than 40 percent of people needing long-term care are between the ages of 18 and 64.

Premiums for long-term care insurance are based on age when the application is received and the benefits chosen. If someone applies during the upcoming open season, they will pay premiums based on their age on July 1, 2002.

"We suggest that individuals take the time to educate themselves on this insurance program," said Conner. "It's not something people like to think about, but if they or a family member need it, they'll be glad they did."

More information on the insurance program is available online at the Federal Long Term Care Insurance Program Web site <http://www.ltcfeds.com> or by calling (800) 582-3337 or TDD (800) 843-3557.



Team Sheppard Training 2002

82nd Training Wing: 38,059 students trained to replenish America's combat capability

80th Flying Training Wing: 229 combat pilots trained for the NATO Alliance



Action Line 676-2000, action.line@sheppard.af.mil



Brig. Gen. Arthur Rooney Jr. prepares for his familiarization flight in a T-37 "Tweet" with German Air Force Col. Johannes Hassenwert, commander of the 80th Flying Training Wing Operations Group. (Courtesy photo)

The 82nd Training Wing's Action Line is your direct line to me for any concerns and suggestions you have. I am personally involved in every reply, and I am committed to making Sheppard AFB a better place to live, work and play. Before you call the Action Line, however, I ask that you give your chain of command or other base agencies an opportunity to work your concerns. If you still do not receive a satisfactory response, call me at 676-2000, or send an e-mail to

action.line@sheppard.af.mil. Please include your name and telephone number. Those concerns with a wide impact at Sheppard may be published in *The Sheppard Senator*.
AAFES.....6-2211
AF suggestion office....6-IDEA
AFI 36-2903 issues.....6-2984
Civil engineer/housing...6-2846
Facilities maintenance...6-6524
Civilian pay.....6-4890
Commissary.....6-2750
Comm squadron.....6-5524
Dress and appearance....6-2984
Education office.....6-6231

Family support.....6-4358
Fraud, waste and abuse..6-2222
Inspector general.....6-2031
Military pay6-1851
MEO.....6-2360
Patient advocacy.....6-7791
Safety.....6-4149
Security forces.....6-2379
Services Division6-2089
CDC.....6-4244
Youth center.....6-5395
Golf course.....6-6369
Billeting, gyms, athletics, and dining hall.....6-7429
South bowling center....6-2170
Victim assistance.....6-7206
Base straight talk line.....6-4438

ENJJPT program: continuing success story of 13 nations

Col. Johannes Hassenwert, GAF
80th Flying Training Wing Operations Group commander

It was formulated from a 1979 Memorandum of Understanding between 12 North Atlantic Treaty Organization nations desiring to achieve a common pilot training program.

The Euro-NATO Joint Jet Pilot Training program began in October 1981 with the mission to train fighter pilots for the NATO Alliance.

Today, 13 different NATO partners – Belgium, Canada, Denmark, Germany, Greece, Italy, the Netherlands, Norway, Portugal, Spain, Turkey, the United Kingdom and the

United States – participate in this program with students and/or instructor pilots.

ENJJPT is a one-of-a-kind organization and is the world's only multinationally manned and managed flying training program. It has pilots from each of the 13 nations working side-by-side – both on the ground and in the air – with no special accommodations made in this NATO organization since it's a true coalition unit.

A German instructor pilot may teach an American student, or an Italian student may fly with a Danish teacher. In fact, despite the common stereotype, the Greek senior officer in the

program is best friends with his Turkish counterpart!

The common language is English, and the flying procedures are in accordance with U.S. flying regulations.

The ENJJPT program is managed by a steering committee that consists of a senior officer, who is normally a colonel or above, from each of the participating nations and is currently led by a general officer from the Netherlands.

This committee represents the desires of their respective Ministries of Defense or Secretary of Defense/U.S. Air Staff in the U.S. Air Force case. They meet twice a year to discuss and

make decisions about the flying training program. Since this is a true NATO organization, there are no votes, and all decisions are determined by a unanimous consensus.

During the last 20 years, more than 4,600 pilots have graduated from ENJJPT and have become the backbone of NATO's air forces. The earliest graduates are rapidly assuming senior leadership positions in their respective countries and have had significant impact on past NATO operations.

Already ENJJPT graduates have meaningfully influenced such conflicts as Desert Storm (Iraq), Deny

Flight (Bosnia), and Allied Force (Kosovo). In fact, the first fighter sweep of the Kosovo operations was conducted by a flight of F-16s led by a Dutch pilot with a Norwegian wingman. They are the ones who shot down the MiG-29s. Both of these NATO pilots were ENJJPT graduates.

A common flying background, an understanding of cultural differences, and cooperation in combat for NATO warriors have their origins right here at Sheppard in the ENJJPT program.

The product of this unique flying training wing is a more potent and cohesive airpower force for the NATO alliance.



Published by the Times Publishing Company of Wichita Falls, Texas, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 82nd Training Wing.

This commercial-enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of *The Sheppard Senator* are not necessarily the official views, or endorsed by the U.S. government, the Department of Defense or the Department of the Air Force.

including inserts or supplements, does not constitute endorsement by the DoD, the Department of the Air Force or the Times Publishing Company of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or other non-merit factors of the purchaser, user or patron.

Content is edited and prepared by the 82nd TRW public affairs office. Copy deadline is noon Friday the week before publication. All photos are U.S. Air Force photos unless otherwise credited. E-mail submissions to SheppardSenator@sheppard.af.mil 82nd TRW/PA, 419 G Ave., Ste. 3, Sheppard AFB, Texas 76311-2943

82nd Training Wing commander
Brig. Gen. Arthur Rooney Jr.
Sheppard Senator editorial team

- Director of public affairs.....Lt. Col. John Skinner
- Chief of internal information.....Mike McKito
- Public affairs officer.....2nd Lt. Laura Renner
- Noncommissioned officer in charge.....Master Sgt. Jeff Szczechowski
- Editor (6-7244, Lynette.Gonzales@sheppard.af.mil).....Lynn Gonzales
- Action Line coordinator (6-2000).....Terri Tyler

82nd Security Forces Squadron patrols trade four wheels for two

By 2nd Lt. Brooke Brander

Base public affairs

Members of the 82nd Security Forces Squadron are stepping out of their patrol cars and onto bicycles in an effort to increase community involvement and policing.

The bicycle patrol can be seen around the Sheppard community, weather permitting, sporting white polo shirts, blue shorts and a bicycle helmet.

"Everybody tells me they want my job," said Staff Sgt. Craig Champion, 82nd SFS and a member of the bicycle patrol.

