

# The SHEPPARD SENATOR

Sheppard Air Force Base, Texas, home of the 82nd Training Wing and 80th Flying Training Wing

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## In the news

### Pass and registration vehicle stickers available

Vehicle stickers are now available at the Pass and Registration office in Bldg. 402, room 214.

Military and civilian personnel will need to present vehicle information including a current driver's license and proof of insurance to obtain a sticker.

For more information, call 6-4135.

### Taxpayers beware

The 2003 Child Tax Credit refunds sent out recently by the government has to be accounted for on the upcoming year's tax returns.

Users of the free VITA tax program will be required to present their notification letter.

## Change of command

**82nd MSS**  
Maj. Aundra Moore took command from Capt. Carrie Loranger Wednesday.

# Present Arms



Photo by Mr. John Ingle

**Airman Rikki Terry, a crew chief student at the 362nd Training Squadron, relaxes as Katrina Rivera, an American Red Cross phlebotomist, checks her equipment during Monday's Save a Life Tour blood drive. More than 1,150 units of blood were donated by Sheppard personnel, eclipsing the single day, single site record the base set in January.**

## Sheppard donors turn out in droves during blood drive

**By Mr. John Ingle**  
*Base public communication*

Sheppard personnel saved the lives of more than 3,400 Texans Monday with one of the simplest tools – an arm.

More than 1,300 base personnel turned out to pump out 1,154 units of blood during Monday's Save a Life Tour blood drive sponsored by the Southwest Region American Red Cross. The collected amount set a single day, single site collection record in the state.

"We had planned for around 1,300 to volunteer," Maj. Michael Dennison, project officer for the drive, said. "We had more show up than we had scheduled."

By the end of the 12-hour period that Red Cross workers had collected donations, almost two units of blood were donated each minute. Breaking the

impact the blood drive had on Texas' supply, six Texans' lives were saved every minute.

In typical Sheppard fashion, members of Team Sheppard eclipsed the expectations of the drive of 1,000 units, producing more than 150 more units than anticipated.

Mr. Bob Vest, the base blood program officer, said students were bussed from all over the base to four different locations. If room wasn't available at one of the smaller sites, they were bussed to the community center.

A line of airmen snaked through the community center and out the front door as ARC workers and volunteers worked feverishly to keep pace with the number of donors who showed up.

It was a welcome site for Avonelle Chitwood, a communications specialist

for the Southwest Region ARC in Dallas. About 500 units of blood are collected in the entire state in one day, she said.

Sheppard more than doubled the state's one-day collection total alone. "This is more than one would expect at any place," she said.

The reality of the drive is that Texas is one car accident away from not having any blood at all, Ms. Chitwood said. The state has enough blood to last a little over one day.

"I've been here 4 1/2 years and I've never seen the blood supply this low," she said.

Monday wasn't the first encounter Ms. Chitwood said she has had with someone from Sheppard donating blood. She said a

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## Team Sheppard Training 2003

**82nd Training Wing: 42,856 students trained to replenish America's combat capability**  
**80th Flying Training Wing: 103 combat pilots trained for the NATO Alliance**





Photo by Staff Sgt. Chris Spangler

**Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander, presents a below-the-zone certificate to Airman 1st Class Chris Connaughton, 82nd Security Forces Squadron July 7. Airman Connaughton put the senior airman stripe on Thursday.**

# Action Line 6-2000, action.line@sheppard.af.mil

The 82nd Training Wing's Action Line is your direct line to me for any concerns and suggestions you have.

I am personally involved in every reply, and I am committed to making Sheppard Air Force Base a better place to live, work and play.

Before you call the Action Line, however, I ask that you give your chain of command or other base agencies an opportunity to work your concerns. If you still do not receive a satisfactory response, call me at 6-2000, or send an e-mail to

[action.line@sheppard.af.mil](mailto:action.line@sheppard.af.mil). Please include your name and telephone number.

Those concerns with a wide impact at Sheppard may be published in *The Sheppard Senator*.

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### South fitness center kudos

**Q**uestion: I would like to express my gratitude to Airman David Johnson at the south fitness center. I had not been there since its construction. Airman Johnson greeted me and offered to give me a tour of the facility. He answered all my questions about the programs. Even though he is a very young airman, I was very impressed with his professionalism, the way he carried himself and the knowledge he possessed.

uate of the Services Apprentice Course at Lackland Air Force Base, Texas, and has a great deal of pride in what he does. He has a great attitude and is always ready to assist customers and co-workers 100 percent. Airman Johnson has set a goal of becoming a Cooper's Institute Certified Fitness Instructor, and we're going to help him. We salute his outstanding customer service and believe him to be a fine example for his peers to follow.

### Loud rap music in Wherry Housing

**Q**uestion: I'm writing to ask for help in resolving an ongoing problem in the Wherry housing area. We are tired of the loud banging rap music from the cars driving up and down the streets at all hours of the day and night. We have a 9-month-old baby and every time a person drives by blaring that music he wakes up (if he is asleep). Is there anything that can be done to stop this from occurring? Maybe a sign at the housing entrance? I, along with many other residents, am utterly sick of this happening. Can you help us?



**A**nswer: The problem you mention can be a real irritant to many people. Thanks for bringing it up. As you alluded to, operating an excessively loud vehicle is in violation of existing regulations. Infractions such as these can result in the issuance of a traffic citation. Vehicle operators can be cited for operating vehicles that produce unreasonable or excessive noise.

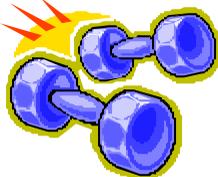
Instances where a vehicle stereo is audible from 100 feet away, where profane language is audible outside of the vehicle or when the vehicle has an ineffective muffler system can all result in a traffic citation. Our security forces will pay particular attention to these violations especially in and around our housing areas.

### Diesel gas at station

**Q**uestion: Why doesn't the base gas station offer diesel fuel for those of us who own diesel vehicles?



**A**nswer: Good question. The Army and Air Force Exchange Service does not have current plans to install additional equipment for diesel at Sheppard. However, AAFES will survey customers and, if a sufficient number of customers have diesel vehicles, will reconsider installing additional equipment required to sell diesel fuel.



**A**nswer: Thanks for the feedback. Airman Johnson is one of the newest additions to the Services Team and has quickly become a vital member of the fitness staff. He is a recent grad-



Published by the Times Publishing Company of Wichita Falls, Texas, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 82nd Training Wing.

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Content is edited and prepared by the 82nd TRW public communication office. Copy deadline is noon Friday the week before publication. All photos are U.S. Air Force photos unless otherwise credited. E-mail submissions to [SheppardSenator@sheppard.af.mil](mailto:SheppardSenator@sheppard.af.mil) 82nd TRW/PA, 419 G Ave., Ste. 3, Sheppard AFB, Texas 76311-2943.

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# 982nd helps training reach new heights

By Mr. John Ingle

Base public communication

Leadership of Sheppard has touted the base as the training facility of choice for the world — anywhere, any time.

If the layers of the training onion were peeled away, squadrons on base would form the concept that combat capability starts here. But, peeling yet another layer away would show that combat capability for some career fields in the Air Force doesn't begin without the 982nd Maintenance Squadron.

Capt. Marc Gonzalez, the maintenance operations officer for the 982nd, said the purpose of the squadron is to provide support to training squadrons on base and around the globe to ensure they have what they need to get the mission completed.

An example of that goal is the recent arrival of six F-16s to replace some of the aging F-16s on the Sheppard ramp.

"Some of the ones that we have here have been here for over 10 years," he said. "The ones we just got in were flown in."

The F-16s from Edwards will have to go through a process of



Photo by Mr. John Ingle

**These six F-16 Falcons will become part of Sheppard's 89 training aircraft fleet once thorough inspections have been done by the 982nd Maintenance Squadron. Students in specialties such as avionics, munitions and maintenance will practice on the birds.**

making the aircraft safe for airmen before they can get on the aircraft and learn the intricacies of the bird. The new fighters will have more up-to-date components on them that combat aircraft receive in the field.

Captain Gonzalez said that because of money and a shortage of parts in the field, airmen don't see some of the latest

upgrades that operational aircraft have.

But, that should change with the new shipment.

