

# The SHEPPARD SENATOR

Sheppard Air Force Base, Texas, home of the 82nd Training Wing and 80th Flying Training Wing

## Welcome home airmen

### Inside

PA officer's experience in Korea.....Page 8  
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### In the news

General to switch on tree lights

The Sheppard Tree Lighting and Home for the Holidays Salute to Sheppard men and women who have deployed is scheduled for Dec. 4.

For more information, see page 10.

### Flu shots available today

Flu shots are available in the North Chapel Annex today from 7:30 a.m. to 4:30 p.m.

All active duty military are required to have a flu shot. It is optional, but suggested, for civilian employees.

Flu shots are also available at the immunization clinic from 7:30 a.m. to 12 p.m. and 1 p.m. to 4:30 p.m. Monday through Friday.

The North Chapel is located on Eighth Avenue.

### No Senator Nov. 28

There will not be a publication of the Sheppard Senator Nov. 28 because of Thanksgiving. Please plan accordingly.

## SFS members return from Middle East

By Mr. John Ingle

Editor

Hannah and Kaylyn Staley stood with their noses pressed against the glass doors of the exit ramp at the Wichita Falls Municipal Airport Tuesday.

Two small fogs appeared on the glass with each breath the 4- and 3-year-old took. Anticipation and excitement ran through their bodies at the same time.

Daddy's coming home. Staff Sgt. Preston Staley and 12 other members of the 82nd Security Forces Squadron returned to hugs and kisses following their deployment to the Middle East.

The moment was more than any words could describe.

Sergeant Staley came home to a new house with a new housemate - 3-month-old Emma.

Christi Staley, Sergeant Preston's wife, said her husband deployed at the beginning of the year, but came back when Turkey wouldn't allow U.S. forces in country.

The young couple learned she was pregnant with Emma during that time. Then new orders came down.

"It was horrible," Mrs. Staley recalled. "He came home for a



Photo by Mr. Lynn Bullard

Staff Sgt. Preston Staley, 82nd Security Forces Squadron, takes his new baby girl, Emma, with his wife, Christi Tuesday while their oldest daughter, Hannah, 4, looks on. Three-month-old Emma was born while Sergeant Staley was deployed to the Middle East.

couple of months and I thought he'd be here."

After months of waiting for wives, mothers, fathers and children, guests at the airport learned they would have to wait a few minutes longer because of a delay at DFW International Airport.

The small American Eagle landed at about 2:07 p.m., about 34 minutes passed its scheduled arrival time.

Mrs. Staley watched as the plane taxied to the spot where its passengers would unload.

As she held baby Emma in her

arms, she said her heart was beating faster the closer the aircraft got.

"I think she (Emma) can feel it," Mrs. Staley said.

The following are 82nd Security Forces Squadron personnel who recently returned from deployment:

Tech. Sgts. Christopher Hurst and David Wallasky.

Staff Sgts. James Booker, Jason Morales and Preston Staley.

Senior Airmen Alanzo Buenaventura, Christopher Crankshaw, Nathan Hall, William Heiser, Mark

An anxious Kaylyn looked at her grandmother, Terri Staley, with one thing to say.

"They won't let daddy out," she reported.

A few minutes later, her "daddy" was let out with the other members of the 82nd SFS.

A firm, but gentle hug was given to each of his daughters and a soft kiss to his wife.

The Staleys weren't the only families re-united Tuesday.

Airman 1st Class James Hudson came home to his 8-month-pregnant wife Airman 1st Class Crystal Hudson.

The Hudsons, 10 months into their young marriage, learned Airman Crystal Hudson was pregnant the day her husband left on his deployment.

Capt. Chris Echols, commander of the 82nd SFS, said it's good to have members of his team back home.

"We're just thrilled to have these folks back," he said.

Thirteen members of the squadron also returned Nov. 16.

The captain said the returning members would get time to be with family and then it would be back to work as usual.

Hill, Jeffrey Keast, Daniel Koelsch and Brandt Newcomer.

Airmen 1st Class Michael Amditis, Steven Apperson, Andrew Beeman, Scott Cousins, Richard Delgado, Jeffrey Dunham, James Hudson, Daniel Lock, Robert McMenamin, Jose Muniz and Kathleen Shephard.

Airmen Eric Bradley and Suge Ann Chong.



### Team Sheppard Training 2003



82nd Training Wing: 71,377 students trained to replenish America's combat capability  
80th Flying Training Wing: 177 combat pilots trained for the NATO Alliance





Photo by Mr. Lynn Bullard

**Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander, presents Jeffrey Karth with the Air Education and Training Command Civilian of the Quarter award for the second quarter of 2003.**

# Action Line 6-2000, action.line@sheppard.af.mil

The 82nd Training Wing's Action Line is your direct line to me for any concerns and suggestions you have.

I am personally involved in every reply, and I am committed to making Sheppard Air Force Base a better place to live, work and play.

Before you call the Action Line, however, I ask that you give your chain of command or other base agencies an opportunity to work your concerns. If you still do not receive a satisfactory response, call me at 6-2000, or send an e-mail to

action.line@sheppard.af.mil. Please include your name and telephone number.

Those concerns with a wide impact at Sheppard may be published in *The Sheppard Senator*.

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### Kudos for officers club

**Q**uestion: I went with some friends to the officers club for their two-for-one Prime Rib special. The food was excellent. It was as good a meal as I have had anywhere, and the price was great, \$16.95 for both meals. It is a shame that not many people frequent the dining room at the officers club. I would hate for us to lose this privilege because of lack of participation.

**A**nswer: Thank you for your comments. They are greatly appreciated. Both of Sheppard's clubs always strive to give a quality meal and service for the best possible value.

We are pleased that you had a pleasant experience and, hopefully, the word will get out to others. We invite everyone to join the club and be eligible for all the excellent meals and services with club member discounts offered.

### Swimming pools not handicapped ready

**Q**uestion: I would like to know why the base swimming pools are not handicapped accessible.

I spoke with Captain Sharples in the Services Division and he told me they could not build ramps due to a lack of funding.

He said this is on his plans for next year, but I feel like this is something that needs to be taken care of.

**A**nswer: Good question. The Mission Support Group is facilitating and programming your request.

Pools are a very popular form of recreation, and we are committed to providing access to all members of the Sheppard community. We are actively researching which one will

work best for our Capehart complex.

Our (82nd) Civil Engineer Squadron is evaluating a work request to install handicapped access and, while we anticipate installing the necessary equipment, at this time, the best solution is still being researched.

You will find all of our newer facilities meet or exceed Americans with Disabilities Act standards.

As Sheppard transforms, our new buildings and activities will meet the standards. Older buildings and structures are generally exempt from ADA standards unless there is a major renovation.

The Mission Support Group team of professionals is deeply committed to providing our community with accessibility to our Morale, Welfare and Recreation programs.

### Parking in Wherry housing

**Q**uestion: What can be done about the misuse of parking privileges in Wherry housing? People are inconsiderate and park all their vehicles in the front, not utilizing the covered parking in the back.

Also, every day, people park on the grass, on the wrong side of the street and by fire hydrants. This is a huge safety issue. It would be nice if law enforcement would rigorously enforce the parking standards before someone gets hurt.

**A**nswer: We appreciate you bringing this situation to our attention.

Although there is no assigned parking for the streets in base housing, we encourage members to use their carpools and driveways as their primary parking areas.

Vehicles must be parked in designated parking spots. Since becoming aware of your concern, our patrols have been

instructed to be on the lookout for such violations. Individuals will be cited for blocking driveways, parking too close to fire hydrants and parking on seeded grassy areas.

Please understand that parking on the opposite side of the street is generally an accepted practice unless it creates a traffic hazard.

### Tree not delivered

**Q**uestion: In June there was a storm that came through and took out one of the big trees in my backyard.

My backyard was marked to put a new tree in. I saw others receiving their trees but I never got mine.

A few weeks ago, a military man came to my front door to deliver a plastic wrap for my new tree. When I told him I had not received a tree, he took the wrap back.

I called Family Housing to let them know that I had not received my tree. They told me they were not in charge of that and they did not know whom to contact about it. I would just like to know if I am going to get the tree that my backyard was marked for?

**A**nswer: Thanks for taking time to bring this to our attention.

One of our many responsibilities in housing is to provide good customer service to our customers. In this case, it was not provided and please accept our apology.

We have researched our records and it was an oversight on our part that you did not receive the tree. One will be planted very shortly in your yard.

We are sorry for the mix-up and thank you for your patience in this matter.



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### 82nd Training Wing commander

Brig. Gen. Arthur Rooney Jr.

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# View from the top

## AETC commander sends Thanksgiving greetings

By Gen. Don Cook

Commander of Air Education and Training Command

RANDOLPH AIR FORCE BASE, Texas – Thanksgiving is a unique American holiday. It is a special time for friends, family and neighbors to gather in fellowship, and to pause and give thanks for the many blessings bestowed upon us.