Members of the bicycle patrol are issued their bicycles, either a Trek or Schwinn, the 15- to 20-pound duty belt with radio, a bike repair kit and the signature blue shorts and a white polo shirt with "Security Police" across the back in bold blue lettering.

The bicycle patrol has a number of advantages over the traditional car patrols.

They allow for more mobile, rapid response to community policing. On the bicycles, patrol members can move through and around areas that patrol cars would have difficulty with, such as between the dormitories and housing areas.

According to Master Sgt. Micheal



Staff Sgt. Craig Champion, 82nd Security Forces Squadron, checks the tires on his bicycle before heading out on patrol. Bicycle patrols join patrol cars in maintaining security on base. (Photo by 2nd Lt. Brooke Brander)

Lathan, 82nd SFS, the bicycle patrol has had a presence on base periodically for years and was ultimately reestablished in 2000. The 82nd SFS currently has six members in the bicycle patrol.

Patrolling on the bicycle has allowed security forces to better interact with the local community on base.

During his three weeks as a bicycle patrol member, Sergeant Champion said

he has found himself to be more accessible to the base community and people. He noted it's easier for people to talk to the guy on the bike than the one in the patrol car. In general, he finds the bicycle patrol is more approachable.

"This is a great program," said Capt. David Osterman, 82nd SFS.

Captain Osterman foresees the bicycle patrol as a permanent presence within the Sheppard community. The patrols aid greatly in policing efforts on base as well as increase security forces' presence to better serve the community.

Sergeant Champion, along with Staff Sgt. Matt Synder, 82nd SFS, attended a week-long bicycle patrol training course in basic skills and fundamentals at Fort Sill, Okla.

Sergeant Champion said the week of training was intense. Training activities included a bicycle obstacle course, 22-mile endurance ride, shooting while on the bicycle, bicycle maintenance, coordination and maneuverability skills, and regular morning physical training sessions.

"It was a tiring, but worthwhile, week," Sergeant Champion said.

As long as the weather is good, Sheppard members will see bicycle patrols making their rounds on base.

Defense Department restarts modified anthrax vaccine program

By Army Sgt. 1st Class Kathleen T. Rhem

American Forces Press Service

WASHINGTON (AFP) – Defense Department officials announced June 28 they are restarting a modified Anthrax Vaccine Immunization Program now that the vaccine provider has passed Food and Drug Administration scrutiny.

Only servicemembers, essential civilians and contractor employees going to or serving in high-threat areas will receive the vaccine, said Dr. Bill Winkenwerder, assistant defense secretary for health affairs. This is because half the contractor's vaccine production will be stockpiled for civilian use.

"We recognize there is a domestic need for access to the vaccine," Winkenwerder said. "In collaboration with the Department of Health and Human Services and the Office of Homeland Security, we are reserving a portion of the anthrax vaccine for stockpiling...to use in the event of a domestic emergency."

In 1998, the DOD began a plan to vaccinate all military members against the deadly, potential biological weapon. The program was pared down several times in the intervening years as the sole provider of the vaccine shut down its factory for renovations and then had problems gaining FDA approval of its produc-

tion process.

Vaccine shortages eventually caused the DOD to vaccinate only limited numbers of servicemembers serving in "designated special mission units."

The contractor, Bioport of Lansing, Mich., gained FDA approval of its renovated facility in January and is now ready to begin providing additional stocks of the vaccine to the DOD.

Winkenwerder said the new policy is "more targeted" than the previous plan to vaccinate the total force. He said the numbers of servicemembers and essential civilians vaccinated will jump, but he would not say how high.

Nor would he say what areas of the world are considered "higher threat."

"We will identify those areas to the servicemembers before they are deployed to those areas, but we don't intend to talk publicly about that as we describe the policy to the rest of the country, to the media," Winkenwerder said during an earlier interview with American Forces Press Service. "And the reason is, we don't intend to give our adversaries an indication of exactly who and when and where we've immunized people. We would like that to be a further deterrent to anybody who might think about using anthrax as a weapon."

The doctor said DOD medical officials hope to start vaccinating targeted servicemembers 45 days before they deploy. The anthrax vaccine requires six shots throughout an 18-month period for maximum immunity, but a relatively high level of immunity is reached after the first three shots, he said.

Winkenwerder and Vice Adm. Gordon Holder, director of logistics on the Joint Staff, said the vaccination program may return to total-force coverage if vaccine availability improves and if the biological threat changes.

Individuals who started the

See ANTHRAX, Page 4

363rd TRS uses virtual reality to train students on F-15E

By 2nd Lt. Laura Renner

Base public affairs

In the 363rd Training Squadron, students learn how to perform safe-for-maintenance procedures on all F-15 models during the 78-day Aircraft Armament Systems Apprentice Course.

Housed in the hangar are 1972 and 1976 models that students train with hands-on. These particular models fly air-to-air combat missions and have one seat in the cockpit.

However, the F-15E, made in the late 1980s, flies air-to-ground combat missions and holds two operators. This difference in mission creates a difference in the safe-for-maintenance procedures.

It's so different that only 30 percent of the E-model cockpit's switches are similar to those of previous models.

Even with this difference, students sent to work on the F-15E only received training on the older F-15 models.

When these students arrived at their first duty station, they needed specific training for the F-15E. Supervisors would have to take a lot of time away from their main job to train these airmen.

In fact, training lasted 26 hours for each airman, while airmen assigned to the F-15C/Ds required relatively zero.

In 1998, these 26 hours were reduced to four, cutting training time by 85 percent. How was this possible?

The Aircraft Armament Systems Apprentice Course adopted a virtual reality trainer for the F-15E.

During the 78 days, students receive 21

lessons in the virtual reality trainer. These lessons include the walk-around portion of Aircraft Safe-for-Maintenance and the front and rear cockpit safing procedures.

The workings of this virtual reality trainer are quite realistic.

Students sit in a chair representing the cockpit and put on a helmet. With this helmet on, students enter the virtual reality world. They see a cockpit and its surroundings. While sitting in the cockpit, students must physically move around as if they were really sitting in the plane.

Throughout the training, students hold a joystick that allows them to perform their training. They use this joystick to pinpoint what control they want to check for proper positioning.

Meanwhile, what students see in the helmet is also shown on a television that allows other students in the room to watch real time and learn from it in addition to their own training.

These 21 lessons are entirely computer run, instructed and graded.

Aside from the first lesson to explain how it works, students don't need an instructor. Toward the end of the training, instructors check to make sure students are on track. Otherwise, the computer handles it all.

The new trainer didn't add any time to the course itself. Students train on the virtual trainer while other students are training on the actual planes.

