

# The SHEPPARD SENATOR

Sheppard Air Force Base, Texas, home of the 82nd Training Wing and 80th Flying Training Wing

## OTS board

The Officer Training School Selection Board release that was rescheduled to July 12 has been postponed until today.

## 82nd LS ceremony

The 82nd Logistics Squadron will conduct a redesignation ceremony Thursday at 8 a.m. The ceremony will take place at the pavilion in the rear of Bldg. 2113. The squadron's new name will be the 82nd Logistics Readiness Squadron. For more information, contact Tech. Sgt. Lamar Thomas at 6-5293.

## AFA social

The Air Force Association, Brig. Gen. Charles Donnelley Chapter, is sponsoring a social for its members and all interested parties at Sheppard. It will be held at the officers club on Thursday from 5-7 p.m. AFA will provide the hors d'oeuvres. Contact Lt. Col. Joseph Haggerty, 6-8092, or Capt. Paul Sturges, 6-2183, for more information.

## Transition Assistance Seminar

The Transition Assistance Seminar dates for July changed. The seminar will be held Tuesday through Thursday at the family support center.



**Capt. Dave Otto, instructor pilot with the 88th Flying Training Squadron, takes a last drink before a flight. The 80th Flying Training Wing has placed continuous emphasis on operational risk management and proper precautions for summer weather operations. (Photo by Master Sgt. Jeff Szczehowski)**

## 80th FTW adapts training to high temps

**By 2nd Lt. Nathan Broshear**  
*Base public affairs*

As the mercury rises, instructors and staff at the 80th Flying Training Wing have been taking extra precautions to ensure that their mission to "fly and fix airplanes" is achieved safely.

Maj. Brian Bowman, 80th FTW T-38 flight safety officer, explained that extreme heat means more to training pilots than simply drinking a lot of water.

"Flying in 90-plus degree weather is like riding around in a sauna, so drinking enough water is important," he said. "That said, there's more to adjusting our operations than just hydrating properly.

"Our focus on operational risk management is year-round, yet we're focusing ORM efforts right now on dealing with the heat," Major Bowman continued. Some of these measures include modified flight procedures, mandatory rest periods for aircrews and instruction on recognizing the signs of heat exhaustion.

Because aircraft generate less power in higher temperatures, the takeoff dynamics of the T-37 and T/AT-38, which is the aircraft the 80th FTW stu

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**Team Sheppard Training 2002**

**82nd Training Wing: 41,913 students trained to replenish America's combat capability**

**80th Flying Training Wing: 210 combat pilots trained for the NATO Alliance**





Brig. Gen. Arthur Rooney Jr. presents Master Sgt. Steven Keck, 82nd Mission Support Squadron, with a letter from Gen. John Jumper, CSAF, informing the sergeant of his selection as the 2002 U.S. Air Force First Sergeant of the Year. Sergeant Keck will be honored by the Air Force Sergeants Association at their national convention. (Photo by 2nd Lt. Brooke Brander)

# Action Line 676-2000, action.line@sheppard.af.mil

The 82nd Training Wing's Action Line is your direct line to me for any concerns and suggestions you have. I am personally involved in every reply, and I am committed to making Sheppard AFB a better place to live, work and play. Before you call the Action Line, however, I ask that you give your chain of command or other base agencies an opportunity to work your concerns. If you still do not receive a satisfactory response, call me at 676-2000, or send an e-mail to

action.line@sheppard.af.mil. Please include your name and telephone number. Those concerns with a wide impact at Sheppard may be published in *The Sheppard Senator*.  
AAFES.....6-2211  
AF suggestion office....6-IDEA  
AFI 36-2903 issues.....6-2984  
Civil engineer/housing...6-2846  
Facilities maintenance...6-6524  
Civilian pay.....6-4890  
Commissary.....6-2750  
Comm squadron.....6-5524  
Dress and appearance....6-2984  
Education office.....6-6231

Family support.....6-4358  
Fraud, waste and abuse..6-2222  
Inspector general.....6-2031  
Military pay .....6-1851  
MEO.....6-2360  
Patient advocacy.....6-7791  
Safety.....6-4149  
Security forces.....6-2379  
Services Division .....6-2089  
CDC.....6-4244  
Youth center.....6-5395  
Golf course.....6-6369  
Billeting, gyms, athletics, and dining hall.....6-7429  
South bowling center....6-2170  
Victim assistance.....6-7206  
Base straight talk line.....6-4438

### Handicapped parking at Bldg. 1664

There are about five designated handicapped parking spaces on the south side of Bldg. 1664. During a 24-hour cycle, only one space is used, and there is only one handicapped person who works in that building. The majority of the people coming to that building are there to make deposits for services activities. They are carrying large sums of money and are unescorted. Available parking is across the street or behind the building. Can a few of the handicapped parking spaces be made into regular parking spaces for visitors making deposits?

A Building 1664 has three handicapped parking spaces on the south side of the building. These three spaces are necessary because there are two handicapped workers in building 1664, and the other must be made available for applicants at the NAF Human Resource Office who may be handicapped. There are specific guidelines as to how much space must be between each space to allow room for wheelchairs and lifts, etc.  
Escorts for funds are not required until an activity is depositing over \$7,500 in cash only. The parking lot on the north side of the building is not far from the building, and a door is avail-

able for entry, which eliminates having to walk around the building.

### Barking dog

We have a neighbor who owns a dog that barks very loudly. On Saturday, our neighbor left his dog outside, and it barked all night long, keeping us and our children awake for much of the night. On Sunday, we had to listen to the dog well into the night as well. In fact, the barking has become a nightly annoyance for us. As I am writing this E-mail, it is 10:15 p.m., and the dog is continuing to bark virtually non-stop.  
We've tried to talk to these people, but they seem

to refuse to answer the door. We've called security forces, who told us to report the problem to the housing office. We've contacted the housing office, who told us that the security forces are responsible for these types of problems.  
What is the best way to deal with this type of problem?  
A Your first step would be to politely discuss the problem with your neighbor. If that doesn't work, contact the individual's supervisor or first sergeant. If the problem persists, contact security forces, and they will forward the ticket/violation notice to the housing office for tracking purposes and appropriate action if required.

