



THE HERD

Sheppard AFB, TX
June 24, 2016



DOD DIVERSITY PANEL DISCUSSION/5K

The purpose of this event is to celebrate the progress made towards increasing equal rights for those who identify themselves with the LGBT community. This event is recognizing Lesbian, Gay, Bisexual and Transgender Americans service or supporting.

This observance runs through the month of June and calls upon the citizens of the United States to eliminate prejudice and celebrate the great diversity of the American people.

The 5K will show that we will come together as diverse individuals with one common goal: celebrating the progress and achievements that have been made.

The Diversity Panel Discussion takes place June 24 at 11 a.m. in the Solid Rock Cafe.

The 5K Diversity Run starts at 9 a.m. June 25 on 5th Ave. between the Pitsenbarger Fitness Center and the Town Center Pavilion.

For more information, contact Staff Sgt. Tanesha Tuft at 676-0430 or tanisha.tuft@us.af.mil.

FITNESS ASSESSMENT TESTS

Effective July 6 - Sept. 20, 2016, Sheppard AFB Fitness Assessment Cell will be conducting fitness assessment tests on the following days/times:

Mon - Thurs 7 a.m. & 1 p.m. (1 p.m. is only for members that are run/walk exempt)
Fridays 8 a.m. only

POC: Tech Sgt. Derrick Foushee: 676-4292

Senators climb to number one in Varsity 'B' military softball power rankings

Carissa Eckle, 82nd Training Wing Public Affairs

With recent accomplishments in hand, Sheppard's men's varsity softball team earns the number one Varsity 'B' rank and continues to advance toward the United States Specialty Sports Assoc. World Military Tournament, team coach says.

"The Sheppard Senators have made tremendous strides towards our overall goal of being competitive in the a world Armed Forces championship tournament," said Dr. Ronald Brown, 363rd Training Squadron training development and element chief, and Sheppard coach.

The Sheppard Senators have reached a first place rank out of 57 teams world-wide in the power ranking index. The power ranking index is determined by the strength of teams defeated overall.

"Compare this to the college football ranking index, where defeating a top ranked team, drops them and thrusts a previous unknown into the limelight," said Brown. "The main reason the team has earned the number one power ranking slot is because, we have defeated several top Varsity 'B' teams and four Varsity 'A' teams."

According to the division regulations, the difference between Military Varsity 'A' and Military Varsity 'B' is that 'Varsity B' can only be comprised of individuals stationed on a single the base where Varsity 'A' is comprised of individuals across multiple locations.



[READ MORE](#)

Sheppard Connect

There are people all around us with similar interests, but we do not often take time to discover what those particular interests are. [Sheppard Connect](#) makes it easy for you to connect with people who enjoy the same things you do. What are you waiting for? Get involved today! If you do not see a club that interests you, please contact sheppardconnect@gmail.com to create one.

UPCOMING EVENTS

Diversity Panel Discussion
June 24 | 11 a.m.
Solid Rock Cafe

5K Diversity Run
June 25 | 9 a.m.
Pitsenbarger Fitness Center

Mini Triathlon
July 16 | 8 a.m.
Main Pool

HICKORY, DICKORY, DOCK...
PLEASE DON'T BREAK OUR CLOCK...
GET YOUR SUBMISSIONS IN TO THE HERD
BY COB WED EACH WEEK!





FSS EVENTS

Splash Into Independence Day

June 30 | 3 - 7 p.m.
Bunkerhill Pool

Firecracker Bowling Tournament

July 2 & 3 | 1 p.m.
North Lanes

Cocktails & Canvas Class

July 8 | 6 p.m.
Register by July 7
The Commons

Mini Triathlon

July 16 | 8 a.m. | Sign up by 7:30 a.m.
Main Pool

16th Annual Build-a-Boat Races

June 23 | 7:30 a.m.
Town Center Pavilion

AF Club Membership

June 1 - 30
Receive \$25 Best Buy e-Gift Card
Sheppard Club

[Check out our Community Board for more!](#)



Deliberate Strike Night exercise showcases cutting edge training. dvidshub.net/news/201978/us...



Langley is first active duty hospital in U.S. to get 3D laparoscopic camera. @USAFHealth dvidshub.net/news/202197/us...



@GenMarkWelsh 20th #AirForce Chief of Staff: [A Look Back](#)



"That's what it's all about. She supports me and I support her." The [story](#) of an #AirForce spouse.

