

The SHEPPARD SENATOR

Sheppard Air Force Base, Texas, home of the 82nd Training Wing and 80th Flying Training Wing

In the news

Water project almost complete, base residents asked to conserve

A \$1.2 million project that will allow Sheppard to receive water from the Puckett Tower, just west of Capehart housing, is nearing completion.

82nd Civil Engineer officials are asking residents to conserve water Saturday and Sunday. Temporary restrictions include the curtailment of watering lawns and washing cars.

It is also recommended that residents wash clothes on Friday or Monday (the Columbus Day holiday) and not during the conservation period.

This weekend, the base will not be connected to the city water supply and will only receive water from the installation's storage tanks. Your efforts to conserve water will be necessary to support this project.

Air Force NASCAR coming to Sheppard

The Air Force-sponsored NASCAR will make a visit to Sheppard Sunday.

For more information about times and places, see page 23.

Fine Dining canceled

The fine dining at the officers club scheduled for Oct. 11 is cancelled in order to better support, Lobster Bake fundraiser for the CFC.

The fine dining will be rescheduled for a later date.

For Lobster Bake information, see page 20.

A crystal ball

80th, 82nd students to get close up of follow on without leaving base

By Mr. John Ingle

Base public communication

If everyone knew what they were getting into before they got into it, things might work a little smoother – at least that's the perception of the 80th Flying Training Wing and the reason behind Combat Air Force Day Oct. 17.

The event, in its second year, is designed to give student pilots an opportunity to get up close and personal with some of the airframes that will become part of their lives in the next several months or year.

Maj. David Schmidt, project officer for CAF Day, said the 180 to 200-student pilots who graduate annually from the Euro-NATO Joint Jet Pilot Training program will now be able to talk with pilots of a B-52, F-15C, A-10, F-16, T-6, T-38C, F-4 and Tornado before filling out their wish list.

For example, if a pilot flew in from Langley Air Force Base, Va., to have a F-15C on display, the pilot would share information such as frequency of deployments and temporary duty assignments. Students could also find out specifics of the aircraft.

"They get an idea of 'what am I going to be doing?'" Major Schmidt said. "We are looking to educate the (students) as much as we can (so they can) make an informed decision when it comes time to fill out dream sheets."

Major Schmidt said CAF Day is an initiative by 80th FTW commander Col. H.D. "Jake" Polumbo and 80th Operations Group commander Col. Johannes Hassenewert.

Getting to know some of the intricacies of the airframes could have an affect on how the students rank the aircraft on their wish lists, the major



Photos by Mr. T.R. Steele

Sheppard students will be able to check out airframes Oct. 17 that will be part of their future during Combat Air Force Day 2003 at the 80th Flying Training Wing. Above, Capt. Toby Bralier from Luke Air Force Base, Ariz., show Felix Kleppstoe, 6, the instruments of a F-16 during last year's event. Right, a P-47 Thunderbolt and A-10 Thunderbolt II performed a Heritage Flight last year.

said.

In addition to students visiting with pilots of the airframes present at CAF Day, the major said a B-1 and B-2 pilot would be available for capability briefings. The two bombers weren't able to attend the event due to mission requirements.

Students from the 82nd Training Wing are also invited to attend the one-day event, Major Schmidt said.

Crew chief students will be able to see first-hand what a functional fighter or bomber looks like up close. Armament students will be able to see the massive Gatling Gun mounted on



the nose of an A-10 Warthog that might have been used in Operation Iraqi Freedom.

Sheppard civilians and dependents are also allowed to attend the show.

Major Schmidt said it's important for family members to attend because the decision a pilot makes regarding his or her future aircraft will have a direct affect on the entire family.

Capability briefings will begin at about 7 a.m. for ENJJPT students only. The flight line will be open from 1 to 5 p.m. for visitors.



Team Sheppard Training 2003



82nd Training Wing: 61,491 students trained to replenish America's combat capability
80th Flying Training Wing: 154 combat pilots trained for the NATO Alliance





Photo by Mr. Lynn Bullard

Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander, presents the 82nd TRW Star Award to Mr. Donnie Manos for mentoring a student who wants to become a pilot.

Action Line 6-2000, action.line@sheppard.af.mil

The 82nd Training Wing's Action Line is your direct line to me for any concerns and suggestions you have.

I am personally involved in every reply, and I am committed to making Sheppard Air Force Base a better place to live, work and play.

Before you call the Action Line, however, I ask that you give your chain of command or other base agencies an opportunity to work your concerns. If you still do not receive a satisfactory response, call me at 6-2000, or send an e-mail to

action.line@sheppard.af.mil. Please include your name and telephone number.

Those concerns with a wide impact at Sheppard may be published in *The Sheppard Senator*.

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Commander tells plans for new year

By Brig. Gen. Arthur Rooney Jr.
82nd Training Wing commander

When you're in a leadership position, questions often asked include, "What is your leadership philosophy," and "What keeps you up at night?" It seems that every interviewer somehow remembers to ask one or both of these questions.

From previous commentaries I have written in the Senator, you can probably deduce that I'm an avid reader of books on leadership, especially in the business environment. You probably also could guess that my priorities are on our training mission and family. As the new fiscal year begins, I thought it would be helpful to outline my decision-making philosophy and priorities for the up-coming fiscal year.

The primary consideration I have with any decision I make is the health and welfare of our airmen. If there's something I can do that will improve the quality of life of those who live and train at Sheppard, I'll do it. Take for example, the huge boom in new construction we've had at Sheppard.

Soon, we'll begin building a coffee house adjoining the library, along with renovating the library itself. A new gym (and new workout equipment for the current fitness centers), classroom renovations, front gate and dorms are all in the works to make life better for military members serving at Sheppard. But the improvement isn't only buildings.

The hospital has implemented a variety of programs aimed at providing better care for students and permanent party. They've got a nurse "call-back" service, online appointments and health information, all aimed at keeping you and your family well. Our services division is constantly devising new events and programs to entertain and enliven your free time. Intramural sports are in full swing — so come out and exercise!

"The primary consideration I have with any decision I make is the health and welfare of our airmen. If there's something I can do that will improve the quality of life for those who live and train at Sheppard, I'll do it," – Brig. Gen. Arthur Rooney Jr.

Looking out for the best interests of Sheppard's people is another consideration that has my intense personal attention. That's why we started courses on personal finance and auto buying, among others, at the learning and development center. I believe that by giving our people the skills needed to navigate today's tough financial waters, we'll save people money and heartache.

Anything I can do to train our airmen faster, better, or

more efficiently is another task I take as a priority. Our mission is to prepare the future of America's Air Force, and there's no time to waste. We're leveraging technology, working long shifts, and revamping our programs to train the best technical students possible.

There isn't one place on base that hasn't been touched by this philosophy. In personnel, they've been working to reduce the amount of time it takes to get orders, start training, or PCS to your next duty station after training. Some squadrons are training 24 hours a day to keep up with demand on their career field. When programs cross my desk, the question I first ask is, "How will this help train airmen better, faster, or more efficiently?"

What else do I think about at night: The safety of Team Sheppard. It's that simple. Whether it's vehicle accidents or on-the-job related injuries, each time one of our airmen is affected it bothers me. I'll continue to focus on how I can help maintain safe working conditions and protect our airmen on and off-duty.

I hope that by letting you know what I'm focused on for the new fiscal year, you'll know better what you should be focused on. As you go about your day and look at the problems on your desk think about it: What is your philosophy? What keeps you up at night?

I hope that you'll keep these principles in mind when making up your priorities for the next fiscal year. Together, we'll continue on this journey of safety, efficiency, quality-of-life, and improvement.



Published by the Times Publishing Company of Wichita Falls, Texas, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 82nd Training Wing.

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Content is edited and prepared by the 82nd TRW public communication office. Copy deadline is noon Friday the week before publication. All photos are U.S. Air Force photos unless otherwise credited. E-mail submissions to SheppardSenator@sheppard.af.mil 82nd TRW/PA, 419 G Ave., Ste. 3, Sheppard AFB, Texas 76311-2943.

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Gone country: Sheppard to host another C & W singer Oct. 24

Sheppard will host a second Country & Western singer in as many months when Ms. Miranda Lambert takes to the stage Oct. 24.

The concert will be held outside on "The Mall," the area between Avenue D and Avenue C near Fifth Avenue.

Ms. Lambert has been singing most of her life, but began pursuing music as a career in April of 2000 when she entered the Tru-Value Talent Search. She performed two original songs and placed as a finalist.

She also received the audience participation award. It was then that she decided the stage was the place for her. She then attended a music seminar in Nashville, Tenn., in June 2000 and was showcased in Nashville's famed "Printer's Alley" four times during the seminar.

Ms. Lambert was also featured numerous times on the

Johnnie High Country Music Review in Arlington, Texas.

In late summer 2000, Ms. Lambert headed to Nashville to cut her first CD of original songs. She learned guitar and began writing her own material.

In November 2000, she was chosen to attend a talent expo, MB EXPO, in Dallas. This expo showcased 300 people for acting, modeling and singing.

Ms. Lambert was chosen as one of 12 to perform in the final evening showcase. With more than 30 talent scouts included Disney, Kim Dawson Model and Talent and Sony Music Nashville in the audience, Ms. Lambert received one of the largest "call back" sheets of the program with 18.

She subsequently signed on with the Kim Dawson Agency in Dallas.

In the spring of 2001, Ms. Lambert was named first runner-up for the young Tammy Wynette for the Ryman Audito-

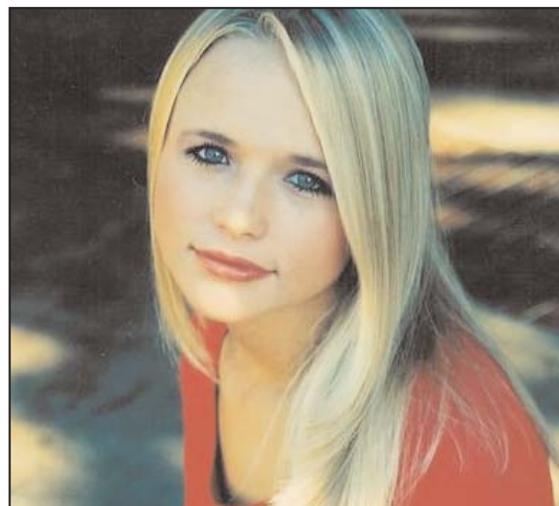
rium's Broadway musical "Stand By Your Man-The Tammy Wynette Story."