In your particular case, security forces did respond to your call and left a notice on the dog owner's house. However, the occupant was not home. When you called the housing office about this problem, the housing office contacted the owner. They had been out of town, and the dog sitter misunderstood when the owners would return and had left the dog in the fenced yard. A dog that is a nuisance can be reason for its removal from Sheppard Air Force Base. It is important to report nuisance animals to security forces, so that there is a record of complaints on the dog and necessary action for removal, if required, can be taken.

**THE SHEPPARD SENATOR**  
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# The IG is here! The IG is here!



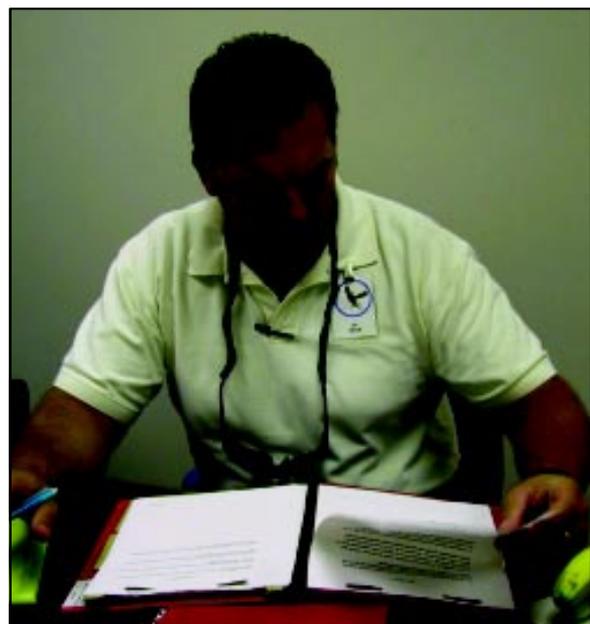
AETC inspectors look at a vehicle called Command 21 during a major accident response exercise. Command 21 is the central location for communication and scene control, allowing first responders such as fire, security police, medical and the on-scene commander to communicate and ensure that proper support and instructions are given to others. The AETC IG team began their inspection Monday with the 82nd Training Wing. The inspectors move to the 80th Flying Training Wing Monday. (Photo by Sandy Wassenmiller)



Purpose of an operational readiness inspection:

*“To evaluate how effectively, efficiently and safely we are accomplishing our missions in the field.”*

– Col. Sandy Sandwick,  
Air Education and Training  
Command  
Inspector General Team Chief



(Above) AETC IG team member Dave Michael assesses continuity books at the 363rd Training Squadron. (Photo by 2nd Lt. Brooke Brander)

(Left) In the 82nd Communications Squadron, Frank Schmidt and Master Sgt. Norman Hill observe while Master Sgt. Michael Newham prepares a showing of a broadcast recording for Maj. Michael Homsy, AETC IG team member. The recording is a part of the interactive video teletraining that allows students at other bases to view classes filmed at Sheppard. (Photo by T. R. Steele)

# Commentary: We need to proactively shape the future

By Gen. John Jumper

Chief of staff of the Air Force

This year's CORONA Top was a true leadership gathering. The conference was held in conjunction with the Air Force's Transformation Summit, which included representatives from industry, the political arena and government.

One of our guest speakers, Herb Kelleher, president of Southwest Airlines told the audience that "only in change is there security," highlighting the reality that those who fail to adapt face an unenviable future.

Another guest, Newt Gingrich, challenged us to "set very big goals with short timelines and delegate the authority to achieve those goals," emphasizing the ability to create your future through proactive involvement. Mark Herman, from Booz Allen & Hamilton reminded the audience that "transformation was a journey rather than a destination," underlying the fact that we must embrace change and the opportunities it provides.

This open and candid forum validated many of the initiatives our Air Force is undertaking as we continue our journey to a bright and promising future.

One aspect of the post-September environment is the reality that we are no longer experiencing surge operations; rather, we are faced with a new, higher

standard of operations tempo. And while our operational rhythm will fluctuate with world events, it is unlikely we will return to a pre-September level.

Given this new reality, our success hinges on the ability to meet our future head-on. This requires a responsive, agile and deployable force, presented in the form of the AEF. Flexibility is a key element of our rich heritage and will remain so in the future.

Unfortunately, our past success guarantees nothing. Further it can potentially stifle creative thought. The Air Force can ill afford to merely stand by and watch the future play out. We must proactively engage those areas within our control to maintain our combat effectiveness. Several such areas were addressed at CORONA Top.

One opportunity before us is to expand the number of U.S. Air Force members included in our deployment UTCs and to ensure that, to the extent possible, we deploy our forces as units as opposed to the piece meal fashion with which we have become all too familiar. We must develop properly sized UTCs for everything we do.

This does two things: it provides all airmen the opportunity to participate in our worldwide commitments, and it helps decrease the demand on those airmen



*"We will continue to emphasize training that guarantees our airmen are prepared to deploy fully mission capable and ready to hit the ground running upon arrival at the deployed location."*

– Gen. John Jumper,  
Air Force Chief of Staff

who are currently carrying more than their share of our deployment burden.

This effort will mesh with our "burn-down" plan to further reduce the impact of Stop Loss and to facilitate the demobilization of our guard and reserve professionals, allowing them to return to their pre 9-11 lives. Another key element is ensuring our deployed forces return to their home units upon completion of assigned tasks.

The demands on our deployed forces are increasingly dynamic. We will continue to emphasize training that guarantees our airmen are prepared to deploy fully mission capable and ready to hit the ground running upon arrival at the deployed location. These efforts will dra-

matically enhance the capability of one of our most dynamic weapons systems, the Combined Air Operations Center.

The USAF is leading the Department of Defense's effort to transition from a program-centric focus to one based on capabilities and effects. We are taking transformational steps to maximize our warfighting capabilities. These include the standup of the Combat Wing Organization; the development of capabilities-based CONOPs; and changing the way we plan, program, and budget for the future.

Each of our six CONOPs continues to development through dedicated efforts

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Col. Ralph Jodice, 80th FTW commander and T-38 instructor pilot, demonstrates proper aircraft maintenance debrief procedures to an ENJJPT student. (Photo by Airman 1st Class Sabrina Moscoto)

## 80th FTW commander: Roll the IG's socks down

By Col. Ralph Jodice

80th FTW commander

The Air Education and Training Command Inspector General team has been here for a week now inspecting the 82nd Training Wing.

I know the 82nd has "rolled the IG's socks down" and showed them why they are the best in the tech training business.