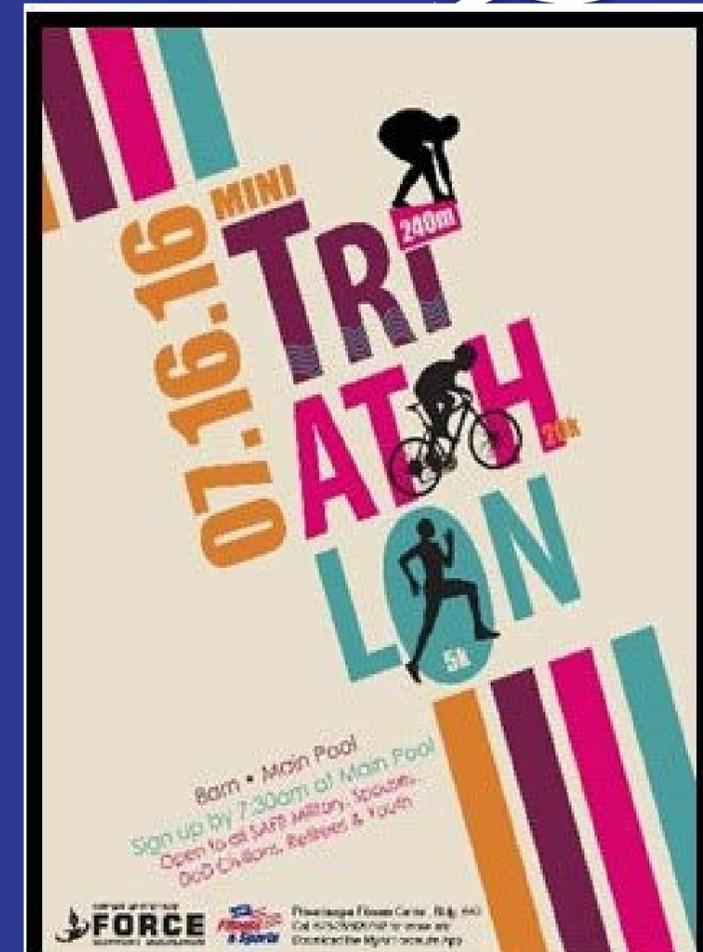
Sheppard Air Force Base water is safe to drink

The Annual Consumer Confidence Report (CCR) on the Quality of Tap Water for Sheppard AFB has been completed. The purpose of this report is to help consumers understand the quality of water received by Sheppard AFB from the Wichita Falls water system over the course of the previous calendar year 2015. Under the "Consumer Confidence Reporting Rule" of the federal Safe Drinking Water Act (SDWA), community water systems are required to report this water quality information to the consuming public. Presented in this report is information about the source of our water, its make up, and the potential health risks, if any, associated with contaminants. The CCR validates that Sheppard's drinking water is well within all Federal and State mandated standards and is safe to drink.

This year, the Bioenvironmental Engineering Flight (BEF) is proud to present our new 2015 CCR, featuring the water conservation theme cover provided by 13-year old Cameron Mayberry (daughter of Paul and Jodi Mayberry) from the Youth Center. Her design was selected to be part of this report as part of the Water Conservation Drawing Contest. The 82 MDG BEF is using the 2015 CCR to engage with our community and educating the base populace about the importance of water conservation.

Sheppard AFB BEF routinely monitors water purchased from the City of Wichita Falls (the City of Wichita Falls monitors prior to delivery) for elements in your drinking water in accordance with EPA regulatory requirements. The Wichita Falls water system conveys surface water via pipelines from Lake Arrowhead and Lake Kickapoo to the City's Jasper and Cypress water treatment plants. Water supplies are mixed, treated and monitored prior to Wichita Falls and Sheppard AFB distribution.

With approval from the Texas Commission on Environmental Quality (TCEQ), BEF is able to post this CCR in its entirety on the base internet instead of mailing it out to each consumer. Electronic distribution saves valuable time and resources which are precious commodities in our environmentally conscious Air Force. This report serves as the annual notice of the quality of water supplied to Sheppard AFB consumers. Anyone interested in getting a copy of this report please [click here](#) or contact the Bioenvironmental Engineering office at 149 Hart St. Bldg. 1200, Sheppard AFB, TX 76311, (940) 676-3080.



PUBLIC AFFAIRS PHOTO STUDIO



Beginning July 12, Public Affairs' photo studio hours for official photos and passports will be changing until further notice. The new hours are:

Monday: 8 - 11:30 a.m./1 - 4 p.m.
Tuesday: 8 - 11:30 a.m.
Wednesday: 8 - 11:30 a.m.