"We train the students in crews, just like they're going to work on a real F-15," said instructor Master Sgt. John Chatham. "With only one crew able to practice on a plane at



Airman Vincenzo Ferreri, 363rd Training Squadron student, reaches to make sure the trigger is in a safe position on the stick of an F-15E while training in a virtual reality trainer. (Photo by 2nd Lt. Laura Renner)

a time, the other crews have time to train on the virtual reality trainer."

The trainer has several benefits.

It cuts down training time at students' first-duty locations.

"They leave here better trained, ready to fight the war sooner," said Sergeant Chatham.

Students reap other benefits. Instructors said they are struggling to tear the students away from it.

"Students love it," Sergeant Chatham said. "It's a video game to them. Our task is to make them want to learn. We've accomplished that with this trainer."

But the trainer has its downsides.

They are typical challenges one deals with when working with technology.

It isn't new anymore. The computers running the virtual reality trainer were the top of the line in 1998. Now, they are on the bottom. Also, the joystick takes away from the reality of physically touching a control mechanism.

However, upgrades are in the works, including a force feedback glove that allows students to get a realistic feel of what they are doing. With this glove, for example, students will feel the click as they push the button.

Another upgrade is changing to a Windows based-program that would allow students to practice on a personal computer on their own time.

See **TRAINING**, Page 17

ANTHRAX

Continued from Page 3

six-shot series under the previous guidelines will resume the series where they left off.

Others who started the shots previously but are not currently covered under the new program will receive the rest of their shots "later into 2002, possibly as late as 2003, and that's because the supply of the vaccine is limited," Winkenwerder said.

He insisted there is no danger in stopping and restarting the series of shots. "Protection lasts months to years at some level," he said.

Under the previous program, 525,000 servicemembers received a total of 2.1 million doses of the vaccine. Contrary to widespread media reports of servicemembers

refusing to be vaccinated, even at the cost of their careers, Winkenwerder said the true number is relatively small compared to the number of doses administered. The DOD has no formal method of counting refusals, but service chiefs report 441 servicemembers have refused to be vaccinated. He said there have been no deaths linked to the vaccine.

In the earlier interview, Winkenwerder dismissed widespread claims that the vaccine is not safe or effective. He cited a study released March 6 by the Institute of Medicine that found the vaccine to be "effective protection against anthrax, including inhalation anthrax."

"The Institute of Medicine of the National Academy of Sciences — a very august, prominent body — has said in a very large, in a

very important, comprehensive report that the vaccine is safe and effective," Winkenwerder said. Several other studies by reputable independent agencies have released similar conclusions.

Even though it is scaled back, the vaccination program will remain mandatory for troops in areas covered by the policy. Winkenwerder said this is no different from any number of other vaccines and "medical interventions" that are mandatory for military people based on where they are serving.

The Defense Department is working with HHS to develop a new anthrax vaccine that would require fewer shots and be made using a different, easier method, said William F. Raub, deputy director of public health preparedness at HHS. The two departments are

also examining the current vaccine to see if its protocol can be changed.

"We fight and win as teams," he said. "If a team of people are in an environment deployed in a military situation, I think the commander as well as all the individuals want to know are we all protected."

The anthrax attacks on the East Coast last fall may have silenced some critics.

"I think the attacks last fall brought home the point that this is a real threat and that it's possible to manufacture this kind of bioweapon, and it's not altogether difficult to disseminate it," Winkenwerder said. "This is something that's not just in people's imagination. It is real." (AFPS reporter Jim Garamone contributed to this report.)

Crime doesn't pay!

Last week, an airman was apprehended for shoplifting from the base exchange. This airman allegedly removed a pair of earrings from a display backer and placed them in his mouth. Is it worth it? Crime never pays. You will be caught.

Also last week, an airman was apprehended for driving under the influence of alcohol. Driving drunk is not worth the trouble you will get in. What's worse is that you could harm or kill yourself or someone else. Is it worth it? (Courtesy of the 82nd Security Forces Squadron)

Military Personnel Data System pay training pays big dividends

AIR FORCE PERSONNEL CENTER – Imagine being a staff sergeant who doesn't complete Officer Training School but ends up being paid for almost a year as a second lieutenant and is now being required to pay back the money; or using re-enlistment bonus money to make a down payment on a house, only to find out it never arrived in your bank account.

These are just two of the thousands of true cases which personnelists and finance experts from around the Air Force are busy fixing while at Randolph Air Force Base, Texas, for Military Personnel Data System pay training.

More than 6,000 pay records have been fixed so far. Folks from military personnel flights are bringing actual problem pay records of people at their bases with them to the training. While at Randolph, they not only talk about how to fix problems, they

fix actual records as they go.

The personnel center, along with experts from Defense Finance and Accounting Service and Air Force finance, is busy training more than 200 people from every active duty Air Force base in three-day sessions, which began June 10 and run through June 29.

“Our objective is to ensure we pay people the right amount at the right time, the first time,” said Roger Blanchard, Air Force assistant deputy chief of staff for personnel at the Pentagon.

In support of that objective, people at AFPC are looking at ways to prevent future problems at the same time as they fix current ones.

The problems are numerous and sometimes complex. It is estimated that up to 50,000 airmen may have errors in their records that could cause future pay-related problems.

If there is one group more at

risk of having errors in their records, it may be people who have been through a significant job-related event in the past year – like promotion, change of station, reenlistment or change in duty status.

With the goal of fixing people's pay, personnelists from the field arrived at Randolph with an average of 100 pay records each they hoped to fix during their three-day training.

“Coming here, going through the training and learning what should be done has made it a lot easier,” said Staff Sgt. Kerry Onaka, from the personnel office at Vandenberg Air Force Base, Calif.

Onaka, who brought 64 records with her, says the training has provided her with a better explanation of how the entire process works, so she'll now be able to share that information with her co-workers and better serve her customers.

“Having a representative from DFAS here has really been beneficial to explain what I'm looking at [in the records] and what I can do to resolve most of those problems,” she said. “It's been good for networking with other bases too – to see how they're working their issues.”

Meanwhile, senior leaders have formed the personnel pay council to ensure the systems and processes work to get airmen the correct pay.

“It's not the member's fault that his or her pay record is not correct,” said Mr. Blanchard. “We understand that and accept the responsibility to fix that, and we don't need to have the members bearing the bulk of pain and suffering associated with that by being directed back and forth between offices.”

Other Air Force initiatives include a dedicated pay team that works with military person-

nel flights to fix records on a continuing basis, distance learning training broadcasts for personnelists, and the establishment of a joint personnel/pay contact center at Randolph that tracks pay issues.

The contact center can be emailed at contact.center@randolph.af.mil or phone: DSN 665-2949, commercial (800) 558-1404.

Bruce Lemkin, principal deputy assistant Secretary of the Air Force for financial management and co-chair of the council, calls it all an “unprecedented effort on the part of the Air Force.”