On Sunday, the team comes to the 80th Flying Training Wing and starts to inspect us. Bring 'em on – we are ready!

You've worked hard and have prepared well for this inspection. We already know

we've done well in the check rides (flight evaluations) we've taken from 19th Air Force in the last year. Now, we need to continue that trend and show them, too, that we do have all our "i's" dotted and "t's" crossed.

When a member of the team walks into see you, I know you will show them that your program, your squadron and your wing are the best in the pilot training business for the NATO Alliance.

I know, too, that you will show them that we remain FAT: **F**ocused on our mission of producing the best pilots for the NATO Alliance, have that

positive can-do **A**ttitude, and work as a **T**eam of teams known as Team ENJJPT.

Your dedication to mission accomplishment, commitment to excellence and discipline to get the job done right guarantee that combat capability for the NATO Alliance starts here.

And when the 80th's week is over, the IG's "socks will be rolled down" again. They will see that when it comes to providing combat airpower for the NATO Alliance by flyin' and fixin' airplanes, no one comes close.

# Commentary: Opportunity knocks with “service before self” value

By Lt. Col. Tim Burke

*80th Operations Group deputy commander*

I see the foundation of all our core values as “service before self.”

Integrity and excellence describe how we perform our service. It’s why we raised our right hand and volunteered.

The honor of serving in the world’s greatest military and the personal satisfaction of keeping our nation free by protecting others give us all the motivation we need to put our “service before self.”

Perhaps “service before self” conjures up thoughts of hardship and deprivation, being separated from family and sent to a faraway land to defend or fight. Some may take it to the extreme and think of the ulti-

mate sacrifice for the nation. I can’t deny that some of these thoughts are based in reality.

Former Secretary of the Air Force Sheila Widnall stated, “The Air Force requires a high level of professional skill, a 24-hour-a-day commitment, and a willingness to make personal sacrifices. Military service is not just another job. It’s an uncommon profession that calls for people of uncommon dedication.”

Our day-to-day operations are a little less extreme, but we accept that the mission must take priority. In a 24/7 occupation, the mission may sometimes allow us to work eight-hour days, Monday through Friday, but all of us must be willing to work longer if needed. Weekend work and/or 12-hour days should never bring gripes and

grumbles. It’s the essence of service before self.

Gen. Ronald Fogleman, former CSAF, said, “We need professionals who strive to do the very best in the job they’re in and pursue individual advancement through the success of their unit.”

Former Air Education and Training Command commander, Gen. Hal Hornburg elaborated, “Service before self builds teamwork and inspires others. Every day military people...see the connections between our freedom and our obligations. Service before self doesn’t deny that you have self-interests. There’s nothing wrong with having personal goals and a desire to be the best. The key to service before self is the ability to adapt personal goals into self-

less goals.”

Here’s a twist on “service before self” I like to think about: what an amazing opportunity it brings.

Thanks to our Air Force, I’ve been places other Americans only dream about. I’ve made opportunities from the “selfless” service and met some of my personal goals at the same time.

Imagine staring into the deepest blue sky you’ve ever seen and all you hear is the morning breeze. Then the silence is broken by the double sonic boom of the shuttle returning from space.

So it was when I stood on Edwards Air Force Base and looked up at the sky where Chuck Yeager broke the sound barrier – an opportunity available because I lived in the high

desert of California. Just as impressive was listening to my German landlord’s father describe the waves of American bombers flying overhead. Later, we toured the battlefields where Patton and Montgomery waged WWII.

For a suburban kid, the subject poverty just outside the gates at Clark Air Base in the Philippines was an experience that made me appreciate being an American – a harsh education incomprehensible to those who spend their entire life in the United States.

In contrast, the absolutely incredible scuba diving, beautiful beaches and mountain recreation areas were stunning juxtapositions to the local living con-

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Sheppard’s clubs.  
Join today!

# FUTURE

## Continued from Page 4

of our major command and Air Staff champions. This increased fidelity ensures our ability to correctly prioritize funding.

Since the Air Force draws its capabilities from the AEF, our MAJCOMs must continue to align their forces with contingency operations to maximize operational effectiveness. These efforts provide greater warfighting flexibility.

We continue to emphasize the seamless integration of manned, unmanned and space systems. It is through such integration that we achieve the greatest return on our investment in our warfighting capabilities.

These integration efforts include fully integrating combat, mobility and space forces into Joint Synthetic Battlespace simulations; creating "Red-Flag-like" training for our Mission Support Group commanders; and designating a greater role for ARC forces in the CAOC.

As DoD's executive agent for space, the Air Force has a responsibility to properly integrate space operations into DoD's warfighting structure. This will necessitate a far-reaching vision, which will be closely monitored by our sister services and other organizations interested in space operations.

CORONA Top was an excellent vector check as we chart our course to remain the world's premier air and space power. America's adversaries have demonstrated their willingness to challenge us both at home and abroad – make no mistake, the threat is real. Our nation's security can only be guaranteed through the dedication of its military professionals. The challenge before us is to proactively shape our future. America's freedom depends on it.

# Soundoff

## Where does combat capability start?



*"A well-trained security forces team: preparation, motivation, determination."*

~Master Sgt. Byron Harps, 82nd Security Forces Squadron



*"With the best-trained fighter pilots in the world! Continued operational training and strong alliances like NATO."*

~Capt. Erkal Kaydul, Turkish Air Force, 89th Flying Training Squadron



*"Starts with bombs on target, something we teach here at the 363rd! Without weapons we're just the U.S. Air \_\_\_\_."*

~Tech. Sgt. Robert Kelley, 363rd Training Squadron



*"With me."*

~Chief Master Sgt. Elisa Harper, 82nd Training Wing, Training Operations



*"Combat capability starts with every airman. It starts with training. Combat capability starts right here at Sheppard!"*

~Brig. Gen. Arthur Rooney Jr., 82nd Training Wing, Commander

### TRICARE pharmacy network expands

Health Net Federal Services recently added Walgreens to the TRICARE Pharmacy Network for Region 6.

TRICARE beneficiaries can now fill prescriptions at those pharmacies by presenting their military ID or TRICARE Prime ID card and paying the copayment.

Pharmacy copayments for TRICARE beneficiaries are \$3 for generic medications and \$9 for brand name medications for a 30-day supply. Active-duty service members don't pay copayments for prescriptions at retail network pharmacies.