"When students leave here, they will see the same aircraft in the field," he said.

Master Sgt. Monty Choate, the superintendent of systems logistics support flight or, in short, the person responsible for

getting in newer aircraft, said the training aircraft on Sheppard go through a lot more dismantling and rebuilding than that of a normal aircraft in the field.

"The trainers that are currently here have been used up through repetition," he said. "Many parts on current trainers are removed (more than) 10,000 times when on an actual bird in

the field over the course of its life a part may be removed 500."

A total of nine F-16s are scheduled to become part of the 82nd Training Wing. In addition to the fighters, the base has also received a KC-135 Stratotanker from the Washington Air National Guard and two T-37s from the 80th Flying Training Wing for fundamentals training.

Sergeant Choate said four C-130s are scheduled to arrive at Sheppard from Little Rock, Ark., and a F-15E weapons trainer built from a crash damaged Lakenheath, England aircraft, in the near future.

When members of the flight hear of an aircraft becoming available through excess declaration, Sergeant Choate said he or someone else from the squadron makes a personal visit to evaluate the plane and determine if it is usable at Sheppard.

Captain Gonzalez said there are some aircraft in the Air Force inventory that won't be available for training purposes because of what he called "high demand, low density."

Those aircraft, such as the KC-10 and C-5, can't be spared from the operational Air Force.

## Force structure changes coming to AETC bases

**RANDOLPH AIR FORCE BASE, Texas** — The Air Force announced its annual force structure changes July 23 that affect 23 Air Education and Training Command locations.

The actions to increase or decrease duty authorizations addresses the president's fiscal year 2004 budget for force structure, realignment and management actions required to achieve efficiencies, modernize or make organizational changes, according to a message from the office of the secretary of the Air Force.

Listed by state, below are the locations and positions affected in AETC.

### Alabama:

Maxwell AFB — Air University loses 177 military and 52 civilian positions as a result of workforce shaping. Officer Training School loses 20 officer instructor positions as a result of the realignment of officer accession quotas to the Air Force

ROTC program. ROTC increases six civilian positions for administration of a new summer intern program. Air University gains one civilian position for increased workload associated with growth in the Air Force's graduate education program and one military position for implementation of an additional squadron commanders course. The Air Force Recruiting Service loses one civilian position as a result of workforce shaping.

Fort Rucker — As a result of a lead command change, the 23rd Flying Training Squadron loses four military positions associated with the C-12 standardization and evaluation mission.

### Arizona:

Luke AFB — The 56th Fighter Wing loses 75 military and 49 civilian authorizations as a result of workforce shaping. The 56th Logistics Readiness Squadron loses 12 military positions as a

result of the Air Force-wide pick-up and delivery realignment from the supply squadron to the transportation squadron.

### Arkansas:

Little Rock AFB — The 314th Airlift Wing gains 42 military and five civilian positions as a result of the programmed replacement of C-130E aircraft with C-130J aircraft. The 314th AW loses 60 military and 29 civilian authorizations and the Air Force Recruiting Service loses one military and one civilian as a result of workforce shaping. The 314th Logistics Readiness Squadron loses five military positions as a result of Air Force-wide pick-up and delivery function reengineering.

### California:

Edwards AFB — The detachment of the Studies and Analysis Squadron loses eight military authorizations due to workforce reshaping.

Port Hueneme — The 345th

Training Squadron loses one military and two civilian authorizations as a result of workforce shaping.

Vandenberg AFB — The 381st Training Group loses nine military and four civilian authorizations as a result of workforce shaping.

### Florida:

Tyndall AFB — The 325th Fighter Wing gains 216 military positions as a result of the arrival of 14 F/A-22 aircraft. The 325th FW loses 70 military and 38 civilian authorizations and the NCO academy loses one military authorization as a result of workforce shaping.

### Georgia:

Moody AFB — The 3rd Flying Training Squadron gains two military positions for increased flying training workload. The 479th Flying Training Group loses three military and one civilian as a result of workforce shaping.

### Mississippi:

Columbus AFB — The 14th Flying Training Wing loses one T-37B aircraft. The 14th FTW gains seven military and loses 23 civilian authorizations as a result of workforce shaping. The 14th Operations Support Squadron gains one military position as a result of weather function reengineering. The 14th Medical Group gains 14 military and loses seven civilian authorizations from medical annual planning and programming guidance adjustments.

Keesler AFB — The 81st Training Wing loses 33 military and 97 civilian authorizations and the NCO academy loses one military authorization as a result of workforce shaping.

### New Mexico:

Kirtland AFB — The 58th Special Operations Wing gains 37 military positions to support

# Students take center stage at talent show

By 2nd Lt. Ellen Harr

Base public communication

The talents of Team Sheppard's technical training students go far beyond the classroom and the flight line.

Thirteen contestants participated in the student center's talent show July 25. The students, who represented six training squadrons on base, presented the judges with a wide variety of performances. Their talents included singing, guitar playing, beatbox-style singing and scratching.

Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander, opened the contest.

"This is Sheppard's version of American Idol. You all deserve a badge of courage tonight for standing in front of your peers and being passionate about performing," General Rooney said.

Among the panel of judges were General and Mrs. Rooney, Colonel Beverly Wright, Chaplain (Col.) Froilan Saluta and Command Chief Master Sgt. Lupe Ruiz. The judges scored each performance on a scale of 5.5 to 10.

Airman Basic Anthony Workley, 361st Training Squadron, emceed the event. He also kicked off the show by performing "Summer Nights" from the musical Grease with Airman Basic Carrie DunFrund, 383rd Training Squadron.

After their performance, Airman DunFrund, described how she felt about performing in front of the panel of judges and the audience.

"It was fun, I've never done a talent show before in my life. It's worth it to get up there and enjoy yourself," Airman DunFrund said.

Airman 1st Class Travis Heryla and Airman 1st Class Albert Orbinati, both from the 360th Training Squadron, offered the audience a departure from traditional, karaoke-style vocal performances. The judges and audience began to dance in their seats as each student performed their own unique version of beatbox-style singing.

Airman Heryla took the stage first, performing a beatbox routine inspired by hip-hop artist Rahzel.

"I did a lot of talent contests when I was back home and I was in a couple groups. I thought maybe I'd show off here for the Air Force," he said.

Airman Orbinati, the second beatbox performer of the evening, also got the audience and judges moving to his rhythm.

"Whatever comes from the top of my head is what you're gonna get tonight," he announced at the beginning of his performance.

After his time on stage, Airman Orbinati explained why he performs in talent shows.



Photo by 2nd Lt. Ellen Harr

**Mr. Anthony Balbuena, husband of Airman Jennifer Balbuena, 382nd Training Squadron, performs under the stage name "DJ Deception." His performance featured turntable scratching to hip-hop beats and samples. His routine was one of the non-traditional acts of the evening.**

"I love talent shows. I've been in talent shows and performed all my life. This is complete fun for me," he said.

He also described his beatbox performance.

"Everybody is an audience member to me, I just like to perform. My performance when I beatbox is whatever comes into my head at that moment, so I was pleased with my performance. At another moment it might be something else," Airman Orbinati said.

Mr. Anthony Balbuena, better known to the audience as "DJ Deception," entertained them by scratching and spinning his turntables. Mr. Balbuena, the husband of Airman Jennifer Balbuena from the 382nd Training Squadron, explained why he chose to scratch.

"I just wanted to perform in front of people and do something different. There's a great variety. Some are doing beatbox sing, I'm scratching - there's plenty of talent at Sheppard Air Force base," said Mr. Balbuena.

After 13 performances, the judges tabulated the scores. Third place went to Airman Basic Gregory Babcock, 361st Training Squadron, who's also a lieutenant for the special activities team choir. He performed "I Am A Man Of Constant Sorrow" from the movie "O Brother, Where Art Thou?"

Airman Deandra Davis, 366th Training Squadron, earned second place with her performance of Martina McBride's



Photo by 2nd Lt. Ellen Harr

**Airman Basic Anthony Workley, 361st Training Squadron, serenades an audience member at the student center during the talent show on July 25. Airman Workley's performance of Billy Joel's "Piano Man" earned him first place. He also served as emcee for the show and participates in the special activities team choir.**

"When God Fearin' Women Get The Blues." Her country western vocals were such a hit with the judges and the audience they invited her back for an encore. So Airman Davis once again captivated the crowd with her rendition of Bonnie Raitt's "Something to Talk About."