She then formed Texas Pride Band and began playing on the Texas Music Circuit. She opened for Willie Nelson, Jack Ingram, Cory Morrow, Robert Earl Keen, Cooder Graw, Roger Creager, Django Walker, Rusty Weir and many others.

She released her first album "Miranda Lambert", in September 2001; her first single debuted on Texas Music Charts in November 2001.

"Texas Pride" stayed on the chart for three months. In February 2002, Ms. Lambert released her second single "Somebody Else" which was on the Texas Music Chart for 15 weeks.

Most recently, she qualified as a finalist for USA Network's Nashville Star series. She maintained her position throughout the series and finished in the top 3 out of 8,000.



Ms. Miranda Lambert will make her first stop at Sheppard Oct. 24 to perform for the troops. The young Country & Western singer has been recognized by several talent competitions and has been touring with the Texas Pride Band since 2001. Ms. Lambert has released two albums in the last few years with a couple songs making it on to the Texas Music Chart for 15 weeks.

DoD consolidates pharmacy program, improving access to the retail pharmacy benefit

By Sgt. 1st Class Doug Sample

America Force Press Service

WASHINGTON — Uniformed services personnel, retirees and family members will soon experience the benefits of a new retail pharmacy contract, according to Pentagon health affairs officials.

Dr. William Winkenwerder, assistant secretary of defense for health affairs, announced Sept. 26 that DoD's Tricare Management Activity signed a contract with Express Scripts Inc. to manage its retail pharmacy program.

The Maryland Heights, Mo., based company is one of the largest pharmacy benefits management companies in the United States, and manages DoD's Tricare mail-order pharmacy as well.

The new contract with Express Scripts will consolidate DoD's retail pharmacy program into a single national program, Doctor Winkenwerder said,

allowing beneficiaries to get prescriptions filled throughout the United States, the District of Columbia, Guam, Puerto Rico and the U.S. Virgin Islands at some 55,000 local retail pharmacies.

"This will make it easier for beneficiaries to get their prescriptions across the United States irrespective of where they live," he said. "It will improve customer satisfaction, and it will save money for the government. We have a good program now, (and) this change is going to make it an even better program."

Doctor Winkenwerder said the new contract, which is scheduled to begin prescription services on April 1, 2004, is expected to save the Defense Department close to \$2 billion in prescription costs over the next five years.

"All of this in one way or another accrues back to the taxpayer and our beneficiaries," he added.

Express Scripts will provide

the retail pharmacy network; services for claims processing, drug utilization and safety review, and prior authorization; beneficiary communication materials; and a call center to handle customer questions.

"Our expectation is for a seamless transition, one in which our customers, our beneficiaries, see little or no change in the way they get their prescriptions," Doctor Winkenwerder said. "If anything, I hope they will see an improvement soon after the transition, because we're adding pharmacies to the network, thus improving access."

The contract includes a six-month base period for transition activities that began Oct. 1, and 5 one-year options for prescription services beginning April 1, he said. The total value of the contract, which does not include the cost of prescriptions paid with DoD funds, is estimated to be \$245.4 million.

According to the Express Scripts Web site, the company

has more than 50 million members in the U.S. and Canada, and provides its members with access to a network of more than 55,000 pharmacies, mail-order prescription services and an online pharmacy. The company processes more than 380 million prescriptions each year and its customers include HMOs and other health insurers, self-insured businesses and union benefits plans.

"This new contract is part of the department's strategy to implement a fully integrated pharmacy program that delivers world-class, cost-effective patient care through a single manager of our retail pharmacy benefit," Doctor Winkenwerder said.

"Our new contract partner will apply best pharmacy benefit management practices to improve and continue the delivery of this important service," he added, "while achieving the highest level of beneficiary satisfaction."

Look-alike myPay causing confusion

ARLINGTON, Va. (AFPN) — Officials here caution the 2 million military and civilian users of myPay to use only the official Web site when accessing pay account information.

"Personal information is valuable and should be safeguarded," said Claudia L. Bogard, director of corporate communications for the Defense Finance and Accounting Service. "Don't provide your personal information to any Web site unless you know it can be trusted."

Look-alike sites have recently frustrated myPay customers who have been confused by accidentally finding their way to a commercial site that is in no way affiliated with DFAS or the Department of Defense.

MyPay is a secure, DFAS-operated Web site that lets DoD members take charge of their pay accounts online. The DFAS myPay Web site is found at <https://mypay.dfas.mil/>.

History no challenge for SNCOs

Top Three team outduels ALS team during history challenge

By Master Sgt. Jeff Szczechowski

Base public communication

"On what date did Desert Storm begin?"

That question started the latest version of the History Challenge, pitting the Sheppard Top Three against a panel of Airman Leadership School students.

The challenge, held on the last day of instruction prior to the graduation of each ALS class, has become a standard feature at the schoolhouse. Modeled after the popular television game show "Jeopardy," it's designed to encourage esprit de corps between senior noncommissioned officers and the Air Force's future enlisted leaders.

While fostering camaraderie in the ranks, it also increases knowledge of Air Force history and heritage, said Master Sgt. Jon Brightbill, 82nd Mission Support Group, chief, airman professional military education flight, who brought the idea with him when he came to Sheppard from Altus Air Force Base, Okla.

"I started doing this at the Altus ALS, with the Top Three there," he said. "The History Challenge lets students interact with senior NCOs in an environment that's more relaxed. And, by making it into a competition, it enhances preparation and learning."

On this day, the Top Three team featured Senior Master Sgt. Sam Herrell and Master Sgt. Curtis George, both from the 360th Training Squadron, and Tech. Sgt. Renee Concentine, 82nd Training Wing training operations. Sergeant Concentine was eligible to compete because she has a line number

for master sergeant.

Senior Airmen Michelle Abrahamsson, 383rd TRS; Bobby Cooper, 362nd TRS; Jess Dempsey, 365th TRS; and Christian Troost, 82nd Communications Squadron, made up the ALS team. They were selected after coming out on top in a pre-qualifying contest against fellow ALS classmates.

The ALS team was allotted one extra person, perhaps to compensate for the advantage in experience that the three SNCOs enjoyed.

Four categories of questions, 14 overall, were projected onto a screen for all to see. With an audience of ALS students and their class mentors, Chief Master Sgt. Delia Cogar, 82nd Mission Support Group, and Senior Master Sgt. John Chatham, 363rd TRS, looking on, contestants picked topics from the following areas: Air Force History, Military Knowledge, Military Evolution and Military Customs and Courtesies/AFI 36-2903.

Points were awarded, one to four, depending on the difficulty of each question. One point was taken away for every wrong answer. Discussion of questions was not allowed between members of each team—not until the final bonus question round.

After both teams failed to answer the Desert Storm question, the SNCOs took the lead by answering two out of the four history questions.

The ALS team attempted to mount a comeback when Senior Airman Abrahamsson was first to ring the bell to answer that the position of honor is to the right. The team also scored by correctly

answering that four was the maximum number of devices allowed on one ribbon.

The momentum shifted back to the Top Three, however, because Sergeant Centine knew her "Operation Vittles," Sergeant George knew his "Rolling Thunder," and Sergeant Herrell was able to correctly recall a pre-Gulf War quote by Saddam Hussein.

The score was 10 - 7, in favor of the Top Three, heading into the final bonus round. Teams could wager anything from zero to the total number of points they already had, and unlike the first round, they could work together for two minutes to come up with the correct answer to the bonus question.

Sergeant Brightbill, the host and moderator, presented the challenge: "Name all 14 Chief Master Sergeants of the Air Force." The Top Three won the bonus round by naming 10 of the chiefs to seven by the ALS team—ironically, the same numbers as the score going into the round.

Afterward, the Top Three team seemed relieved they were able to extend the SNCO's unbeaten streak in the competition.

"I was a little nervous about the airman showing up the Top Three. We didn't want that to happen," said Sergeant Centine.

More simply, "failure was not an option," said Sergeant George. He said he felt a little pressure to maintain the winning streak, and he didn't want to be on the first Top Three team to lose to the ALS.

The airmen were impressed by their

SNCO mentors, while their comments suggested if they had been in the Air Force a few more years, the outcome may have been different.

"They're tough. They know their stuff," said Airman Dempsey.

"But they had a few more years studying and testing on the PFE," said Airman Troost.

And, "they were around when most of those chiefs were around," offered Airman Cooper, with a small grin creasing across his face.

Pitching the rivalry aside, all participants agreed the bottom line was that the competition was a lot of fun.

"It's friendly and fun. This helps to bridge the gap between senior NCOs and the junior enlisted," said Sergeant Centine.

Sergeant Herrell agreed: "I had a blast, and I highly recommend this to all senior NCOs."

The Top Three is looking for three more SNCOs to participate in the next History Challenge on Nov. 20. Members can only compete in the competition once a year.

"We've done a scientific study, and found out that after one year, the senior NCOs dump everything they studied leading up to the competition. So, they can come back after 12 months," joked Sergeant Brightbill.

The event takes place at the ALS facility, Bldg. 1624. Anyone interested in learning more about the competition should call the Airman Leadership School at 6-6800.

By the way, Desert Storm started on Jan. 17, 1991.

16 graduate from ALS, Zerkus named Levitow awardee

Sixteen senior airmen made the next step in leadership Oct. 3 when they completed Airman Leadership School here.

Those graduating the course include:

Senior Airmen Pablo Martinez, 82nd Security Forces Squadron; Stephanie Zerkus, 361st Training Squadron; Deion Carmichael, 82nd Civil Engineer Squadron; Bobby Cooper, 362nd TRS.

Jessie Dempsey, 365th TRS; Angela Eakin, 82nd Medical Support Squadron; Joshua Erickson, 82nd CES;

Tara Ervin, 82nd Dental Squadron; Spencer Hayman, 82nd CES.

Celia King, 82nd Mission Support Squadron; Michelle Maggard, 82nd CES; Michelle Abrahamsson, 383rd TRS; Karl Sanders, 82nd Communication Squadron.

Shauna Snyder, 82nd SFS; Christian Troost, 82nd CS; and Brian Ulmer, 82nd Comp-troller Squadron.

Four members of the class were recognized for their individual achievements during the course.

Senior Airman Zerkus was

named the John L. Levitow Award winner for "the most outstanding in objective and performance evaluations, demonstrated leadership and teamwork."

Also recognized was Senior Airman Abrahamsson as the class's distinguished graduate. Senior Airman Martinez received the Leadership Award and Senior Airman Snyder was honored with the Academic Achievement Award.

Congratulations to Class 04-A on their recent graduation from ALS.