We have much to be grateful for again this year: our families, our health, our good fortune and, most of all, our freedom.

It is the men and women in uniform, past and present, to whom we have much to thank. As members of the armed forces, each of us is keenly aware of the sacrifices it takes. We leave our families behind, missing first birthdays, 10th anniversaries and many special moments in our loved ones' lives. But, like our forefathers, we are comforted in knowing our contributions help protect this great nation.

I salute you and express my heartfelt thanks for your continued service.

This Thanksgiving, many of our service members are once again far from home defending the very freedoms for which we are giving thanks. Let us keep them in our thoughts as we gather



Gen. Don Cook

around the dinner table.

I also ask you to remember the families of our deployed members, our students, our basic trainees, our single service members and those members who may not be traveling home this holiday weekend. Let us open our homes to them, as members of our extended Air Force family.

Diane and I wish you and your families a safe and joyous Thanksgiving celebration. God bless you all and thanks again for all you do.

# Rooney: Your name is on the mailbox

Brig. Gen. Arthur Rooney Jr.

Commander of 82nd Training Wing

Chief Master Sgt. Gaylor told a story at the dining out about he and his neighbor working long hours in their yards.

They worked hard to keep their yards orderly and ready for each season. They planted and tilled, mowed and hedged endlessly.

One day he asked his neighbor why two retirees should work so hard on their yards. His neighbor responded simply, "My name is on the mailbox."

That neighbor has a point. It's an interesting philosophy and one I wholeheartedly embrace.

When we have ownership of an item, such as a home or important project, people tend to take extra time to ensure that it's given proper care.

Just think for a moment: Have you ever washed a rental car? Of course not. Why bother?

You know the vehicle isn't yours and will be serviced by someone else upon its return. But for your personal vehicle — you make sure it's looking sharp.

Over the next couple of months, we'll be working to put occupant's names on every home in base housing. The reason I've authorized this is not that we want

to make sure the yard is neat...but I feel it's important that each occupant has a sense of ownership of their home.

Although we only live on base for a few years at a time, after your name is "on the mailbox," you'll find that a particular unit will forever be "yours." In fact, I've seen airmen return to Sheppard after years of travel just to stop in front of a unit and say, "that's my house."

This philosophy isn't just about base housing. The next time your section has a task, try giving someone "ownership" of the project. You'll find that airmen of all ranks will excel when they are trusted to work on their own and use their creative abilities to complete goals.

Giving people the room to work independently and "own" a project will reap rewards not only in the quality of work, but in the job satisfaction of our airmen.

Your name is on the mailbox — on your uniform, the front of this installation, in base housing, on our aircraft — keep it in mind everyday. We are all representing the reputation of the US military in our actions and person 24 hours a day, 7 days a week.

This is our installation and I'm proud of the name we've put on it...AIRPOWER!



# Crosswalks and the law

By Master Sgt. Steve Sinatra

82nd Training Wing Safety Office

Now that Sheppard has installed new-lighted crosswalks across Avenues D and E, it's a good time to mention the Texas law concerning crosswalks.

There has been a rumor going around about the Texas' crosswalk law that unless an individual is physically in a crosswalk, traffic is not required to stop.

The truth is, according to Texas law, "operators will yield the right-of-way to a pedestrian crossing a roadway if no traffic control signal is in place or in operation; and the pedestrian is on

the half of the roadway in which the vehicle is traveling; or approaching so closely from the opposite half of the roadway as to be in danger."

In short, if there's a pedestrian wanting to cross, motor vehicle operators must stop to let them cross. Conversely, if there is no crosswalk or traffic device present, the pedestrian must yield to vehicle traffic.

Ultimately, it is the responsibility of both parties to see safe movement and exercise due care when crossing.

For more information on Texas statutes concerning crosswalks, visit the Web site at <http://www.capitol.state.tx.us/statutes/tr/tr0055200.html>



Photo by Mr. John Ingle

## The race is on

Col. Darrell Sims, 82nd Training Wing vice commander, and Col. Gregory Custer, 82nd TRW chaplain, make their way down Fifth Avenue Nov. 13 during the afternoon Wing Run. Thousands of Team Sheppard members turned out for the inaugural day of running for the wing. Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander, led the morning run.

# Santa gets crafty

Sheppard's Hangar Holiday showcases the man in red and creativity

By Airman Jacque Lickteig

Base public communication

More than 8,000 people attended the Sheppard Officers' Spouses Club's 17th Annual Hangar Holiday Saturday and Sunday at Bldg. 1045.

The free event featured more than 150 vendors with more than 230 booths.

Shoppers browsed the aisles looking at candles, Christmas decorations, jewelry, antiques, porcelain babies, quilts, furniture and more.

"The Hangar Holiday is great. I really enjoyed seeing the handmade baskets," Grace Shawn, an attendee, said.

About every half hour, shoppers listened intently to an announcer call out ticket numbers while checking the tickets they received at the door to see



Photo by Airman Jacque Lickteig

**Rain Lee Clement, a shopper's grandson, tries to see who's under that white beard while Col. Bobby White, 782nd Training Group commander, puts on his best Santa Claus act.**

if they won one of the many door prizes that were donated by the vendors. Winners won things such as peanut brittle, gift certificates, ornaments and more.

Hungry shoppers had a variety of foods to choose from the food vendors that offered fair favorites, such as funnel cakes, nachos, hamburgers and kettle corn.

While customers crowded the aisles, children eagerly waited in line to take photos with Santa Claus, who was

played by Gen. Arthur Rooney Jr., 82nd Training Wing commander, 82nd TRW Command Chief Master Sgt. Lupe Ruiz and others.

Quarter Note, the clown, painted children's faces and the elf, played by Rodney Leonard from the 82nd Medical Group, passed candy canes out, Sharon Richardson, chairman of Hangar Holiday, said.

The event raised about \$15,000 for the SOS Scholastic Program and the military community including the Air Force Enlisted Foundation, the AF Village Foundation, the Curtis LeMay Foundation, the National Military Family Association, the Iwo Jima Foundation, the Military Child Education Coalition, the Fisher House and Children Can Achieve Maximum Potential.

"The vendors and the customers said it was one of the best Hangar Holidays they've been to," Mrs. Richardson said. "Thanks to the 82nd Civil Engineer Squadron, Hangar 1045 personnel and the 82nd Security Forces Squadron for helping it run smoothly."

Next year's SOS Hangar Holiday will be Nov. 13 and 14.

## Behind the scenes at the 82nd TRW/IG office

By Carolyn Young

Base public communication

Delicious homemade cookies and a bowl of assorted candies is the first thing scene when someone walks into the 82nd Training Wing Inspector General's office.

It's not exactly what you'd expect in a typical IG office, but, as Col. Joseph Brown and his award-winning IG team have demonstrated, they're not a typical IG office.

"We have a diversified mission," Colonel Brown said. "We investigate fraud, waste and abuse, reprisals and items related to abuse of authority."

Their duties are mostly within the confines of Sheppard. However, if a Team Sheppard member is involved in an incident off base that subsequently moves on base, the IG office can then become involved.

Most importantly, the IG members are fact-finders.

"We want 'just the facts,' like Joe Friday always said," Colonel Brown said, quoting a line from the television show "Dragnet."

They get these facts not from in-the-field investigations, but rather from one-on-one interviews.

"We try to separate facts from emotion," Master Sgt. Glenn Kelleher, deputy IG for the 82nd TRW, said. "When people finally come to the IG office, they are upset and angry, so we have to get the facts."

This is where the cookies come in. Investigative Assistant Phyllis Danielson keeps the cookies, sodas and candy for these emotion-filled clients.

"It really works to calm them down," she said.

Another part of the IG's mission is to educate people on what services the IG offers. Many people come in with a complaint, and then realize it's not something the IG can solve, Colonel Brown said.

Teamwork is an integral part of the IG office. Although manpower in the office is small, the Sheppard IG remains one of the busiest in the business.

"We have a four member team, but have one of the highest workloads in the Air Force," Deputy IG Master Sgt. Robert Evans said.

The teamwork is evident in the awards won by the office. They've earned the prestigious John P. Flynn Award for Air Force Wing IG in 1998, 1999, 2000 and 2002.

All four team members said the most rewarding part of the job was getting to help people.

"Even if we can't help someone, we can give them advice," Sergeant Evans said.

Ms. Danielson said people at Sheppard know the IG office will help them as much as possible, and this gives the office a good reputation on base.

The IG office also works to help Team Sheppard develop combat capable airmen. When individuals are not concentrating on their job because of concerns they have, they are not as efficient as they could be, Colonel Brown said.

"We want to get mission-ready airman back on task quickly, because we want to see everyone contribute and focus on his or her missions," he said.



Photo by Airman Jacque Lickteig

Barbara Eldridge, a vendor at the Hangar Holiday, embroiders a sweatshirt to demonstrate her craft as shoppers pass by.