The first place winner was Airman Workley, the talent show emcee who also participates in the special activities team choir. Better known to student center regulars as "Karaoke Geek," Airman Workley walked around the audience as he performed Billy Joel's "Piano Man."

The talent show contestants agreed that they enjoyed the experience of performing and the wide variety of performers.

"There was a lot of crowd participation. DJ Deception was great," said Air-

man Heryla.

"I hope we have more of these and more often, it would be a lot of fun," added Airman Orbinati.

Airman DunFrund agreed that "fun" was truly the best part of the evening.

"It's really fun. Everybody's got their own talent and everybody's got the guts to get up there," she said.

Permanent party members of Team Sheppard and their families will have the opportunity to showcase their talents at the community center's Family and Teen Talent Show. The competition will take place at the community center on November 8. For more information about the Family and Teen Talent Show, call 6-3866 or check out the August issue of the Whirlwind.

## Kids Day scheduled for Saturday

Move over moms, dads and grandparents. It's time for Kids Day.

To celebrate National Kids Day, the Madrigal Youth Center will host a day of fun.

Included in the festivities is Billy Bob and the Green Machine, Jupiter Jump, a dunking booth, carnival games and much more.

Games will begin at 11 a.m. and end at 3 p.m.

Hot dogs, chips and a small drink will be on sale for \$1.

## Med Group spouses to meet

Spouses of personnel assigned to the 82nd Medical Group are encouraged to join the Medical Group Spouses Group.

Membership to the group is free to enlisted, officer and civilian spouses.

The next meeting will be held Aug. 7 at 7 p.m. in the multi-purpose room at the

Community Center. Plans for upcoming events will be discussed.

## Horseshoe access to hospital now open

Patients and visitors to the base hospital have an easier way to access the facility now.

The horseshoe in front of the hospital has reopened for pickup and drop off only. The drive is to allow easier accessibility for handicapped and disabled patients.

Parking will not be allowed in the horseshoe for force protection reasons.

## Ski trip planned for January

Skiers wanting to hit the white snow of Keystone, Colo., have until Aug. 8 to reserve a spot.

The five day, four night excursion will be from Jan. 15-19 near the White River National Forest. The package includes one, two or three bed-

room condominiums with a fireplace.

Guests will have lift tickets and ski rentals for two days.

Prices vary according to the number of people and the size of the room. The price includes round trip air fare from Oklahoma City.

A \$150 per person deposit is due by Aug. 8 to reserve a spot. Space is limited.

Also, the trip must be paid in full no later than Nov. 7.

For more information, contact ITT at 6-7014, 6-7018 or 6-7019.

## FEMA hiring retired military and federal employees

The Federal Emergency Management Agency is looking to hire retired or soon-to-be retiring military and federal employees for disaster assistance.

The agency is recruiting contract specialists who would become part of the national acquisitions cadre. These individuals would be on-call and would be used on an intermittent basis to provide acquisition support during presidentially declared disasters.

The specialists would be responsible for procuring and closing contracts.

For more information about the position, visit the FEMA Web site at [www.fema.gov/about/dae.shtml](http://www.fema.gov/about/dae.shtml). Applicants may also send resumes or a federal application to Louise Noyes, FEMA, Bldg. 729, P.O. Box 129, Berryville, Va., 22611, or fax it to (930) 323-2810.

## Pharmacy closed for training

The base pharmacy will be closed for three hours the first Wednesday of every month starting in September.

To ensure pharmacy staff are able to participate in hospital wide medical readiness training, the pharmacy will close from 1:30 to 4:30 p.m.

The pharmacy staff asks that base and retiree beneficiaries plan accordingly to pickup medications prior to 1:30 p.m.

# DRIVE

Continued from Page 1

man was recently given a pin for donating 15 gallons of blood throughout his lifetime.

During a conversation with the gentleman, Ms. Chitwood said the man told her that he began donating blood in the early 1960s when he first volunteered as an airman at Sheppard.

Major Dennison and Mr. Vest said the drive wouldn't have been a success without the support of the facility managers at the different donor sites or the group and squadron POCs across the base.

Also deserving credit for a successful day was the contributions of the North Rotary Club, both men said. They supplied more than 1,500 hot dogs and potato chips to donors.

Mr. Vest said the base has two blood drives every month, but the turn out usually isn't as great as was seen Monday. The goal for the bi-monthly drives is 50 units, a small but equally important amount when compared to Monday's draw.



# Student Activities

## Happenings in the Sheppard community

### Student center events

Every Monday, 6-8 p.m. - jam session, bring your own instrument/equipment, free.

Every Tuesday, 5-9 p.m. - Video Night in the pub, free.

Every Wednesday, 6-9 p.m.- Free Pool Tournament.

Every Thursday, 7-9 p.m. - Karaoke Night, free.

Every Friday and Saturday, 7 p.m. to 1 a.m. Club BDU dance, \$3 per person.

Every Sunday, 3-5 p.m. - billiards tournament in the ballroom, \$2 per person.

### Hours of Operation

Monday-Thursday: 10:30 a.m. to 10 p.m. Friday and Saturday: 10:30 a.m. to 1 a.m. Sunday: Noon to 10 p.m. Holidays: Noon to 8 p.m.

### Red River Café Hours of Operation

Wednesday and Thursday: 4:30-10 p.m.

Friday and Saturday: 11 a.m. to 11:30 p.m.

Sunday and Holidays: Noon to 9 p.m.

### Center to host cards, collectibles show

The center will hold a free cards and collectibles show Saturday from 10 a.m. to 5 p.m. Vendor booths will display sports cards, comics and other collectibles. For more information, call 6-7659.



### Center to host Woodstock at Club BDU

The center is scheduled to host Woodstock Aug. 13 from 7 p.m. to 1 a.m. Cost is \$4 per person. For more information, call 6-7659.

### Chapel events

Sheppard chapels offer a variety of programs for student enrichment:

#### Saturday

All students are invited to the "Solid

Rock Cafe" held each Saturday at the south chapel. Dinner is served at 5 p.m., and a variety of scheduled activities take place from 3-9 p.m.

### Sunday

Students are invited to the north chapel at 5 p.m. on Sundays for Bible study, an informal get-together with refreshments and student-led music, ending with athletic activities at the north fitness center.

### Community center events

#### Free table tennis classes offered

Free classes are held every Monday and Friday. Professional tournament instructors are available. For more information, call 6-3866.

#### Pool tournament

Pool tournaments are held every Saturday at 2 p.m. The fee is \$2 per person. There will be first- and second-place trophies. Call 6-3866 for more information.



#### Free video night

The community center has a free video night every night beginning at 5 p.m. on the big screen TV in the lounge on the second floor. People can watch a movie of their choice from a wide selection. For more information, call 6-3866.



### Other events

#### Dining facilities celebrate birthdays with dinner

Students who are having a birthday this month and are on subsistence in kind are invited to celebrate their birthdays on the Friday of their choice for dinner. Contact the cashier to pick up a birthday card registration form. Students can contact the dining facility manager/supervisor, or call 6-2080 for more information.



Photo 2nd Lt. Ellen Harr

## Watermelon hand-off

Airman 1st Class Jeremy Torres, Airman Greg Babcock, Airman Angela Johnson, Airman 1st Class Jonathan Tonk, Airman Victor Smith, Airman 1st Class Steven Kerlin and Airman Mitchell Jacobs, from the special activities team, present a watermelon from the Watermelon Festival in Terral, Okla., to Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander. The presentation is done every year after the SAT performs in the festival's parade.