Photo courtesy Airman Leadership School

Senior Airman Stephanie Zerkus, 361st Training Squadron, is handed an Airman Leadership School diploma after completing the course Oct. 3. Airman Zerkus earned the John L. Levitow Award, the highest honor given to senior airmen in the school, for her outstanding performance and leadership.

Housing residents encouraged to address concerns

The Housing Maintenance contract is operated under a civilian contract and is monitored for quality service under the Customer Complaint Program.

If you have any comments or complaints that are not handled promptly and courteously, use AF Form 714, Customer Complaint Record, to voice your comments or complaints, or call Ms. Dianne Brewer at 6-2708, quality assurance person for the contract, or Ms. Joyce Walters, facilities chief, 6-5769.

Finance office hour change

The finance office will close on Friday, Oct. 17, due to an official function. If you have any questions during this time, please contact our call center at 6-4864, and we will return your call within 24 hours.

Training available for home daycare providers

The family childcare office offers free training, licensing and resources to those interested in providing daycare in their home.

Resources available to licensed daycare providers include equip-

ment, age appropriate toys, games, videos and audio cassettes.

An orientation class will be held Oct. 20-23 for those interested.

For more information, contact Cathy McGuire, family childcare coordinator, at 6-4237.

Humanitarian Service medals available

The Secretary of the Air Force approved the Humanitarian Service Medal for relief efforts in two natural disaster areas.

Individuals could be eligible for the medal if they provided relief in the Houston and Galveston, Texas, areas and surrounding counties from June 9-10, 2001.

Personnel are also eligible for the medal if they participated in the relief efforts in conjunction with major flooding in Taylor County, Texas, July 6, 2002, to Aug. 5, 2002.

Eligible personnel must report to the Military Personnel Flight with documentation that proves entitlement, such as temporary duty orders, letters of appreciation or other official documents.

For more information, contact

the MPF at 6-2801.

Commissaries nix home-printed coupons

Commissaries are no longer accepting home-printed coupons as the grocery industry comes to terms with the fraudulent use of Internet coupons.

Defense Commissary Agency stores still gladly accept manufacturers' coupons - the kind you clip out of newspapers or magazines or that you receive in the mail.

What commissaries are not accepting are coupons that have been downloaded from the Internet and printed with a home computer because it's too difficult for DeCA cashiers to tell if they are valid. The use of fraudulent Internet coupons is growing in the grocery business and many commercial grocers are also declining to accept home-printed coupons.

Fraud ultimately costs consumers as manufacturers raise their prices to recoup losses.

Airmen can review records on line

The Air Force has implemented a new program enabling airmen to complete record reviews

online through virtual Military Personnel Flight.

Airmen will soon begin receiving e-mail notifications around their birthday each year advising them to review their electronic personnel records maintained in the military personnel data system.

"After the customer logs in to vMPF and accomplishes his or her record review, a hard copy should be printed for the member's personal records," said Master Sgt. Don Taylor, superintendent of customer support operations here. "If all of the information is correct, no further action is required until the next annual review."

In some areas where errors may be found, the member can make the needed changes through the links provided. The member should make the corrections as soon as he or she discovers it, said Sergeant Taylor.

Other errors not yet updateable through the virtual Record Review can be corrected by the individual's MPF or commander's support staff.

For more information, contact the MPF at 6-2225.

"Letters from the Front" coming to Sheppard

The compelling "dramedy" of life and love during times of war "Letters from the Front" will be at Sheppard Oct. 22.

The Broadway-style production is about a mother who has sent her son to fight in the Persian Gulf War in 1991. She has also been asked to write a play about the American spirit.

The entirety of the mother's research comes from letters dating back to the Revolutionary War.

"Letters from the Front" will be presented in the base theater. The show will begin at 7 p.m.

The production is not recommended for children 12 years old and younger.

For more information about the show, visit www.letters-from-the-front.com.

Student Activities: Happenings in the community

Student center events

Every Monday, 6-8 p.m. - jam session, bring your own instrument or equipment, free.

Every Tuesday, 5-9 p.m. - Video Night in the pub, free.

Every Wednesday, 3-5 p.m.-Pool Tournament, \$2 per person.

Every Thursday, 7-9 p.m. - Karaoke Night, free.

Every Friday and Saturday, 7 p.m. to 1 a.m. Club BDU dance, \$4 per person.

Every Sunday, 3-5 p.m. - billiards tournament in the ballroom, \$5 per person.



Pool tournament

Pool tournaments are held every Saturday at 5 p.m. The fee is \$2 per person. There will be first- and second-place trophies. Call 6-7695 for more information.



Free video night

The community center has a free video night every night beginning at 5 p.m. on the big screen TV in the lounge on the second floor. For more information, call 6-3866.

Other events

Flag football underway

Flag football season is underway, and the students have a league of their own.

Student league games are held Tuesdays and Thursdays at 6, 7 and 8 p.m. at the soccer fields next to the track. Each game lasts about one hour.

Seven teams are in the student league.

For more information, call 6-6336.

Dining facilities celebrate birthdays with dinner

Students who are having a birthday this month and are on subsistence in kind are invited to celebrate their birthdays on the Friday of their choice for dinner. Students can contact the dining facility manager/supervisor, or call 6-2080 for more information.

Student Ministry Programs

Solid Rock Cafe

Solid Rock Cafe is open every day at Bldg. 450.

Monday through Thursday, 7:30 a.m. to 9:30 p.m.

Friday, 7:30 a.m.

to 11:30 p.m.

Saturday from 1 to 11:30 p.m.

Sunday from 1 to 9:30 p.m.

Sunday Protestant Bible

study is at 4 p.m.

Contemporary Praise Worship Service is at 5 p.m.

Chapel Ropes Meeting, Tuesday from 11:15 a.m. to noon and 4 p.m. to 5 p.m.

Parents and Tots, Monday from 1:30 to 2:30 p.m. and Wednesday from 10 to 11 a.m.

Praise Band Rehearsal, Saturday from 10 a.m. to noon (Andria Hayman), Solid Rock Saturday Meal, 5 p.m.

Flag football

Student league standings

Team	Won	Lost	GB
361 TRS	4	0	0
366 TRS	3	1	1.0
365 TRS	2	2	2.0
360 TRS	2	2	2.0
362 TRS	2	3	2.5
882 TRS	1	3	3.0
363 TRS	1	4	3.5

Hours of Operation

Monday-Thursday: 10:30 a.m. to 10 p.m. Friday and Saturday: 10:30 a.m. to 1 a.m. Sunday: Noon to 10 p.m. Holidays: Noon to 8 p.m.

Red River Café Hours of Operation

Wednesday and Thursday: 4:30-10 p.m.

Friday and Saturday: 11 a.m. to 11:30 p.m.

Sunday and Holidays: Noon to 9 p.m.

Center gives fitness incentive

Every Saturday the fitness center offers a variety of exercise programs for students as part of the Fitness Incentive Training for Students program. Two plastic chips are given to those who participate and one chip is given to those who attend. The squadron that collects the most chips at the end of the program will win a prize. For more information, call 6-2972.

Community center events

Table tennis tournament held at community center

The community center will have a table tennis tournament Saturday starting 5 pm. The fee is \$2 per person. There will be first- and second-place trophies. Call 6-7695 for more information.

Community center to have chess tournament

The community center will have a chess tournament Oct. 25 beginning at noon. There will be first- and second-place trophies. Call 6-7695 for more information.



Photo by Airman Jacques Lickteig

Mic check

Airman Jeremy Bustos, a student from the 365th Training Squadron, does an intercommunication operational check as instructor Staff Sgt. Bret Smith looks on.

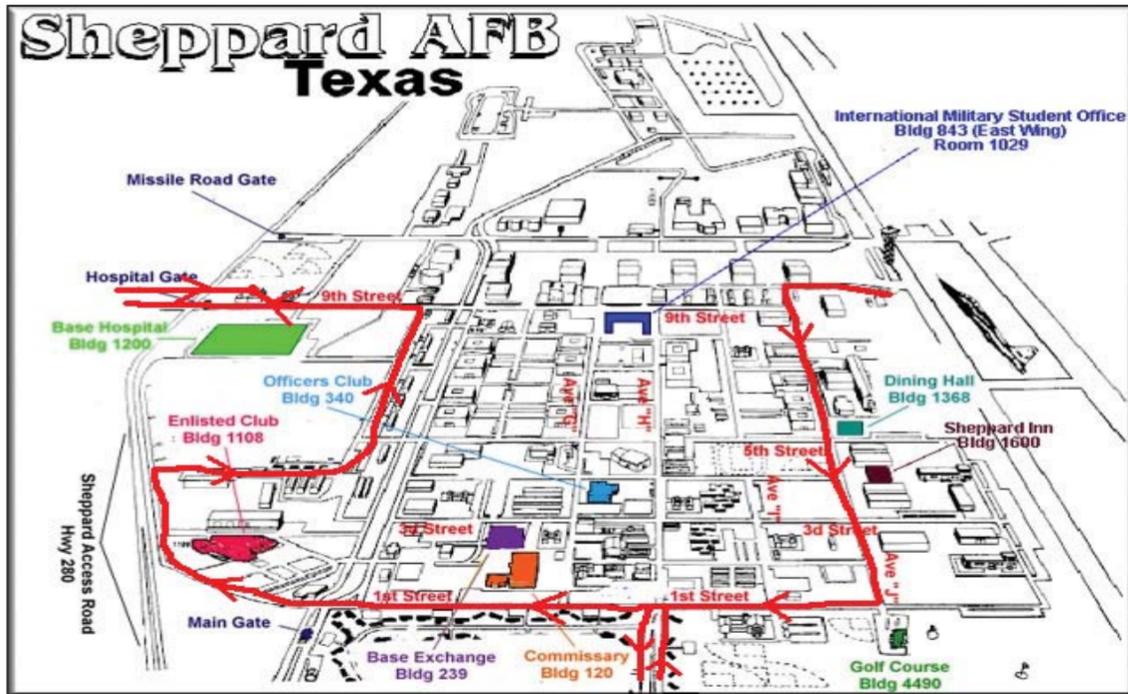
82nd CES continues fire prevention week

Parade, open house to mark the end of week's events

As a finale to Fire Prevention Week, the base fire department & "Sparky" will parade through base housing areas starting at 9:30 a.m. Saturday.

Trucks will leave the fire station and first go through Wherry housing, then Bunker Hill housing and finally Capehart housing before returning to the fire station for the open house. Bring the family out to the fire station, Bldg. 1093 (next to the Control Tower on K Avenue) for the Fire Department Open House from 10:30 a.m. to 1 p.m.