For a convenient location of any of the network pharmacies, visit the HNFS Web site at [www.hnfs.net](http://www.hnfs.net).

For more information on TRICARE pharmacy benefits, contact the TRICARE service center at 1-800-406-2832.

# TEMPS

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dents train on, may change. Guidelines for takeoffs, landings and maneuvers are covered by operational procedures, so pilots know what to expect. Of particular concern is takeoff.

Aircraft need longer distances to take off as temperatures rise.

“Like people, engines like cool air,” Major Bowman said. “It’s more dense, so jet engines operate more efficiently. Prior to every take-off, we calculate the distance the aircraft will need to get airborne. In warmer air, the increase in distance can be dramatic, as much as 30 percent.”

During the “danger-zone,” or temperature and humidity combining to produce a heat index in the high 90s, instructor pilots and students are restricted from flying multiple sorties within two hours.

“Our pilots must stay in an air-conditioned environment and hydrate during this rest period,” said Major Bowman. “During their flights, they lose a lot of water weight. This can effect their decision making ability – at 500 knots, you want all your cognitive resources.”

Each aircraft’s duty desk also monitors temperatures and sorties to ensure that crews don’t violate this policy.

In addition to rest periods, once crews leave their air-conditioned squadron area, they must take off within 45 minutes.

“It’s not like being outside in BDUs. Our pilots are wrapped in a g-suit, parachute, helmet and survival gear,” Major Bowman explained. “Once you’re outdoors, for even a short period, and if you haven’t properly hydrated, you are probably not ready to fly.”

Once airborne, crews can find relief with re-circulated cool air, typically found above 5,000 feet. Pilots at the 80th FTW take the 45-minute rule seriously.

“There’s no taking chances when it comes to ORM, either it’s safe to fly or not,” said Lt. Col. James Reed, commander of the 90th Flying Training Squadron. “Everyone stays well within their limits for the safety of the students and themselves.”

As commander of the largest T-38 squadron in the Air Force, Lieutenant Colonel Reed stressed the importance of monitoring student and instructor pilots in hot-weather awareness.

“Our IPs are taught to be careful and cognizant of heat exhaustion,” he said. “They work with each student closely, so they’re able to recognize the warning signs.”

“If you’ve flown with someone before, and they are a bit sluggish on their preflight, that’s a clue that they may need to call it a day,” said Capt. Kirby Ensser, an instructor pilot with the 90th FTS.

In fact, IPs are the final authority on deciding if a student is ready to fly.

“We’ve got to make those

tough calls,” said Captain Ensser. “A student may have had another flight early in the morning and then skipped lunch. Then for an extra jolt, they got a Coke. Now, you’ve got a situation where they’ve lost a lot of water and had caffeine. They aren’t ready to step.”

But pilots aren’t the only ones at the 80th FTW who have to deal with extreme temperatures.

Flightline personnel and maintainers also face the challenge of doing business in the Texas sun. When it’s 95 degrees, ambient temperatures on the flightline, which are the temperatures after factoring in reflection from concrete, humidity and the heat generated by aircraft engines, can easily hit 120 degrees.

To combat this, Lear Seigler Services Incorporated, the maintenance contractor at the 80th FTW, uses outdoor air coolers.

“Some of the workers have even rigged mist hoses onto the units to make them even colder,” said Guy “Jake” Jacobson, a

safety environmental health supervisor with LSI.

As the primary safety representative for the contractor, Jacobson is charged with making sure LSI workers are applying ORM. He monitors the heat-stress hotline and briefs workers on proper hot-weather procedures.

“My job is to make sure that we maintain our service while maintaining our health,” he said.

LSI flightline workers are now authorized to wear shorts and uniform T-shirts during the summer months. Rest periods for flightline crew have also been implemented.

“There have even been days where the rest/work time has been 50/50. So, if someone is working with an aircrew on the tarmac for 20 minutes, they need to be inside with air conditioning for 20 minutes,” explained Jacobson. “We may have to slow down a little, but it’s worth the time to keep everyone well.”

One measure is aimed at equipment rather than people.

LSI now opens the

windscreen of all T-37 and T/AT-38 aircraft when temperatures rise above 90 degrees, much in the same way motorists do with car windows.

“We leave them open a crack only for the pilots, but to protect the sensitive instruments and components that could be damaged if they get too hot,” said Jacobson.

Lee Hart, program manager at LSI, said education is the best way to prevent heat-related problems.

“Evaluate, educate, then mitigate—that’s our philosophy,” he said. “Evaluate the work environment, educate our staff on heat stress and exhaustion, then provide them with the practices and equipment to do their job safely.”

Col. Ralph Jodice, commander of the 80th FTW, agreed.

“Our job is to fly and fix airplanes,” he said. “However, we need to take care of our people, too. Applying ORM and good common sense when it comes to these hot summer days will ensure everyone remains safe.”

## Former senior enlisted advisor dies

RANDOLPH AIR FORCE BASE, Texas (AETCNS) - The seventh person to hold the top enlisted position for the Air Force's training command died July 16.

Chief Master Sgt. Robert W. Carter was the senior enlisted advisor for Air Training Command from July 15, 1983 to Oct. 31, 1985.

"Chief Carter was a 'chief's chief,'" said Chief Master Sgt. William A. Milligan, command chief master sergeant for Air Education and Training Command. "He was a sharp senior NCO who was always willing to go the extra mile for the enlisted folks."

Chief Carter served in the Air Force for 35 years, more than 22 of those years as a chief. He lived in San Antonio, Texas after retiring from the Air Force in October 1985.

Chief Carter was born in February 1931 in Marshalltown, Iowa, where he graduated from Union High School and attended Marshalltown Junior College. He enlisted in the Air Force in September 1950. Following basic training he attended the Air Police Course at Tyndall AFB, Fla.

Chief Carter graduated from the Noncommissioned Officers Preparatory School in 1956

## SERVICE

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ditions. I've seen Okinawan battlefields, smelled the unforgettable kimchee en route to Panmunjon and went south of the equator to Darwin, Australia all because the Air Force sent me on temporary duty assignments. I've experienced an Italian opera in an ancient Roman stone amphitheatre in Verona, walked through the gladiator's Coliseum and seen the incredible work of Michaelangelo in the Sistine Chapel.