“Nothing is more important than paying our Air Force people accurately, on time as they are entitled,” Mr. Lemkin said. “The Pers/Pay council is taking action to ensure the personnel and finance community are working together to help airmen.”



Capt. Maureen Kowba, commanding officer of Naval School of Health Sciences; Lt. Cmdr. Fil Arenas, officer in charge of the Naval School of Health Sciences; Col. Jeanie Kearney, commander of the 882nd Training Group; and Master Chief Robert Skinner help cut the ribbon to open the new Navy quarterdeck at Hogan Hall, Bldg. 596. (Courtesy photo)

New Navy quarterdeck opens at Hogan Hall

By Senior Chief Kevin Burg

*Naval School of Health Sciences
Detachment San Diego*

Request permission to come aboard!

That's the way to enter the Navy's new quarterdeck located at Hogan Hall, home of Naval School of Health Sciences, Sheppard Detachment "A" school students.

The quarterdeck is the customary entrance and exit on a U.S. naval vessel.

Here at Sheppard, the quarterdeck is used to remind all young sailors attending school here of Navy customs and courtesies.

The addition of a Navy quarterdeck to Hogan Hall is the result of a joint effort between the 882nd Training Group and the NSHS Detachment. It culminates a year of plan-

ning and coordination.

A ribbon cutting ceremony was held recently at the entrance of the quarterdeck and was attended by Col. Jeanie Kearney, commander of the 882nd TRG, and Lt. Cmdr. Fil Arenas, officer in charge of the Naval School of Health Sciences Detachment.

Also present were Capt. Maureen Kowba, commanding officer of Naval School of Health Sciences, with Master Chief Kenneth Day, the newly arrived senior enlisted advisor for the Navy Detachment.

Assisting in cutting the ribbon was Master Chief Robert Skinner, who ended 24 years of faithful service that day shortly after performing the honors for this occasion.

Say thanks to troops in Afghanistan

As you read these words, there are American soldiers in Afghanistan defending the freedom we hold so dear. These young men and women deserve a thank-you.

The Operation Enduring Freedom project is a program created and handled by volunteers to bring that deserved thank-you to troops in Afghanistan. Here is how the program works:

1) For \$4.50, someone purchases a packet containing stationery, an envelope, "Greetings from America" postage and a monogrammed Operation Enduring Freedom cap.

2) The person writes a personal letter to a soldier in Afghanistan.

3) He or she encloses the letter and cap in the envelope, writes the return address on it and gives it to a volunteer.

4) The volunteer affixes postage and takes the packet to be mailed.

For more information on the Operation Enduring Freedom program, contact Karen Stewart at 397-5001. (Courtesy of Wichita Falls Post Office)

Air Force seeks civilians with special skills for jobs

AIR FORCE PERSONNEL CENTER – The Air Force offers excellent pay, great travel opportunities and outstanding benefits for individuals who possess certain skills and want to be a part of its civilian work force.

"As a civilian in the Air Force, you are afforded exciting opportunities to excel through personal and professional growth," said Hong Miller, Recruitment Unit and Pacific Air Forces Command operations chief.

"We offer a secure career with competitive salaries, a diverse working environ-

ment, 401k plan, plus outstanding benefits that include health, life insurance, generous vacation and sick leave," he added.

The Air Force is looking for people to fill civilian positions in the following skill areas:

* Professional

Engineers (aerospace, electrical, electronics, environmental, and mechanical); historians; contractors; nurses (RN, clinical nurse); language instructors; social workers; pharmacologists; operations research analysts

* Administrative and Man-

agement

Human resources; training instructors; intelligence; criminal investigators

* Technical and Medical Support

Medical (diagnostic radiology); dental hygienists; security guards; firefighters; forestry technicians

* Clerical and Administrative Support Positions

Secretaries (bilingual); medical administrative assistants; management assistants; recreational aides/assistants

* Blue Collar

Aircraft mechanics; sheet

metal mechanics; aircraft electricians; aircraft engine mechanics; electronic integrated system mechanics; laborers

Individuals interested in being part of a professional team of civilian and military people, who are strongly committed to the security of the nation and want to help make a difference, can visit the Air Force Personnel Center web site at <http://www.afpc.randolph.af.mil/afjobs> to learn about civilian employment opportunities and how to submit a resume.

Ten senior airmen graduate from ALS Class 02-E

Sheppard's Airman Leadership School Class 02-E graduated recently.

Senior Airman Gary Jasper II, 82nd Security Forces Squadron, earned top honors with the John Levitow Award.

The John Levitow Award is presented to the student who exceeded all academic standards and demonstrated leadership ability, teamwork, attitude and military bearing.

Senior Airman Robert Thoms, 364th Training Squadron, was recognized with the Leadership Award.

The Leadership Award is given to the student who makes the most significant contribution to the overall class success.

Airman Thoms was also awarded the Academic Achievement Award.

The Academic Achievement Award denotes excellence as a scholar. It is based upon all objectives and performance evaluation scores for the class.

Other graduates were Senior

Airmen Michelle Mathiesen, 82nd Medical Support Squadron; Jonathan Martin, 82nd Civil Engineer Squadron; William Harris, 344th Recruiting Squadron, Arlington, Texas; Steve Picaso, 82nd CES; Shauna Jones, 82nd SFS; Thomas Dawson, 82nd CES; Jeana Bass, 361st Training Squadron and Christopher Deckard, 362nd Training Squadron.

Honored guests attending the ceremony included Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander; Col. Ralph Jodice, 80th Flying Training Wing commander; Col. Joe Harrison, 82nd TRW vice commander; Chief Master Sgt. Robert Burleigh, 82nd TRW command chief master sergeant, and Col. J. R. Tillery, 82nd Support Group commander.

The ceremony's guest speaker was Chief Master Sgt. Brian Murray, chief of enlisted professional military education, Directorate of Personnel, Air Education and Training Command at Randolph Air Force Base, Texas.

He is responsible for planning



**Senior Airman Gary Jasper II
John L. Levitow Award
winner, Class 02-E**



**Senior Airman Robert Thoms
Leadership Award and Academic Achievement Award
winner, Class 02-E**

and implementing major command initiatives for the largest Air Force EPME program. He develops and implements policies and procedures affecting the College of Enlisted PME's Senior NCO Academy, eight NCO Academies and AETC's

nine Airman Leadership Schools. He also serves as the command 8T000 functional manager and oversees assignment actions for over 290 EPME instructor and staff positions. *(Courtesy of Airman Leadership School)*

Thinking about going back to school? Visit the education services center in Bldg. 402, Room 306 for information about classes, tuition assistance and examination credit. Office hours are Monday-Friday from 8:30 a.m. to 4:30 p.m. Walk-ins are welcome Monday-Thursday. Fridays are appointment only.