Bring your family out to see fire vehicle and equipment demonstrations, tour the fire station, visit "Sparky," and spray water at our new kids firefighter house fire.



Parade Route

82nd CS runs INFOCON exercise Sept. 30

By Staff Sgt. Francisco Limardo

82nd Communications Squadron

The Network Control Center ran an information condition exercise Sept. 30.

The premise was a simple one: "How will the base populace react to a potential internal computer security threat?"

The scenario started with an e-mail message sent to all e-mail users on Sheppard. The message instructed personnel to click on a Web link and open a file. Once the file was opened, it prompted the user to provide their network username and password so the file can access the computer, scan their files for viruses and clean any that were found.

There are some very important clues in this scenario. The first clue is the originator of this message, virus.protection@sheppard.af.mil. Although this e-mail address looks and sounds like a valid e-mail address, no one on Sheppard ever received something from this address before. I know this because the NCC created the address that morning.

The second and third clue is a request to provide a username and password. Passwords should never be given out, especially to an unknown source. Innumerable consequences can occur if the wrong people get hold of a valid username and password. The result of providing your username and password to a harmful entity can be the same as inviting them into your home and letting them take whatever they want with them when they leave.

The last clue was a little harder to pick up on since the e-mail address and web link looked so "official". An internal computer security threat – a threat that is started or caused by someone or something within Sheppard - is a very real fact of life. A threatening looking link, message or attachment can be hard to discern from an official or friendly one. Your best bet is to realize that because something looks official does not always mean it is official.

Make an educated decision on whether or not to open, forward or provide information before you do it.

Out of all the Sheppard members, 704 people fell victim to our exercise, 554 of whom entered their username and password.

A "cracker" – hacker with destructive intentions - could have been logging these usernames and passwords in order to gain access to the Sheppard network at a later date.

Once logged on as a valid user, stopping him or her from stealing valuable information, planting erroneous information or gaining access to other net-

work devices or computer systems is much more difficult. Luckily, this was an exercise, and no malicious harm was meant.

Here are a few helpful hints to follow if this situation arises again:

Pay attention to where the e-mail came from. Ask yourself if you know the person or are expecting something from someone you may not know.

Never surrender your username and password, especially to an unknown source.

Be leery of attachments from unknown sources. If in doubt, contact the message's originator and ask them what the attachment is. If this does not work, delete the message without opening the attachment.

Ask the people around you if they have received the same message. Ask them what they think about the message.

If you discover the message to be false, misleading or malicious, spread the word. First, inform your unit computer security manager, work group man-

ager or functional system administrator.

Secondly, inform your subordinates and peers.

And last but not least, inform your supervisor so the word can work its way up the chain of command.

Do not, however, send a mass e-mail out to everyone you know. Spread the word by mouth and/or phone.

If your UCM, WGM or FSA is unavailable, contact the 82nd CS Help Desk at 6-HELP (4357) for further assistance.

Software helps put bombs on target

By Ms. Belinda Bazinet

Standard Systems Group Public Affairs

MAXWELL AIR FORCE BASE, GUNTER ANNEX, Ala. – Since March 19, warfighters have dropped 21,300 munitions in Operation Iraqi Freedom. Tens of thousands more have been dropped or launched during Operation Enduring Freedom and that many more stand ready if and when the call comes.

Ammunition troops rely on software Standard Systems Group experts here developed to account for all the munitions the Air Force owns.

The Combat Ammunition System allows airmen to make sure the right munitions are in the right place at the right time, according to Mr. Frank Ruff, CAS program manager.

CAS tracks shipments and provides planning data for warfighting scenarios while assuring that replacement munitions, whether for the security

forces guarding the airplanes or the bombs being loaded on them, are ordered and delivered before they are needed.

“The system determines appropriate storage locations, assures incompatible munitions aren’t stored together, and tracks net explosive weights to keep storage areas safe,” Mr. Ruff said. “CAS also gives war planners the ability to play what-if exercises based on locations and availability of aircraft and munitions.”

CAS not only benefits planners, but also the airmen strapping the bombs on their flying machines.

“The program is a good accountability tool, helping us keep track of requisitions, shipping and turn-ins,” said Staff Sgt. Todd Davis, from the 2nd Munitions Squadron at Barksdale Air Force Base, La. “Using CAS makes our job easier and frees up time to do other jobs.”

An upcoming improvement to the CAS program will soon make the users’ jobs even easier,

Mr. Ruff said. The upgrade moves the program onto the Web and will give worldwide visibility into the location and status of all munitions.

“Anyone with permission to view the data will be able to see where munitions are located,” Mr. Ruff said. “The upgrade is also going to give the users — the guys in the ammo dumps — the capability to do almost all their tracking with hand-held work stations. These workstations will scan bar codes, track work orders and relay movements to eliminate dependence on paper products to direct and document daily operations.”

The first phase of the upgrade was completed Sept. 30, and all bases should be loaded by January, he said. Future upgrades, released as technology and capabilities mature, will ensure the CAS program is a fully compliant, one-stop, munitions accountability and planning program, officials said.



Photo by Ms. Marie Rede

Aerial attack

Two firefighters from the Wichita Falls Fire Department keep a fuel tank cool from an aerial position during a mock fire Sept. 30. The Sheppard Fire Department was tasked with battling multiple fires started by lightning at some of the jet fuel tanks that run along Avenue D and Missile Road. The WFFD was asked to provide mutual aid.

Early vaccinations give personal health a shot in the arm

By Staff Sgt. Tevin Auster
Allergy/Immunization Clinic

...these immunizations (shots)" safe for my child?

This question has been asked thousands of times by concerned parents and is generally answered with the same response...yes.

Immunizations keep your child healthy and help prevent diseases that may cause serious illness or even death. Immunizations act as a safety shield for various diseases such as diphtheria, Haemophilus influenzae type B (Hib), hepatitis B, measles, mumps, pertussis (whooping cough), pneumococcal disease (pneumonia & meningitis), poliomyelitis (polio), rubella (German measles), tetanus and varicella (chicken pox).

The severities of these diseases are wide ranged.

For example, Haemophilus influenzae type B can damage a child's brain and polio can cripple your child.

Just recently in Dallas a child actually died from pertussis, better known as whooping cough. Diseases can easily be passed from one person to another just by being in the same room! All of those diseases with the exception of tetanus are contagious, and all of them can be prevented.

When children are not immunized, serious outbreaks can occur and many children may become ill or die. Currently, in an unimmunized population of the Marshall Islands, over 650



Photo by Airman Jacque Lickleg

Kristi Farris comforts 4-month-old Sawyer Farris as Senior Airman Melissa Brandon him one of a series of childhood immunizations recently. Vaccines early in life can help prevent illnesses in the future.

people have been infected and three have died from measles.

Most parents seek to make it easier for their children to receive shots, so another question that is commonly asked is, "Is there any way that we can combine some of those shots?"

Again, the answer is yes.

Manufacturers are constantly discovering ways to combine vaccines to reduce the number of shots, but, at the same time, are able to maintain their effectiveness.

At Sheppard, the immunizations have been decreased from as many as 23 to as few as 16 from birth to 6 years, a potentially 31 percent reduction if the local schedule is maintained.

This is made possible through combination vaccines.

Tools utilized to keep the flow of information available include

vaccine information statements (VIS) which are provided for each shot given to your child. The Air Force also tracks all immunizations via Air Force Complete Immunization Tracking Application.

A shot record is generated from AFCITA each time a child receives shots and helps parents stay current on all vaccinations.

For questions concerning immunizations, please contact either the Allergy/Immunization Clinic at 6-3757 or the Pediatric Clinic at 6-6777.

Additional information is available at the Center for Disease Control website at <http://www.cdc.gov> or additional information can be found at www.immunize.org. Help us to protect your child and remember, the shots may hurt a little, but the diseases can hurt a lot.

Surveys are important for improvements

By 1st Lt. Laura Renner
Base public communication

People often question the validity of psychology. Because no matter how much the research is safeguarded, subjectivity still plays a major role.

In a place with mostly technically minded employees such as the Air Force, fuzzy, indefinite answers were frown upon. Psychological research don't sit too well. We prefer specific, definite results. We need them. We can't drop a bomb on target with not-so-accurate coordinates.

However, in my field of Public Communication, our results are fuzzy and not so accurate. Our job is to provide ways for the commander to speak to you and you to the commander. Our job is to provide ways to show the public, who pay our salaries and for our equipment, what the Air Force is doing. Most importantly, our job is to let you know what's going on.

How do we know if we succeed? We measure by turnouts of crowds, random comments people make to us and gut feeling. We judge by our own observations of human behavior. But studying human behavior, psychology, is not a science.

For instance, was the State of the Base Address a

success? We think yes. A co-worker thought we might have been successful because as people channel surfed they came upon TSTV-14 and didn't leave. I thought it might have been because as people saw what questions General Rooney was being asked, they warmed up to the idea and called in their own questions.

In reality, we have no sound evidence why the State of the Base Address was a success or not. We have no specific, definite results.

So how do we overcome this lack of specific results we so desperately crave in the Air Force?

We ask you what you thought. Have you noticed several surveys coming from your public communication team? More will come for sure. Don't worry, we make them short and sweet. Please take the time to fill these out to let us know how we're doing. If you know a P-Comm member, tell him or her what you think, what your friends think.

By doing so, we can better improve our work at letting you know what's happening. Knowledge is power. So in a way, our job is to empower you. Help us to do a better job. Thank you!

Soundoff

What was your most embarrassing moment?



"I had to take my shoes off at an airport for a security check, and I had huge holes in my socks," Staff Sgt. William Van Kirk, 365th Training Squadron



"I saluted an airman because I thought she was an officer," Airman 1st Class Tiera Wilson, 382nd Training Squadron



"During sling load practice, we had to run in threes holding one another. I was with two tall guys who drug me and dropped me," Mrs. Fawndrea Zenon, BX



"I squealed my tires when I was going on base. My friends wouldn't let me live it down," 2nd Lt. Steve Norris, 80th Flying Training Wing



Photo by Airman Jacque Lickteig

Mr. Norbert Soliday, from the 82nd Civil Engineer Squadron, hangs compact discs from the tops of the trees at Bldg. 402 to keep birds from perching on the branches.

For the birds...

82nd CES works to rid pests

Like in a scene from Alfred Hitchcock's "The Birds," they descend on Sheppard.

Thankfully, our birds haven't arrived with lethal intent.

Yet, neither are the huge flocks of grackles welcome. They begin to flock in the late summer, usually leaving Sheppard in the November/December time frame.