## Operation Santa Claus

Sheppard Fire Department personnel will be collecting new toys or donations Dec. 6 and 7 from 10 a.m. to 6 p.m. at the Main Exchange.



## Personnel advised to "Click it or Ticket"

"Click it or Ticket" is the largest national campaign among law enforcement to crack down on people who do not buckle up themselves or their children.

This year's campaign began Nov. 17 and will end Nov. 30.

Law enforcement agencies, combined with advertising agencies, increase awareness on the use of seatbelts and child safety. Many people only buckle up because of the threat of a ticket and not the idea of possible injury or death.

According to the National Safety Council, 321 military personnel lost their lives in traffic accidents during fiscal year 2002. By taking a few seconds to buckle yourselves and your children, you could very well be saving your lives.

For more information regarding "Click it or Ticket"



please contact Staff Sgt. Shauna Snyder, 82nd Security Forces Squadron, at 6-7616.

## Commissary open Monday

The commissary will be open Monday to provide another day for holiday shoppers.

The store will be open from 7 a.m. to 8 p.m.

The commissary will be closed Thanksgiving Day.

## Airman's Attic to host all ranks

An Airman's Attic All Ranks Day will be held Dec. 6 from 9 a.m. to 1 p.m.

The Attic is located in Bldg. 962 on the corner of Ninth Street and I Avenue. The phone number to the Attic is 6-0048.

The Attic has adult clothing, baby clothing, baby items, small appliances and other various items available. Make plans now to stop by and see what the Attic has to offer!

For additional information, please call the Family Support Center at 6-4358.

## Education testing center closes

Due to the holiday break and

the resulting decrease in testing activity, the education services testing center will be closed beginning Dec. 22.

The normal testing schedule will resume on Jan. 5. Plan testing needs accordingly.

The counseling and administration activities in the education services center will continue, but with a greatly-reduced staff.

## Scholarships for Military children offers information

Information for The Scholarships for Military Children can be found at [www.militaryscholar.org](http://www.militaryscholar.org) or [www.commissaries.com](http://www.commissaries.com).

This program is administered by Fisher House Foundation and has awarded nearly \$2.5 million since 2001 to nearly 1,500 children of active duty, retired, and Guard and Reserve families. The general public can now make donations through the website at [www.militaryscholar.org](http://www.militaryscholar.org). Fisher House Foundation provides a means to donate on the Internet through a secure credit card server and no administra-

tive fees are involved.

Scholarship applications for the 2004 program will be available online or at any commissary. The application period is now until Feb. 18.



## South chapel to hold holiday worship

The south chapel will hold an Ecumenical Thanksgiving Worship Service Nov. 25 at 7 p.m. There will be a pie social after the service. For more information, call 6-7276.

## AFAS education grants available

The General Henry H. Arnold Education Grant Program provides \$1,500 grants to selected sons and daughters of active duty, Title 10 AGR/Reserve, Title 32 AGR performing full-time active duty, retired, retired reserve and deceased Air Force members; spouses (stateside) of active duty members and Title 10

AGR/Reservists; and surviving spouses of deceased personnel for their undergraduate studies.

Last year, the Air Force Aid Society (AFAS) awarded \$5.25 million in college education grants to Air Force dependents. Awards for the 2004-2005 academic year will be announced in June 2004.

Don't automatically think you won't qualify. What have you got to lose? A \$1500 college grant!

## Union to hold meetings

American Federation of Government Employees Local 1731 will be holding the next two monthly union member's meetings in the community activity center at 4:45 p.m. the first Monday in December and January.

The meeting will be in the small conference room next to the snack bar. These meetings are only open to members of Local 1731 or perspective members escorted and presented by a member in good standing.

For more information, contact the Local 1731 representative in your immediate area.



Courtesy photo

## Veteran's Day

Student leaders from the 364th Training Squadron spent the day with children from Crocket Elementary School in celebration of Veteran's Day. The Sheppard air-

men explained their roles in the military to the children. They also read stories about patriotism and United States history to the children.

## Speeding into the Blue...

# Car sports AF logo

RANDOLPH AIR FORCE BASE, Texas (AFP) -- The next generation of the Wood Brothers racing team dynasty is "Crossing into the Blue" driving a specially painted Ford Taurus prominently featuring the Air Force logo and colors.

Coming on the heels of his recent NASCAR Craftsman Truck Series win at Martinsville, Va., Jon Wood is making his 2003 debut in the NASCAR Busch Series at the Ford 300 on Nov. 15 in Homestead, Fla.

"It's really special that the car will be Air Force blue because we have such a great relationship with the United States Air Force," said Eddie Wood, Jon's father and co-owner of Wood Brothers Racing. "We are so proud of that association and to have your kid driving for them, too, really makes you feel good."

To NASCAR fans, the Air Force partnership at the race with 22-year-old Jon is not in the least bit unusual. The Air Force is an associate advertiser in the NASCAR Winston Cup Series with the Wood Brothers' No. 21 Motorcraft

Racing Ford Taurus, driven by Ricky Rudd.

"I know how my dad and Uncle Len (Wood) feel about their Motorcraft team's association with the Air Force," Jon said, "and for me to be able to represent the Air Force, too, really makes me proud. It'll be tough to qualify for the Busch race, and we'll have our work cut out for us, but some of my guys from the truck crew are going to help out, and I'm really looking forward to the experience and challenge."

Air Force officials are excited about the chance to work again with Wood Brothers Racing, said Lt. Col. Steve Murray, Air Force Recruiting Service spokesman.

"NASCAR provides the Air Force an outstanding opportunity to reach potential recruits and their families, provide support to our recruiting effort and increase awareness of the Air Force among the general public," Colonel Murray said. *Courtesy of Air Education and Training Command News Service.*

# Student activities: Happenings in the community

## Student center

Monday, 6 to 8 p.m. - jam session, bring your own instrument or equipment, free.

Tuesday, 5 to 9 p.m. - Video Night in the pub, free.

Wednesday, 3 to 5 p.m. - pool tournament, \$2 per person.

Thursday, 7 to 9 p.m. - Karaoke Night, free.

Friday and Saturday, 7 p.m. to 1 a.m. - Club BDU dance, \$4 per person.

Sunday, 3 to 5 p.m. - pool tournament in the ballroom, \$5 per person.

## Hours

Monday - Thursday: 10:30 a.m. to 10 p.m. Friday and Saturday: 10:30 a.m. to 1 a.m. Sunday: Noon to 10 p.m. Holidays: Noon to 8 p.m.

## Red River Cafe

The café offers pizzas, calzones, hamburgers, chicken, a variety of salads and sub sandwiches

including all-new Philly

steak

sandwich,

a variety of

drinks plus 14

flavors of ice cream and sherbert.

Wednesday and Thursday: 4:30 to 10 p.m.

Friday and Saturday: 11 a.m. to 11:30 p.m.

Saturday and holidays: Noon to 9 p.m.

## Fitness incentive

Every Saturday, the fitness center offers a variety of exercise programs for students as part of the Fitness Incentive Training for Students program. Two plastic chips are given to those who participate and one chip is given to those who attend. The squadron that collects the most chips will win a prize at the end of the program. For more information, call 6-2972.

Saturday - Flag Football Turkey Bowl, 10 a.m.

Nov. 29 - 3-on-3 basketball game beginning at 10 a.m.

## Talent show

The center will host a talent show during the Club BDU dance tonight from 7

p.m. to 1 a.m. The cost is \$4 per person. Call 6-7659 for more information.

**Thanksgiving hoagies**



The student center is giving free holiday hoagies to students Thursday from 2 to 4 p.m. For more information, call 6-7659.

## Community center

### Pool tournament

The community center has pool tournaments every Saturday at 5 p.m. The fee is \$2 per person. First- and second-place winners win trophies. Call 6-7695 for more information.

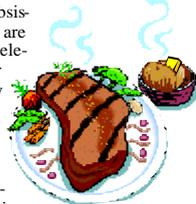
### Video night

The community center has a free video night every night beginning at 5 p.m. on the big screen TV in the lounge on the second floor. For more information, call 6-3866.



### Birthday dinners

Students who are having a birthday this month and are on subsistence in kind are invited to celebrate their special day on the Friday of their choice for dinner. Students can contact the dining facility manager/supervisor, or call 6-2080 for more information.



## Student Ministry programs

### Solid Rock Cafe

Solid Rock Cafe is open every day at Bldg. 450.

Monday through Thursday, 7:30 a.m. to 9:30 p.m.

Friday, 7:30 a.m. to 11:30 p.m.

Saturday, 1 to 11:30 p.m.

Sunday, 1 to 9:30 p.m.

Sunday Protestant Bible study, 4 p.m. Contemporary Praise Worship Service, 5 p.m.

Chapel Ropes Meeting, Tuesday, 11:15 to noon and 4 to 5 p.m.

Parents and Tots, Monday, 1:30 to 2:30 p.m. and Wednesday, 10 to 11 a.m.