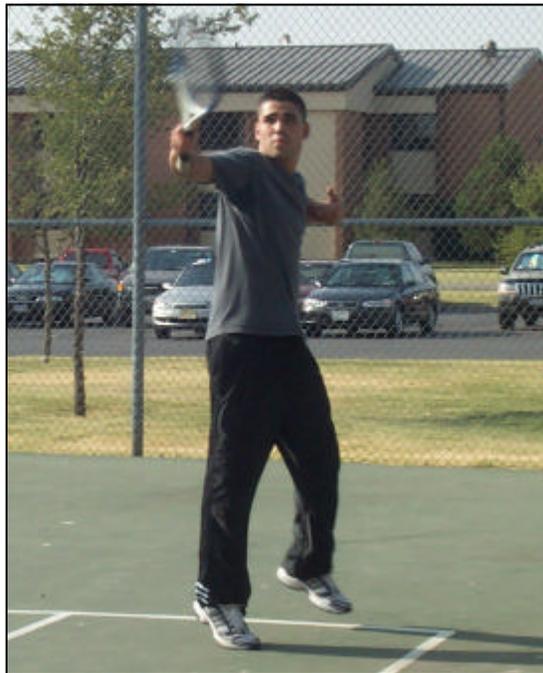


Photo by Airman Jacque Lickteig

## Love

Jon Paul Aubert returns a serve at the tennis courts in front of the south fitness center. The south fitness center offers other activities such as racquetball, weightlifting, aerobics classes and cardio equipment.

**For movie show times and general activities at Services facilities, see Sheppard Scenes on Page 16.**

## Airmen provide shady environment

**By Staff Sgt. Russell Wickes**

*455th Expeditionary Operations Group Public Affairs*

BAGRAM AIR BASE, Afghanistan — Six airmen from the 81st Expeditionary Fighter Squadron's ammunition flight say conditions are much better here since they constructed a wooden shelter to shade their work on the munitions pad.

"Our table has an aluminum cover and by regulations, it has to be grounded," said Master Sgt. Robert Byrd, the flight's chief. "Out here in the sun, the pad gets hot enough to bum you."

On this pad, Sergeant Byrd said they build munitions for A-10 Thunderbolt IIs here.

"Because we work with explosives, it's important the work environment be shaded," said Staff Sgt. Jerrad Oaks, the 81st EFS precision-guided munitions crew chief. "Not only is it hot, but the sun reflects off the surface and blinds you."

The airmen agree that working on explosives and having impaired vision is not a good combination.

"The unit here before us put up a tarp for the shade," said Sergeant Byrd, "but the excessive wind ... shredded that thing."

The airmen do not encounter problems like these at Spangdahlem Air Base, Germany, where they are stationed, because this work is done in a building, he said.

"Out here, there is no building; so we improvise," Sergeant Byrd said.

The team did not put a work order in to the civil engineers;



U.S. Air Force photo by Staff Sgt. Russell Wickes

**Staff Sgt. Eric Krueger cuts a plank for a shelter to shade the work area at Bagram air base, Afghanistan, where his team builds munitions. Krueger is munitions troop with the 81st Expeditionary Fighter Squadron's ammunition flight.**

they built it themselves.

Sergeant Byrd said he believes this new cover is well worth the materials and time put

into it.

"The shade will make it safer, more comfortable and result in a big morale boost," he said.

## Drugs, forgery lead to airman's conviction

KIRTLAND AIR FORCE BASE, N.M. — An airman received a bad conduct discharge, 20 months confinement and forfeit of all pay and allowances after being convicted of several crimes in a general court-martial here.

Airman Basic Joseph J. Loehr, of the 377th Medical Support Squadron, pleaded guilty to willfully disobeying a superior commissioned officer, wrongfully using cocaine, larceny and forgery. He chose to be tried by a military judge alone, and Col. Timothy Wilson found him guilty of all charges, according to 1st Lt. Jeremie Lip-ton, of the base's staff judge

advocate office.

Airman Loehr was originally investigated concerning his drug use after testing positive for cocaine during a unit sweep in September, the lieutenant said. While under investigation on that charge, government investigators uncovered evidence of his involvement in a larceny and forgery scheme involving another Kirtland airman.

Investigators discovered that after Airman Loehr learned that a civilian female friend, whom he had sponsored onto base, had stolen a book of checks from his dormitory suitemate, Airman

**See DRUGS, Page 11**

# Base public health gives mosquito-prevention tips

By Staff Sgt. Myron Thomas

*Base public health*

With Wichita Falls' rainy season upon us, mosquitoes will be out in full force.

In addition to their annoyances, mosquitoes can transmit diseases like St. Louis Encephalitis, Eastern and Western Encephalitis, West Nile Virus, and heartworms in dogs and cats.

Destroying mosquito-breeding sites is the best public health measure to help prevent these diseases.

Mosquitoes need water to develop. They lay eggs in old tires, tin cans, and other water-holding containers. The eggs may lay dormant for months until they are covered with water and then they hatch. If there are any places around your home where water collects, you may be raising mosquitoes.

There are ways to help eliminate mosquito-breeding sites:

- Avoid over-watering your yard.

- Get rid of tires, tin cans, bottles, jars, buckets, drums, and other containers outside. Keep them empty, turned upside down, or stored indoors.

- Repair leaky pipes and outside faucets.
- Change water in birdbaths twice weekly.
- Empty pet watering pans daily.
- Clean clogged roof gutters and drains.
- Twice a week, change the water and scrub vases holding flowers/cuttings.
- Fill holes in trees with sand/mortar or drain frequently.
- Stock ornamental ponds with mosquito-eating fish.

Mosquitoes need your help to prosper. Water left standing for just a few days can lead to mosquitoes.

Don't be a victim of your own negligence. Start your own anti-mosquito program now and maintain it throughout the season.

For more information, call the public health office at 6-5976.

# Health officials give food tips

By Tech. Sgt. John Fitzgerald

*Base public health*

Is it time to eat yet?

Have you ever heard that from your kids or your spouse?

Your answer majority of time is "in a minute."

Proper temperatures of food are an essential part of ensuring those family and friends are not made ill from improper cooking techniques. With the summer upon us, we have to be very careful while preparing those delicious dishes for our family and friends.

Here are a few helpful hints to assist in making all of the food safe for consumption and eliminate the chance of your friends and family becoming sick:

Use a calibrated meat thermometer. These can be bought in the commissary or your grocery stores on the economy. Make sure the thermometer is labeled for use in meat and poultry.

Check the internal temperature of cooked meat and chicken. Make sure the meat is cooked all the way through.

Cook roasts and steaks to at least 145 degrees and chicken to 180 degrees.

Cook ground meat to at

least 160 degrees. Don't eat ground beef that is still pink inside.

Cook eggs until the yolk and white are firm, not runny. Do not use recipes in which eggs remain raw or only partially cooked. Cook fish until it is opaque and flakes easily with a fork

Make sure there are no cold spots in food when cooking in a microwave oven.

For best results from microwave cooking, cover

food and rotate and stir.

Bring sauces, soups and gravy to a boil when reheating, heat leftovers thoroughly to at least 165 degrees

Now that you have finished cooking the foods to a proper temperature, you can legitimately say in a safe manner that the food will be ready "in a minute".

If there are any questions about food safety, please do not hesitate to contact the public health office at 6-5978.

## 101 Critical days of

# Summer

## Safety offices tells importance of tire maintenance

By Tech. Sgt. Jerry Crawford

*Base safety office*

Summer is in full swing and this often means long drives for vacation.

So have you checked one of the most important parts of your vehicle?

In fact it's the only one that actually touches the road – tires! Here are some tips for travelers prior to taking off on their journeys:

- Visually inspect your tires frequently. Look for any bubbles, cracks, deep cuts or under inflation. If you see any cords or wires showing through the tires, they need to be replaced.

- Always check tire pressure when the tires are cold; tire pressure increases with temperature. There's usually a guide as to how much pressure is needed in the door jam of the car.

- Look for uneven tread wear on your tires, this may be an indication that you need a front-end alignment or the tires are out of balance. Make sure you have enough tread on your tires by using a penny. Inset the penny into the tread depth, when the top of Lincoln's head is visible this means tires should be replaced.

Now that you're sure of the pressure and condition of your tires, it's time to take that road trip!

# Sergeant places third in national contest

**By 2nd Lt. Ellen Harr**

*Base public communication*

She's one of thousands of enlisted personnel at Sheppard, but when it comes to public speaking Tech. Sgt. Michaele Gordon placed third in a national public speaking contest.

In May of 2002, Sergeant Gordon, a single point manager in the 383rd Training Squadron, went to a meeting that transformed her professional life.

A fellow military member invited Sergeant Gordon to a meeting of the Wichita Falls chapter of the Business and Professional Women.