Countdown to the ORI: one week to go

Day 5: On the seventh day...

This isn't the seventh day, and you don't have time to rest. With one week to go, you need to prepare yourself mentally to "water" the inspectors' eyes. It's time to check everything one last time. Have a room in the squadron set aside for the inspectors; provide phones, fax, copier and monitored computer usage in a close or adjacent area. It would

be nice to provide coffee and water daily, various "goodies" in limited quantity, the same as you would do for all visitors to your flight. If day 6 was a holiday, do the stuff in day 6.

Day 4: Clean up and make the squadron shine

Clean and pick up inside and out. Believe yourself to be the best and show it in where you work. Finalize what you are going to say to the inspectors. Check how

everyone looks – just as they look everyday, do they present a neat, military appearance? Are their uniforms in good repair? Is their hair IAW regulatory guidance?

Day 3: Files, pubs, computers

Check, check, check.

Day 2: More house cleaning

See the last part of Day 4, and do more house cleaning here. This work is never done.

Day 1: Get a hair cut

Is everyone's boots shined? Is their hair cut or trimmed or, for women, put up within instruction length? Make sure nothing looks like it could be disputed or argued about. Are their uniforms neat?

Now, you are ready – good luck, but you shouldn't need it. You've worked hard, and the ORI team will know it. *(Courtesy of 82nd Training Wing Inspector General)*

AADD

Need a lift after a night out? Call the Airmen Against Drunk Driving hotline at 676-AADD (2233).

Every Friday and Saturday night from 9 p.m. to 5 a.m., drivers are available for Team Sheppard members who need a ride home after drinking.

Drivers will ask no questions and take no information, and they will not release the name of any person using this program. Don't risk your life or your career.

Soundoff

How do you keep your kids occupied during the summer?



"Swimming pool, friends, and video games."

~Master Sgt. Mark Bintz, 362nd Training Squadron



"His mom takes him to the pool and to the park."

~1st Lt. Chris Cullen, TDY from Dyess Air Force Base



"We planned two summer trips, one as a shopping trip to Dallas and the other as a trip back to Europe."

~Bobby Lewis, senior safety advisor for U.S. Army, Ft. Sill



"We play in the pool, with his toys, and he plays with his buddies."

~Melissa Scalf, Sheppard family member



"Swimming, chores and shopping on the weekends."

~Tech. Sgt. David Flores, 383rd Training Squadron

For up-to-date news from all around the Air Force, visit AFLink at www.af.mil.

Tell us what you want to know. If you think of a question you would like us to use for Soundoff, call the Senator staff at 6-7244.



Safety Corner

For what reason are you most likely to be involved in a vehicle accident on Sheppard?

- Failing to stop/yield.
- Inattentive driving.
- Misjudging distance.
- Improper backing.

The correct answer is improper driving. According to the 82d Security Forces Squadron's statistics, there were 68 improper backing vehicle accidents

on Sheppard last year.

That's twice as many as the next category – misjudging distance (28).

Inattentive driving was next with 27 and failure to stop/yield was last (23). Road conditions accounted for six accidents as well.

We take many things for granted in life. Driving is one of them. Be careful and observant whether you're driving forward or backward.

**To place an ad in the
Senator, call 767-SOLD.**

Views: Follow the rules

By Airman 1st Class
Rascheik Dixon

366th Training Squadron

Why is it important to follow the rules? That's easy.

A rule is a rule regardless of how insignificant it seems. You would be surprised how it can affect you or someone else in the future.

For example, let's say Senior Airman John Doe wasn't caught for breaking any of the rules. He started small by wearing earrings on base. After he realized he could get away with that, he thought he could get a tongue ring, too. From that point on, he continuously broke the rules knowing that no one would confront him about it.

Before he realized what was happening, he found himself drinking underage, reporting to work late and falling asleep on duty. He thought he never had

to follow any rules including rules on duty, and not following proper procedures and guidelines when working on the job.

Senior Airman Doe failed to abide by the Air Force's first core value: integrity first. This became clearly significant late one Saturday night.

After leaving a party, Senior Airman Doe drove another airman home while intoxicated. He ran a red light into an intersection and collided with a vehicle that had the right of way. Both airmen died instantly.

It's important to follow rules regardless of how insignificant or unimportant you think they are. In the end, not following rules could lead to your putting someone else's life in danger or even your own.

Lead by example. Remember the first core value. A rule is a rule no matter what.



Words of wisdom

The Honorable Michael Montelongo, assistant secretary of the Air Force for financial management and comptroller, shares his experiences on his rise to his current position with a group of students June 28. He came here to thank the 364th Training Squadron Comptroller Training Flight's staff for their support of Air Force financial management. *(Courtesy photo)*

AF Sergeants Association meeting cancellation

The Air Force Sergeants Association Chapter 1054 will not be holding a general membership meeting for the month of July. This will afford members time to totally concentrate for ORI preparation. For more information, please contact Senior Master Sgt. Lucia Carracedo, president, at 6-6221 or Master Sgt. Bionca Dean, treasurer, at 6-2286.

JROTC instructor duty

Air Force Junior ROTC has opportunities for retiring or retired active-duty officers and NCOs to become AFJROTC instructors. Those who retired in the past five years or are within six months of retirement are eligible to apply. Those interested in applying for instructor duty should contact HQ AFJROTC instructor management at (334) 953-2660 or DSN 493-2600. To obtain

an application or more information regarding AFJROTC, visit: www.afoats.af.mil/afjrotc.htm.

Pet embargo

From now through Sept. 15, there is a pet embargo with all commercial passenger airlines. Because of the extreme temperatures on the flight line and baggage compartments, airlines will not book pets. Air Mobility Command will continue booking

pets, since they have climate-controlled areas. Individuals who wish to have their pets join them at their duty assignment may consider commercial cargo aircraft, since some have climate-controlled area. Any questions may be referred to the passenger travel office, TMO, 6-7153 or 6362.

Mosquito spraying

The 82nd Civil Engineering Squadron environmental

controls shop started spraying for mosquitoes Tuesday. Spraying will run from 4-7 a.m. every Tuesday and Thursday if weather permits.

Hospital dining facility

Beginning July 1, the dining facility in the hospital will serve breakfast to hospital staff and patients only. Lunch will still be available to all patrons.

**Be
smart.
Stay
safe.
Don't
drink
and
drive!**

Support Sheppard's clubs. Join today!

Student Stuff

Happenings on base and in the community

Student center events

Every Monday, 6-8 p.m.
- spade tournament

Every Monday, 6-8 p.m.
- jam session, bring your own instrument/equipment.