Depending upon the weather, they will return in the spring, sometime around March.

They are very social and come together in large flocks, some in excess of 100,000 birds except during the mating season. As you can imagine, 100,000 birds gets quite noisy and messy.

The 82nd Civil Engineer Squadron will use numerous techniques to disperse and move the birds to areas where they can be tolerated. The squadron is testing tree nets to prevent the birds from roosting in certain trees.

Additionally, expect civil engineers to use predator decoys, traps, alarm and distress calls, noisemakers, chemical irritants, and even fire trucks.

Unit commanders and facility managers are reminded that the self-help store (6-7755) has power washers available to clean sidewalks that sit below our unwelcome visitors. (Courtesy of the 82nd Civil Engineer Squadron.)

Law center gives banking tips

By Capt. Jason Kellhofer

Sheppard Law Center

According to a 2001 American Bankers Association survey, check fraud has increased 20 percent since the previous survey two years earlier.

According to the survey, participating banks experienced an estimated 447,350 fraud cases, with an average loss of \$1,518 per case.

Most check fraud involves personal checking accounts. The most common types of fraud are forgery, checks written on accounts with non-sufficient funds, and checks written on closed accounts.

Here are some ideas that could save you from dealing with problems caused by scam artists.

When ordering checks, instead of your first name and last name, tell your bank to print your initials and last name only. If someone takes your checkbook, they will not know

if you sign your checks with just your initials or your first name, but your bank will know how you sign your checks.

Put your work phone number on your checks instead of your home phone number. If you have a post office box, use that instead of your home address. If you do not have a post office box, use your work address. Never include your social security number – you can add it if it is necessary.

Make photocopies of the important documents you carry in your wallet. Copy both sides of your license, credit cards, etc. You will know what you had in your wallet, and you will have the account numbers of the lost cards and the toll free phone numbers you need to call to cancel your credit cards. Keep the photocopy in a safe place. It's also a good idea to carry a photocopy of your passport when traveling.

File a police report immediately with the police depart-

ment where you believe your checks or credit cards were stolen. This proves to credit providers that you were diligent and is a first step toward an investigation.

Call the three national credit-reporting organizations immediately to place a fraud alert on your name and Social Security number. The alert means any company that checks your credit knows your information was stolen and they have to contact you by phone to authorize new credit. The numbers are:

Equifax: 1-800-525-6285

Experian: 1-888-397-3742

Trans Union: 1-800-680-7289

Social Security Administration (fraud line): 1-800-269-0271

If you have experienced the theft of your personal information, feel free to make an appointment with the Sheppard Law Center at 6-4262 so that we may assist you or visit our website at <https://webm.sheppard.af.mil/82trwja/index.html>.

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Hispanics defending freedom: contributions to remember

By Col. Jose R. Aragon

Pacific Air Forces Financial Analysis Division

HICKAM AIR FORCE BASE, Hawaii (AFPN) – Many Hispanic Americans have been drawn to military service for myriad of reasons — to seek opportunities for education, growth, advancement, skills and professional success. Other factors include a sense of patriotism, love of country and hunger to serve. Hispanic Americans have contributed gallantly to the defense of our nation. We have 40 Medal of Honor recipients, more than any other demographic segment.

Indeed, the military and civilian contributions of Hispanic Americans reflect a deep commitment to the principles of freedom and democracy. From the American Revolution to our latest conflict, the global war on terrorism, Hispanic Americans have risked and sacrificed their

lives to defend freedom.

Here are just a few achievements of some of those individuals:

The Civil War's most famous Hispanic was Adm. David Farragut. He served gallantly in the Civil War and was instrumental in capturing New Orleans and seizing control of the Mississippi River. He has been immortalized in history books for his war cry, "Damn the torpedoes, full speed ahead!" He was the first admiral in the Navy. Congress created the rank for him, specifically, in recognition of his contributions during the Civil War.

Loreta Velazquez was the first Hispanic female spy in U.S. history. She was a Cuban-born woman who disguised herself as a Confederate soldier and served as Lt. Harry Buford. Velazquez left her married, domestic life in San Antonio and fought in such battles as Bull Run, Ball's Bluff, Fort Donelson and Shiloh. Although never officially recog-

nized militarily for her efforts, her life story is chronicled in the book, *The Woman in Battle*.

Marine Pfc Guy "Gabby" Gabaldon, a Los Angeles native, captured more than 1,000 Japanese in the South Pacific during World War II. After learning Japanese from his adopted Japanese family, he used it to obtain vital information on enemy positions that aided in that capture. He received a Silver Star for heroism.

In Silvas, Ill., just west of Chicago, is a street named Hero Street, formerly known as Second Street. It is just one and a half blocks long in a predominantly Hispanic neighborhood. Joe Gomez, Pete Macias, Johnny Munoz, Tony Pompa, Frank Sandoval, Joe Sandoval, William Sandoval and Claro Soliz grew up together in this small street in a very close-knit community, working for the railroad, just as their fathers before them had done. They went to war in World

War II without hesitation and never came back.

As it turns out, 84 men from the 22 families who resided on this street participated in WWII, Korea and Vietnam. This street has contributed more men to military service than any other place of comparable size in the United States. Hero Street, U.S.A., has a remarkable story of personal sacrifice and patriotism.

In 2001, America lost a Latino patriot who was diligent in the defense of his country and who protected American lives many times over. His code name, Tango – Mike – Mike, stood for "That Mean Mexican." This patriot, who was also a Medal of Honor recipient, was Army Master Sgt. Roy Benavidez. In his book "Medal of Honor: One Man's Journey from Poverty to Prejudice," He wrote these memorable words:

"I believe that there is no greater calling for a man or woman to serve in the military of

a free nation. I believe that it is a calling that transcends all others because embedded deep within the soul of every free man or woman is the knowledge that every freedom we have was earned for us by our ancestors, who paid some price for that freedom. Each and every generation must relearn those lessons, and they are best learned by doing. The strength of every free nation depends on this transfer of knowledge. Only through the transfer of knowledge from generation to generation will free men survive."

Each day, we have an extraordinary opportunity, an opportunity to be better than we were yesterday. We must all strive to improve ourselves to be the best we can be. That's how we can honor the memory of those who have given their lives to fight and defeat terrorism and ensure their sacrifices are not in vain. When opportunity knocks, we must be ready to answer the door.

Sheppard members earn degrees from Wayland

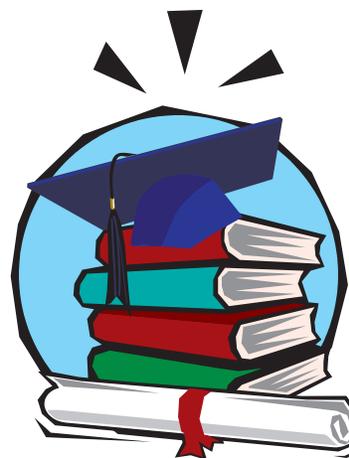
Wayland Baptist University awarded degrees to 136 Sheppard military and civilian members during commencement exercises at the base theater on Sept. 22.

Receiving master's degrees were First Lt. Clinton Harmon; Master Sergeants Michael Klintworth, Kirk McBride, Marlon Pesantez, Karla Puterbaugh, Stephen Schade, Thomas Schubbe and Priscilla Street; Tech. Sergeants Daniel Alvarez, Jason Byars, Issomi Garnigan, Shane Green, and David Yeager; Staff Sergeants Dwayne Baca, Kristal Frey, Michael Graybeal and Aaron Medina; and Army Staff Sgt. John McKenzie.

Prior military, military from other bases, and civilians receiving master's degrees were Clifford Anderson, Lisa Davis, Rod Houston, Debra Moore-Crosswell, Hyon Quattlebaum, Becky Quenneville, and Kelly Yeates.

Receiving bachelor's degrees are Chief Master Sgt. Ronald Wilson; Senior Master Sgt. Thomas

Valley; Master Sergeants Chadd Austin, Michael Chapman, Steven Couffer, John Duren, Robert Durkin, Timothy Farnsworth, Steven Foote, Patrick Hastwell, David Hogan, Timothy Lynott, David Martinez, William Muse, William Nevis, Brian Payne, Albert Peinado, and Johnny Wooten; Tech. Sergeants Timothy Bailey, Roy Blount, James Boerner, Alejandro Breceda, Kevin Brown, Jessica Chapman, Aaron Cleveland, Stephen Cornelius, Yancey Danes, Joshua Fry, Sarah Fry, Travis Hunter, Barry Huppert, Lisa Huppert, William Knox, Rodney Moore, Richard Morrison, Raymond Rogers, Rodolfo Sanchez, David Shuler, Donna Soyars, Darren Trout, and John Ward; Staff Sergeants Katrina Blanco, Jennifer Davis, Jason Dean, Paul Ellis, Gregory Flores, Stewart Frazier, Bonnie Janas, Daniel Jasper, Benjamin Jones, Michael Jones, Edward Jordan, Darrick Mallad, Diena Moseley, Jason Pennington, Jerry Peo-



ples, Cayesha Perryman, Tony Singleton, Charles Smith, William Van Kirk, David Weinberg, Stephen Williams, and James Wright; Senior Airman Farouk Cave; Army SFC Richard Ross, Army Staff Sergeants Dennis Little, Steven Marzolino, and Dahren Newton.

Prior military, military from

other bases, and civilians receiving bachelor's degrees are Kevin Andert, Terry Barnes, Robert Baxter, Michael Beavers, Anthony Bomar, David Castillo, Edward Charles, Robert Clark, Carl Cook, Ray Crago, Steven Crites, Cynthia Cummings, Natalie Dilli, Misty Fite, Cynthia Frischer, Jimmy Garner, Ronald Gonzales, Edward Griner, Thomas Hall, Billie Hawkins, Guy Hedges, Charles Herndon, Billy Hill, Daryl Hillman, Maria Holt, Therese Huss, Jody Markham, Hal McLelland, Mark Mitcham, David Mitchell, John Moore, Robert Morrison, Kristina Sandoval, David Stanek, Donna Sykes, Gary Trejo, Edward Vottero, Lorene Waggoner, and William Wintenbrink.

Receiving associate's degrees were Tech. Sergeant James Perdue and Staff Sgt. Stanley Thomas. Prior Military, military from other bases, and civilians receiving associate's degrees are Anthony Gallagher and Joselope Jabagat.

Civilians get September promotions

Five Sheppard civilians received promotions in September.

Those promoted include:

Hal McLelland, 82nd Civil Engineer Squadron, Sandra Gross, 82nd Mission Support Squadron, Pauline Jarrett, 82nd Training Wing, Debra Cahill, 82nd Medical Operations Squadron, and Stephen Van Kirk, 82nd Mission Support Group.