My family had a picnic on the shore of Loch Ness, stood on the plains of Salisbury marveling at Stonehenge and stayed at a bed-and-breakfast around the corner from Shakespeare's home. My wife had one of our children in an Italian hospital where no one spoke English, which was a challenge offset by the great food.

I've seen the remains of ancient civilizations of Greece and stood in the Parthenon in Ath-

ens. I've sweltered in the sun of Bahrain and seen too many sand dunes in Saudi, but I've also seen impressive Turkish landscapes, as well as the beautiful forests of Transylvania.

I encourage all to enjoy the military experience by seeing the world. Consider TDYs a benefit from which you can grow and become a member of the global community. As Air Force professionals, we have a responsibility to know what is happening around this ever-shrinking world. The next TDY may take you somewhere you'll need an atlas to find.

As your career progresses, there will be some separations, some weekend duties and some personal and family sacrifices. We are an expeditionary air and space force. Accept that the organization, and probably the world, is a better place because of your service. Continue to put forth your best work and take advantage of the rare opportunities your service provides.

# Load toad: Special friend to 363rd TRS

By 2nd Lt. Brooke Brander

Base public affairs

"He is not a frog!" said Staff Sgt. Brian Byrd, 363rd Training Squadron, correcting a trainee in his F-16 armament class during the weekly feeding of "L.T.," the giant marine cane toad that is the squadron's amphibious mascot.

The 363rd TRS trains new Air Force members in aircraft munitions and armaments on their way to become future aircraft armament systems specialists, or "load toads."

L.T. greets everyone who walks into the 363rd TRS shop from his glass aquarium. The toad is approximately 7 years old, which is well past his normal lifespan.

Each week Sergeant Byrd

feeds L.T. crickets and changes his water. L.T.'s diet used to consist of both crickets and small mice, but, as he has gotten older, he will only eat crickets.

"It's just a part of my routine now," says Sergeant Byrd, L.T.'s caretaker since 1996.

L.T. is known around the world in the career field of the "load toads" because of trainees who have come through the 363rd TRS over the years.

As each class completes training and moves to their future duty station, they take with them stories about L.T., who introduced them to the affectionately-held title of "load toad."

One story describes how L.T. escaped his aquarium. According to Sergeant Byrd, he had

taken the toad out to show to a class when he got away from the sergeant. After a number of screams and a few almost misplaced foot stomps, L.T. was recaptured and no longer makes cameo appearances.

L.T. is getting older, and several people are worrying about how many more years he has.

"You walk by him and make it a point to check on him to make sure he's alright," said Tech. Sgt. Anthony Bomar, 363rd TRS.

When L.T. does pass, he will be replaced. The entire 363rd shop will make sure that there is always a "load toad" to greet visitors and training classes.

"When he does die, we'll send him off to Valhalla, raft, fire and all," said Tech. Sgt. Darrell Pugh,



**L.T., the 363rd Training Squadron's mascot, greets visitors from his glass aquarium as they enter the shop. (Photo by 2nd Lt. Brooke Brander)**

363rd TRS.

Aircraft armament systems specialists said they are proud of their career field, as well as the nickname and mascot that is the "load toad." L.T. is a constant reminder of the pride they

feel toward the Air Force and their career.

"Each and everyone of us in this career field believes that without us there is no 'Force' in Air Force," Sergeant Byrd said as he looked at L.T.

## AADD

Need a lift? Call the Airmen Against Drunk Driving hotline at 676-AADD (2233).

Every Friday and Saturday night from 9 p.m. to 5 a.m., drivers are available for Team Sheppard members who need a ride home after drinking. Drivers will ask no questions and take no information, and they will not release the name of any person using this program.

Don't risk your life or your career. Cut out this reminder and put in your wallet:

**For a ride home after a night out, call 676-AADD**

# Student Stuff

## Happenings on base and in the community

### Student center events

Every Monday, 6-8 p.m.  
- spade tournament

Every Monday, 6-8 p.m.  
- jam session, bring your own instrument/equipment.

Every Tuesday, 5-8:30 p.m. - Country Video Night in the pub.

Every Wednesday, 7-9 p.m. - Variety Dance Night in the pub. Listen to Latin, hip-hop and R&B music.

Every Thursday, 5-9 p.m. - Video Night in the pub.

Every Friday and Saturday, 7-11:30 p.m. Club BDU

Every Sunday, 3-5 p.m.  
- billiards tournament in the pub.

### Hours of Operation

Mon-Thurs: 10:30 a.m. to 10 p.m.

Friday and Saturday: 10:30 a.m. to 1 a.m.

Sunday: Noon to 10 p.m.  
Holidays: Noon to 8 p.m.

### Golf etiquette lesson

Students are invited to the Wind Creek Golf Course for free golf etiquette lessons. Lessons are held every Sunday from 12:30-1 p.m. For more information, call the golf course at 6-6369.

the south chapel. Dinner is served at 5 p.m., and a variety of scheduled activities take place from 4-9 p.m.

### Steak Night

The student center invites students to come to Steak Night Saturday from 4-6 p.m. Students must bring their own steaks. The student center will provide all the trimmings. Call Sam Reola at 6-7659 for more information.

### Talent show

The student center will host a talent show July 27 from 7-8:30 p.m. This show is a chance for the non prior students to showcase their musical and artistic talents, including theater, dance, rap and poetry. For more information, call Sam Reola at 6-7659.

### Chapel Events

Sheppard chapels offer a variety of programs for student enrichment:

#### Saturday

On Saturday, all students are invited to the "Solid Rock Cafe" held each Saturday at

### Tuesday

Base chaplains offer helpful classes every Tuesday, 2-4 p.m., in the north chapel for students awaiting training or those having already graduated.

### Sunday

Students are invited to the north chapel at 5 p.m. on Sundays for Bible study, an informal get-together with refreshments and student-led music, ending with athletic activities at the north fitness center.

### Other Events

Midwestern State University's art department invites students to the Student Exhibition and Graduating Senior Exhibition in the Fain Fine Arts Gallery. The exhibition will run through Sept. 5. Call 397-4267 for more information.

## Student views: Training at Lackland



By Airman James Henry

361st Training Squadron

Fifteen years ago I made a promise that I didn't think I would keep.

I promised my aunt that I would work at the same place she does. I kept that promise.

On Jan. 6, I went to see an Air Force recruiter. Two days later I signed the papers that started my "crossing into the blue." In two weeks, I took the oath of enlistment for the first time.