Every Tuesday, 5-8:30 p.m. - Country Video Night in the pub.

Every Wednesday, 7-9 p.m. - Variety Dance Night in the pub. Listen to Latin, hip-hop and R&B music.

Every Thursday, 5-9 p.m. - Video Night in the pub.

Every Friday and Saturday, 7-11:30 p.m. Club BDU

Every Sunday, 3-5 p.m. - billiards tournament in the pub.

Hours of Operation

Mon-Thurs: 10:30 a.m. to 10 p.m.

Friday and Saturday: 10:30 a.m. to 1 a.m.

Sunday: Noon to 10 p.m.
Holidays: Noon to 8 p.m.

Hot dog eating contest

A hot dog eating contest will be held July 12 from 8-9 p.m. at the student center. Contestants

have three minutes to eat as many hot dogs as they can. First, second and third place winners will be awarded prizes, such as a backpack and CD player. Call Sam Reola at 6-7659 for more information.

Steak Night

The student center invites students to come to Steak Night July 20 from 4-6 p.m. Students must bring their own steaks. The student center will provide all the trimmings. Call Sam Reola at 6-7659 for more information.

Talent show

The student center will host a talent show July 27 from 7-8:30 p.m. This show is a chance for the non prior students to showcase their musical and artistic talents, including theater, dance, rap and poetry. For more information, call Sam Reola at 6-7659.

Chapel Events

Sheppard chapels offer a variety of programs for student enrichment:

Saturday

On Saturday, all students are invited to the "Solid Rock

Cafe" held each Saturday at the south chapel. Dinner is served at 5 p.m., and a variety of scheduled activities take place from 4-9 p.m.

Tuesday

Base chaplains offer helpful classes every Tuesday, 2-4 p.m., in the north chapel for students awaiting training or those having already graduated.

Sunday

Students are invited to the north chapel at 5 p.m. on Sundays for Bible study, an informal get-together with refreshments and student-led music, ending with athletic activities at the north fitness center.

Other Events

Midwestern State University's art department invites students to the Student Exhibition and Graduating Senior Exhibition in the Fain Fine Arts Gallery. The exhibition will run through Sept. 5. Call 397-4267 for more information.

Student views: Why I'm here



By Airman Basic Joshua Johnson

362nd Training Squadron

I come from a small town in southeastern Wisconsin called Mukwonago.

I spent my senior year in high school planning to join the Air Force and become a crew chief. Then I met the love of my life and changed my mind, going to work for a living instead.

I spent every day for the next two years hating the path I was on, and the threat of doing something I hate for the rest of my life hung over my head.

Then, I woke up one morning, went to school to learn about this job I didn't want to do anymore like I did every Monday, and heard about a tragedy in New York: the World Trade Center attacks Sept. 11.

For the first time in a long while, I saw the big picture. I found my calling: the Air Force.

Everything fell into place. The love of my life and I went our separate ways, and the

company I worked for looked like it was going out of business.

I went back to my recruiter one last time and asked him to get me out of there fast. A few most seven months later, I was on my way to Lackland Air Force Base, San Antonio, Texas, to become a combat controller.

Basic training wasn't a problem. I spent my time in the 324th Training Squadron's Flight 403 doing what I was told and trying not to slip up. Six weeks later I graduated.

My family and girlfriend came down for the weekend, so I spent time with all of them, knowing I wasn't going to see them again for a long time. The weekend just came and went.

I started getting excited about the months of training ahead of me. After I left for combat control school, I was told that my eye sight wasn't good enough to do the job, so I got reclassified as a crew chief.

Now, I'm at Sheppard, not really knowing what lies ahead. All I know is that it will be the best and most exciting time of my life. In a year, I hope to be serving my country like the thousands before me and the thousands to come.

One more question from "50 More Questions Every Airman Can Answer"

Editor's note: Doctrine is the Air Force's accepted best practices, so it's important for all airmen to understand it, and, in turn, understand "why" and "how" we employ air and space power.

8. What is a core competency?

Core competencies are the big picture things that the Air Force does best, or is expected to do best, all the time. Being competent means that a person or organization has the necessary abilities or qualities to perform or function successfully in a certain way. Core competencies are a smaller, key set of abilities or qualities that are at the heart of the organization's reason for being. Each of the Air Force's six core competencies is a direct reflection of the central purposes for which air forces exist. For the Air Force, our competencies are those special abilities and qualities that we airmen collectively possess that enable us to function successfully and create air and space power effects. Most of our core competencies are unique to the Air Force and distinguish us from sister services. For example, the Air Force is uniquely qualified to provide air and space superiority, precision engagement, global attack, and rapid global mobility. A few of our core competencies may also be competencies of other services. For example, information superiority and agile combat support are important abilities for our sister services. Obviously, their abilities in these areas help them focus on their unique core competencies, just as information superiority and agile combat support are essential parts of our overall capability to globally project American air and space power. *(Courtesy of Air Force Doctrine Center)*

General activities

Chess club

The community center is forming a chess club. All permanent party military members, dependents and civilians are eligible to join. Official chess sets, clocks and official guides will be available. This club meets in the community center multi-purpose room every Saturday at noon. Chess players are welcome to bring their own equipment. For more information, call 6-3866.

Pool hours of operation

The main pool, Capehart pool and Bunker Hill Water Park are open from now until Labor Day. Season pool passes are available at any of the pools during normal hours and at outdoor recreation, the ITT office or the youth center.

Pass prices are \$30 for an individual pass and \$60 for a family pass. Daily fees are \$2 for people age 16 and older and \$1 for people age 15 and under. For information about water aerobics, call 6-7491. For information about lap swimming, call 6-6460.

Main pool – 6-6469

Monday-Friday, 1-7:45 p.m.
Saturday and Sunday, noon-7:45 p.m.

Capehart pool – 6-4281

Today, closed for maintenance.
Everyday, noon-7:45 p.m.
Weekends only after Labor Day.
Family swim time Monday and Tuesday.

Bunker Hill water park – 6-4161

Thursday-Tuesday, noon-7:45 p.m.

Upcoming trips

Six Flags Over Texas tour

Information, tickets and tours will have a trip to Six Flags Over Texas July 13. The cost is \$40 per person, which includes transportation and park admission ticket. Park rides include the Texas Giant, the TITAN, Batman and Mr. Freeze. Those interested must register by Tuesday.

Football tickets and tours

Information, tickets and tours will host a tour to see the Dallas Desperados play the Orlando Predators July 20-21. Cost

is \$165 for two people. Price includes game tickets, hotel accommodations and round-trip transportation. A limited number of seats are available. Tour departs Sheppard at 1 p.m. Game starts at 7:30 p.m. in the American Airlines Center in downtown Dallas. Call 6-2302 for more information.