Praise Band Rehearsal, Saturday, 10 a.m. to noon (Andria Hayman)

Solid Rock Saturday Meal, 5 p.m.

# Sheppard chief “shares” rank with family

**By Capt. Mark D. Gibson**

*Air Combat Command Public Affairs*

As military families are recognized this month, one particular family, the Washburns, stands out with the father and two sons representing nearly 90 years of dedicated service to our country.

In fact, there has been a Washburn in boots on active duty since World War I.

One member of the trifecta, Chief Master Sgt. Edward Washburn, is stationed here at Sheppard.

New threats, new technologies, and new tools are changing the way the warfighter prepares for conflict.

Chief Warrant Officer (ret.) Frank Washburn Sr., Chief Master Sgt. Edward Washburn, and Chief Master Sgt. Frank Washburn Jr. have all contributed to the positioning of our Air and Space force as the world's leader in the 21st century.

The three men recently reunited at Langley Air Force Base for

Frank junior's retirement ceremony Nov. 7.

"It wasn't easy, but it was worth it. I attribute my success in the military to God foremost and the support of family and examples of leadership found in my father and older brother," Chief Frank Washburn Jr. said.

This military trio's legacy began when the Army drafted Chief Warrant Officer Washburn in 1954. His career culminated in the 82nd and 101st Airborne divisions with over 40 jumps.

His expertise was in the area of Nike Hercules, air defense missile systems, very similar to today's Patriot missile system.

He retired in 1977 after 24 years of service only to be recalled to active duty in 1985 to serve an additional five years.

Chief Master Sgt. Edward Washburn enlisted in 1975 and currently serves as the superintendent for the 882nd Training Group at Sheppard. He is the principle advisor to the group commander on all enlisted issues.

He is directly responsible for the daily leadership, management and mentoring of over 400 enlisted personnel.

"I never intended on doing more than my four-year commitment, but at that four-year point, I took a good look around me and realized the military was in the Washburns' blood," Chief Edward Washburn said.

Chief Master Sgt. Frank R. Washburn Jr. also enlisted in the Air Force in 1975.

Before retiring recently, he was the Air Combat Command's supply functional manager responsible for coordination on all manpower actions affecting over 3,000 enlisted supply personnel assigned to 58 installations worldwide.

The Washburn sons attributed their success as chiefs to their father's fine example and his support.

Chief Frank Washburn recalls one specific example of his father's support while he was stationed in Korea, and his morale was low. He remembered his father's gentle



Photo by Tech. Sgt. Bloker

**Chief Warrant Officer Frank Washburn Sr., Chief Master Sgt. Edward Washburn and Chief Master Sgt. Frank Washburn Jr. have collectively logged 85 years in military service to the nation. The family gathered here recently to celebrate the retirement of Chief Master Sgt. Frank Washburn Jr., who served as Air Combat Command's supply functional manager.**

pushes, as he liked to call them.

"Tough times won't last, but tough men do," his father told him.

All three men admit that military life wasn't easy but agree it has been worth it. They give special credit to their wives and children for their love and support, which helped them through their careers.

The most important role model

in all three of their lives and the common denominator for their success is Robertia Washburn, the boys' mother and Chief Frank Washburn Sr.'s wife of 51 years.

"We are proud to be Americans and to belong to the ranks of honored veterans, those who have fallen and those still alive," the Washburn trio said.

*I had the chance to spend October in Seoul, South Korea, and have come back not only more enlightened on the Korean language and culture...*

By 1st Lt. Laura Renner  
Base public communication

but also with a new understanding of myself.

The Air Force sends people to countries all over the world to learn different languages. Participants in the Language and Area Studies Immersion program spend a month in a foreign country to learn the language and culture.

LASI's purpose serves to improve foreign language skills and cultural awareness of officers who have some knowledge of a language, but not a lot of chances to practice it. Air Force Chief of Staff Gen. John Jumper explains the need for LASI need in a sight picture called "An Expeditionary Language."

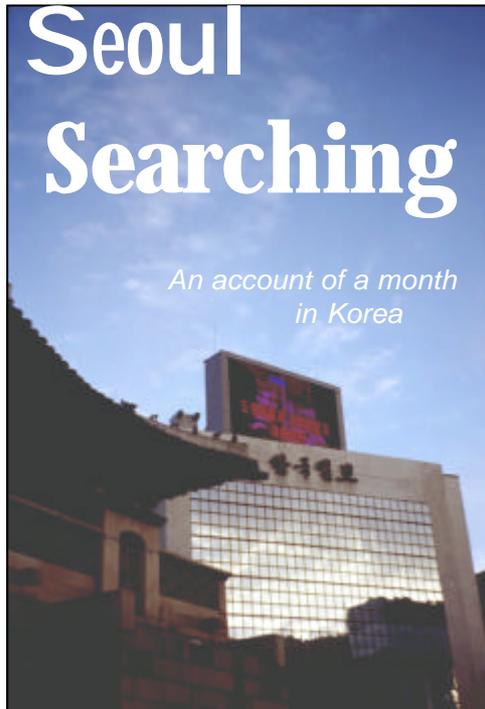
"...Our expeditionary force requires airmen with international insight, foreign language proficiency, and cultural understanding," he said. "To be truly successful at sustaining coalitions, pursuing regional stability, and contributing to multinational operations, our expeditionary forces must have sufficient capability and depth in foreign area expertise and language skills."

When I got off the plane in Seoul, I was shocked at how much I didn't understand. By the time I left, I was shocked at how much English people were using to speak to me and how much Korean I was using to respond.

For one month, I lived in South Korea as a Korean. My host family lives in a section of Seoul called Un Pyong Gu. The father is an architect and the mom stays home. They have two boys: Seh Min and Seh Mun.

Seh Min possesses artistic abilities, often drawing pictures and developing creative playgrounds for his pet hamsters. Seh Mun is a rambunctious little boy who loves to play a Korean game known as konggi, which is similar to jacks, to look at the stars through his telescope and to play tricks on his hamster.

I slept on the heated floor of my bedroom in their two-story apartment. After eating breakfast with my



family, I left for school.

It took me an hour by foot and subway to get to Kwanghamun, the downtown district where my school, the Language Teaching Research Center, is located. The population of Seoul, one of the world's largest at about 12 million, taught me a new meaning of the word "crowded."

October's group at the school consisted of six students: an intelligence officer from Peterson Air Force Base, Colo.; an intelligence officer from Yongsan Army post, Seoul; a personnelist from Fairchild Air Force Base, Wash.; an acquisitions officer from Wright-Patterson Air Force Base, Ohio; an intelligence soldier from Fort Meade, Md.; and me.

We made up three classes because of our differing levels of knowledge.

In our classes we studied grammar, learned new vocabulary and discussed social and cultural issues affecting Korea today and in the past.

After lunch, we attended private tutoring and then hit the town practicing what we learned and learning even more from the locals.

We learned things like how to bargain while shopping; fall is not cold enough for mittens; we don't tip taxi drivers, waiters or waitresses; food should not be judged by its looks or smells; we walk on the left side; sitting on the floor is more common than sitting at a table; it's okay to get cut off by a bus; we try not to show our teeth; just because things are different doesn't mean they're wrong; and the Korean culture and language are all about politeness and respect.

Once a week, we took field trips to places like Cheongwadae, the president's house, Kyungbok-gung, the king's palace until 1910 when Japanese rule ended the Korean monarchy, and Namsan Hanok Maul, a traditional Korean village.

In the evenings, I returned to my home where I ate dinner, finished my homework and hung out with my host family, watching TV, practicing konggi and playing various other games.

While we all learned so much about Korea and Koreans, I think we learned a lot about ourselves, too.

For me, being half Korean, I learned I have another home. It almost seemed as if I had found a part of me that had been missing since this whole time; rather it was always in me, I just didn't know it.

I began to understand why I do some of the things I do. Even my body felt as if it had found a home: my stomach loves Korean food!

At the same time, I got the chance to visit with my mom's family. In doing so, I started to catch a glimpse of her life growing up. I began to understand my history.

Less than a week after my return, I started to think the world I lived in for a month was merely a dream. But, when I have a conversation with a stranger in Korean or when I leave a note for my mom in Korean, I realize that world is closer to me now than it has ever been in my life. And it can only get closer.

For information on the LASI program and other Foreign Area Officer opportunities, visit their web site at: <http://fa.o.hq.af.mil/default.cfm>.



### Daily Programming

Sheppard Today ~ 6 a.m., noon, 5 p.m.  
 Air Force News ~ 6:30 a.m., 12:30 p.m., 5:30 p.m.  
 Navy/Marine News ~ 8 a.m., 2 p.m., 7 p.m.  
 Army News ~ 8:30 a.m., 2:30 p.m., 7:30 p.m.