Upcoming Opportunities

Komen North Texas Race for the Cure

- Volunteers needed: set-up, race day assistance
- Date/Time: Oct. 7 | 4 - 6 p.m.
Oct. 8 | 5 - 11 a.m.
- Location: MPEC

TO SIGN UP/GET MORE INFO: Contact Lana Marker at lmarker@komennorthtexas.org

ONGOING OPPORTUNITIES

Texas Blood Institute Volunteer Receptionist

- Volunteers to help with reception at our center in Wichita Falls
- Date/Time: Center Hours Tuesday - Thursday 8:30am to 6pm, Fridays 8am to 5pm and Saturday 8 a.m. to 12 p.m.
- Flexible and willing to work with around schedules
- Location: Wichita Falls Center 3709 Gregory Street Ste. 109 Wichita Falls, TX 76308
- Looking for multiple volunteers to fill different time slots to get all times covered. Must be 14 or older

TO SIGN UP/GET MORE INFO: Call or Text Nikki at 580-583-9698 or email at nbeverly@obi.org , you can also apply online at www.txbi.org/volunteer

Texas Blood Institute Community Blood Drives

- Volunteers to help with Donor Sign-in and refreshments at the blood drive and marketing prior to the drive
- Date/Time/Location: Various
- TBI has Blood Drives in your community several times a year and we are looking for volunteers to help ensure they are a success. Must be 14 or older to volunteer

TO SIGN UP/GET MORE INFO: Call or Text Nikki at 580-583-9698 or email at nbeverly@obi.org , you can also apply online at www.txbi.org/volunteer

Airmen Against Drunk Driving (AADD) Volunteers

- Volunteers to cover CQ duty, drivers, and escorts
- Date/Time: Friday and Saturday nights;
AADD volunteer shifts are from 2230 - 0230
- Location: Sheppard Lodging for CQ duty and on-call for drivers and escorts

TO SIGN UP/ GET MORE INFO: E-mail Stanley.Dunahoo@us.af.mil or Michael.Davis.145@us.af.mil

Saturday Build days

- Help build a home for a local family
- Date/Time: Every Saturday - 8am till 12 p.m., 1 p.m. to 4:30 p.m.
- Location: Habitat Build site
- Scope of work will change each weekend as we complete stages of construction

TO SIGN UP/GET MORE INFO: Dan at 940.716.9300 or vol-habitat@habitatwf.com

Wichita Falls Community Orchestra

- Date/Time: Concerts throughout the year volunteer times: WFCO rehearses Monday nights at 7 p.m. at the Fain Instrumental Hall at MSU (Teepee Street).
- We welcome all musicians (especially strings).
- Formal auditions are not required. Good rehearsals mean good performances and although we realize not everyone can attend every rehearsal we do require a sincere level of commitment.

TO SIGN UP/GET MORE INFO: WFCCommunityOrchestra@gmail.com

WEBSITE: www.wichitafallscommunityorchestra.com

Produce Express Bags

- Help to assemble fresh produce for distribution
- Date/Time: Any Tuesday or Wednesday Volunteer Times: 8 a.m. - 5 p.m.
- Location: 1230 Midwestern Parkway
- If anyone would like to fill out paperwork in advance, we can email that out, please request at betsilujan@wfab.org

TO SIGN UP/GET MORE INFO: 940-766-2322 or email wendellgriffin@wfab.org

Big Brothers, Big Sisters (940)767-2447 or wfinfo@bbbstx.org

Boys and Girls Club of Wichita Falls and Burkburnett (940)322-2012

Children's Aid Society (940) 322-3141

Christmas in Action (940) 696-9393

Faith Mission (940) 723-5663

Faith Refuge (940) 322-4673

First Step (940) 723-1646

Food Bank (940) 766-2322

Habitat for Humanity (940) 716-9300

Patsy's House (940) 723-1646

Read 2 Learn January Jones at (940)235-1009 or jbjones@wfsd.net

Salvation Army (940) 687-2051

Wichita Falls Adult Literacy Council (940) 766-1954

Wichita Falls Area Food Bank (940) 766-2322 or terrymorton@wfab.org



16th Annual Build-A-Boat Races
July 23 • Check in at 7:30am
AT THE TOWN CENTER PAVILION ACROSS FROM MAIN POOL