It was a turning point in my life.

The most stressful and emotional day of my life happened while I was at Amarillo Military Entrance Processing Station awaiting departure to Lackland Air Force Base, Texas.

I had never been away from my family in my whole life. The truth was I was scared to leave, but I had made a choice to break the rope and fly away and that's just what I did.

I arrived at Lackland at around 5 p.m. That night I was taken to my new home for the next seven weeks: the 321st Training Squadron, a.k.a. "Hotel Hell." I was met by a flurry of trainers yelling and screaming at everyone to grab a portfolio and get in the day room.

Everyone sat on the floor and didn't say a word. We were told to fill out the memory work in our Basic Military Training Manual 2 and know it by the end of our first week of training.

To my surprise, the week went by fast: the haircut, first clothing issue, learning facing movements and how to march, but, most importantly, the reporting statement, "Sir/Ma'am

Trainee \_\_\_\_\_ reports as ordered."

"This is just the beginning," I thought to myself as I went to sleep that first Saturday night.

The next two weeks went by faster than I could have imagined. It was mainly in-processing and teaching us how to do everything like folding shirts into six-inch squares.

The third and fourth weeks were a bit stressful with all the classes and the test, not to mention open ranks, overhead and blue ropes.

But the fifth week, Warrior Week, was the most challenging week of all with nuclear biological and chemical training, the field training exercise, confidence course, and, of course, those lovely meals-ready-to-eat. When it was all said and done, I had a blast, especially when I earned my airman's coin.

The sixth week went by as fast as the last five until parade.

Parade was the most amazing thing I had ever witnessed. There were 16 flights total. Two of them carried the flags, and those two flights were from our squadron.

The band was amazing. When they played the "Star Spangled Banner," it meant more to me than it ever had before and still does.

I don't know if it was the fact that I graduated from basic with the honor graduate ribbon or just the fact that I completed basic and have accomplished more than my friends back home, but whatever the reason is, I'm glad I did it and would do it all over again if I had to.

Leaving Lackland was great but kind of sad. It had been my home for seven weeks. I had gotten used to eating in two minutes and getting up at 4 a.m. with reveille. I was just getting settled in when I came to Sheppard, but I'm starting to like it here a little bit more than Lackland.

## One more question every airman can answer

*Editor's Note: Doctrine is the Air Force's accepted best practices, so it's important for all airmen to understand it, and, in turn, understand "why" and "how" we employ air and space power.*

### 7. What is a mission?

Joint Publication 1-02, "Department of Defense Dictionary of Military and Associated Terms," defines mission as "the task, together with the purpose, that clearly indicates the action to be taken and the reason therefore." Missions can be described in either broad or specific ways. The Air Force mission, "to defend the United States and protect its interests through aerospace power," is a broad mission and involves the entire range of Air Force resources and capabilities to get the job done. On the other hand, "destroy the five enemy aircraft approaching from the north at 20,000 feet" is an example of a specific mission, normally given to a specific unit or group with capability to do just that. The Air Force performs many subordinate tasks to accomplish the primary mission. (Courtesy of Air Force Doctrine Center)

## Safety Corner

Be careful when lifting any heavy objects. Here are some tips for safe lifting:

- Clear a pathway before moving objects from one place to another.

- Place your feet far enough apart for balance.

- Make sure the object is light enough for you to lift or move. If not, get assistance.

- Keep your back straight and vertical to the ground. Lift your head up and look straight ahead. Try to maintain this position.

- Bend your knees when lifting. Do not stoop over the

object.

- Lift primarily with your legs, not with your arms and back.

- Always keep the object as close to your body as possible when lifting.

- Tighten your stomach muscles to keep your back balanced.

- Be careful when putting the object down by following the same guidelines as you would for lifting.

- Don't lift and turn at the same time. *(Courtesy of 82nd Training Wing safety office)*



**Sergeant  
Looksharp  
says...**

“You must be in uniform when in or out processing through Support Group service agencies and for mandatory appointments.”

## General activities

### Pool hours of operation

The main pool, Capehart pool and Bunker Hill Water Park are open from now until Labor Day. Season pool passes are available at any of the pools during normal hours and at outdoor recreation, the ITT office or the youth center. Pass prices are \$30 for an individual pass and \$60 for a family pass. Daily fees are \$2 for people age 16 and older and \$1 for people age 15 and under. For information about lap swimming, call 6-6460.

### Main pool – 6-6469

Monday-Friday, 1-7:45 p.m.

Saturday and Sunday, noon-7:45 p.m.

### Capehart pool – 6-4281

Friday-Wednesday, noon-7:45 p.m.

Thursday, closed for maintenance.

Weekends only after Labor Day.

Family swim time Monday and Tuesday.

### Bunker Hill water park – 6-4161

Thursday-Tuesday, noon-7:45 p.m.

### Chess club

The community center is forming a chess club. All permanent party military members, dependents and civilians are eligible to join. Official chess sets, clocks and official guides will be available. This club meets in the community center multi-purpose room every Saturday at noon. Chess players are welcome to bring their own equipment. For more information, call 6-3866.

## Club activities

### Officers club game league

The officers club game league holds tournaments in 9-ball, cricket, shuffle board, foosball and crud starting at 6:30 p.m. the second and fourth Thursday of each month. Food and beverages are 15 percent off during league play. Prizes will be awarded. For more information, call 6-6460.

### Karaoke night

The enlisted club holds Karaoke with the Chief every Thursday night in the main lounge from 8-11 p.m. Win prizes and enjoy drink specials. Call 6-2083 for more information.

### Jazz Night with Jeff Smith

The officers and enlisted clubs present Jazz Night performed by Jeff Smith. Days and times are today from 5-9 p.m. in the officers club and Saturday from 9 p.m.-midnight in the enlisted club. Admission for club members is free. Cost for nonmembers is \$5. Call 6-6460 or ext. 2083 for more information.

### O'Club sandwich menu

The officers club offers a new sandwich line menu during lunch Monday-Friday, 11 a.m.-1 p.m. All ranks are welcome. The menu includes three combo meals, four wraps and four club specialties. Prices range from \$3.25 to \$5.25. For more information, call 6-6460.

### Motown, blues and jazz

The enlisted club provides an evening of motown, blues and jazz music every Sunday from 6-11 p.m. Call 6-2083 for more information.