Programming runs 24 hours on TSTV  
 Channel 14. Check out the detailed  
 schedule at  
[www.sheppard.af.mil/82trwpa](http://www.sheppard.af.mil/82trwpa)

#### Friday:

7 a.m. - Target for Today  
 10:30 a.m. - SEAL Class 224 - Basic  
 Underwater Demolition  
 11:30 p.m. - Wind Through Wires: World  
 War I Aviation

#### Saturday:

9:00 a.m. - African Americans in World  
 War II  
 3 p.m. - The Air Force Medical Corps: 50  
 Years  
 8 p.m. - Fire Smart - Workplace Safety

#### Sunday:

10:15 a.m. - The Centennial of Flight  
 1 p.m. - The 21st Century Navy

10:30 p.m. - The Berlin Airlift

#### Monday:

4:30 a.m. - The Third Century of the Amer-  
 ican Experiment  
 11:30 a.m. - The Army Soldier  
 4 p.m. - Air Power in Kosovo

#### Tuesday:

7 a.m. - Target for Today  
 1:15 p.m. - The Navy Hospital Corps  
 10 p.m. - 50 Years of the UCMJ

#### Wednesday:

2 a.m. - The Force Behind the Force  
 6 p.m. - Women Air Force Service Pilots  
 8:45 p.m. - Safety - Drive To Arrive

#### Thursday:

11:45 a.m. - Army Training Leader Devel-  
 opment  
 3:15 p.m. - Air Force Dietetics  
 4:15 p.m. - The Detroit Arsenal Tank Plant

# Air Marshal visits Sheppard

Gen. Don Cook, Air Education and Training Command commander, and Air Marshal Sir Joe French, the Air Officer Commanding-in-Chief and Air Member for Personnel in the Royal Air Force, visited Sheppard Nov. 14 to look over different aspects of training.

Air Marshal French also visited Goodfellow, Laughlin, Lackland and Randolph Air Force bases, all in Texas, as part of an AETC orientation.

During his visit here, Air Marshal French sat down for an interview with a Sheppard Senator staff writer.

## How did you enjoy your visit?

It was superb. I've been to Texas a few times in the past, and it's good to actually come back to Texas. This is my first visit to Sheppard, and I'm impressed by what I've seen.

## What was the purpose of your visit?

I'm visiting the AETC commander. I'm the UK counterpart to Gen. Cook, so obviously we've got shared interests in the training process for air and ground training. We both find it useful to actually exchange ideas for ground and flying training. We hope we can learn from each other.

## What did you see?

The 80th Flying Training Wing, some of the computer-

based training, some of the hangar facilities and Sheppard's development plans. It looks like (Sheppard's) got a very bright future.

## What did you like most about Sheppard?

On a short visit, it's very difficult to say one thing. What struck me has been the enthusiasm and the professionalism of everyone I met. That can only be good for the future of your Air Force.

## How do Royal Air Force Training and American Air Force training differ?

I don't think there is too much difference. I would have been surprised had there been great differences. What I did see today on the use of the computer-

based training, (the U.S. Air Force is) a little further ahead than us. When I look at your flying training, for instance the T-37, we incorporate similar aircraft in our training, flying hours are similar, the ground training systems are very similar, such as going through different phases of training, coming back and reinforcing your training as you do throughout your professional career.

When you look at the detail, I think it's a gain for the exchange of ideas, just talking as we were coming here, the care of students, making sure you've got people they can talk to, pastoral care that is part of looking after young people, you've got to give the correct support to the people.



Sheppard will host its annual Tree Lighting and a special Home for the Holidays salute to Team Sheppard members Dec. 4 who have deployed in support of the war on terrorism.

Festivities will begin at 4:45 p.m.

Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander, will light the Christmas tree.

Visitors and guests will enjoy an evening of games, a petting zoo, hay rides, a St. Nicholas pageant and rides on a live Texas Longhorn.

Attendees are encouraged to bring a food item for the Wichita Falls Food Bank or a toy for the Marine's Toys for Tots drive.

# Hiring process for civilians made easier

RANDOLPH AIR FORCE BASE, Texas— Internal and external job seekers will find some differences when applying for an Air Force non-bargaining career-program position.

“These changes reflect our effort to improve service, timeliness and quality of candidates referred for (job) vacancies,” Isabel Herrera, personnel management specialist with Air Force Personnel Center’s career program office here, said.

Changes announced by center officials include:

- For at least the next year, there are no more six-month or one-year penalties for employees who decline consideration or turn down a position after being selected. Effective immediately, existing penalties are waived. The no-penalty policy will be re-evaluated in a year.

- All qualified external candidates for a position can now be referred to the hiring authority. The number of candidates that could be referred used to be limited.

- Position-announcement periods can now be shortened to seven days. Previously there was a 14-day announcement minimum.

- Positions can now be announced any day of the week, not just Fridays.

“You can see that we’re trying to reduce the built-in delays that go into announcing, reviewing and filling positions,” Herrera said. “The changes should serve to get supervisors the people they need sooner to accomplish the mission.”

Career program team contact information is at [www.afpc.randolph.af.mil/cp/contact.htm](http://www.afpc.randolph.af.mil/cp/contact.htm).

(Courtesy of AFPC News Service)



Photos by Mr. Lynn Bullard

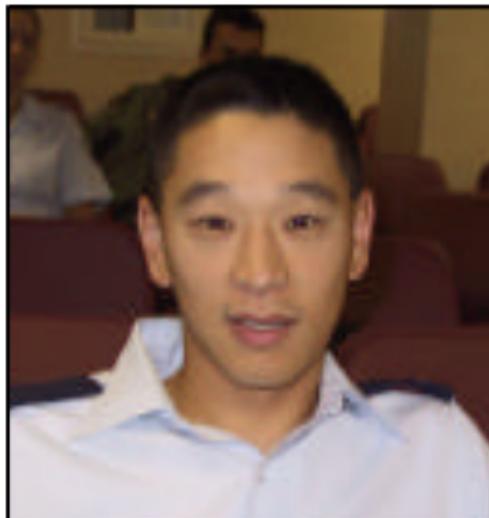
## High steppin’

Left, Susie Luchsinger performs gospel music for guests Tuesday night at the officers club. Below, Wayne Taylor, Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander, Charles Ford, Col. William Gampel, 82nd TRW staff judge advocate general, and Mrs. Luchsinger kick up their heels during one of her songs.

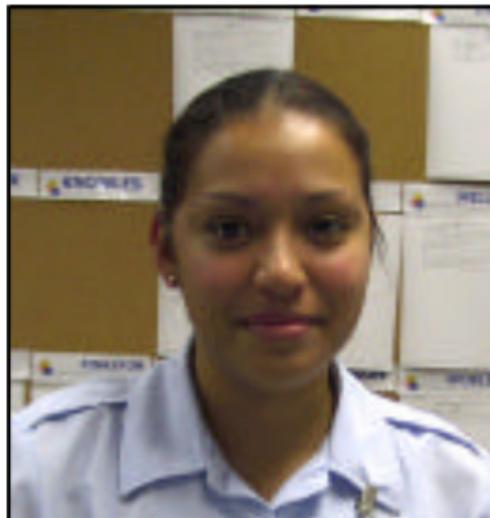


## Soundoff

# What is your favorite Thanksgiving dish?



*"Turkey," - 1st Lt. Scott Casano, 82nd Communications Squadron*



*"Yams and pineapples with marshmallows on top," Airman Erica De La Concha, 82nd Dental Squadron*



*"My wife's homemade pecan pie and stuffing," John Phillips, 82nd Medical Group*



*"Pumpkin pie, stuffing and turkey," Capt. Tamara Bergtholdt, 82nd Training Wing*

# President Bush signs tax relief to aid military, families

By K.L. Vantran

American Forces Press Service

WASHINGTON – Legislation signed by President Bush Nov. 11 increases the death gratuity payment to \$12,000 and provides that the full payment is tax-free.

Army Lt. Col. Janet Fenton said That portion of the Military Family Tax Relief Act of 2003 is retroactive to Sept. 10, 2001, to provide for servicemembers who died in the terrorist attacks the following day and in the ongoing global war on terror. Colonel Fenton is the director of the Armed Forces Tax Council.

“If you are killed on active duty, regardless of whether you’re in theater, or in a training accident or die from disease, your family receives \$12,000 death gratuity that is not taxed,” she said. “And that’s a big change. In addition, any future increases to the death gratuity will remain tax-free.”

The death gratuity has been \$6,000 since 1991, with half of it being taxed, she said.

“It just didn’t seem to be fair for the military family who was left grieving for their servicemember to get hit with a tax bill,” Colonel Fenton said.

Capital-gain exclusion for home sales is one of the

most common areas people were looking for tax relief, she said.

“This act will allow members to suspend the period of time which they have to sell their home and take the tax exclusion so they won’t have to pay that capital gains,” Colonel Fenton said. “It’s retroactive to 1997 so military members who have sold their homes since 1997 have one year from Nov. 11, 2003, to request a refund for any tax they did pay.”

Since 1997, when the law was previously changed, if servicemembers who owned a home got reassigned more than 50 miles from that home or was ordered to move on post, they were no longer able to roll over the gain from that sale to the next home they purchased.