- TEAMS MAY CONSIST OF NO MORE THAN 5 PEOPLE
- MUST SELECT TEAM NAME & THEME PRIOR TO SIGN UP
- EACH TEAM RECEIVES CARDBOARD, 1 ROLL OF SILVER DUCT TAPE & 1 UTILITY KNIFE
(TEAMS MAY BRING ADDITIONAL DUCT TAPE, UTILITY KNIVES AND DECORATIVE ITEMS AS LONG AS THEY DO NOT CONTRIBUTE TO THE STRUCTURAL RIGIDITY OR FLOTATION OF BOAT)
- RULES WILL BE PROVIDED AT TIME OF REGISTRATION
- PRIZES AWARDED IN MULTIPLE CATEGORIES
- REGISTER IN ADVANCE AT THE COMMONS (BLDG 312) BEGINNING JUNE 1, MUST REGISTER BY JULY 14
- BBQ LUNCH PROVIDED BY THE SHEPPARD DFAC
(FREE FOR MEAL CARD HOLDERS, \$5.55 (CASH ONLY) FOR NON- MEAL CARD HOLDERS)




CC The Commons, Bldg. 312
 Call 940-676-4136 for details
 download the MyAirForceLife app

FORCE
 SUPPORT SQUADRON

AIR FORCE AID SOCIETY

Air Force Aid Society emergency assistance is available to Airmen and their eligible family members to meet immediate needs in an emergency situation. The Society provides interest free loans and grants based on the individual situation for needs such as basic living expenses, emergency travel, vehicle expenses, funeral expenses, medical/dental, moving expenses, child care/respice, and miscellaneous expenses. For more information, call the Airman & Family Readiness Center at 676-4358, or the Air Force Assistance Fund Officer, Lucretia Taylor, at 676-5111.

TMO: PCS Season has begun

Permanent Change of Station season is already underway, and the Traffic Management Office is reminding all who are slated to move to contact them as early as possible. There is only one authorized moving company in the area, so the sooner you engage with TMO, the more likely you are to get your desired move date.

JPPSO has been receiving a lot of short notice shipments. Please enforce a 3 weeks' notice for ALL shipments with and through your local TMO. Shipments requiring pick up in less than 3 weeks must be coordinated with the applicable JPPSO prior to submission (NOTE: Excludes applications for tech training students). Lastly, please include an alternate pack/pick up dates from customers on ALL shipments.

For more information about PCS shipments, call the TMO Office at 676-5499.

Family Advocacy Events

The following classes and events are being held at Family Advocacy, Building 1200, second floor. Call 676-2271 for more information:

- Genuine Relationships, June 28 from 11:30 a.m.-12:30 p.m.
- Effective Communication in Relationships, June 29 from 3-4 p.m. This one hour course focuses on general communication Skills. Beneficial for couples and individuals that are having a hard time communicating in relationships and at work.

Key Spouse Training

The Airman & Family Readiness Center is offering the following upcoming Key Spouse Training:

- Key Spouse Initial Training, July 7 at 8:30 a.m. at the A&FRC

What is Green Dot?

Green Dot is an interpersonal violence prevention program that the Air Force has implemented. It is dedicated to dramatically reducing the number of power-based violence cases throughout the Air Force. The best approach to this program is to provide tools to the "bystander" to intervene and prevent a possible statistic from happening, whether it's domestic abuse, stalking, child abuse or sexual assault.

On June 14, Sheppard kicked off the initial phase of training for the Green Dot. The first phase workshops were strictly for senior leadership.

The second phase is called Bystander Intervention. This is a four-hour workshop, and is designed for people who are influential within their peer groups. This individual must be selected by the CC.

The third phase is called Overview Talks, and will require everyone serving to attend, including civilians. This program is NOT related to the SAPR/SARC program; however, you will receive credit for your SAPR/SARC annual requirement.

Upcoming Force Support Events

For more information on the following Force Support events, go to www.82fss.com:

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| • Weekly | Wing Wednesdays |
| • Weekly | Thirsty Thursdays and half-price pizza |
| • Weekly | Karaoke Fridays |
| • Jun 28 | Family Game Night – The Commons |
| • Jun 30 | 3D Printer Orientation & Certification Class – The Commons |
| • Jun 30 | Splash into Independence Day – Bunkerhill Pool |
| • July 2-3 | Firecracker Bowling Tournaments – North Lanes |
| • July 8 | First Friday BBQ – Sheppard Club |
| • July 9 | Super Night of Fights UFC 200 – Shepard Club |

Airman & Family Readiness Events

The following classes are planned at the Airman & Family Readiness Center:

- Study Skills & Test Taking, every Tuesday at 8 a.m. and 3:30 p.m.
- Parent & Tots Playgroup, every Wednesday at 10 a.m. at the Solid Rock Café
- Bundles for Babies, June 28 from 8:30-11:30 a.m.
- Interpersonal Problem Solving, June 30 at 11:30 a.m.

Want to know what else is going on at Sheppard AFB?

[CLICK HERE!](#)