Congratulations to these employees on their recent promotions.

General activities

Ceramics shop open for summer hours

The ceramics shop is open for summer hours. All the materials needed to start creative projects are available. More than 2,500 craft projects are available for lessons with a variety of paints, glazes and supplies. The ceramics shop is located in Bldg. 832, the health and wellness center building. Summer hours of operation are Wednesday-Friday from 11 a.m. to 8 p.m., Saturday from 10 a.m. to 5 p.m., and Sunday from noon to 5 p.m. For more information, call 855-0118.

Lake Texoma Annex to have karaoke night

The Lake Texoma Annex will have a karaoke night Saturday from 7 to 11 p.m. Call (903) 523-4613 for more information.

Base theater to have live entertainment

Rector Roberts Productions will give a free performance of "Letters from the Front," the world's most decorated play, at the base theater Oct. 22 beginning at 7 p.m. For more information, call Ms. Robbie Jordan at 6-3866.

Club activities

"Travel the World on Us" promotes clubs

Both the officers and enlisted club are taking part in a promotion that gives current members a chance to win ITT travel packages, sports and entertainment tickets, airline tickets, hotel stays and rental vehicles until Oct. 31. For more information, call 6-6460 or 6-2083.

Enlisted club gets in a Frenzy

The enlisted club is giving members chances to win a variety of prizes and trips with Football Frenzy 2003. On Tuesday, members will start planning the club's Super Bowl party. For more information, call 6-2083.

Officers club to have two-for-one steak night

The officers club is scheduled to have a two-for-one steak night tonight from 5:30 to 8 p.m. The cost is \$9.95 for two. For more information, call 6-6460.

Enlisted club to have Latin night

The enlisted club is scheduled to have a Latin night in the main lounge

Saturday from 9 p.m. to 1 a.m. There will be a live Latin band performing. Call 6-2083 for more information.

Officers club to close for Discovery Day

The officers club will be closed on Monday for the celebration of Discovery Day.

Enlisted club to have boss, buddy night

The enlisted club will have a boss and buddy night Wednesday from 4:30 to 6:30 p.m. There will be beverage and food specials. For more information, call 6-2083.

Officers club to have Mongolian barbecue

All ranks are welcome to take part in Mongolian barbecue night at the officers club Thursday. The fee is \$0.45 per ounce for chicken, pork or beef. Call 6-6460 for more information.

Officers Club has daily lunch specials

The officers club has daily lunch specials Monday through Friday. Cost is \$5.95 for members and \$7.95 for non-members. Membership pays!

On Mondays, they serve a country lunch. Tuesday is Italian. Wednesday is Texas style. Thursday is Mexican, and Friday is seafood. Call the officers club at 6-6460 for more information.

Enlisted club offers darts, cards, dominoes

The enlisted club offers a variety of activities. Cards, dominoes and pool are available every day. Also, a video game system is available every night to play in the main bar area. For more information, call 6-2083.

Upcoming shows ITT planning upcoming trips in October

ITT offers tickets and tours to local and surrounding attractions. Call 6-2302 for more information about any of these trips.

Lonestar Park Horse Races - Take a trip to the Lonestar Park horse races Oct. 18. The fee is \$60 per person which will include round trip transportation, indoor clubhouse seating and a buffet meal. Departure will be from the community center at 11 a.m. and return at 9 p.m. Register by Monday.

Now showing

Today 6:30 p.m.
SWAT

Today 9 p.m.
Open Range

Saturday 2 p.m.
The Medallion

Saturday 4:30 p.m.
SWAT

Saturday 7 p.m.
Seabiscuit

Sunday 2 p.m.
The Medallion

Sunday 4:30 p.m.
Seabiscuit

Monday 4:30 p.m.
The Medallion

Monday 7 p.m.
Seabiscuit

Thursday 6:30 p.m.
The Medallion

Open Range (R) - Kevin Costner, Annette Bening - Following the day-to-day encounters of four cattle herders who roam the country-side without owning a particular piece of land, living in the final years of the Wild West, this film tells the story of how they eventually team up in Harmonville.



SWAT (PG-13) - Samuel L. Jackson, LL Cool J - After weeks of rigorous physical training, the new team is quickly thrown into action when a notorious drug lord offers a \$100 million reward to anyone who can free him from police custody. While accompanying the drug lord out of Los Angeles into the hands of the Feds, the S.W.A.T. team is pursued by a ruthless and well-armed band of reward seekers.

Schedule subject to change without notification. For information, call 6-4427.

Chapel Schedule

Parish Ministries

Protestant Worship Services

Sunday, 10:30 a.m., Inspirational Gospel Worship Services, south chapel

Sunday, 10:30 a.m., General Protestant Worship Service, north chapel

Sunday, 10:30 a.m., Protestant Liturgical Worship Service (Holy Communion each week), medical center

Protestant Religious Education

Sunday school classes, Bldg. 962, 9 a.m.

Tuesday night Bible study, 6 p.m., south chapel

Thursday night Bible study, noon (lunch provided), south chapel

Protestant Men

of the Chapel

Saturday, 6:30 a.m., south chapel

PMOC breakfast/fellowship is the second Saturday of the month at Golden Corral at 8 a.m.

Catholic Services

Sunday, 9 a.m. and noon, mass, north chapel

Sunday, 10:30 a.m. to 11:40 a.m., Catholic Religious education, Bldg. 962

Monday through Friday, 11:30 a.m. Daily Mass, north chapel

Saturday, Confessions, 4 p.m., north chapel

Saturday, 5 p.m., north chapel

For more information, call the base chapel at 6-4370



Photo by Ms. Cathy McGuire

Mrs. Jennifer Presor reads a story to her daycare children, Nakelia White, 3, Payton Gomien, 2, Nakayla White, 21 months, Kayla Smallwood, 22 months and Haley Clark, 3. The 82nd Mission Support Group recently recognized Mrs. Presor as Sheppard's Child Care Provider of the Quarter for the third quarter of 2003. She has run a home day care for 15 months at Sheppard.

Sheppard's CFC 2003

Team Sheppard's 2003 Combined Federal Campaign began Sept. 15 with the theme "What Makes America Great" and will last until Oct. 24.

The annual program gives all federal employees the opportunity to donate to local, national and international charitable organizations that can make a positive difference in the lives of thousands who find themselves in a time of need or crisis.

The program began in the 1960s to create one fundraising entity that federal employees could support. There are now over 1,400 charitable organizations rec-

ognized by CFC.

Team Sheppard's Family Support Center, Family Services, Child Development Center and Youth Centers are some of the agencies that can benefit from your generous contributions.

Last year's CFC campaign was an overwhelming success and this year's goal is \$333,000, a 2 percent increase over last year's goal.

For questions about the CFC, contact the CFC unit coordinator, Lt. Col. James Bruno at 6-1829, Maj. Karen Fraley at 6-5941, Capt. Charles Ashmore at 6-7292, or Master Sgt. Jeffrey Foreman at 6-7082.

**To place an ad in
The Sheppard
Senator, call
761-5151.**

23rd Annual Lobster Bake



The
23rd
Annual
Lobster/Steak
Bake is

Oct. 11

Prices

Steak.....\$11

Lobster.....\$17

Both.....\$24

Adult Hot
Dog.....\$5

Child Hot Dog..\$2

For more
information about the
event, call 6-2760 or

Ms. Marilyn Lucas,
6-6647

Ms. Kathy Green,
6-2698

Capt. Carolyn
Sablonski, 6-2271

Airman 1st Class Michael
Guanill,
6-6075

Centennial of flight

This week in air and space history

October 1963 - the 900th Air Refueling Squadron of the 494th Bombardment Wing participated in one of the largest peacetime airlifts.

Oct. 10, 1933 - Three German rocket experimenters are killed making black powder rocket fuel pellets.

October 11, 1958 - Pioneer 1: NASA's first launch.

Oct. 11, 1968 - Apollo 7 launched to test Command and Service Module which will one day take men to the moon. Crew consisted of Mr. Walter Schirra, Mr. Donn Eisele and Mr. Walter Cunningham. The mission lasted more than 260 hours in Earth orbit.

Oct. 12, 1947 - First free flight of French "Piggy-back" aircraft.

Oct. 13, 1931 - Goddard

The rocket had a length of almost 8 feet and a diameter of a foot.

October 14, 1947 - Capt. Charles Yeager flies faster than sound for the first time in the rocket powered Bell X-1

October 14-15, 1927 - France's Dieudonné Costes and his navigator, Joseph Le Brix, make the first non-stop crossing of the south Atlantic.

Oct. 15, 1986 - Evidence of another solar system announced.

Oct. 16, 1982 - Halley's Comet was rediscovered. In 1531, the appearance of Halley's Comet was studied by astronomers, who discovered that the tail of comet always point saway from the Sun.



launched a test rocket which reached 1700 foot altitude using a simplified combustion chamber.

World War II vets still in U.S. Naval Reserve

By Journalist 2nd Class
Barrie Barber

Pacific Northwest Public Affairs District

PORT TOWNSEND, Wash. — Most people their age travel to exotic locales or enjoy the good life free of the daily grind, but two World War II veterans are back in uniform in the U.S. Naval Reserve — and they wouldn't have it any other way.

Master Chief Aviation Electronics Technician Joe Beam, 76, of Marrowstone Island, Wash., and Chief Aviation Ordnanceman John Crawford, 81, of Tacoma, Wash., just couldn't stay away.

"It's one of those things where you like to be with your own kind, especially after you get a lot of years in," said Chief Beam, who has 54 years of duty between the active-duty U.S. Navy and U.S. Naval Reserve.

Chief Crawford flew World War II bomber missions with the Royal Air Force over Germany and France. He later joined the U.S. Naval Reserve and returned to ranks this year at the urging of Chief Beam.

Both men serve on authorized special permissive orders through Naval Reserve Center Tacoma, Wash., and receive no pay for drill time or most expenses.

"It's not really an obligation, because we want to do it," Chief Beam said. And there is one important bonus. "We don't have to do PT [Physical Training] very much. I don't think the chart goes to 60, 65, 70, 75 [years old]."

The two recently traded their chests full of ribbons for Hawaiian tropical shirts to play government leaders in the fictional archipelago of Mondo during Naval Coastal Warfare Exercise Seahawk '03, a joint and combined harbor defense exercise in Puget Sound, Wash., with active-duty and Reserve personnel from the U.S. Navy, U.S. Coast Guard, Washington National Guard and U.S. Army, along with the U.S. Coast Guard Auxiliary and the Canadian Navy and Army.