Also since 1997, individuals could exclude up to \$250,000 (\$500,000 for married couples) of gain from the sale of a home if they resided in it for two of the five years preceding the sale. Under this act, military and foreign service people can suspend (for up to 10 years) the time transferred away from home on official extend-

## Sound bite

**“It just didn’t seem to be fair for the military family who was left grieving for their servicemember to get hit with a tax bill,”**

**- Army Lt. Col. Janet Fenton**  
*Director of the Armed Forces Tax Council*

ed duty for purposes of applying the five-year portion of the two-out-of-five-year rule.

The 2003 act also includes above-the-line deduction for overnight travel expenses of military reservists and National Guardsmen who have to travel more than 100 miles to attend drills or meetings.

“The act allows for an above-the-line, which means you don’t have to itemize your taxes to take advantage of this deduction,” Colonel Fenton said. “(Service-members will) be able to deduct unreimbursed travel expenses such as lodging, 50 percent of meals and any transportation costs.” This part of the act is retroactive to Jan. 1.

**To place an  
ad in the  
Sheppard  
Senator,  
contact the  
Times  
Record  
News  
advertising  
department  
at  
761-5151.**



Above, Staff Sgts. Kevin "Swampy" Scharwath and Jon George from the 362nd Training Squadron play cards with Suzanne Gonzales and Patricia Guthrie, Sheppard Bank employees. Right, Kay Yeager, former Wichita Falls mayor tees off at Wind Creek Golf Course.



A sergeant and his squadron's adopter take to the skeet range to enhance camaraderie between the two organizations.



Golfers finish up a hole during Sheppard's Squadron Adopter Day.



A sergeant and his squadron's adopter take to the skeet range to enhance camaraderie between the two organizations.

Military, civilian  
communities  
combine in Sheppard's

# Squadron Adopter Day

Photos by Mike Litteken

Eighteen local businesses turned out at Sheppard Monday during the inaugural Squadron Adopter Day and awards banquet.

The day was filled with camaraderie and games as members of Team Sheppard and their adopters hit the golf course, bowling lanes and card tables.

The squadron adoption program began in 1959 when retired Lt. Col. Floyd Taylor, a Wichita Falls resident, wanted to form some sort of partnership between the base and the community to ease unstable

relations.

The Wichita Falls Rotary Club became the first adopter in April 1959 when the group adopted the 3767th Student Squadron.

Today, more than 50 businesses and local governments have adopted squadrons at Sheppard.

Large and small businesses share in the adoption. Other bases Air Force-wide have adopted the squadron adoption program that began at Sheppard.

A Greek pilot who trained in the Euro-NATO Joint Jet Pilot Training program started a similar program in his home country.



Golfers finish up a hole during Sheppard's Squadron Adopter Day.



Col. Kimberly Siniscalchi, 882nd Training Group commander, gives a high five to Senior Master Sgt. Edward Sanchez, 82nd Security Forces Squadron, Tammy Shipman, First Command agent, Yvette Goff, resources advisor for the 82nd Mission Support Group and Col. Beverly Wright, 82nd MSG commander.

## General activities

### Lake Texoma celebrates holiday

Lake Texoma is scheduled to host a Thanksgiving dinner Thursday beginning at noon.

The price of the meal is \$10.95 for adults, \$4.95 for children (4 to 10) and free for children 3 and under. Reservations are required. Call (903)523-4613 for more information.

### Lake Texoma offers arts, crafts

Lake Texoma will have Christmas arts and crafts Nov. 29 beginning at 1 p.m. Call (903)523-4613 for more information.

### Sheppard members can winter check cars at auto skills center

Sheppard personnel can now do winter checks on their cars at the auto skills shop.

The shop is open Monday, Thursday and Friday from 1 to 9 p.m. and Sunday and Sunday from 9 a.m. to 5 p.m.

**Note:** The auto skills center will be closed Thursday for the holiday.

### Team Sheppard gets creative

The ceramics shop offers lessons and guidance for ceramic projects. All the materials needed to start creative projects are available.

More than 2,500 craft projects are available for lessons with a variety of paints, glazes and supplies.

The ceramics shop is located in Bldg. 832, the health and wellness center building.

Hours of operation are Wednesday-Friday from 11 a.m. to 8 p.m., Saturday from 10 a.m. to 5 p.m., and Sunday from noon to 5 p.m. For more information, call 855-0118.

## Club activities

### Duffy's Bar to open

Duffy's Bar inside of the officers club will open at 4:30 p.m. Saturday. Call 6-6460 for more information.

### A la carte menu hits club

The officers club will have an a la carte menu tonight with a variety of food items to choose from.

For more information, call 6-6064.

### Enlisted club goes country

The enlisted club will have a country night Saturday from 9 p.m. to 2 a.m. For more information, call 6-2083.

### Officers club has holiday spirit

The officers club will host a Thanksgiving brunch Thursday from 10 a.m. to 1 p.m.

The menu will include turkey, ham, giblets and gravy, carrots, broccoli, rice, corn, green beans, cranberry sauce, rolls, desserts and fruit.

The cost for the meal is \$14.95 for members, \$17.95 for non-members, \$7.50 for children (5 to 12) and free for children 5 and under.

Reservations are needed to reserve a seat. Call 6-6064 for more information.

### Officers club to close for holiday

The officers club will close its doors Nov. 28 for the holiday. For more information, call 6-6064.

### Enlisted club to close for holiday

The enlisted club will be closed Nov. 27 through Nov. 29. It will re-open Nov. 30 at 11:30 a.m. For more information, call 6-2083.

### Enlisted club gets in a Frenzy

The enlisted club is giving members chances to win a variety of prizes and trips with Football Frenzy 2003. For more information, call 6-2083.

### Officers club serves lunch deals

The officers club has daily lunch specials Monday through Friday. Cost is \$5.95 for members and \$7.95 for non-members. Membership pays!

On Mondays, they serve a country lunch. Tuesday is Italian. Wednesday is Texas style. Thursday is Mexican, and Friday is seafood.

Call the officers club at 6-6460 for more information.



## Chapel schedule Parish Ministries

### Protestant Services Sunday

Sunday School, 9:00 a.m., Bldg 962  
Community Worship, 10:30 a.m., North Chapel  
Inspirational Gospel Worship, 10:30 a.m., South Chapel  
Holy Communion Worship, 10:30 a.m., Hospital Chapel  
Weekday Bible Studies  
Tue, 6:00 p.m. & Thu, Noon, South Chapel

### Protestant Religious Education

Sunday school classes, Bldg. 962, 9 a.m.  
Tuesday night Bible study, 6 p.m., south chapel  
Thursday noon Bible study, noon (lunch provided), south chapel  
Protestant Women of the Chapel  
Thursday night Bible study, 6 p.m.  
Protestant Men of the Chapel Tuesday morning Bible study, 6 a.m.  
Protestant Men

### of the Chapel

Saturday, 6:30 a.m., south chapel  
PMOC breakfast/fellowship is the second Saturday of the month at Golden Corral at 8 a.m.

### Catholic Services

Saturday, confession, 4 to 4:30 p.m., north chapel  
Saturday, mass, 5 p.m., north chapel  
Sunday, mass, 9 a.m. and noon, north chapel  
Catholic religious education, pre-K through adult, 10:30 to 11:40 a.m., Bldg. 962

RCIA, 6 to 8 p.m., Bldg. 962

Daily services: Monday and Wednesday, 11:30 a.m., south chapel

Tuesday, 5:15 p.m., Solid Rock Cafe  
Thursday, 11:30 a.m., SRC

**For more information, call the base chapel at 6-4370**

The base movie theater is closed for renovations until January.



# Stryker Brigade lands in Kuwait

By Sgt. Jeremy Heckler

*Army News Service*

PORT OF KUWAIT, Kuwait — For the first time since World War I, the 3rd Brigade, 2nd Infantry Division has deployed overseas.

The brigade's Stryker vehicles and other equipment arrived Nov. 12 in the port of Kuwait on board the USNS Shughart and USNS Sisler after a three-week voyage from Fort Lewis, Wash.

The deployment marks the second time that Stryker vehicles have landed on foreign soil though. In August, a platoon from the Army's first Stryker Brigade Combat team conducted a capabilities demonstration in South Korea.

Soon after docking, advance-party crews from 3rd Brigade and members of the 598th Transportation Group, a Reserve unit deployed to Kuwait, went to work unloading the vehicles and equipment in the ships' cargo holds to prepare them for unloading and eventually for their convoy to

Camp Udari.

The team hopes to have the approximately 2,300 pieces of cargo unloaded in less than 48 hours, according to a 598th Transportation Group officer.

"What makes it go so fast is that equipment is all fully mission capable and can be easily transported off the ship," Major Faris Williams said.

In the days leading to the ships' arrival, the advance-party crews received safety briefings and were drilled in every aspect of the operation to ensure the offload would be as safe as possible, said Maj. Sean McKinney, 3rd Brigade S-4. The crews also had time to rest from their trip from Fort Lewis.