### Wings or shrimp Wednesdays

The officers and enlisted clubs offer a choice of one pound of wings or one-half pound of shrimp Wednesdays during the social hour. For more information, call 6-6460.

### Member Rewards Program

The Member Rewards Program ends July 31. Officers and enlisted club members in Air Education and Training Command are eligible to win prizes, including two vacations. Members who purchase \$2 or more in food from the clubs will receive an entry form and qualify for the grand prizes. Call 6-6460 for details on the promotion or more information.

## Upcoming trips

### Football tickets and tours

Information, tickets and tours will host a tour to see the Dallas Desperados play the Orlando Predators Saturday-Sunday. Cost is \$165 for two people. Price includes game tickets, hotel accommodations and round-trip transportation. A limited number of seats are available. Tour departs Sheppard at 1 p.m. Game starts at 7:30 p.m. in the American Airlines Center in downtown Dallas. Call 6-2302 for more information.

## At the Flicks

### Friday 6:30 p.m.

Bad Company

### Friday 9 p.m.

Spider-Man

### Saturday 2 p.m.

Secrets of Ya-Ya Sisterhood

### Saturday 4:30 p.m.

The Sum of All Fears

### Saturday 7 p.m.

Spider-Man

### Sunday 2 p.m.

Closed for ORI

### Sunday 4:30 p.m.

Closed for ORI

### Thursday 6:30 p.m.

Closed for ORI

**This schedule is subject to change without notice. For movie information, call 6-4427.**

**Bad Company (PG-13)** – Chris Rock, Anthony Hopkins – Gaylord Oakes, a veteran CIA agent, must transform a sarcastic, street-wise punk named Jake Hayes into a sophisticated, savvy spy to replace his murdered identical twin brother. He has nine days to accomplish this “mission improbable” before having to negotiate a sensitive nuclear weapons deal with terrorists.

**Spider-Man(PG-13)** – Tobey Maguire, Willem Dafoe – After being bitten by a radioactive spider, Peter Parker’s body chemistry is mutagenically altered to allow him to scale walls

and ceilings, and use a “spider-sense” to feel approaching danger. As “Spider-Man,” Peter first uses his new powers to make money. After his uncle is murdered by a criminal Peter failed to stop, he swears to use his powers to fight evil.

**Divine Secrets of the Ya-Ya Sisterhood (PG-13)** – Sandra Bullock, Ellen Burstyn – A group of lifelong friends stage an unorthodox intervention to help a young playwright unravel the truth about her eccentric mother, find forgiveness and acceptance, and let go of her painful past.

## Chapel Schedule

### Student programs

Tuesday, 11 a.m. and 4:15 p.m., chapel rope meeting, North Chapel

Saturday, 4 p.m., Solid Rock Cafe, South Chapel

Sunday, 5 p.m., Sunday Evening

Gathering, North Chapel

### Catholic activities

#### Mass

Saturday, 5 p.m., North Chapel

Sunday, 9 a.m., North Chapel

Sunday, noon, North Chapel

Mon.-Fri., 11:30 a.m., North Chapel

### Reconciliation

Saturday, 4-4:30 p.m., North Chapel

### Protestant activities

#### Worship services

Saturday, 6:30 p.m., Solid Rock Worship (Liturgical), South Chapel

Sunday, 10:30 a.m., Inspirational Gospel Service, South Chapel

Sunday, 10:30 a.m. Protestant Community Service, North Chapel

### Religious education

Saturday, 4 p.m., Marriage Group, Intercessory Prayer Team, Women’s Bible Surfing, South Chapel

Sunday, 9 a.m., classes for ages 3 to adult, Bldg. 962

### Bible studies

Thursday, 7:00 p.m., Protestant Women of the Chapel, Bldg. 962

Saturday, 6:30 a.m., Protestant Men of the Chapel, South Chapel

Second Saturday of month, 8 a.m., Protestant Men of Chapel breakfast

### Lay-led faith groups

Islamic activities, Friday, 1:45 p.m., South Chapel

Jewish activities, call Maxine Simpson, House of Jacob Synagogue at 322-4177

Latter Day Saints, Sunday, 2 p.m., Hospital Chapel

Mystic Grove Pagan Study Group, Wednesday, 6:30 p.m., Bldg. 962, call Kalista at 6-4370

**For more information, call the base chapel at 6-4370**

# Briefs

## Hospital closure

The hospital will be closed July 30 from 1 to 5 p.m. to participate in the "Post-ORI Celebration." Emergency services will be available.

## Firing range trespass notice

The Sheppard Combat Arms Training and Maintenance Range on Missile Road (Bldgs. 2123, 2125, 2127 and the surrounding area) is off limits to all personnel who aren't conducting official business or receiving training. Trespassing is not only illegal, but very dangerous. For questions concerning weapons training or scheduling, call the base firing range at 6-2251.

## Dental assistant training program

The 82nd Dental Squadron in association with the American Red Cross is accepting applications for a Red Cross Dental Assistant Training Program. The program is six months long and will begin Aug. 12. For information or to register, call

Tech. Sgt. James Scaife at 6-4474 or visit the dental clinic.

## Mosquito spraying

The 82nd Civil Engineering Squadron environmental controls shop started spraying for mosquitoes Tuesday. Spraying will run from 4-7 a.m. every Tuesday and Thursday if weather permits.

## Air Force Marathon

Wright-Patterson Air Force Base will host the 2002 Air Force Marathon Sept. 21. People interested in running can register in the following categories: individual, wheelchair, four-member relay team and 3- to 5-member marathon team. The festivities for the event include a two-day sports exposition, pre-race pasta dinner, race day opening ceremony, awards ceremony and a free post-race party. Participants must register by Sept. 4. Registration and race information are available on the marathon Web site at <http://afmarathon.wpafb.af.mil> or by calling 1-800-467-1823.

## Views: Edward Everett Prize winner's speech explains freedom is not free

By Daniel Young

Hillsdale College Class of 2002

*Editor's note: The following is adapted and excerpted from a speech delivered by Daniel Young at the 2002 Edward Everett Prize in Oratory competition recently held and published in the "Impri-mis," Vol 31, No. 6, Jun 02.*

*The prize is named after Edward Everett, the man who spoke before Abraham Lincoln at Gettysburg.*

To the founding fathers, freedom was an unalienable right. Freedom was not for sale. Freedom was the birthright of every individual, regardless of their social, economic or political standing. So freedom was free, or was it?