Club activities

Officers club game league

The officers club game league holds tournaments in 9-ball, cricket, shuffle board, foosball and crud starting at 6:30 p.m. the second and fourth Thursday of each month. Food and beverages are 15 percent off during league play. Prizes will be awarded. For more information, call 6-6460.

Summer dart league

The enlisted club is forming a summer dart league. The league is open to all active, reserve, guard, retired military, spouses and contract employees of Sheppard. Teams are made up of three persons: all men, all women or men and women. The league is in preparation for the Military Cup Challenge II, Las Vegas, Nev., Aug. 8. For more information, contact Senior Master Sgt. Holly Dye at 6-2283 or ext. 6812, Tech. Sgt. Kevin Smith at ext. 8095, or the enlisted club.

Jazz Night with Jeff Smith

The officers and enlisted clubs present Jazz Night performed by Jeff Smith. Dates and times are July 19 from 5-9 p.m. in the officers club and July 20 from 9 p.m.-midnight in the enlisted club. Admission for club members is free. Cost for nonmembers is \$5. Call 6-6460 for more information.

Wings or shrimp Wednesdays

The officers and enlisted clubs offer a choice of one pound of wings or one-half pound of shrimp Wednesdays during the social hour. For more information, call 6-6460.

Big Bucks Club drawing

Sheppard club members are eligible for the Big Bucks Club Card drawings held every Friday from 6-7 p.m. at the officers club and enlisted club.

At the Flicks

Friday 6:30 p.m.

Unfaithful

Friday 9 p.m.

Insomnia

Saturday 2 p.m.

Enough

Saturday 4:30 p.m.

Insomnia

Saturday 7 p.m.

Unfaithful

Sunday 2 p.m.

Unfaithful

Sunday 4:30 p.m.

Insomnia

Thursday 6:30 p.m.

Enough

This schedule is subject to change without notice. For movie information, call 6-4427.

Unfaithful (R) – Richard Gere, Diane Lane – Ed and Connie Summer are a perfectly happy suburban husband and wife team. But when Connie begins an affair with a young Manhattan man, Ed hires a detective to trail her. One thing leads to another, and Ed has murder on his hands.

Insomnia (R) – Al Pacino, Robin Williams – A veteran police detective is sent to a small Alaskan town to investigate the murder of a teenage girl. Forced into a psychological

game of cat-and-mouse by the primary suspect, events escalate, and the detective finds his own stability dangerously threatened.

Enough (PG-13) – Jennifer Lopez, Billy Campbell – Slim, an abused woman, discovers that Mitch, the dream man she married, wasn't who she thought he was. She and Grace, her daughter, try to escape, but he pursues relentlessly. She decides there's only one way out of the marriage.

Chapel Schedule

Student programs

Tuesday, 11 a.m. and 4:15 p.m., chapel rope meeting, North Chapel
Saturday, 4 p.m., Solid Rock Cafe, South Chapel
Sunday, 5 p.m., Sunday Evening Gathering, North Chapel

Catholic activities

Mass

Saturday, 5 p.m., North Chapel
Sunday, 9 a.m., North Chapel
Sunday, noon, North Chapel
Mon.-Fri., 11:30 a.m., North Chapel

Reconciliation

Saturday, 4-4:30 p.m., North Chapel

Protestant activities

Worship services

Saturday, 6:30 p.m., Solid Rock Worship, South Chapel
Sunday, 10:30 a.m., Holy Eucharist, Hospital Chapel
Sunday, 10:30 a.m., Inspirational Gospel Service, South Chapel
Sunday, 10:30 a.m. Protestant Community

Service, North Chapel

Religious education

Saturday, 4 p.m., Marriage Group, Intercessory Prayer Team, Women's Bible Surfing, South Chapel
Sunday, 9 a.m., classes for ages 3 to adult, Bldg. 962

Bible studies

Thursday, 7:00 p.m., Protestant Women of the Chapel, Bldg. 962
Saturday, 6:30 a.m., Protestant Men of the Chapel Bible study
Second Saturday of month, 8 a.m., Protestant Men of Chapel breakfast

Lay-led faith groups

Islamic activities, Friday, 1:45 p.m., South Chapel
Jewish activities, call Maxine Simpson, House of Jacob Synagogue at 322-4177
Latter Day Saints, Sunday, 2 p.m., Hospital Chapel
Mystic Grove Pagan Study Group, Wednesday, 6:30 p.m., Bldg. 962, call Kalista at 6-4370

For more information, call the base chapel at 6-4370

TRAINING

Continued from Page 4

Other aircraft systems need similar training techniques. Currently, students training to work on the B-2, take the B-52 course. Students training to work on the F-117, take the F-16 course. And students training to work on the AC-130 take the HH-53 course.

“The Education and Training Technology Application Programs fund is a fund Air and Education Training Command uses to infuse technology into their training,” said Sergeant Chatham. The armament course used \$425,000 of the ETAP fund to fund this trainer. The course had to validate the usefulness of the trainer in order to expand it.

“This course validated itself a year ago, so now we can start looking at other applications of this technology,” Sergeant Chatham said.

Not only do students enjoy the trainer, but also the Air Force saves millions of dollars with it.

Sergeant Chatham said 400 airmen have trained in virtual reality, which means 400 airmen have received 22 hours less training at their first duty location than the airmen before them, equaling 8,800 hours of saved time.

To put this in perspective, 8,800 hours equals 1,100 training days or 4.47 student man-years.



Bears at it again

Where's the bear? The 90th Flying Training Squadron's "Boxing Bears" unit insignia has been spotted at various locations around the base, including the fuel depot. If you spot the magnetic shield, call Ursine Lost-and-Found at 6-4100 (90th FTS command section administration). Beware... your area could be next. (Photo by 2nd Lt. Nathan Broshear)

82nd MDOS implements team nurse telephone consult line

Capt. Nicole Ogburn

82nd Medical Operations Squadron

Beginning Monday, all it takes is one phone call to contact a Primary Care Optimization team nurse for telephone consult needs.

The current telephone consult line will be replaced by a dedicated number to the team's nurses.

A recording on the original 6-7750 line will give callers the phone number to their team's nurse. The individual team consult line hours will remain the same: Monday through Friday from 8 a.m. to noon.

Team numbers after the noon hour are not to be used

for telephone consults. If callers are not sure of their team assignment, they should contact beneficiary services at 6-7259 or 6-3388.

Call the team nurse for the following services:

** Medication prescription renewal:* Renewals should be called in at least 72 hours prior to running out of the medication. This is the same standard as the refill pharmacy. Callers should have the following information ready: the name of medication, dose, how many times a day they take the medication and the name of the doctor who prescribed the medication.