"I joined on the spot," Sergeant Gordon said. "In BPW, I got to be more assertive, more conscientious about where I'm going. Mostly, it made me realize that I was doing my job [well]. I go for what I want."

Sergeant Gordon said that her experiences with BPW helped her develop professionally. BPW is a national organization, that focuses on the professional and personal development of women, as well as finding solutions to women's problems. They take women from all walks of life and help them develop and get involved in the community, Sergeant Gordon

explained.

"It's a group of people who can help you in the future, set your goals and clarify where you want to go," added Sergeant Gordon.

BPW also conducts a course called the Individual Development Program. The 24 hours of instruction covers interviewing techniques, public speaking and other types of professional development.

The local BPW chapter sponsors IDP each January, and Midwestern State University offers Continuing Education Units to those who participate.

After IDP, Sergeant Gordon decided to compete in the district BPW speech competition. Her speech on women mentors in the workplace won the district competition in April, so Sergeant Gordon competed in the state contest in June.

After giving the top speech in the state competition, Sergeant Gordon was invited to compete on the national level. On July 16, with the support of 24 fellow Texans, Sergeant Gordon placed third at the national BPW convention in Cleveland.

Sergeant Gordon credits her success in the contest to self-confidence gained through BPW and the support from her local chapter. Sergeant Gor-

don said she valued meeting other BPW members at the convention even more than her third place award.

"I wouldn't change it (the experience) for anything. It was the best five days," Sergeant Gordon said.

Sergeant Gordon is also pleased she has the chance to give back to the community some of what BPW has given to her.

"Through BPW I started working with the local adult literacy program," Sergeant Gordon said.

"It helps you get involved in the community. You know people better and give something back, so you don't feel like you're just passing through as just another tour. You consider it 'my community' and think 'what can I do to give something back?' with as much as they've given to us."



Photo by 2nd Lt. Ellen Harr

**Tech. Sgt. Michaele Gordon, a single point manager in the 383rd Training Squadron, earned third place in a national public speaking contest. She spoke on the topic of women mentors in the workplace.**

# DRUGS

Continued from Page 7

Loehr helped her cover up the crime.

Airman Loehr then forged his suitemate's signature on 18 checks and cashed or deposited those in various bank accounts in the Albuquerque, N.M., area. Court records showed that he stole more than \$7,800 with the forged checks in one month.

During the period Airman Loehr stole this money, he purchased a television for his car, expensive clothes, a gold watch and made a \$200 down payment on a set of rims and tires for his car, Lipton said. He was eventually caught when his suitemate noticed unusual activity on his bank account.

After his squadron commander ordered him to remain restricted to base, Loehr left several times, Lieutenant Lipton said.

During the sentencing argument, defense attorneys por-

trayed Airman Loehr as a young, immature airman unable to make the right choices partly because of his desire to please the woman he was dating. They asked the military judge to forego a dishonorable discharge and lengthy confinement, arguing instead that he should be sent home to his family to foster his rehabilitation, Lieutenant Lipton said.

Government attorneys focused on his unwillingness to put anything above his own wants and desires, Lieutenant Lipton said. Emphasizing the calculated and deliberate nature of his crimes against another airman, the prosecution recommended a dishonorable discharge, between 24 and 30 months confinement and total forfeiture of pay and allowances, to which Wilson agreed.

In exchange for his guilty plea and because of his pretrial confinement, the convening authority agreed not to approve a sentence in excess of 20 months of confinement, Lieu-

tenant Lipton said.

Capt. Steve Kelso served as the case's circuit trial counsel. Capt. Tiffany Dawson served as assistant trial counsel.

"Loehr's actions strike at the very heart of good order and discipline," Captain Dawson said.

# CHANGE

## Continued from Page 3

increases in combat search and rescue and loses eight military and four civilian authorizations as a result of workforce shaping.

### Ohio:

Wright-Patterson AFB — The Air Force Institute of Technology gains 15 military and 73 civilian positions for increases to the Air Force in-resident graduate education program and loses two military and four civilian authorizations as a result of workforce shaping. The 338th Recruiting Squadron loses one military and one civilian authorization as a result of workforce shaping.

### Oklahoma:

Altus AFB — The 97th Air Mobility Wing gains 16 civilian positions for increases in the KC-135 inspection program. The 97th AMW loses 39 military and 32 civilian authorizations as a result of workforce shaping. The 97th Logistics Readiness Squadron loses four military positions as a result of Air Force-wide pick-up and delivery function reengineering. The 58th Airlift Squadron gains two military positions for increases in flying training workload.

Vance AFB — The 71st Operations Support Squadron gains one military position as a result of weather function reengineering. The 71st Flying Training Wing loses five military positions for reduced flying training workload and six military and eight civilian authorizations as a result of workforce shaping. The 71st Medical Group gains 14 military authorizations from medical annual planning and programming

guidance adjustments.

### Texas:

Fort Sam Houston — Detachment 1 of the 381st Training Squadron gains two military authorizations from medical annual planning and programming guidance adjustments.

Goodfellow AFB — The 17th Training Wing loses 14 military and 30 civilian authorizations as a result of workforce shaping.

Lackland AFB — The 59th Medical Wing gains five military and one civilian authorization from medical annual planning and programming guidance adjustments. The 37th Training Wing loses 28 military and 62 civilian authorizations, the Defense Language Institute loses nine military and 20 civilian authorizations, and the Inter-American Armed Forces Academy loses 28 military and five civilian authorizations as a result

workforce shaping.

Laughlin AFB — The 47th Flying Training Wing loses 44 T-37B aircraft and gains 37 T-6A aircraft resulting in a loss of 16 civilian positions. The airfield operations program realignment to Moody AFB, Ga. results in a loss of 12 military permanent party students in the 47th Operations Support Squadron. The 47th OSS gains one military position as a result of Weather Function Reengineering. The 47th FTW loses eight military and 20 civilian authorizations as a result of workforce reshaping. The 47th Medical Group loses one military and two civilian authorizations from medical annual planning and programming guidance adjustments.

Randolph AFB — Headquarters Air Education and Training Command loses 116 military and four civilian authorizations as a

result of management headquarters reductions. AETC field operating agencies lose eight military and 18 civilian authorizations as a result of workforce shaping. The 12th Flying Training Wing loses 10 T-37B aircraft. The 12th FTW loses eight military and 25 civilian authorizations and 19th Air Force loses one military authorization as a result of workforce shaping. The Air Force Recruiting Service loses 18 military and eight civilian authorizations as a result of workforce shaping. As a result of flying training workload adjustments, the 12th FTW gains 11 military positions. The 12th Civil Engineer Squadron gains seven civilian firefighters for T-6 aircraft beddown. The 12th Comptroller Squadron gains eight civilian positions to support increases in the Air Force centrally managed TDY-to-

school funds. The 12th Medical Group gains seven military and loses six civilian authorizations from medical annual planning and programming guidance adjustments.

Sheppard AFB — The 80th Flying Training Wing loses two military and one civilian authorization, and the 82nd Training Wing loses 62 military and 75 civilian authorizations as a result of workforce shaping.

### Utah:

Hill AFB — The 367th Training Support Squadron loses four military, the 372nd Recruiting Group loses two military and the 368th Recruiting Squadron loses one civilian authorization due to workforce reshaping.

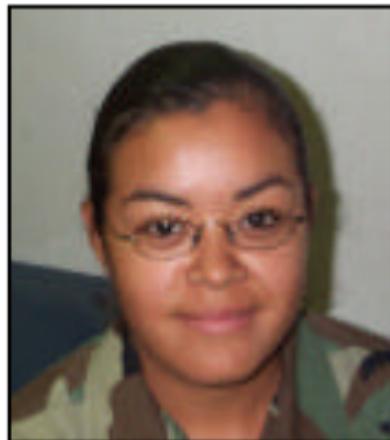
### Washington:

Fairchild AFB — The 336th Training Group gains two civilians for the Environmental Familiarization Lab.