"Job number one here is taking care of the soldiers doing the work," Major McKinney said. "The soldiers here were given crew rest and a place to recover and rest for the next day's operations."

That rest included time to go to the Internet café and take in the post exchange so they would be ready to

go when the ships sailed in.

Sergeant Rone said two shifts worked around the clock to put the vehicles in action. The teams of drivers and safety workers come from all across the brigade. Drivers were told to get in the vehicles they are licensed for and drive them off the ship.

A second set of drivers took the vehicles from the port to the marshalling yard further inland and ready them for their trip to Camp Udari, Major McKinney said. Once enough vehicles are ready, groups of soldiers will come down to the marshalling yard from Camp Udari and begin the convoy north.

The vehicles will head for each unit's motor pool and each unit will make final preparations for the journey into Iraq.

(Sgt. Jeremy Heckler is the 3rd Brigade, 2nd Infantry Division Public Affairs non-commissioned officer in charge. Steven Field, a journalist with the Northwest Guardian newspaper at Fort Lewis, also contributed to this story.)



Photo by Sgt. Jeremy Heckler

Spc. Darryl Bisson of the SBCT guides Spc. James Buzzard and his Stryker vehicle off the USNS Sisler at the Port of Kuwait.



Courtesy photo

## Flashback

Tech Sgt. Wildo Rosario, 361st Training Squadron aircrew life support course, stands with a private from the Fort Sill Artillery Half Section dressed in late 1800's uniform. The life support schoolhouse staff participated in Bonham's Annual Veteran's Day Celebration for the 12th consecutive year Nov. 7. The event was sponsored by the Veteran's Association of the North Texas Health Care System, Sam Rayburn Memorial Veterans Center and by the citizens of Bonham.

# Sheppard Spotlight

## 15 lines of fame

1. Name: Vivian Watson

2. Rank: GS-05

3. Organization and position:  
364th Training Squadron secretary to the commander

4. Hometown: Philadelphia

5. Married or single: Single

6. Hobbies/Favorite thing(s) to do in your free time: Singing, and working with children.

7. Funniest childhood memory: The time I flipped over in my seat in an effort to pick up a pencil without actually getting up during a test.

8. Why did you become Department of Defense employee? It afforded me relocation flexibility.



Vivian Watson

9. Why have you stayed with DoD? Because of the opportunity for advancement.

10. Date Arrived at Sheppard: October 1995

11. Most rewarding aspect of your job: Hearing from prior students who have moved on and are proudly serving in their career fields.

12. Favorite book or movie: The Bible and The Color Purple

13. What is your dream vacation? The Carribean.

14. If you could be anyone for one day, who would you be? Oprah.

15. Most prized possession: My family photos.

# Dual military couples: Making it work

## Maj. Lynn Pauley

383rd Training Squadron

Robert Beard left the Air Force several years ago to serve a different tour of duty at home while his wife, Tech. Sgt. Lita Beard, carried on her career.

The decision to separate was based on their two sons, Nathan and Jacob, and avoid deployment.

Now as an immunization technician with the Army National Guard, Sgt. Robert "Bob" Beard has found out his duty as a weekend warrior has put him where he didn't want to be — at a geographically isolated location in Iraq.

"I come from a military family," Sergeant Bob Beard said. "My father is a retired Air Force E-7 and served in World War II, Korea and Vietnam. My sister is an active duty Air Force E-6 and deployed with her husband to support Desert Storm. I am proud to do my part. It's my turn."

He deployed in 2003 and recently learned he wouldn't



Photo courtesy Tech. Sgt. Lita Beard

**Sgt. Robert "Bob" Beard sits with his sons, Nathan and Jacob, prior to his deployment with the Army National Guard to Iraq in September.**

return home until possibly Christmas 2004.

Sergeant Lita Beard, a career development course writer for the aerospace medical service course, is taking on the responsibilities that were usually taken care of by her husband.

"It has been difficult," she said. "Bob worked nights at United Regional (Health Care System), so he was available during the day to take care of the vehicles, help with homework and pitch in around the

house."

Possibly more important was the relief and support the Beard's provided each other in their "collaborative" parenting style.

She said she learned how much she missed his presence as a parent during a recent event.

"I was up at 9:30 (p.m.) with my son who has a big project coming due at school," Sergeant Lita Beard recalled. "I was tired. I was waiting for his

father to step in and help out, but he is in Iraq. No one else can do the 'dad stare' quite like him."

Sergeant Bob Beard is currently stationed at a "bare bones" location somewhere in Iraq with the 82nd Airborne. There is no post or base exchange, no commissary and no hot food. He has been eating MREs and snack foods sent via care packages from home.

He has lost 23 pounds in 27 days. There is no e-mail yet. He can call once a week for three minutes and the few precious phone minutes are spent in sharing words of encourage-

ment. Mail is slow, taking 21 to 22 days to arrive from the states.

Sergeant Lita Beard has not yet received mail from her husband, but she and the boys write on a daily basis.

"We came up with an idea to involve the boys," she said. "We take digital photos of us doing usual family activities, laminate the pictures and send them as postcards to Bob. That way, there is not so much space for the boys to have to take up in writing to Dad."

They also send care packages at least two to three times a week.

# Centennial of flight

*This week in air and space history*

**November 1981** – Sheppard's family support center, which was assigned to aid families and improve the quality of family life, was officially opened.

**Nov. 21, 1783** – Joseph and Jacques Montgolfier construct a hot-air balloon that rose 84 feet (25 m) into the air with the first human fliers, Jean-François Pilâtre de Rozier and François Laurent. The balloon stayed aloft for almost four minutes.

**Nov. 21, 1921** – Wesley May steps from the wing of his Lincoln Standard biplane to the wing of a Curtiss JN-4, with a 5-gallon can of gasoline strapped to his back, and completes the first, technical "mid-air refuelling" flying over Long Beach, Calif.

**Nov. 22, 1909** – The Wright Company becomes incorporated



with a capitalization of \$1,000,000.

**Nov. 22, 1935** – Pan American Airways makes the first Pacific mail service route leaving San Francisco with 111,000 letters.

**Nov. 23, 1929** – Charles Lindbergh visited Robert Goddard and helped him obtain a \$50,000 Guggenheim grant for the advancement of aeronautics. These funds were instrumental in advancing the cause of space exploration.

**Nov. 24, 1954** – The first Air Force One is christened.

**Nov. 24, 1969** – Apollo 12 returned to Earth, landing in the Pacific Ocean.

**Nov. 25, 1913** – First aircraft loop in America performed by exhibition pilot Lincoln Beachey.

**Nov. 26, 1942** – A water-injection device, developed by Pratt & Whitney Aircraft, gives added "bursts of power" to engines installed in fighter aircraft.

**Nov. 26, 2002** – Commander John B. Herrington becomes the first Native American to walk in space during the mission of the Space Shuttle Endeavour, which launched Nov. 23, 2002.

**Nov. 27, 1962** – First flight of Boeing 727.



Photo courtesy of 360th Training Squadron

## Ace!

**Airman Jonathan Salazar recently completed the maintenance analysis apprentice course at the 360th Training Squadron with an academic average of 100. He was named the top graduate of his class.**

# *Military Family Month*



## *This week's featured family*

In celebration of Military Family Month, the family support center recognizes Staff Sgt. Anthony Murphy, his wife, LaGaydra, and their daughter, Tiana. Sergeant Murphy is assigned to the 80th Operations Support Squadron. He has been in the Air Force for five years, and his hometown is Lawton, Okla. "We are very thankful that God has blessed us with a beautiful baby girl and wonderful friends and family members to share the holiday season with."

**Be smart. Stay safe. Don't drink and drive.**



**For a ride home after a night out, call Airmen Against Drunk Driving at 6-AADD.**

# 82 MSS dominates 382 TRS, 18 - 0 to win flag-football championship

## Mission support squadron wins back-to-back titles

By Senior Airman Chris Powell

Sports editor

Does the 82nd Mission Support Squadron's second title in as many years mean they are starting a dynasty at Sheppard? Maybe not, but it wasn't any less sweeter for the players.

The MSS players beat the 382nd Training Squadron 18 - 0 in the flag-football championship game Monday.

It was the second time in the playoffs the MSS team shut out the 382nd TRS.

"I feel like we came out and did what we had to do (to win the game)," said Wide Receiver Antrhone Jones. "We did what we have done all year and that is executing."

The MSS defense put on another dominating performance with two interceptions and several key stops throughout the game. The MSS has

intercepted quarterback Shane Pearson seven times in the two playoff games between the teams.

"Our captain (quarterback Tevin Auster) always told us to trust the defense and it will pay-off," Jones said. "Today, it paid off."

The games defining moment may have come within the first two minutes of the game.