"It's all new and just kind of a learning process," said Chief Crawford, who rejoined the Naval Reserve in June after he retired in 1982 with 33 years of

service. "It's just amazing, all these guys together."

A Canadian native, Chief Crawford signed on with the Royal Canadian Air Force in 1941 and was sent to England to serve with the RAF. He and his seven-member Lancaster crew were shot down over northern France a few weeks after D-Day, the invasion of Normandy, June 6, 1944.

Chief Crawford joined the U.S. Naval Reserves in 1949. He was recalled to active duty during the Korean War, flying reconnaissance missions with Patrol Squadron (VP) 892 in Japan. He later retired from the lumber industry.

Chief Beam also served in World War II and Korea. During World War II, he was a Sailor on USS Adams (DD 739), a destroyer-minelayer. He and his shipmates kept Adams afloat after a kamikaze attack blew a hole in the fantail during the invasion of Okinawa.

After a stint in college, Chief Beam rejoined ranks during the Korean War aboard USS Carmick (DD 493). He later returned to the enlisted reserve ranks and earned a bachelor's degree before he retired from his civilian job with an aircraft manufacturer.

Hard chargers given extended opportunity

WASHINGTON (NNS) — Hard charging Sailors desiring upward mobility and the opportunity to excel have more time to submit applications for the fiscal year 2005 Limited Duty Offer (LDO) and Chief Warrant Officer (CWO) selection board. The application deadline has been extended until Nov. 1.

"Most designators have received more than enough applications for the FY05 LDO and CWO Programs, however some designators still have ample room for applications," said Capt. Bob Fiegl, LDO and CWO community manager.

Additionally, Captain Fiegl explained that in all fairness, some interested people may not have had the needed time to get their applications in because of scheduling or deployment. Authorization was given to open all designators and extend the application time through October, with the deadline due date of Nov. 1.

"Quality in the LDO and CWO communities is more important now than ever. We

rely on commanding officers (CO) to make the initial quality assessment," Captain Fiegl said. "We assume that if the CO favorably endorses a candidate's application, he or she

The LDO and CWO communities are composed of highly skilled Sailors and Chiefs who move from the enlisted ranks to the officer ranks through this program. CWOs may now promote up to the rank of CW05, and LDOs may promote all the way up to captain.

"During a recent LDO/CWO conference, CNP [Chief of Naval Personnel VADM Gerald Hoewing] said, 'The future of the LDO and CWO programs is very bright,'" remarked Captain Fiegl. "As an officer, you can impact and lead change to a greater degree than in any other avenue. Since the responsibility as an officer is greater, so is the compensation," he added.

A college degree is not required for LDO or CWO applicants. A degree can have a favorable impact when applying, Fiegl said, but sustained superior performance in demanding billets is still the key to selection.

For information on submitting a package, refer to NAVADMIN 130/03.



would make a good officer.

"In fact, the quality of this year's applications shows commanding officers are making that cut — sending the best qualified applications. We just ask every command to have another look: are there other eligible Sailors and Chiefs who have yet to submit their applications?"



Daily Programming

Sheppard Today ~ 6 a.m., noon, 5 p.m.

Air Force News ~ 6:30 a.m., 12:30 p.m., 5:30 p.m.

Navy/Marine News ~ 8 a.m., 2 p.m., 7 p.m.

Army News ~ 8:30 a.m., 2:30 p.m., 7:30 p.m.

Programming runs 24 hours on TSTV Channel 14.

Check out the detailed schedule at www.sheppard.af.mil/82trwpa

Today

5:30 a.m. - The USAF Honor Guard Drill Team

11 a.m. - The True Wingman

8 p.m. - The US Navy Hospital Corps: A Century of Tradition, Valor and Sacrifice

Saturday

10:30 a.m. - Lunch and Learn: Lt. Gen. Hopper on the Air Force Association

4 p.m. - Rebroadcast: The

State of the Base Address and Call In Show

9:30 p.m. - The Third Century of the American Experiment

Sunday

6:45 a.m. - Base Honor Guard: Preserving Our Heritage

6:30 p.m. - Tank and Industry: The Detroit Arsenal Tank Plant 1940-1997

11 p.m. - The Sound of Freedom: The Berlin Airlift

Monday

7:30 a.m. - Famous Generals: Hap Arnold

3:30 p.m. - The True Wingman

6 p.m. - The Sheppard Idol Contest 1

Tuesday

7 a.m. - The Pentagon

10:00 a.m. - Operational Risk Management

1:30 p.m. - Silver Wings, Golden Valor - The Air Force in Korea

Wednesday

5 a.m. - The True Wingman

4:45 p.m. - Operation Rescue

8:45 p.m. - Shopping for Safety

Thursday

9:45 a.m. - Air Force Research Lab

1 p.m. - The Uniform Code of Military Justice - Part 2

3 p.m. - Electrical Safety

Wanna be on TSTV? E-mail tstv@sheppard.af.mil.

Airmen move cemetery, keep tradition alive

AL UDEID AIR BASE, Qatar (AFP) – The Boot Hill “cemetery” at Prince Sultan Air Base, Saudi Arabia, has gotten the boot.

For the second time in 11 years, the military’s tongue-in-cheek version of Tombstone, Arizona’s famous cemetery has been exhumed, this time from the closed PSAB to its new resting place here.

Cemetery builders chose a small, unclaimed parcel of land behind the 379th Expeditionary Logistics Readiness Squadron fuels maintenance area.

The cemetery is primarily for worn-out work boots; however, petroleum, oils and lubricants airmen, the cemetery’s caretakers, have also dispatched unserviceable jet fuel bladders, uniform items and other miscellaneous memorabilia.

Only unserviceable items are welcome at Boot Hill and only the caretakers or honorary members may contribute to the collection.

Boot Hill began in 1992 when 4404th Wing Fuels Management Flight airmen built it in Dhahran. When the wing moved to PSAB after the Khobar Towers bombing, Boot Hill moved with it.

“Burials” have taken place at Boot Hill ever since. Legend has it that if a troop buries boots there, he or she will never have to return to the base, provided the person performs all aspects of the ritualistic ceremony correctly.

The key is to not look back at the cemetery after the ceremony. If one turns back, all bets are off.

“PSAB wanted to keep the Boot Hill tradition going, so they boxed up the cemetery and sent it here before closing,” said Chief Master Sgt. Thomas Buchanan, fuels manager here. “We’ve got some motivated people here who took on the project to resurrect Boot Hill.”

PSAB’s cemetery had a Halloween look to it with a rickety picket fence, small rocks, old fuel hoses, elaborate markers, a plywood chapel and more than 200 boots. Many markers in the cemetery had inscriptions – reminders of people who had served before, tributes to spouses who endured long deployments

and poems.

“Walking through the PSAB cemetery, you could easily see the names of people you might know on various boots,” Chief Buchanan said. “It’s like walking through history.”

He credits the entire fuels flight for bringing Boot Hill to life, especially the creative talents of Staff Sgts. John Eaton and Eric Peterson and Airman 1st Class Camilo Romero.

Does Boot Hill really work? No one can really say for sure, or perhaps fear of a jinx keeps lips sealed. The fact is, some have managed to escape redeployment altogether, some have redeployed to the same base or another in the region and others, like Buchanan, have returned to Southwest Asia several times.

“We’d like to think that as long as POL members get deployed, there will always be a Boot Hill in the region for us,” Chief Buchanan said.

NASCAR coming to base



The popular Air Force Show Car, a replica of the NASCAR #21 race car driven by Ricky Rudd, will be at Sheppard on Sunday. The car and a 37-foot trailer/display booth will be in front of the base exchange from 11 a.m. to 2 p.m., and behind the student center from 3 - 7 p.m.

The entire base community is invited to come out to view the race car and meet with the driver, Lloyd Schuler, at both locations.

Sports Shorts

North lanes to rock, bowl Friday, Saturday nights

A glow-in-the-dark Rock It Bowl takes place every Friday and Saturday night from 5-11 p.m. at the north lanes. For more information, call 6-4806.

Combo bowling held every Thursday

Combo bowling will be held every Thursday at 12:30 p.m. at the south lanes. For more information, call Donna Dobbins at 569-2430 or Vivian Umlah at 569-1619.



Flag football underway

Flag football season is under-

way to provide some of that fall football spirit for the base.

Permanent party games are held Monday and Wednesday at the soccer fields next to the track.

Student league games are held Tuesdays and Thursdays at the same field. Games begin at 6 p.m. each day followed by games at 7 and 8 p.m. Each game lasts about one hour. Eleven teams are in the permanent party league, while seven teams make up the student league. For more information, call 6-6336.

AFA to have skeet/trap shoot

The local Gen. Charles L.



Donnelly Jr. Chapter of the Air Force Association will hold a Skeet/Trap Shoot Oct. 21 at the Sheppard Shootin' Shack, Bldg 2382. All AFA members and anyone interesting in joining or learning more about AFA are invited to participate. Cost for the event will be \$12, and includes meal, one round of skeet and one round of trap. Participants may bring their own shotgun and shells, or purchase shells at the Shootin' Shack for \$5/box (two boxes will be needed), and gun rental is available for \$2. Cookout begins at 5:30 p.m., and shooting registration starts at 6 p.m. Prizes will be awarded for top trap, top skeet, and overall top score. For tickets contact Lt. Col Monty Deihl at 6-2414, Maj. John Gorla at 6-5147, Maj. Cliff Altizer at 6-3490, Capt. Ruben Matos at 6-5890, Capt. Rene Alaniz at 6-6943 or Capt. Tom Dent at 6-2280.

Flag football

Permanent party league standings

Team	Won	Lost	GB
82 MSS	7	0	0
382 TRS	5	0	1.0
362 TRS	5	2	2.0
365 TRS	3	2	3.0
82 SFS	4	3	3.0
82 CS	3	3	3.5
82 CES	3	4	4.0
80 FTW	3	4	4.0
82 CPTS	2	4	4.5
363 TRS	1	5	5.5
360 TRS	1	6	6.0

Falcons suffer first loss, drop out of Top 25

By Senior Master Sgt. Rick Burnham

Air Force Print News

LANDOVER, Md. — The U.S. Naval Academy's 2003 football media guide lists fullback Kyle Eckel as having good size and speed and being a player who should get better with experience.

Air Force head coach Fisher DeBerry calls him "possessioned."

Eckel ran for 176 yards and a touchdown to lead the Midshipmen to a 28-25 win over the 25th-ranked and previously unbeaten Falcons before a frenzied crowd at FedEx Field here Oct. 4.