** Consult/referral re-*

newals: These renewals should be done within 30 days of the appointment date and at least one week prior to the appointment date.

** Test results for tests done at the 82nd Medical Group:* A request for follow-up on tests done outside this facility can also be done through the telephone consult line, but it may take longer than 72 hours for a response from the team.

** Updating the provider:* If the caller's condition has improved or not improved, giving serial blood pressure readings or home blood glucose testing results.

The new numbers for each team are:

– Drs. Jerry Roberts and Teresa Pooler at 6-5924 with nurses Capt. Stuart Wright, 2nd Lt. Brenda Griffith and 1st Lt. Armando Cruz;

– Dr. Edward Neely, Physician Assistant Marilyn Lucas and Dr. Wendy Warner-Lapadat at 6-3728 with nurses Ms. Connie Ragin and Capt. Nicole Ogburn;

– Dr. B.A. Shanes, Physician Assistant Hiram Bollinger and Dr. Victor Ierulli at 6-5923 with nurses Ms. Suzanne Snodderly and Capt. Jillian VanEns.

The Health Care Information Line is another telephone resource that can be utilized 24 hours a day, seven

days a week. People can call 1-800-611-2875 for the following services:

- Nurse advice line,
- More than 450 health-related audio topics,
- Authorization to be seen outside our area when on leave or temporary duty assignment.

The team nurses said they look forward to offering this service to their customers from 8 a.m. to noon daily, Monday through Friday.

People should be sure to ask for their team's wallet-sized business card on their next visit to family medicine. It will have all the phone numbers they need to easily accomplish their healthcare goals.

Ceramics Shop

Sheppard ceramics shop has all the materials needed to start creative projects.

Items for sale include paints, brushes, music boxes and lamp kits. They also offer free lessons, and project storage space is on hand. There are no shop fees involved and no pouring cards required.

More than 2,500 craft projects are available with a full-line of paints, glazes and supplies. Project packing and shipping services are also offered.

The ceramic shop is located in the HAWC building (Bldg. 832). Summer hours of operation are Wednesday to Friday from 11 a.m. to 7 p.m., Saturday from 10 a.m. to 5 p.m., and Sunday noon to 5 p.m. It is closed Monday and Tuesday. For more information, call 855-0118.

363rd Training Squadron relay team joins fight against cancer

By Nolan Gann

363rd Training Squadron

More than 46 miles logged on foot. Rotating 30-minute shifts to ensure coverage for 13 hours. In-house team fundraiser collecting \$225 toward the team total of \$1,500. How do all these add up?

The 363rd Sidewinders recently participated in the annual American Cancer Society Relay for Life.

This is a unique fund raising event in that “it’s about a community coming together to fight cancer.”

Businesses and organizations throughout Wichita Falls and Sheppard formed teams. Each team collected donations in advance for the ACS.

On the night of the event, teams set up campsites on the infield of a local junior high track. Throughout the night, team members maintained a continuous presence on the track to signify how those with cancer must continue the walk of life.

The 363rd TRS joined in the fight again this year. Known as the 363rd Sidewinders, this

year’s team consisted of 21 active-duty members, civilians and dependents.

Two weeks prior to the relay, the Sidewinders offered a pancakes and sausage breakfast to trainees and staff at the schoolhouse. This effort resulted in \$225 of donations for the cause.

The 363rd Sidewinders raised more than \$1,500 to help battle cancer. Such efforts signified the determination expressed in the team’s theme: “Ammo – Dropping the Bomb on Cancer.”

The Sidewinders logged 187 laps walking, jogging and running on the track. Other members had a chance to enjoy the carnival atmosphere. Live entertainment was offered throughout the night. Food, drinks, games and contests provided everyone opportunities to relax and unwind. One highlight of the evening was a luminary ceremony honoring those stricken by cancer, both victims and survivors.

ACS officials said they are pleased with the growth of

this annual event.

“The ACS is just thrilled with the response of the Wichita Falls and Sheppard communities,” said Mary Beth Waggoner, director of the Wichita Falls chapter of ACS.

Waggoner said 22 teams entered two years ago and donations totaled \$32,000, while last year the relay expanded to more than 40 teams. This year brought a response from 88 teams, and they combined to raise more than \$98,000.

**Do you have an article you want published in the *Senator*?
Submit it to sheppardsenator@sheppard.af.mil
the Friday before you want it to run!**

Sports shorts

Golf course events

Wind Creek Golf Course holds many tournaments, clinics and lessons each week. For more information on these events, call the golf course at 6-6369.

Beat the Wind Creek Golf Pros: The golf course will hold the Beat the Wind Creek Golf Pros July 20. Shotgun start is at 8:30 a.m. The format will be a two-person scramble, pick your own team, with 10 percent of the team handicap awarded. Cost is \$15 per person and includes cart and meal. Prizes will be awarded to any team that beats the golf pro's gross score.

Student golf etiquette lesson: Sheppard students are invited to the golf course for free golf etiquette lessons. Lessons are held every Sunday from 12:30 to 1 p.m.

AETC Youth Golf Program: The golf course will

host the AETC Youth Golf Program Session 2. The dates are July 15, 17, 19, 22, 26, Aug. 2, 5 and 7 with the tournament on Aug. 8. Cost is \$20 per child and includes shirt, hat, wedge, five one-hour group lessons and tournament play. Parents may participate with their child in the tournament. Cost is \$10 per adult and includes green fees and cart. Group lessons are by age.

Squadron cardio combat

The fitness centers invite all squadron members to participate in squadron cardio combat. By participating in individual exercise regimes, anyone can track their workouts and score points for their squadron. For more information, call 6-2972.

Aerobics classes

The aerobic center is located in the south fitness center and offers coed aerobics classes seven days a week. Classes are

offered as early as 5:30 a.m. and as late as 7 p.m. in low impact, intermediate and advanced exercise, including floor and step exercises, muscle sculpting and kickboxing. Call 6-2972 for specific times and classes.

Yoga-pilates classes

The south fitness center is now offering yoga-pilates classes Monday and Wednesday at 10:15 a.m., Wednesday 5 p.m., Tuesday and Thursday 4:15 p.m., Thursday 6 p.m., and Saturday 3 p.m. For more information, call 6-2972. All classes are free.

R & R - Return to fitness prescription program

Fitness programs are now available for adults over 50. Classes are held Monday, Wednesday and Friday from 8-9 a.m. at the south fitness center. For more information, call Tech. Sgt. Yulanda Moffett or April Frisbee at 6-2972 or ext. 7491.

Send sports stories to sheppardsenator@sheppard.af.mil.