After a couple of incomplete passes, Auster threw a 10-yard pass to wide receiver Rich Hall at the 382nd TRS 40-yard line. Hall quickly spun to get away from his defender and juke his way all the way to the endzone for a 60-yard touchdown.

The rest of the first half went back and forth for both teams as they couldn't muster another score.

The second half was a different story, though. Auster threw a touchdown pass for 15 yards, but the extra point was incomplete with 11:50 left. He also threw another touchdown in the second half.

# Waist size reflects whole health

By Staff Sgt. C. Todd Lopez

Air Force Print News

WASHINGTON – The waist-measurement portion of the Air Force's new fitness standard serves as a gauge for total health, said the Air Force chief of health promotion operations.

"The waist measurement is used to determine visceral or intra-abdominal fat," said Maj. Lisa Schmidt. Air Force officials chose this measurement because there is ample evidence that links an increase in visceral fat with an increase in risk for disease.

"When we looked at developing health-based standards, we reviewed a lot of literature of the best ways to predict health risks for members, and abdominal circumference kept surfacing," Schmidt said. "With more abdominal fat, you have more risk for diabetes, heart disease, stroke and some types of cancer."

Air Force officials use two tables for measur-

ing waists, one for males and one for females, Schmidt said. There are no variations in regards to height or age.

While there is no variance allowed for height when it comes to waist measurements, it is important to consider the fitness evaluation as a whole in regards to the total-fitness score, Schmidt said.

"When you look at the fitness score, it is a composite score," Schmidt said. "If you have a 20-year-old and a 50-year-old, both with a 39-inch waist, they are going to get the same points for abdominal circumference. However, that 20-year-old is going to have to run faster and do more crunches and more pushups to get the same composite score as the 50-year-old."

The expectation is not for most airmen to achieve a perfect score. The expectation is for everyone to participate in a regular fitness program, which will result in improvements in overall fitness, she said.

## Sport shorts

### Basketball preseason begins

The intramural basketball preseason started this week. The permanent party preseason championship is at 6:30 p.m. Monday at the south fitness center.

The over-30 basketball preseason championship is Monday at 5:30 p.m. at the south fitness center.

The regular seasons for permanent party, over-30 and student leagues begin Dec. 1.

### Youth basketball registration begins

Basketball registration has started for children in ages three to twelve at the Madrigal Youth Center.

A physical is required of each participant prior to placement on a team but is not needed to register.

Teams will be formed Dec. 5, and the season begins Jan. 16.

A few teams are still in need of volunteer coaches. If interested, please contact the youth center at 676-2342.

### Varsity basketball team participates in tournament

The Sheppard varsity basketball team will participate in the Joe B. Hall Tournament at Lackland Air Force Base, Texas, from Dec. 5 to 7.

### Combo bowling held every Thursday

Combo bowling will be held every Thursday at 12:30 p.m. at the south lanes.

For more information, call Donna Dobbins at 569-2430 or Vivian Umlah at 569-1619.

### Rock It Bowl at the north lanes

A glow-in-the-dark Rock It Bowl takes place every Friday and Saturday night from 5 to 11 p.m. at the north lanes.

# Rustlers team build with 80th FTW

By Senior Airman Chris Powell

*Sports editor*

The Wichita Falls Rustlers took a day off from hockey Monday to do team building and learn about trust and teamwork with members of the 80th Flying Training Wing.

About 25 players and coaches came to the base to take tours of the static displays, the air-traffic control tower and participate in egress training and the spin chair.

"Today is about getting our minds off hockey, getting closer as a team and see what the rest of the world is doing," defenseman Brian Gabriel said. "Plus, there are a lot of fun memories that we will take with us from today."

But the day wasn't about just having fun and not thinking of hockey. Throughout the day, the Rustlers were taught about how pilots, mechanics and the Air Force work as a team.

"Pilots rely on their wingmen to watch their back," said Lt. Col. Danny Frisby-Griffin, 80th Operations Support Squadron commander. "If they don't do their job right, they could die."

"I'm hoping that we can learn from what the pilots have taught us today about team work," said Brian Meisner, the team coach. "Team work and trust is needed for success."

The Rustlers are members of the North American Hockey League. The NAHL's primary goal is to enhance the development of its players through top-quality coaching, extensive



Photo by Senior Airman Chris Powell

**Jack Wolgemuth, a Wichita Falls Rustler defenseman, feels a bit dizzy after spending a few minutes in the Barany chair. The chair is used for demonstrating the effects of circular motion on pilots.**

practice time and a rigorous game schedule, according to the league's web site.



**Be smart. Stay safe.  
Drinking and driving will  
only get you into trouble.**

# Lobos take bite out of Falcon's bowl chances

Story and photo by John Van Winkle

*U.S. Air Force Academy Public Affairs*

ALBUQUERQUE, N.M. (AFP) – The University of New Mexico Lobos took a bite out of the U.S. Air Force Academy's bowl aspirations with a dominating 24-12 win at Lobo Stadium Nov. 15.

"They certainly made the plays, their team deserved to win, and they were the better football team today," said Fisher DeBerry, Falcons head coach. "We did not make enough plays in the game and only had the one turnover."

Lobos running back DonTrell Moore scored twice on 1-yard runs to put the Lobos up by 14, before the Falcons got within scoring range. But the Lobos defense was tight on the perimeter against the run, which halved the Falcon's usually dominant rushing production and left the offense to again settle for Joey Ashcroft's field goals when touchdowns were needed.

"It was simply a matter of them being able to make plays," DeBerry said.

"I'm not disappointed with the way our guys fought today. They played hard, but we didn't just didn't make enough plays to be a good football team," DeBerry said.

The Lobos extended their lead to 18 with a Wes Zunker field goal and a 10-yard touchdown catch by Adrian Boyd.

New Mexico kept its end zone Falcon-free until halfback Darnell Stephens crossed the goal line on a 1-yard run to bring the Falcons within 12, with 1:57 left in the game. The Falcons failed to convert the 2-point attempt or come up with the on-side kick, and the Lobos were able to run the clock out for a 24-12 victory.

The Falcons dropped to 7-4 with the loss, while the Lobos improved their record to 7-4.



**Air Force halfback Darnell Stephens cuts upfield to avoid the grasp of New Mexico linebacker Billy Strother. The junior rushed four times for 27 yards and the team's sole touchdown during Air Force's 24-12 loss to the University of New Mexico Lobos on Nov. 15.**

# Bowling standings

Pos.	No.	Team Name	Won	Lost
1	2	365 TRS "C"	64	24
2	25	82 COMM "A"	58	30
3	7	363 TRS "Ammo"	56	32
4	16	360 TRS	54	34
5	1	365 TRS "B"	54	34
6	21	187 Med Bn	52	36
7	6	882 TRG	50	38
8	14	Bowling Pro Shop	48	40
9	18	362 TRS "B"	48	38
10	5	82 CES	43	37
11	19	82 CPTS	47	41
12	24	363 TRS Armament	47	41
13	9	82 MSS/SVS	42	38
14	11	362 TRS "A"	44	44
15	4	361 TRS	44	44
16	10	383 TRS	44	44
17	17	366 TRS "A"	43	45
18	15	365 TRS "D"	42	46
19	22	381 Med Red	41	47
20	27	382 "BMET"	41	47
21	20	364 TRS "A"	39	49
22	8	80 FTW "A"	38	50
23	3	364 TRS "B"	37	51
24	13	382 TRS "A"	34	46
25	28	82 Services Squadron	34	46
26	12	82 CS "B"	28	60
27	26	80th OSS	25	63
28	23	SPS	20	68

## Aerobiccenter offers classes

The aerobiccenter, located in the south fitness center, offers coed aerobics classes seven days a week. Call 6-2972 for more information.

### Abdominal class

Monday, Wednesday and Friday at 11 a.m.  
Monday through Friday at 8 p.m.

### Aerobics

Monday at 7:15 a.m.

### Step aerobics

Tuesday and Thursday at 5:15 a.m.

### Body pump

Tuesday and Thursday at 9:15 a.m.  
Thursday and Saturday at 11:30 a.m.

### Yoga and pilates

Monday and Wednesday at 10:15 a.m.  
Wednesday at 5 p.m.  
Thursday at 6 p.m.  
Saturday at 3 p.m.

### Basic step

Monday, Wednesday and Friday at 7 p.m.  
Sunday at 2 p.m.

### Kickboxing

Tuesday and Thursday at 7 p.m.  
Sunday at 3 p.m.

### Intermediate step

Saturday at 10:15 a.m.  
Wednesday at 6 p.m.

### Advance step

Monday, Tuesday at 5 p.m.

### Combo step

Monday, Wednesday and Friday at 11:30 a.m.

### Step/Floor

Monday, Wednesday and Friday at 9:15 a.m.

### Spinning

Tuesday and Thursday at 11:30 a.m.  
Monday through Friday at 4:30 p.m.  
Monday at 7 p.m.

Like sports and writing? Help the Sheppard Senator cover base sports and write some articles. For more information, call 6-1326.