# What do you do to beat the summer heat?



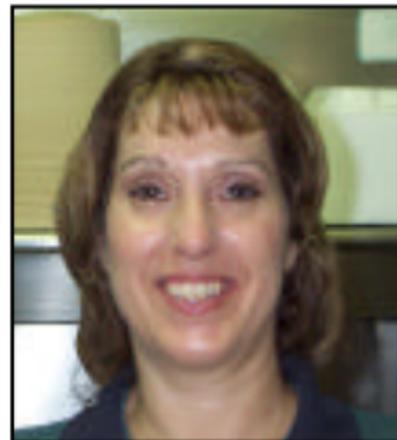
*"Sit inside in the air conditioning," 2nd Lt. Ben Smith, 80th Operational Support Squadron*



*"Drink a lot of water," Airman Basic Dania Gonzalez, 382nd Training Squadron*



*"I exercise at night," Airman Jason Pulido, 82nd Medical Operations Squadron*



*"Go get an ice cream," Ms. Sandra Jackson, AFEES Food Service*

## Promotions to major announced

Thirty Sheppard members have been selected for promotion to major.

Capt. Charles Ashmore, 361st Training Squadron, Capt. Steven Green, 362nd Training Squadron, Capt. Amy Haynes, 381st Training Squadron, Capt. Jeffrey Henderson, 382nd Training Squadron, Capt. Patrick Martinez, 382nd TRS, Capt. Erin Morris, 382nd TRS, Capt. Barbara Austen, 383rd Training Squadron, Capt. Katherine London, 383rd TRS, Capt. Karl Ogilvie, 82nd Aerospace Medicine Squadron, Capt. David Berthe, 82nd Medical Operations Squadron, Capt. Nicole Ogburn, 82nd MDOS, Capt. Robert Sharples, 82nd Mission

Support Group, Capt. Matthew Gamblin, 86th Maintenance Group, are 82nd Training Wing members who have been selected for promotion to major.

Capt. Craig McCarty, 90th Flying Training Squadron, Capt. Robert Foster, 88th Flying Training Squadron, Capt. Nathan Niederhauser, 90th FTS, Capt. Michael Whyte, 88th FTS, Capt. John Breuker, 80th Operations Group, Capt. David Toogood, 80th OG, Capt. Scottie Zamzow, 80th OG, Capt. Christopher Rachael, 88th FTS, Capt. Benjamin Phillips, 89 Flying Training Squadron, Capt. Paul Perkins, 88th FTS, Capt. Michael Malone, 89th FTS, Capt. Albert Edwards,

88th FTS, Capt. Sean Long, 88th FTS, Capt. Matthew Johnston, 90th FTS, Capt. Brian Hazel, 90th FTS, Capt. Ki Jackson, 88th FTS, Capt. Brent Brockinton, 88th FTS, are 80th Flying Training Wing members who have been selected for promotion to major.

## *Civilian promotions announced*

Five Sheppard civilian workers moved up in rank recently.

Mr. Philip Jackson, 82nd Mission Support Group, was promoted to GS-12 June 25.

Mr. Phil Smith, 80th Operations Support Squadron, stepped up to GS-11 Tuesday.

Mr. William Turner, 373rd Training Squadron, Det. 6, moved up to GS-9 Tuesday.

Ms. Cheryl Clemons, Office of Special Investigations, was promoted to GS-6 Tuesday.

Mr. Anthony Jett, 82nd Mission Support Squadron, gained the rank of GS-9 Tuesday.

# Sheppard Spotlight: 15 lines of fame

1. **Name:** Helen Hamilton
2. **Rank:** GS-07
3. **Organization and position:** 82nd Services Division, budget assistant
4. **Hometown:** Sumter, S.C.
5. **Married or single (include your family if you'd like):** Single.
6. **Hobbies/Favorite thing(s) to do in your free time:** Travel and read.
7. **Funniest childhood memory:** I grew up on a farm, and many events happened but would not be suitable to put in print.
8. **Why did you join the Air Force?** Husband was military.
9. **Why do you stay in the Air Force?** n/a
10. **Date Arrived at Sheppard:** Started work October 1986.
11. **Most rewarding aspect of your job:** Dealing with people from all areas of the base.
12. **Favorite book or movie:** "Thorn Birds"
13. **What is your dream vacation?** Las Vegas
14. **If you could be anyone for one day, who would you be?**  
A pilot with the Thunderbirds.
15. **Most prized possession:** Two daughters: Donna—third year at Texas Tech working for a doctorate degree in chemistry. Kathy—executive assistant at a large medical corporation in Dallas.



Ms. Helen Hamilton

To place an ad in *The Sheppard Senator*, call 761-5151.

## General activities

### Ceramics shop open for summer hours

The ceramics shop is open for summer hours. All the materials needed to start creative projects are available.

More than 2,500 craft projects are available for free lessons with a variety of paints, glazes and supplies. The ceramics shop is located in Bldg. 832, the Health and Wellness Center building.

Summer hours of operation are Wednesday-Friday from 11 a.m. to 8 p.m., Saturday from 10 a.m. to 5 p.m., and Sunday from noon to 5 p.m. For more information, call 855-0118.

## Club activities

### Officers club has daily lunch specials

The officers club has daily lunch specials Monday through Friday. Cost is \$5.95 for members and \$7.95 for non-members. Membership pays!

On Mondays, they serve a country lunch. Tuesday is Italian. Wednesday is Texas style. Thursday is Mexican, and Friday is seafood. Call the officers club at 6-6460 for more information.

### Enlisted club offers darts, cards, dominoes

The enlisted club offers a variety of activities every day. Darts, cards, dominoes and pool are available every day. Also, a video game system is available every night to play in the sports bar. For more information, call 6-2083.

### Lake Texoma to host boat race

Lake Texoma is scheduled to host a boat race Saturday beginning at 1:30 p.m. Call (903)-523-4613 for more information.

### Enlisted club to have wings, shrimp special

The enlisted club is scheduled to have a wings and shrimp special Wednesday for members only from 5:30 p.m. to 7:30 p.m. For more information, call 6-2083.



### Officers club to host two-for-one sirloin night

The officers club will host a two-for-one sirloin night Aug. 8 for members only from 5:30 p.m. to 8:30 p.m. Price is \$9.95. Call 6-6460 for more information.

### Enlisted club to hold Latin night

The enlisted club is scheduled to hold a Latin night Aug. 9 from 9 p.m. to 1 a.m. Call 6-2083 for more information.

### Lake Texoma to host sand castle contest

Lake Texoma will hold a sand castle-building contest Aug. 9 beginning at 10

a.m. For more information, call (903)-523-4613.

### Missoula Children's Theater to hold auditions

The Missoula Children's Theater is scheduled to hold auditions for a production of Hansel and Gretel Aug. 11 at the community center. Registration ends Ends Wednesday. For more information, call 6-3866.



### Enlisted club to host boss, buddy night

The enlisted club is scheduled to host a boss and buddy night Aug. 13 from 4:30 p.m. to 6:30 p.m. For more information, call 6-2083.

### Officers club to serve Mongolian barbecue

The officers club is scheduled to serve Mongolian barbecue Aug. 14 from 5:30 p.m. to 8 p.m. All ranks are welcome. Cost is \$4.45 per ounce for beef, chicken or pork. Call 6-6460 for more information.

### Officers club to have prime, wine night

The officers club is scheduled to have a prime and wine night Aug. 15 from 5:30 p.m. to 9 p.m. for members only. Cost is \$16.95 per person. For more information, 6-6460.

### Enlisted club to hold varitey night

The enlisted club is scheduled to host a variety night Aug. 16 from 8 p.m. to 2 a.m. For more information, call 6-2083.

### Officers club to host family night at the Capehart

The officers club will host a family night Aug. 21 from 5:30 p.m. to 8:30 p.m. There will be an hot dog and hamburger menu and games and prizes afterward. Cost is \$5.95 for members, \$8.95 for nonmembers, \$2.95 for children ages 6 to 12, free for children age 5 and under. For more information, call 6-6460.



### Upcoming trips, show ITT planning upcoming trips in August

ITT offers tickets and tours to local and surrounding attractions. Call 6-6210 for more information about any of these trips.

**Back-to-school shopping** - Visit the Parks Mall, Lincoln Square in Arlington and Grapevine Mills. Cost is \$23 per person. Register by Aug. 4.