Besides snapping a six-game winning streak over Navy, the loss effectively eliminated Air Force from contention for this year's Commander-in-Chief's Trophy, given annually to the best of the nation's three military academy teams.

Navy, on the other hand, can win the trophy for the first time since 1981 with a win against Army on Dec. 6 at Lincoln Field in Philadelphia.

DeBerry said his team played a hard-fought game, but just could not find an answer for Eckel.

"The bottom line of the game was that their fullback was just devastating, and we could not stop him," he said. "We tried everything in the world we knew, but he is a very strong player and a very good player and was the difference today."

The Air Force offense put up strong numbers of its own in the game, with quarterback Chance Harridge picking up 129 yards on 21 carries and another 87 through the air. But a series of promising first-half drives produced only 3 points as the Navy defense used an effective "bend but don't break" strategy.

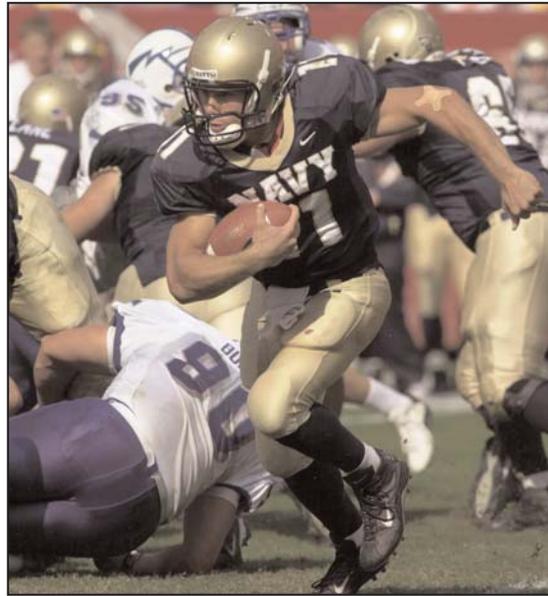
Particularly distressing was an early second-quarter drive that ended when Navy cornerback Shalim Brazier stepped in front of an errant Harridge pass at the Air Force 32-yard line and returned it 28 yards to the 4-yard line. Two plays

later, Michael Brimage plunged into the end zone to give his team a 14-3 lead with 8:31 left in the first half.

The Falcons never quite recovered from that point, getting to within 3 points twice — at 21-18 when offensive tackle Brett Waller recovered a fumble in the end zone moments into the fourth quarter, and at 28-25 following Harridge's quarterback keeper with 20 seconds left in the game.

An onside kick attempt on the next play failed, sealing Air Force's fate and plunging the Naval Academy band into several choruses of "Anchors Aweigh." As time ran out on this year's game, a small team of midshipmen manning a cannon fired off a number of thunderous volleys, while some 3,000 of their white-clad counterparts reached a state of delirium in the stands.

Air Force wingback Darnell Stephens picked up 88 yards on 20 carries in the game, while teammate Anthony Butler added 23 yards on four attempts. Navy quarterback Craig Candeto ran for 65 yards on 20 carries, and connected on three of six passes for 32 yards.



Navy senior quarterback Craig Candeto looks for a hole in the Air Force defensive line. Navy upset Air Force 28-25 in the inter-service game at FedEx field in Landover, Md. The Midshipmen snapped a six-game losing streak to the Falcons with the victory. The victory put Navy in excellent position to win the Commander-In-Chief's Trophy, awarded to the team with the best record in games between the three major service academies. The trophy will be up for grabs when Navy plays Army Dec. 6.

Photo by Journalist 1st Class Mark D. Faram

Box Score Air Force v. Navy

Score by quarter.....	1	2	3	4	Final
Air Force.....	3	7	0	15	25
Navy.....	0	14	7	7	28

Scoring Summary:

First
AF - FG Ashcroft 26, :50.
Second

NV - Candeto 2 run (Rolf's kick), 9:19.
NV - Brimage 3 run (Rolf's kick), 8:31.
AF - Harridge 1 run (Ashcroft kick), 3:38.

Third

NV - Lane 10 pass from Candeto (Rolf's kick), 8:56.

Fourth

AF - Waller fumble recovery in end zone (Schieffer run), 14:09.
NV - Eckel 4 run (Rolf's kick), 7:35.
AF - Harridge 1 run (Ashcroft kick), :20.

Bowling standings

Pos.	No.	Team Name	Won	Lost
1	21	187th Med Bn	30	10
2	1	365th TRS "B"	30	10
3	20	364th TRS "A"	29	11
4	2	365th TRS "C"	28	12
5	16	360th TRS	26	14
6	7	363rd TRS "Ammo"	26	14
7	24	363rd TRS Armament	23	17
8	14	Bowling Pro Shop	22	18
9	25	82nd COMM "A"	22	18
10	9	82nd MSS/SVS	21	19
11	27	382nd "BMET"	21	19
12	6	882nd TRG	20	20
13	4	361st TRS	20	20
14	8	80th FTW "A"	20	20
15	10	383rd TRS	20	20
16	3	364th TRS "B"	19	21
17	15	365th TRS "D"	18	22
18	5	82nd CES	17	23
19	22	381st Med Red	17	23
20	11	362nd TRS "A"	16	24
21	28	82nd Services Squad.	16	24
22	23	SPS	16	24
23	12	82nd CS "B"	16	24
24	17	366th TRS "A"	14	26
25	19	82nd CPTS	14	26
26	13	382nd TRS "A"	14	26
27	18	362nd TRS "B"	14	26
28	26	80th OSS	11	29

Army hangs tough with TCU

Army flirts with upset bid in first half, but eventually succumbs to TCU 27-0

Brandon Hassell filled in nicely for No. 20 TCU, keeping the Horned Frogs unbeaten in his three starts for injured quarterback Tye Gunn.

Hassell threw two touchdown passes, including a 40-yard strike to Bruce Galbert to start the second half Saturday night, and the Horned Frogs beat Army 27-0. Like Gunn, he's undefeated as a starter.

Freshman Robert Merrill had his third straight 100-yard rushing game for the Horned Frogs (5-0, 2-0 Conference USA) since replacing injured tailback Lonta Hobbs. Tyrone Sanders returned a questionable fumble 35 yards for a touchdown.

Army (0-5, 0-3) was limited to 204 yards, and hasn't beaten a ranked team since 1972.

On their previous drive, the

Black Knights got a 62-yard pass from Zac Dahman to Clint Woody to the to the TCU 12. But on fourth-and-2 from the 4, Carlton Jones fumbled in the backfield.

The Black Knights gained 67 yards on just three plays in the first half. They had just 16 yards on their other 29 plays before half-time, plus had a 53-yard pass wiped out by a chop block penalty.

Dahman threw a 26-yard pass to Jacob Murphy to convert third-and-11 on the first play of the second quarter, then after a 15-yard personal foul penalty was tacked on, the two combined for 17 more to the TCU 21.

But the Black Knights lost 10 yards on the next three plays, and

Dahman's fourth-down pass was broken up in the end zone by Mark Walker.

Carlton Jones ran 24 yards on the first play after a fumble by Merrill. But Bo Schobel then had his third quarterback sack of the second quarter, and Walker intercepted Dahman's next pass.

Army concludes its mini two-game road swing on Saturday when it visits Louisville in a Conference USA matchup at Papa John's Cardinal Stadium.

Six weeks into the 2003 campaign, the Black Knights are still searching for their first win of the season, while Louisville suffered its first loss of the year a week ago in its league opener.

This week's football games:

Air Force v.
UNLV, 12 p.m.

Navy v. Vanderbilt,
2 p.m.

Army v.
Louisville, 3 p.m.

Sheppard members compete at marathon

Members of Teams Sheppard competed in the 7th Annual Air Force Marathon Sept. 20 at Wright-Patterson Air Force Base, Ohio.

More than 3,300 runners from 49 states and eight foreign countries ran in the race.

The top Sheppard runner in

the individual event was B.A. Shanes of the 82nd Medical Operations Squadron with a 57th place finish out of about 3,000 runners.

Candra Muhs of the 82nd Medical Support Squadron was the next highest finisher for Sheppard when she was the

507th person to cross the finish line.

The relay team of Jeff Adling, Joe Burns, Scott Cassano, all from the 82nd Communication Squadron, and Aaron Madolora of the 982nd Training Group received medals for completing the marathon relay.

Relay Team

Runner	Cum. Time	Ind. Time	Miles	Avg Pace
Jeff Adling	0:47:26	0:47:26	5	0:09:29
Joe Burns	1:59:44	1:12:18	7	0:10:20
Aaron Madolora	3:13:39	1:13:55	7.5	0:09:51
Scott Cassano	4:16:24	1:02:45	6.7	0:09:22

Individual runners

Name	Place	Time	Pace
B. A. Shanes	57	3:09:23	07:13.7
Candra Muhs	507	4:11:57	09:37.0
Richard Cardenas	618	4:24:56	10:06.7
Edward Aguilar	644	4:27:40	10:13.0
Amanda Burns	666	4:29:25	10:17.0
David Lanning	703	4:33:18	10:25.9
Adinah Kimbley	894	4:58:45	11:2

Center offers classes

The aerobics center, located in the south fitness center, offers coed aerobics classes seven days a week. Call 6-2972 for more information.

Abdominal class

Monday, Wednesday and Friday at 11 a.m.
Monday-Friday at 8 p.m.

Aerobics

Monday at 7:15 a.m.

Step aerobics

Tuesday and Thursday at 5:30 a.m.

Body pump

Tuesday and Thursday at 9:15 a.m.
Thursday and Saturday at 11:30 a.m.

Yoga and pilates

Monday and Wednesday at 10:15 a.m.
Wednesday at 5 p.m.
Thursday at 6 p.m.
Saturday at 3 p.m.

Basic step

Monday, Wednesday and Friday at 7 p.m.
Sunday at 2 p.m.

Kickboxing

Tuesday and Thursday at 7 p.m.
Sunday at 3 p.m.

Intermediate step

Saturday at 10:15 a.m.,
Wednesday at 6 p.m.

Advanced step

Monday, Tuesday 5 p.m.

Combo step

Monday, Wednesday and Friday at 11:30 a.m.

Step/Floor

Monday, Wednesday and Friday at 9:15 a.m.

Spinning

Tuesday and Thursday at 11:30 a.m.
Monday through Friday at 4:30 p.m.
Monday at 7 p.m.

Submit sports stories to

sheppardsenator@sheppard.af.mil.

Deadline for story submits is noon every Friday.