After all, the 56 men who affirmed the right of every citizen of this nation to be free, also affirmed that "for the support of this declaration, with a firm reliance on the protection of the Divine Providence, we mutually

pledge to each other our lives, our fortunes, and our sacred honor."

Our forefathers recognized that freedom came from our Creator without a price tag, but the preservation of this freedom would forever place the citizens of this nation in debt. It is a debt paid in part by the millions of Americans who have answered the call of this nation to serve both in peace and war.

For too long, too many of us have ignored the debt we owe for freedom, allowing others to pick up the check. Now is the time for us to adopt the old adage, "There's no such thing as a free lunch." It's time for us to recognize and act upon the fact that freedom is not free.

The cornerstone of the Boy Scout movement is the Scout Oath, written in 1909. And while most everything in the world has changed in the past 93 years, the Boy Scout Oath has not.

In the first line of the Scout

Oath, there are 12 words that provide insight into three of freedom's prerequisites and help illuminate the responsibilities of individuals in a republic.

"On my honor..." Honor has become rare. We have gone so far as to denigrate and devalue it, as in the phrase, "honor among thieves." Honor has no place among base and low characters.

One has only to browse the newspaper headlines for numerous examples of honor sacrificed at the altars of expediency and personal gain. Because honor is not genetic, it is learned. For the sake of preserving freedom, we must strive once again to be people of honor.

The Scout Oath continues: "...I will do my best..." Why do we often think the best is what someone else should do? We expect the best from mechanics, plumbers, teachers, pilots and others, yet too easily excuse ourselves. Doing our

best may not attract worldwide attention, but it will make a difference. It will improve our families, schools, businesses, churches and communities. A simple act, but a debt paid.

The Oath continues: "...To do my duty..." The word "duty" is derived from the French word *deu*, which is also where we get our word "debt." Duty is what we owe to others. We have a duty to those with whom we work. We have duties to our families, friends and ourselves. Duty, like honor, is not inherited. It is taught and caught by example.

Freedom has seemed free up to now for many of us who have yet to serve, volunteer, vote, contribute, participate or make a commitment, but today we are called to do these things.

History is strewn with the wreckage of civilizations that fell, not because they lacked a great military, but for lack of morality. They crumbled from

within. To preserve freedom, America needs citizens who will stand up and say, "On my honor I will do my best to do my duty."

*Lt. Col. Joseph Haggerty, 382nd Training Squadron section commander, notes, "This article really spoke to me about where our society finds itself today; post 9/11; shaken to our core, but proud to be an American. What I especially liked about this speech, if I can paraphrase the author, is the following.*

*'On my honor...' is similar to 'Integrity First' of the Air Force core values. '...I will do my best...' is equivalent to, 'Excellence in All We Do,' and '...To do my duty...' brings to mind, 'Service Before Self.' The order may differ, but the message is clear: we all must focus on the Air Force core values; with them in our minds, freedom's debt is well paid and our country will be well served.'*

To place an  
ad in the  
Senator,  
call  
767-SOLD.

# Sports

Have a safe  
summer.  
Practice ORM.

## Sports shorts

### Golf course events

Wind Creek Golf Course holds many tournaments, clinics and lessons each week. For more information on these events, call the golf course at 6-6369.

*Beat the Wind Creek Golf Pros:* The golf course will hold the Beat the Wind Creek Golf Pros Saturday. Shotgun start is at 8:30 a.m. The format will be a two-person scramble, pick your own team, with 10 percent of the team handicap awarded. Cost is \$15 per person and includes cart and meal. Prizes will be awarded to any team that beats the golf pro's gross score.

### Squadron cardio combat

The fitness centers invite all squadron members to participate in squadron cardio combat. By participating in individual exercise regimes, anyone can track their workouts and score points for their squadron. For more information, call 6-2972.

### Aerobics classes

The aerobic center is located

in the south fitness center and offers coed aerobics classes seven days a week. Classes are offered as early as 5:30 a.m. and as late as 7 p.m. in low impact, intermediate and advanced exercise, including floor and step exercises, muscle sculpting and kickboxing. Call 6-2972 for specific times and classes.

### Yoga-pilates classes

The south fitness center is now offering yoga-pilates classes Monday and Wednesday at 10:15 a.m., Wednesday 5 p.m., Tuesday and Thursday 4:15 p.m., Thursday 6 p.m., and Saturday 3 p.m. For more information, call 6-2972. All classes are free.

### R & R - Return to fitness prescription program

Fitness programs are now available for adults over 50. Classes are held Monday, Wednesday and Friday from 8-9 a.m. at the south fitness center. For more information, call Tech. Sgt. Yulanda Moffett or April Frisbee at 6-2972 or ext. 7491.

# CHIEF

Continued from Page 9

and from the 2nd Air Force Noncommissioned Officers Academy in 1960. In January 1973 he was among the first 102 chief master sergeants to graduate with the first class of the Air Force Senior Noncommissioned Officers Academy.

His first assignment was Attebury AFB, Ind., as an air policeman. Other assignments included Royal Air Force Mildenhall, U.K., and Castle AFB, Calif., before cross training into the management analysis career field in 1955. Subsequent assign-

ments included RAF Greenham Common, U.K.; Lincoln AFB, Neb.; Barksdale AFB, La.; Offutt AFB, Neb., and Webb AFB, Texas.

Chief Carter's first assignment as a senior enlisted advisor was with the 3560th Pilot Training Wing at Webb AFB, Texas, in 1968. Other advisor positions included the 3510th Flying Training Wing, Randolph AFB, Texas; Headquarters Recruiting Service, Randolph AFB, Texas; and the Air Force Military Training Center, Lackland AFB, Texas. His last job in the Air Force was as the senior enlisted advisor for Air Training Command.

## Airpower history

-July 17, 1962-



Between 1960 and 1962, Maj. Robert White made 16 flights in the X-15, a rocket-powered aircraft. He was the first pilot to fly to Mach 4, 5 and 6. He also flew to the altitude of 314,750 feet on July 17, 1962, setting a world altitude record. This was 59.6 miles, significantly higher than the 50 miles the Air Force accepted as the beginning of space, qualifying Major White for astronaut wings.

Send sports stories for publication in the *Senator* to [sheppardsenator@sheppard.af.mil](mailto:sheppardsenator@sheppard.af.mil).