## At the Flicks

**Today 6:30 p.m.**  
Alex & Emma  
**Today 9 p.m.**  
The Hulk  
**Saturday 2 p.m.**  
Justin to Kelly  
**Saturday 4:30 p.m.**  
Alex & Emma

**Saturday 7 p.m.**  
The Hulk  
**Sunday 2 p.m.**  
Justin to Kelly  
**Sunday 4:30 p.m.**  
The Hulk  
**Thursday 6:30 p.m.**  
The Hulk

**This schedule is subject to change without notice.**  
For movie information, call 6-4427.

**Alex & Emma (PG-13)** - Luke Wilson, Kate Hudson - Kate is hired to help Alex complete his novel. His novel is stuck in his head, but he can't get it down on paper and if he doesn't hand his publisher a finished book fast, he's a dead man.

**The Hulk (PG-13)** - Eric Bana, Jennifer Connelly - In this adaptation of the long-running Marvel comic "The Incredible Hulk", research scientist Dr. Bruce

Ganner's failed experiments cause him to mutate into a monstrously powerful and savage green-skinned behemoth whenever he loses control of his emotions.

**Justin to Kelly (PG)** - Kelly Clarkson, Justin Guarini - Spring break in Miami is the scene. It's the perfect time and place for three young women from Texas and a trio of college guys from Pennsylvania to find adventure and maybe even fall in love.

## Chapel Schedule

### Student programs

Tuesday, 11 a.m. and 4:15 p.m., chapel rope meeting, north chapel

Saturday, 4 p.m., Solid Rock Cafe, south chapel

Saturday, 4 p.m., Marriage Group, south chapel

Sunday, 5 p.m., Sunday Evening Gathering, north chapel

### Catholic activities

#### Mass

Saturday, 5 p.m., confessions at 4 p.m., north chapel

Sunday, 9 a.m., north chapel

Sunday, noon, north chapel

Mon.-Fri., 11:30 a.m., north chapel

### Reconciliation

Saturday, 4-4:30 p.m., north chapel

### Protestant activities

#### Worship services

Sunday, 10:30 a.m., Inspirational Gospel Service, south chapel

Sunday, 10:30 a.m. Protestant Community Service, north chapel

Sunday, 10:30 a.m. Protestant Holy Communion Service, hospital chapel

### Religious education

Sunday, 9 a.m., classes for ages 3 to adult, Bldg. 962

### Bible studies

Tuesday, 6 p.m., Protestant Bible Study, south chapel

Thursday, noon, Protestant Bible Study, south chapel

Thursday, 7 p.m., Protestant Women of the Chapel, Bldg. 962

Saturday, 6:30 a.m., Protestant Men of the Chapel, south chapel

Second Saturday of month, 8 a.m., Protestant Men of Chapel breakfast

### Lay-led faith groups

Islamic activities, Friday, 1:45 p.m., south chapel

Jewish activities, call Maxine Simpson, House of Jacob Synagogue at 322-4177

Latter Day Saints, Sunday, 2 p.m., hospital chapel

Mystic Grove Pagan Study Group, call 6-4370 for information.

Buddhist activities, call 6-4370.

**For more information, call the base chapel at 6-4370**

# Centennial of flight: This week in air and space history

**August 1914** – World War I breaks out and the world gets its first glimpse of the use of aircraft in war.

**Aug. 1, 1910** – James McCurdy transmitted the first wireless message from an airplane at Sheepshead Bay, N.Y.

**Aug. 1, 1911** – Harriet Quimby becomes the first American woman to earn an international pilots license with the Federation Aeronautic Internationale.

**Aug. 1, 1929** – The first jet-assisted airplane takeoff was recorded.

**Aug. 2, 1819** – The first parachute jump was recorded in the United States.

**Aug. 2, 1909** – The Wright brothers deliver the first of



many Wright Fliers to the U.S. Army.

**Aug. 3, 1904** – Capt. Thomas Baldwin completes the first circuit flight in a balloon at Oakland, Calif.

**Aug. 4, 1181** – A supernova is seen by Chinese and Japanese astronomers in Cassiopeia.

**Aug. 5, 1975** – John Manke landed NASA's X-24B, prov-

ing that shuttle-like vehicles could land without power upon return from orbit.

**Aug. 6, 1945** – The B-29 bomber "Enola Gay," piloted by Col. Paul Tibbets, drops the

first atomic bomb on Hiroshima, Japan. A second bomb would be dropped days later on Nagasaki.

**Aug. 6, 1946** – Two crewless B-17 bombers are flown from

Hilo, Hawaii, to Muroc Lake, Calif. The aircraft were flown entirely by radio.

**Aug. 7, 1976** – The Viking 2 satellite goes into orbit around Mars.

# Airman tells deployment story

**By Airman Jacque Lickteig**

*Base public communication*

A sense of urgency due to short notice, uncertainty and fear are the feelings a Sheppard airman encountered when she found out she was getting deployed.

But, Airman Nicole Lickteig, a fitness specialist at the north fitness center, managed to work through her anxieties and lived through deployment experiences at three locations that weren't as intimidating as she expected.

Airman Keys was informed Feb. 12 that she was to be deployed Feb. 19.

"When I first found out I was getting deployed, I was a little scared and shocked because I only had a week to prepare, and I didn't know what the near future held," she said.

She worked through her fears by talking to Airman Brad Coddington, 82nd Services Division, who was also deploying. She said he was excited about the deployment, and his excitement wore off on her.

Airman Keys spent 38 days at a location close to the border of Iraq, 52 days at a location in Doha, Qatar and about 30 days at another location near Doha, Qatar.

She said her favorite was the first location in Doha. She met many different people, and she also saw a few people she hadn't seen since technical school.

She developed close friendships with many people during her deployment.

"It's surprising how close people got to one another in such a short period of time. When people are far from home in an unfamiliar place, they seem to become more emotionally attached to others," she said.

During her free time, she took advantage of the camps' recreational areas. She said the second camp's recreational area had two palm trees outside, gazebo-style bars, ping pong tables, billiard tables, phones, computers, foosball, board games, a movie room and a TV room.

She said the camp also had a

full-sized gym with lavish equipment, two swimming pools, a library and a sand volleyball court.

The weekend before July 4, Airman Keys said she was able to enjoy a free USO show at the camp. Nappy Roots, Leeann Tweeden, Kid Rock, the Dallas Cowboy cheerleaders, Brittany Murphy and others performed for troops in Iraq.

"The event was really fun," she said. "Kid Rock puts on a great show."

Airman Keys also took part in a morale trip to downtown Doha. She said the weather was hot, but the scenery was beautiful. It was extravagantly decorated, and the grass near the ocean was a deep hue of green.

In Doha, she and her friends went to an Arabian restaurant. The people in the restaurant stared at her strangely, and she didn't know why until she realized she walked into a male-only establishment. The employees let her stay there to eat, but they seated her and her friends in the back corner.

The deployment wasn't all fun and games, though. But, she kept a positive attitude through it all.

She worked 12-hour shifts, and the job had a much faster pace. She said she appreciates the great job experience she gained.

The reality of events at home found its way to the sands of the Middle East. Airman Keys received a letter informing her that her grandmother passed away. Her outlook on it showed her dedication to her country.

"I was upset because I couldn't be there for my family, but I know I had an obligation to fulfill," she said. "I had to help accomplish the mission."

Sometime in the week after July 4, Airman Keys was told the deployment was over about two weeks earlier than scheduled. It was time to go back home.

She said she was somewhat upset about leaving early because she wanted to finish the six-month tour. But when it sank in that she was going home, her disappointment turned into anticipation.

Airman Keys said she was extremely happy when she set foot on American soil again. But, considering everything she experienced, she would do it all over again if given the chance.

# Flagpole globe mystery evokes speculation

**By Airman Jacque Lickteig**

*Base public communication*

Legend has it that there are three items in the globe on top of the base flagpole at every military installation.

Supposedly, there is a razor-blade, a match and a bullet.

If a base is attacked, and there is only one person from the base left, he is supposed to separate the union from the flag with the blade, burn it with the match and use the bullet as a means to end his own life, said Staff Sgt. Erin Pitchford, head of the base honor guard.

Countless hours of research produced no documentation to

confirm the truth in the legend.

Various versions of the legend can be found in some urban legend books, such as "The Truth Never Stands in the Way of a Good Story," by Mr. Jan Harold Brunvand, urban legend researcher.

However, when workers moved The Citadel's parade ground flagpole in December 1997, they found the items inside the globe just as the legend suggests, according to [www.citadel.edu](http://www.citadel.edu).

But proving the items are in Sheppard's base flagpole lies in scaling the pole and discovering the truth.



### Daily Programming

Sheppard Today ~ 6 a.m., noon, 5 p.m.  
 Air Force News ~ 6:30 a.m., 12:30 p.m., 5:30 p.m.  
 Navy/Marine News ~ 8 a.m., 2 p.m., 7 p.m.  
 Army News ~ 8:30 a.m., 2:30 p.m., 7:30 p.m.

Programming runs 24 hours on **TSTV Channel 14**.  
 Check out the detailed schedule at  
[www.sheppard.af.mil/82trwpa](http://www.sheppard.af.mil/82trwpa).

### Today

**4:30 a.m.** - Susie Luchsinger: Prayer Break  
 fast speaker  
**11:30 a.m.** - Air Force Escape and Evasion  
 Society presents: Frank Shaeffer  
**6 p.m.** - Lunch and Learn: *Liz Miller on Time  
 Management*

### Saturday

**7 a.m.** - Sound of Freedom: The Berlin Airlift  
**4 p.m.** - AFEES presents: *Mr. O.V. Roskey*  
**8 p.m.** - Safety Hour: Shopping for Safety

### Sunday

**9 a.m.** - Leadership Breakfast: *Mr. Jim Hale  
 on Relationships*  
**9:30 p.m.** - Lunch and Learn: *Mr. John  
 Bridgman on Priorities and Leadership for  
 Success*  
**10:30 p.m.** - Leadership Breakfast: *Lt. Col.  
 Richard Schwing on Passion*

### Monday

**4:30 a.m.** - Susie Luchsinger: Prayer Break-

fast speaker

**10:35 a.m.** - Safety Hour: Car Crash Physics  
**11:30 p.m.** - Doolittle

### Tuesday

**2 a.m.** - C and I Hall of Fame  
**7 a.m.** - Sound of Freedom: The Berlin Airlift  
**1 p.m.** - AFEES presents: *Mrs. Rosalie and  
 Mr. Thomas Schantz*

### Wednesday

**5:30 a.m.** - AFEES presents: *Mr. Robert  
 Davey*  
**9 a.m.** - Leadership Breakfast: *Mr. Jim Hale  
 on Relationships*  
**3 p.m.** - Enlisted commissioning opportunities

### Thursday

**10 a.m.** - Major Johnson: Take your child to  
 work day  
**1 p.m.** - AFEES presents: *Mrs. Rosalie and  
 Mr. Thomas Schantz*  
**4:30 p.m.** - AFEES presents: *Mr. Leecroy  
 Clifton*

**For a listing of upcoming movies and show times at  
 the base theater, turn to page 16.**

Don't drink and drive. Call Airman  
 Against Drunk Driving at 6-AADD.

## Fitness center offers classes

The aerobiccenter, located in the south fitness center, offers coed aerobics classes seven days a week. Call 6-2972 for more information.

### Abdominal class

Monday, Wednesday and Friday at 11 a.m.  
Monday-Friday  
at 8 p.m.



### Aerobics

Monday at  
7:15 a.m.

### Step aerobics

Tuesday and  
Thursday at  
5:30 a.m.

### Body pump

Tuesday and Thursday at 9:15 a.m.  
Thursday and Saturday at 11:30 a.m.



### Yoga and pilates

Monday and  
Wednesday at  
10:15 a.m.  
Wednesday  
at 5 p.m.  
Thursday at 6  
p.m. Saturday  
at 3 p.m.

### Basic step

Monday, Wednesday  
and Friday at 7 p.m.,  
Sunday at 2 p.m.



### Intermediate step

Saturday at 10:15 a.m.,  
Wednesday at 6 p.m.

### Advanced step

Monday, Tuesday 5 p.m.

### Combo step

Monday, Wednesday and Friday at  
11:30 a.m.

### Kickboxing

Tuesday and Thursday at 7 p.m.  
Sunday at 3 p.m.

### Step/Floor

Monday, Wednesday and  
Friday at 9:15 a.m.

### Spinning

Tuesday and  
Thursday at  
11:30 a.m.  
Monday through  
Friday at 4:30  
p.m.  
Monday at 7  
p.m.



## Base pool schedule

Base pool passes are on sale at Bldg. 2117. Passes for individuals: \$35. Family passes: \$65. Daily fees are \$2 per person for ages 16 and older, \$1 per person for ages 4-15. Call 6-4141 for more information.

For more information, call 6-4161.

### Capehart pool

Saturday - Wednesday - noon  
- 7:45 p.m.

Thursdays and Fridays -  
closed

For more  
information,  
call 6-4281.

### Main pool

Monday - Friday - 7:45  
p.m.

Saturday and  
Sunday -  
noon - 7:45  
p.m.

North closed  
Tuesdays

South closed  
Thursdays

For more  
information, call 6-6494.



### Water aerobics:

Monday,  
Wednesday and Friday -  
noon, 5 and  
6:15 p.m. at  
main pool  
Call 6-7491

for start dates.

### Bunker Hill water park

Thursday - Tuesday - noon -  
7:45 p.m.  
Wednesdays - closed

### Lap swimming:

Now - Sept. 26, Monday - Fri-  
day - 10:30 a.m. - 12:45 p.m.  
at main pool

## Sports Shorts

### North lanes to rock, bowl Friday, Saturday nights

A glow-in-the-dark Rock It Bowl takes place every Friday and Saturday night from 5-11 p.m. at the north lanes. For more information, call 6-4806.



### Fast-lanes Bowling underway at south lanes

Base bowling center customers have the opportunity to participate in a "Scratch 'n Win" game until Aug. 14. Call 6-2170 for more information.

### South bowling lanes to host no tap tournament

The south bowling lanes will host a no tap tournament Aug. 9 beginning at 7 p.m. Cost is \$13 per person. For more information, call 6-2170.

### South fitness center holds return to fitness classes

The south fitness center holds classes for those who are returning to fitness after surgery or a lengthy illness. The class is also for those who



haven't exercised and would like to start slowly. The exercises are done with dumbbells, elastic bands and exercise tubes. The classes are held Monday, Wednesday and Friday from 8:15 a.m. to 9 a.m. For more information, call 6-2972.

### Skeet range offers skeet lessons

Skeet lessons are available at the trap and skeet range. Beginners to advanced shooters are welcome.



Experienced range attendants are on hand. For more information, call 6-4141.

### Registration for youth sports opens

The Madrigal Youth Center is holding registration for youth sports such as soccer, football and cheerleading. For more information, call 6-2342.



Photo by Airman Jacque Lickteig

## Hoop it up

Otis Booker, member of the 363rd Training Squadron three-man basketball team, shoots for a lay-up in the student 3-on-3 basketball tournament. His team won the tournament.

Have a fitness goal? Check out the north or south fitness centers. They've got the equipment and the know-how to get you closer to your goals.

# AETC to bring on softball tournament

The Air Education and Training Command is scheduled to have a slow pitch softball tournament at Lackland Air Force Base, Texas, Sept. 5 and 6.

This year's competition will feature both men and women's teams.

"This will be the first time in 13 years AETC has had a true championship with both men's and women's teams competing for the prize. We are really excited," said Steve Reichert, the 2003 AETC Softball Tournament director.

In last year's modified format, Tyndall Air Force Base, Fla., defeated Randolph Air Force Base, Texas, 12-8 in the title game.

"This is a great opportunity for the men and women of the AETC to represent their corresponding bases in a friendly competition, all the while promoting the Air Force's increased emphasis on fitness as a critical element of readiness," said Adam Vaccarezza, AETC sports and fitness officer.

For further information about the tournament, contact the south fitness center at 6-2972.



Photo by Airman Jacque Lickteig

## ***Bulkin' the biceps***

**Grant Love, from the 362nd Training Squadron, works his biceps at the south fitness center. The south fitness center is open 24 hours a day, seven days a week.**

**Your sports story could go here. Submit ideas and stories to sheppard senator@sheppard.af.mil the Friday before your desired issue date.**

**Get on the ball. Support Team Sheppard sports.**